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EDUCATION

1998	Doctor of Philosophy in Health and Human Performance, Health Behavior concentration
	Department of Health Science Education, University of Florida, Gainesville, Florida Major: Health Behavior, Minor: Medical Sociology
	Dissertation: Development of an Educational Intervention to Reduce the Risk of HIV/AIDS for Incarcerated Adolescents Detained in a County Jail
1989	Master of Science in Health Education
	Department of Health, Leisure and Sports, University of West Florida, Pensacola, Major: Health Education
1977	Bachelor of Science in Physical Education
	Department of Health and Physical Education, Tuskegee University, Tuskegee Institute, Alabama, Major: Physical Education, Minor: Health Education

PROFESSIONAL EXPERIENCE

2018 - Present	Instructional Associate Professor and Associate Chair, University of Florida, Department of Health Education and Behavior
2003 – 2018	Senior Lecturer, University of Florida, Department of Health Education and Behavior, Gainesville, Florida
1998 – 2003	Visiting Assistant Professor, University of Florida, Department of Health Science Education, Gainesville, Florida
1998 – 1998	Clinical Intake Specialist/Utilization Manager, Drug and Alcohol Counseling Services, Lakeview Center, Inc., Pensacola, Florida

1996 - 1997	Director, Adolescent Female Group Home Program, Drug and Alcohol Counseling Services, Lakeview Center, Inc., Pensacola, Florida
1996 - 1997	Research Assistant, University of Central Florida, Department of Criminal Justice and Legal Studies, Orlando, Florida
1989 - 1993	Health Education Specialist and Director, HIV/AIDS Counseling and Testing Program, Drug and Alcohol Counseling Services, Lakeview Center, Inc., Pensacola, Florida
1984 - 1993	Adjunct Instructor, Pensacola Junior College, Department of Secondary Education and Department of Adult Basic Education, Pensacola, Florida
1988 -1889	Therapist/Case Manager, Adult and Child Development Services, Lakeview Center, Inc., Pensacola, Florida
1986 - 1988	Substance Abuse Counselor, Drug and Alcohol Counseling Services, Lakeview Center, Inc., Pensacola, Florida
1979 - 1981	Assistant Program Director, Upward Bound Project Program, Department of Secondary Education, University of West Florida, Pensacola, Florida
1978 - 1979	Teacher, Carrabelle High School, Carrabelle, Florida, FL Courses taught: biology, science, physical education

OTHER PROFESSIONAL EXPERIENCE

1999 – Present	Consultant, Florida Teacher Certification Exam: Review and update of the Health exam: Develop and validate competencies, skills, and test blueprint; develop and validate test item specifications; develop and validate test items; validate test forms; and validate test information guides, The Florida Department of Education, Tallahassee, Florida
1999 – 2011	Consultant/HIV/AIDS Awareness and Education Trainer, Meridian Behavioral Healthcare, Inc., Gainesville, Florida
2004 – 2010	Focus Group Moderator and Report Writer, Perceptive Market Research, Gainesville, Florida

1999 – 2010	Addictions Therapist/Senior Clinician, Addictions Services, Meridian Behavioral Healthcare, Inc., Gainesville, Florida
2007– 2007	Teaching Methodologist, Florida Department of Corrections, Wellness Education Teaching Methodology Workshop, University of Florida, College of Health and Human Performance, Gainesville, Florida
1999 – 2003	Evaluation Consultant, Florida Department of Health, Tallahassee, FL, for evaluating program activities, Florida Tobacco Control Program, Region Three
2000 – 2000	Evaluation Consultant, Florida Center for Tobacco Education, Florida State University, Florida State University, Tallahassee, FL, for facilitating evaluation workshop, Florida Tobacco Control Program Summer Institute
06/99 – 07/99	Evaluation Consultant, Florida Center for Tobacco Education, Florida State University, Tallahassee, FL, for presenting program evaluation workshops at the Florida Tobacco Pilot Program Summer Institute

COURSES TAUGHT

HSC3201	Community and Environmental Health
HSC3301	Health in Elementary Schools
HSC4133/5138	Human Sexuality
HSC4134/5135	Emotional Health Counseling
HSC4143/5142	Drug Education and Behavior
HSC4590/65	HIV/AIDS Education

HONORS/AWARDS

2010 – 2011	Recipient, Teacher of the Year Award, College of Health and Human Performance, University of Florida, Gainesville, Florida
2010 – 2011	Recipient, Teacher of the Year Award, Department of Health Education and Behavior, University of Florida, Gainesville, Florida
2009 – 2010	Recipient, Faculty Teaching Award, Department of Health Science Education, University of Florida, Gainesville, Florida
2001– 2002	Recipient, Faculty Teaching Award, Department of Health Science Education, University of Florida, Gainesville, Florida

1995-1996 Recipient, "Graduate Student of the Year," Department of Health Science Education, University of Florida, Gainesville, Florida

PUBLICATIONS

1. Dickens, RR, Gyang, T., **Sanders. SB** & Simpkins, AN. (2023). Assessing patient perceptions of strokes reveals limited coherence and perceived barriers to treatment compliance in hospitalized stroke patients independent of race/ethnic and sociological factors. *Stroke.* 54(Suppl_1).
2. Dickens, RR, Gyang, T., **Sanders. SB**, Ellis, C & Simpkins, AN. (2023). The importance of incorporating stroke survivors' health perceptions in addressing health care disparities. Ethnicity and Disease. *Ethnicity & Disease*, 32(2).
3. Oleson, ML., Rossheim, ME, **Sanders, SB** & Yurasek AM. (2022). Alcohol Demand and Supersized Alcopop Consumption Among Undergraduate College Students. *Experimental and Clinical Psychopharmacology*, 30(1).
4. Dickens, RR, Gyang, T., **Sanders. SB** & Simpkins. Assessing measures of patients health perceptions of stroke survivors as a potential tool for health care disparities research. (2021). *Stroke*, 52(Suppl_1).
5. Webb, MC, Chaney, JD, Chen, W, Dodd, VJ & Sanders, SB. (2025) Assessing specific sexual behavior: instrument development and validation techniques. *International Journal of Education and Social Science*, Feb;2(2).