Q1.

APPLIED PHYSIOLOGY AND KINESIOLOGY (APK)
INTERNSHIP SITE APPROVAL FORM

Q2.

The **Department of Applied Physiology and Kinesiology** (APK) at the University of Florida would like to thank you in advance for taking the time to complete the approval process and your willingness to provide valuable internship opportunities to our students. The Department of APK requires that all **undergraduates** complete 12-credits of internship experience once becoming eligible. Undergraduate students must earn a minimum of 520 clock hours in the process of completing the 12-credits of the internship course. However, undergraduate students may choose to complete all 12-credits in a single semester, or split the credits over two semesters. Students choosing to split the internship credit into two, 6-credit, semesters are required to complete a minimum of 260 clock hours at the internship site each semester. **Graduate** students in the Human Performance concentration may elect to complete between 3 - 9 credits of internship to count towards their degree. Each registered credit of graduate internship requires a minimum of 48 clock hours be completed and a graduate student must register for at least 3 credits in any semester they intend to complete an internship. Therefore, a graduate student will be required to complete between 144 - 432 hours during their internship. Ideally, interns become exposed to the tasks that will be required of them as professionals in the field, as well as receive opportunities to develop their skills and areas of interest. A brief description of our undergraduate and graduate programs is below:

APK Undergraduate Program: Prepares students to function as an exercise technician, exercise specialist, and/or wellness instructor in hospital, corporate, private, or governmental agency, to pursue graduate study in kinesiology, OR to pursue graduate study in a health profession requiring education beyond an undergraduate degree. The curriculum provides a strong basic science background and requires additional course work in the biological aspects of exercise. Students may pursue internship opportunities in healthcare, research, fitness, or other areas of human performance.

Human Performance (Graduate): The Human Performance concentration is a non-thesis program leading to a Master of Science degree in Applied Physiology and Kinesiology. Its purpose is to train students for careers where they can promote scientifically based exercise, wellness, and psychological factors to enhance health, athletic development and/or movement performance. Furthermore, students may be trained to be an integral part of a health care team that administers, assesses, and develops programs for clinical, general public, or high-performance populations.

PleasereviewtheAPKInternshipPoliciesandProcedures Documenttogainabetterunderstandingofthe expectations of students and site supervisors during the experience. Note that clicking the link to the Policies and Procedures manual will take you away from this survey and cause any information input into the survey to be lost. We recommend holding the ctrl button on your keyboard when clicking the link to open it in a new browser tab.

Q5. Organization Name

OFFTHEFIELD

Q6. Organization Address(es) - Include Addresses Of All Locations To Be Included As Part Of This Approval

2204 E LANARK ST MERIDIAN ID 83646 3575 S FINDLEY AVE BOISE ID 83706

Q10. URL of Website For Organization

OFFTHEFIELD.COM

Q7. Name of Individual who will receive applications from students and whom students should contact about Internship availability

AUGGIE FRANCIS

Q8. Email Address of Individual who will receive applications from students and whom students should contact about Internship availability

AUGGIE@OFFTHEFIELD.COM

Q9. Phone Number of Individual who will receive applications from students and whom students should contact about Internship availability

208-949-8083

Q34.
Will the person receiving internship applications from students be the same person supervising the student and completing the student evaluations during the internship?

- (●) Yes
- ( ) No

Q11. Name of Individual Who Will Supervise Students Directly During Internship and Complete Student Evaluations

This question was not displayed to the respondent.

Q12. Email Address of Individual Who Will Supervise Students Directly During Internship and Complete Student Evaluations

This question was not displayed to the respondent.

Q13. Phone number of Individual Who Will Supervise Students Directly During Internship and Complete Student Evaluations

This question was not displayed to the respondent.

Q14. What Semester(s) Is Your Organization Available To Accept Interns? (select all that apply)

- [ ] Fall (August - December)
- [ ] Spring (January - April)
- [x] Summer (May - August)

Q15. APK Internship Policy requires that a site supervisor hold one degree higher than the student intern. This means that site supervisors of undergraduate interns must hold at least a bachelor's degree and those of graduate interns must hold at least a master's degree. Based on this policy, for which category of students is your organization willing to accept applications? Check all that apply

- [x] Undergraduate Students
- [x] Graduate Students

Q16. How many interns is your organization willing and able to support per semester?

6

Q35. APK Undergraduate students are permitted to complete a single 12-credit (520 hour minimum) internship in a single semester or two, 6-credit (260 hour minimum) internships over two semesters. Are you willing and able to provide a part-time internship experience (~20 hours per week), full-time (~40 hours per week), or either to our undergraduate students depending on the student's internship plans?

- ( ) Part-Time Internship (~20 hours per week)
- ( ) Full-Time Internship (~40 hours per week)

- (●) Either Part-Time or Full-Time depending on the student's internship plan

Q17. Describe the normal working hours anticipated for an intern at your organization. Please indicate likelihood and circumstances surrounding any evening or weekend time commitments.

MON- FRI 7AM-5PMISH

Q18. Does your organization offer non-paid or paid internships?

- ( ) Non-paid
- (●) Paid (amount) [ ]

Q21. List other benefits your organization offers interns (i.e. housing, health insurance, travel reimbursement, etc.)

EDUCATION, REAL EXPERIENCE, POTENTIAL PAID POSITIOIN

Q22. List required purchases for interning with your organization (i.e. parking pass, uniform, I.D. Badge, etc.)

NONE, JUST ATHLETIC CLOTHS AND SHOES

Q23. List required skills or previous experience necessary for interning with your organization

HIGH ENERGY, ABILITY TO LIFT 45LBS, HUNGRY TO LEARN,

Q24. List any special credentials or documents required to intern with your organization (i.e. CPR/First Aid, Liability Insurance, Personal Training Certification, OSHA training, HIPPA training, Pre-Internship orientation, background check)

NONE

Q25. Provide a bulleted list of duties/responsibilities your organization expects to be fulfilled by interns:

EDUCATIONAL DOCS/BOOKS READ AND DISCUSSED COACH AN OTF COACH THROUGH SPECIFIC MOVEMENTS SUCH AS SPRINT MECHANICS, CHANGE OF DIRECTION MECHANICS, BASIC LIFTING PATTERNS SQUAT, HINGE, PUSH , PULL EVAL PROCESS - TAKE SOMEONE THROUGH EVAL

Q26. Please describe a typical day for the intern:

typical day is to help open facility, organize equipment, keep facility clean, help coaches by being an extra set of eyes for form and technique, gather and track data, input data to profiles,

Q28. All Interns (undergraduate and graduate) MUST be evaluated on **at least** 6 of the following 9 Student Learning Outcomes (SLO's), though evaluation of all 9 is preferred. Please check each SLO that applies to the duties/responsibilities provided to interns at your organization.

- [x] Integrate principles and methods of math, social sciences, and/or arts and humanities to applied physiology and kinesiology, health, wellness, and/or fitness environments.
- [x] Identify and relate the nomenclature, structures, and locations of components of human anatomy to health, disease, and physical activity.
- [ ] Identify, examine, and explain physiological mechanisms of homeostasis at various levels of an organism (i.e., cells, tissues, organs, systems).
- [x] Investigate and explain the effects of physical activity on psychological health as well as the perspectives used to enhance adherence to healthier lifestyles.
- [x] Identify and explain the acute and chronic anatomical and physiological adaptations to exercise, training, and physical activity.
- [x] Select and utilize the appropriate scientific principles when assessing the health and fitness of an individual and prescribing physical activity based on those assessments.
- [x] Solve applied physiology and kinesiology problems from personal, scholarly, and professional perspectives using fundamental concepts of health and exercise, scientific inquiry, and analytical, critical, and creative thinking.
- [x] Collect, compare, and interpret qualitative or quantitative data in an applied physiology and kinesiology context.
- [x] Effectively employ written, oral, visual, and electronic communication techniques to foster inquiry, collaboration, and engagement among applied physiology and kinesiology peers and professionals as well as with patients, clients, and/or subjects.

Q33. Name of APK student that requested the site approval form from you (if applicable)

Q29. Would you like to be added to the Department's list of approved sites for future interns?

- (●) Yes
- ( ) No

Q32. Have you reviewed the APK Internship Policies and Procedures Manual? Note that clicking the link will take you away from this survey and any information input into the survey will be lost if you navigate back. We recommend holding the ctrl button on your keyboard when clicking the link to open it in a new browser tab.

- (●) Yes
- ( ) No

Q30. Signature of Individual Who Will Be Receiving Internship Applications



Q31. Signature of Individual Who Will Be Supervising And Evaluating Students During The Internship

This question was not displayed to the respondent.

Location Data

Location: (43.6138, -116.3972)

Source: GeoIP Estimation



Approved: 4.25.26

Blain Harrison - APK Internship Coordinator