Spring 2022
https://ufl.instructure.com/
HSC4143 (Undergraduate) Class #/Section: 30003/4611

Class Meet: M, W *F| Period 5 (11:45 p.m. – 12:35 p.m., FLG 245
Office Hours: Monday and Wednesday - 12:45p.m. – 2:00 p.m. (In person & Virtual)
and By Appointment

Sadie B. Sanders, Ph.D.
Office: 18 FLG
Phone: (352) 294-1810, E-mail: Canvas Inbox
Department Chair: Dr. Mildred Maldonado-Molino

COURSE DESCRIPTION

The course is designed to give a broad view of the elements of drug use and abuse, such as individual behavior, environmental factors, and the drug itself. Drug taking is approached from a factual stance, i.e., what has been documented to date, so that participants can separate speculation and bias from fact. Emphasis is also placed on methods pertaining to the preventive and treatment aspects of drug misuse and abuse.

MY COMMITTMENT

I am committed to ensuring that every student has a chance to reach their full potential, do great work, and be a fully enfranchised member of this class.
I would like to create a learning environment for my students that supports a diversity of thoughts, perspectives and experiences, and honors your identities (including race, gender, class, sexuality, religion, ability, etc.) To help accomplish this:

- If you have a name and/or set of pronouns that differ from those that appear in your official UF records, please let me know!
- If you feel like your performance in the class is being impacted by your experiences outside of class, please do not hesitate to talk with me.

I welcome the opportunity to meet with you and am available at times that are conducive to your schedule.

STUDENT LEARNING OUTCOMES

1. Identify major drugs of misuse and abuse, and demonstrate an understanding of the physiological, psychological, and behavioral effects.
2. Identify current trends in drug use, misuse, and abuse.
3. Recognize the impact drugs have on individuals, communities, and society.
4. Develop effective drug education lesson plans for specific target populations.
5. Objectively analyze current literature in selected areas of drugs and alcohol.
6. Explore personal attitudes regarding drug use, misuse, and abuse.

COURSE MATERIALS

Required Textbook: Hart, C. and Ksir, C. (2022). Drugs, Society & Human Behavior, 17th edition. Wadsworth, New York.

Supplemental readings are integral to the course and are included in course modules.
All other course materials (and links) are located within the course in Canvas.

COURSE FORMAT

This residential course is a combined course—Undergraduate and Graduate Sections. It utilizes a variety of methodologies including but not limited to PowerPoint audio and video lectures, individual and multiparty activities, discussion board, and videos.

PowerPoints, for the most part, are simply outlines of the information presented in the lectures. Therefore, it is important for you to do the following:

1. Review each PowerPoint pdf in advance of the video lecture, paying close attention to the Learning Objectives.
2. Take notes during the lecture, focusing on the Learning Objectives.

Course Technology. Access to a computer is required for all students. Competency in the basic use of a computer is required. Course work will require a reliable broadband connection to the Internet.

COURSE ASSESSMENT

Summary/Point Distribution

Course Requirements		Points
Exams and Quizzes		200
Module Activities, Assignments, and Discussion Boards		200
	Total	400

Point Value	Letter Grade
380 – 400	A
360 – 379	A-
348 – 359	B+
332 – 347	B
320 – 331	B-
308 – 319	C+
292 – 307	C
280 – 291	C-
268 – 279	D+
252 – 267	D
240 – 251	D-
Below 240	E

Final grades/Letter Grades are determined by the total number of points.

Passing Grades and Grade Points: Credit Earned Effective May 11, 2009 - Summer A

Passing Grade	A	A-	B+	B	B-	C+	C	C-	D+	D	D-	S
Grade Points	4.0	3.67	3.33	3.0	2.67	2.33	2.0	1.67	1.33	1.0	.67	0

Assessments Overview

Discussion Board: Discussion Board activities will be utilized to encourage and facilitate critical thinking, community building, and demonstration of knowledge key concepts. Your responses must be clear, concise, credible, thoughtful, and considerate, and adhere to the mechanics of formal writing (spelling, grammar, etc.).

Additionally, each Discussion Board assignment will require you to read the responses posted by your classmates and respond to at least one of those postings.

Your initial posts, which will be responses to the discussion prompt, must be posted by **11:55 p.m. on Wednesday of the week the Discussion Board is assigned**. Your responses to the answers posted by other students are **due 11:55 p.m. on the Friday of that week**. **Please note that the Canvas due date listed is the date for the initial response (Wed.).** You must remember and/or place a reminder in your calendar that the peer response is due on Friday.

There will be 5 Discussion Board Assignments. Each of your initial responses to the 5 Discussion Board assignments is worth 8 points and your reply to the postings of your classmates is worth 4 points for a total of 60 points.

Module Activities: You will complete 10 Module activities, which have been designed to enhance and supplement the PowerPoint lectures. Each activity is worth 10 points for a total of 100 points

Major Assignments: You will complete two major course assignments, each one worth 20 points for a total of 40 points.

Quizzes and Exams: Two "open-notes" quizzes and two proctored exams, utilizing a combination of multiple-choice and matching items format. Each quiz will be worth 30 points and each exam will be orth 70 points for a total of 200 points.

COURSE POLICIES

Course Communication/Interaction

I am available for office hours upon request. To request an office hour appointment, please email me directly via the Canvas Inbox tool. You may also email me via the Canvas Inbox tool with questions about your grade, as well as questions of a personal nature. I will respond to all emails within 24 on weekdays and 48 on weekends. Please note that, for the purpose of this course, the weekend begins Friday at 5:00pm.

As many of you may have the same or similar questions, please use the Canvas Discussion tool for all class related questions. I will respond to questions as needed within 24 hours on weekdays and 48 on weekends. I also strongly encourage students to read and respond to these questions as appropriate. By doing so, you can help each other troubleshoot and resolve problems. Please check your email and the Canvas Announcement tool often and regularly.

Course Assessments (Assignments, Activities, Quizzes, and Exams)

All course assessments are due on the dates and times specified. Activities and assignments will be

available well in advance of their due dates, which will allow ample time to be completed. I highly encourage you not to wait until the last minute to work on and submit assignments, as you might encounter events that may lead to you missing the deadline. Late assignments will not be accepted.

Concerns and/or questions about assignment grades must be addressed with the instructor within one week of the posting of a grade. An announcement will be posted after each activity and assignment has been graded. Quiz and exam results are available immediately upon completion and submission of each one.

Assignments and activities must be in the form of a Microsoft Word file document (unless otherwise noted) that is uploaded and submitted as an attachment. Some assignments allow for text entry.

If you encounter a technical problem, which prevents you from submitting an assignment, you must do the following:

1. Report the problem to the Help Desk immediately and receive a ticket number.
2. Email the assignment to your instructor via Canvas Inbox before the due date.
3. Email a description of the problem including the date and time of the problem the ticket number within 24 hours of the problem.

Accommodations for Students with Disabilities

"Students requesting accommodation must first register with the Dean of Students Office. The Dean of Students Office will provide documentation to the student who must then provide this documentation to the instructor when requesting accommodation."
(http://www.aa.ufl.edu/Data/Sites/18/media/policies/syllabi_policy.pdf)

UF Student Honor Code

UF students are bound by The Honor Pledge which states, "We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honor and integrity by abiding by the Honor Code. On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: "On my honor, I have neither given nor received unauthorized aid in doing this assignment." The Honor Code (http://www.dso.ufl.edu/sccr/process/student- honor-code/) specifies a number of behaviors that are in violation of this code and the possible sanctions. Furthermore, you are obliged to report any condition that facilitates academic misconduct to appropriate personnel. If you have any questions or concerns, please consult with the instructor in this class.

Online Course Evaluation

Students are expected to provide feedback on the quality of instruction in this course based on 10 criteria. These evaluations are conducted online at https://evaluations.ufl.edu. Evaluations are typically open during the last two or three weeks of the semester, but students will be given specific times when they are open. Summary results of these assessments are available to students at https://evaluations.ufl.edu."

Course Technology

Access to and on-going use of a computer is required for all students. Competency in the basic use of a computer is required. Course work will require use of a computer and a reliable broadband connection

to the Internet.

Extra Credit

Simply put, there is no extra credit and there are no extra credit assignments. Additionally, no points will be "given" at the end of the semester to boost a grade. Activities and assignments will be available two weeks in advance of their due dates, which will allow for ample time to be completed. If you are having difficulty with the course or experiencing unusual problem, you must report it to your instructor prior to assignments' due dates.

UF Online Handbook

Additional information can be found on
http://handbook.ufonline.ufl.edu/

GETTING HELP

For personal Wellbeing:

U Matter, We Care: Your well-being is important to the University of Florida. The U Matter, We Care initiative is committed to creating a culture of care on our campus by encouraging members of our community to look out for one another and to reach out for help if a member of our community is in need. If you or a friend is in distress, please contact umatter@ufl.edu so that the U Matter, We Care Team can reach out to the student in distress. A nighttime and weekend crisis counselor is available by phone at 352-392- 1575. The U Matter, We Care Team can help connect students to the many other helping resources available including, but not limited to, Victim Advocates, Housing staff, and the Counseling and Wellness Center. Please remember
that asking for help is a sign of strength. In case of emergency, call 9-1-1.

Other resources are available at http://www.distance.ufl.edu/getting-help for:

- Counseling and Wellness resources
- Disability resources
- Resources for handling student concerns and complaints
- Library Help Desk support

For issues with technical difficulties for E-learning, please contact the UF Help Desk at:
helpdesk@ufl.edu,
(352) 392-HELP - select option 2
http://helpdesk.ufl.edu/

Tentative Class Schedule

DATE	ACTIVITY	TEXTBOOK
Week 1: **1/5 – 1/7**	**Course Overview**	
Week 2: **1/10 – 1/14**	**Drug Use in Modern Society** • Drug Use: An Overview • Drug Use as a Social Problem	Chapter 1 Chapter 2
Week 3: **1/17 – 1/21**	**Monday: Dr. Martin Luther King Holiday** **Drug Use in Modern Society** • Drug Policy	Chapter 3
Week 4: **1/24 – 1/28**	**How Drugs Work** • The Nervous System • **Friday: Quiz 1 (Chapters 1 – 4)**	Chapter 4
Week 5: **1/31 – 2/4**	**How Drugs Work** • The Actions of Drugs	Chapter 5
Week 6: **2/7 – 2/11**	**Uppers and Downers** • Stimulants • Depressants and Inhalants	Chapter 6 Chapter 7
Week 7: **2/14 – 2/18**	**Uppers and Downers** • Depressant and Inhalants • Medications for Mental Disorders • **Friday: Exam 1 (Chapters 1 – 8)**	Chapter 7 Chapter 8
Week 8: **2/21 – 2/25**	**Alcohol** • Alcohol	Chapter 9
Week 9: **2/28 – 3/4**	**Familiar Drugs** • Tobacco • Caffeine • Dietary Supplements • **Quiz 2 (Chapters 9 – 12)**	Chapter 10 Chapter 11 Chapter 12
Week 10: **3/7 – 3/11**	**Spring Break (No Class)**	
Week 11: **3/14 – 3/18**	**Restricted Drugs** • Opioids	Chapter 13

Week 12: **3/21 – 3/25**	**Restricted Drugs** • Psychedelics • Cannabis	Chapter 14 Chapter 15
Week 13: **3/28 – 4/1**	**Restricted Drugs** • Cannabis • Performance Enhancing Drugs	Chapter 15 Chapter 16
Week 14 **4/4 – 4/8**	**Trending Drugs** **Prevention and Harm Reduction** • Preventing Substance Abuse • Rethinking Drug Policy	(No Chapter) Chapter 17 Chapter 18
Week 15 **4/11 – 4/15**	**Graduate Presentations (MWF)**	
Week 15: **4/18 – 4/22**	**Wednesday: Exam 2 (Chapters 9 – 18 and Trending Drugs), Last Day of Class**	