

Prospective Internship Site Profile

Department of Health Education & Behavior

Location: Gainesville FL Date: 2/2/2026
City State

Agency: UF Health GatorCare

Contact: Abigail Loose, MS, CHES

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Website: https://gatorcare.org/contact-us/internships-volunteer-opportunities/

Which semester(s) is your agency available to accept interns?

☒ Fall (August – December) ☒ Spring (January – April) ☒ Summer (May – August)

Typical intern working hours (Please also indicate any evening or weekend time commitments):

Monday-Friday, ~8:00am-4:30pm (with flexibility of exact start and end times). Full-time interns preferred. Occasional evening or weekend events may arise, but these are rare, and participation will be up to the intern. Internships are fully in-person.

Is office space available to interns? ☒ Yes ☐ No Shared with other interns
Comments

Is a computer available to interns? ☒ Yes ☐ No
Comments

Does your agency offer paid or non-paid internships? ☒ Non-paid ☐ Paid (amount): _____

List other benefits your agency offers interns (i.e. housing, health insurance, travel reimbursement, etc.)

Interning or volunteering with GatorCare Wellness offers university students interested in health a unique opportunity to gain hands-on experience in promoting and managing employee health programs. This internship/volunteering experience provides exposure to various wellness initiatives, such as walking challenges, health screenings, wellness workshops, and more, allowing students to develop practical skills in program planning, implementation, and evaluation. Additionally, interning in worksite wellness allows students to network with health professionals and gain insights into potential career paths in corporate wellness, public health, and health promotion.

List required purchases for interning with your agency (i.e., parking pass, uniform, etc.)

N/A - Interns will have their own desk space, and all other required materials will be supplied. There is free parking available as well as shuttle and transit options.

The dress code is business casual.

List the required skills or previous experiences necessary for interning with your agency.

- *Self starter that also works well on teams*
- *Knowledge and interest in worksite/employee wellness*
- *Teachable and willing to learn*
- *Comfortable interacting with colleagues and employees*
- *Strong communication skills, written and oral*

Special Requirements (i.e., special application, proof of health insurance, immunization records, etc.)

- *All interns are required to have updated immunizations (per UF Health policy)*
 - *Interns should give themselves enough time to complete any missing immunizations prior to internship*
- *Background check will be conducted*

Provide a comprehensive list of health education internship duties, which will be assigned to your HEB senior intern. Please indicate with NCHEC Responsibility(ies) that align with each duty.

Ex: Plan and implement health promotion programs. (Responsibilities I, II, and III)

- *Participation in the planning, implementation, and evaluation of employee health and wellness programs*
 - *Example topics: nutrition, exercise, stress management, sleep, weight management, etc.*
- *Research and development of curriculum and materials (promotional materials, logos, handouts, etc.)*
- *Conduct body composition screenings, blood pressure screenings, and health coaching with employees*
- *Plan, develop and manage employee health challenges, like walking challenge, water challenge, sleep challenge, etc.*
- *Provide input and assistance in creating and updating the GatorCare website*
- *Write health and wellness program promotions and communications*
- *Attend events on behalf of GatorCare such as employee wellness screenings, health fairs, and open enrollment*
- *Become familiar with health insurance benefits and how a self-insured health plan operates*

List any important information about your agency.

GatorCare is a self-insured health plan that covers employees in Gainesville and Jacksonville in organizations affiliated with the University of Florida and UF Health. Although the office is located in an administration building, we often visit the hospital and/or outpatient locations. It is of vital importance that the intern protect all personal information on members, both health related and other. Occasional day visits to Jacksonville may be included.

Would you like to be added to the Department's list of approved sites for future interns?



Yes



No

FOR OFFICE USE ONLY:

Approval of Department Internship Coordinator: _____