

EMILY PADGETT PLUNKETT

Instructional Assistant Professor & Undergraduate Coordinator
Department of Sport Management | University of Florida
she/her/hers | eplunkett@ufl.edu

EDUCATION

Ph.D. in Sport Management | Concentration in Education & Student Development 2023
University of Florida
Dissertation: Sport Career Transition Competencies for Student-Athlete Development Professionals: A Delphi Study

M.S. in Sport Management | PAADS Certificate in Athlete Development 2017
University of Florida

B.S. in Journalism | Outside Concentration in Sport Management 2014
University of Florida

ACADEMIC APPOINTMENTS

Undergraduate Coordinator 2025 – Present
University of Florida Department of Sport Management

Instructional Assistant Professor 2024 – Present
University of Florida Department of Sport Management

Clinical Assistant Professor 2023 – 2024
Texas A&M University Department of Kinesiology & Sport Management

Graduate Teaching Assistant 2021 – 2023
University of Florida Department of Sport Management

Graduate Research Fellow 2017 – 2021
Laboratory of Athlete Development Research
University of Florida Department of Sport Management

Assistant Internship Coordinator & Graduate Teaching Assistant 2014 – 2017
University of Florida Department of Sport Management

TEACHING EXPERIENCE

GRADUATE COURSE INSTRUCTION (*indicates online course; **indicates Hyflex/Hybrid course)

University of Florida Department of Sport Management

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|-----------|---------------------------------------|------------|-------------|
| • SPM5936 | International Sport Management | Instructor | Spring 2026 |
| • SPM6947 | Sport Mgmt Teaching Internship | Instructor | Spring 2026 |
| | Sport Mgmt Teaching Internship | Instructor | Fall 2025 |

- SPM6905 **Sport Career Transitions** Instructor Fall 2019
- SPM6905 **Sport Career Transitions** Instructor Spring 2019
- SPM6905 **Sport Career Transitions** Instructor Fall 2018
- SPM5181 **Athlete Development** TA Summer 2021*
- SPM5181 **Athlete Development** TA Summer 2019*
- SPM5181 **Athlete Development** TA Spring 2019*
- SPM5181 **Athlete Development** TA Spring 2018*

Texas A&M University Department of Kinesiology & Sport Management

- SPMT685 **Directed Studies** Instructor Spring 2024
- SPMT617 **Communication & Media in Sport** Instructor Fall 2023

UNDERGRADUATE COURSE INSTRUCTION (*indicates online course; **indicates Hyflex/Hybrid course)

University of Florida Department of Sport Management

- SPM2000 **Intro to Sport Management** Instructor Spring 2026*
- SPM2000 **Intro to Sport Management** Instructor Fall 2025*
- SPM2000 **Intro to Sport Management** Instructor Summer 2025* (2 sections)
- SPM2000 **Intro to Sport Management** Instructor Spring 2025* (3 sections)
- SPM2000 **Intro to Sport Management** Instructor Fall 2024* (4 sections)
- SPM2000 **Intro to Sport Management** TA Spring 2022*
- SPM2000 **Intro to Sport Management** TA Fall 2016*
- SPM2060 **Sport Career Preparation** Instructor Fall 2025 (2 sections)
- SPM2060 **Sport Career Preparation** Instructor Spring 2025
- SPM2060 **Sport Career Preparation** Instructor Fall 2024 (2 sections)
- SPM3013 **International Sport Management** Instructor Spring 2026**
- SPM3204 **Ethical Issues in Sport** Instructor Spring 2026
- SPM3204 **Ethical Issues in Sport** Instructor Fall 2025
- SPM3204 **Ethical Issues in Sport** Instructor Spring 2025
- PET4262 **Sport Career Transitions** Instructor Spring 2026 (2 sections)
- PET4262 **Sport Career Transitions** Instructor Spring 2025* (2 sections)
- SPM3204 **Ethical Issues in Sport** Instructor Fall 2021**
- SPM3204 **Ethical Issues in Sport** Instructor Spring 2020
- SPM3204 **Ethical Issues in Sport** Instructor Fall 2019
- SPM4912 **Undergraduate Research** Instructor Spring 2026 (1 credit)
- SPM4948 **Advanced Career Development** Instructor Fall 2020* (6 credits)
- SPM4948 **Advanced Career Development I** Instructor Summer A 2020*
- SPM4948 **Advanced Career Development II** Instructor Summer B 2020*
- SPM4905 **Sport Career Transitions** Instructor Spring 2020
- SPM4905 **Sport Career Transitions** Instructor Fall 2019
- SPM4905 **Sport Career Transitions** Co-Instructor Spring 2019
- SPM4905 **Sport Career Transitions** Co-Instructor Fall 2018
- SPM3012 **Social Issues in Sport** TA Spring 2023*
- SPM3012 **Social Issues in Sport** TA Fall 2022*
- SPM3012 **Social Issues in Sport** TA Spring 2022*

• LEI3921	Social Issues in Sport	TA	Summer 2016*
	Field Experience	TA	Summer 2017**
	Field Experience	TA	Spring 2017**
	Field Experience	TA	Spring 2016**
	Field Experience	TA	Fall 2015**
	Field Experience	TA	Summer2015**
	Field Experience	TA	Spring 2015**
	Field Experience	TA	Fall 2014**
• SPM4941C	Senior Internship in Sport Management (SPM)	TA	Summer 2017
	Senior Internship in SPM	TA	Spring 2017
	Senior Internship in SPM	TA	Spring 2016
	Senior Internship in SPM	TA	Fall 2015
	Senior Internship in SPM	TA	Summer 2015
	Senior Internship in SPM	TA	Spring 2015
• LEI4940	Senior Internship in Leisure Services (LS)	TA	Summer 2017
	Senior Internship in LS	TA	Spring 2017
	Senior Internship in LS	TA	Spring 2016
	Senior Internship in LS	TA	Fall 2015
	Senior Internship in LS	TA	Summer 2015
	Senior Internship in LS	TA	Spring 2015

Texas A&M University Department of Kinesiology & Sport Management

• SPMT262	Human Capital Management	Instructor	Spring 2024
• SPMT460	Sport Business Planning	Instructor	Spring 2024 (3 sections)
	Sport Business Planning	Instructor	Fall 2023 (2 sections)

NEW COURSE DEVELOPMENT

University of Florida Department of Sport Management

• PET4262	Sport Career Transitions	2022*
• SPM4948	Advanced Career Development	2020*
• SPM4905	Sport Career Transitions	2018

EXECUTIVE CERTIFICATES & EDUCATION INSTRUCTION

University of Florida Department of Sport Management

• Sport Career Transition Specialist Certificate	Co-Instructor	2020
• PAADS Athlete Development Certificate	TA	2019

STUDY ABROAD PROGRAM DEVELOPMENT & INSTRUCTION

University of Florida Department of Sport Management

• Sport Management in Austria & Germany	Co-Leader	Spring Break 2025
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Texas A&M University Department of Kinesiology & Sport Management

• Sport Business in Europe: Germany & Austria	Co-Leader	Spring Break 2025
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INSTRUCTIONAL DESIGN

University of Florida Department of Sport Management

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| • SPM6905 | Business of Sport Law | Spring 2023 |
| | Business of Sport Law | Spring 2022 |
| • SPM6905 | Fair Competition in Sport | Spring 2023 |
| | Fair Competition in Sport | Spring 2022 |
| • PET4262 | Sport Career Transitions | Spring 2022 |
| • SPM2000 | Intro to Sport Management | Fall 2017 |
| • SPM6905 | International Sport Management | Fall 2017 |
| • SPM6905 | Leading and Coaching Athletics | Summer 2017 |
| • SPM6726 | Issues in Sport Law | Summer 2017 |
| | Issues in Sport Law | Spring 2017 |
| • SPM5936 | Athlete Activism | Spring 2017 |
| • SPM5936 | Women in Sport Management | Spring 2017 |
| • SPM6905 | Entrepreneurship & Innovation in Sport | Spring 2017 |
| • SPM6905 | High School Athlete Development | Spring 2017 |

RESEARCH EXPERIENCE

INTERESTS

- Sport career transition and holistic athlete development
- Career exploration, development, and readiness in sport management
- Sport management education and pedagogical practice

BOOK CHAPTERS

Plunkett, E. P., Harry, M., & Springer, D. (Accepted). Career Construction Theory. In Abeza, G., Braunstein-Minkove, J. R., O'Reilly, N., & Agyemang, K. (Eds.). *Theory in sport management: Insights and applications*. Routledge.

Plunkett, E. P. (2025). Harnessing the Delphi method for sport management course development. In Braunstein-Minkove, J. R., Cooper, J. N., King-White, R., Odio, M. A., Pierce, D. A., & Staurowsky, E. J. (Eds.). *Innovative pedagogical practices in sport management education*. World Scientific.

PUBLICATIONS

Odio, M., Coble, C. & **Plunkett, E. P.** (2025). Administrating internships in sport management: Comparing practices in the discipline. *Sport Management Education Journal*, 19(1), 25-37. <https://doi.org/10.1123/smej.2024-0005>

McLeod, C. M., Pifer, N. D., & **Plunkett, E. P.** (2021). Career expectations and optimistic updating biases in minor league baseball players. *Journal of Vocational Behavior*, 129, 1-13. <https://doi.org/10.1016/j.jvb.2021.103615>

***Padgett, E.** (2016). Challenges in transitioning into athletic retirement. *Professional Association of Athlete Development Specialists Athlete Development Research Digest*, 1(6), 14-17.

**Editor-Reviewed*

PUBLICATIONS IN PROGRESS

Springer, D., **Plunkett, E. P.**, Davies, G. K., & Sethi, S. K. (Revised and resubmitted). The nexus of identity, alienation, and transition: Proposing a novel framework for exploring the intercollegiate athlete experience.

Plunkett, E. P., & Sagas, M. (Data analyzed and draft completed). Development of a sport career transition competency framework for student-athlete development professionals.

Plunkett, E. P., Flaherty, M.P., & Garrison, K. (In data collection). Utilizing SLO competency perceptions and reflective journaling for course improvement.

NATIONAL & INTERNATIONAL PRESENTATIONS

Plunkett, E. P., & Odio, M. (Submitted). *Understanding the Odyssey: Exploring sport management students' career perceptions and exploration strategies using life design*. Submitted to the North American Society for Sport Management (NASSM) Conference. San Juan, P.R.

Flaherty, M. P., **Plunkett, E. P.**, & Garrison, K. (Accepted). *Student Learning Objective (SLO)-Focused reflective journaling: Design-Based Research on course improvement*. Oral presentation to be presented at the Commission on Sport Management Accreditation (COSMA) Conference. St. Augustine, FL.

Odio, M., **Plunkett, E. P.**, & Corr, C. (Accepted). *Publishing, reviewing, and editing in sport management education as part of our long march to legitimacy*. Oral presentation to be presented at the Commission on Sport Management Accreditation (COSMA) Conference. St. Augustine, FL.

Plunkett, E. P., & Sagas, M. (June, 2025). *Sport career transition competencies for student-athlete support professionals: A Delphi study*. Oral presentation at the National Association of Academic and Student-Athlete Development Professionals (N4A) Convention. Orlando, FL.

Plunkett, E. P., Flaherty, M. P., & Garrison, K. (May, 2025). *Educational action research on Student Learning Outcome (SLO) competency perception as an alternative course evaluation method*. Poster presentation at the North American Society for Sport Management (NASSM) Conference. San Diego, CA.

Flaherty, M. P., **Plunkett, E. P.**, & Garrison, K. (May, 2025). *Incorporating Large Language Models (LLMs) in sport management courses*. Teaching & Learning Fair Presentation at the North American Society for Sport Management (NASSM) Conference. San Diego, CA.

Harry, M., & **Plunkett, E. P.** (May, 2025). *College athletes' self-presentation of transferable skills: A LinkedIn analysis*. Oral presentation at the Professional Association of Athlete Development Specialists (PAADS) Athlete Development Research Symposium. New York, NY.

Springer, D., **Plunkett, E. P.**, Davie, G. K., & Sethi, S. K. (November, 2024). *Proposing a model of structural and ontological alienation in college athletics*. Oral presentation at the North American Society for the Sociology of Sport (NASSS) Conference. Chicago, IL.

Plunkett, E., & Weinsz, M. (June, 2024). *Proposing a conceptual framework of student-athlete career development*. Poster presentation at the National Association of Academic and Student-Athlete Development Professionals (N4A) Convention. Las Vegas, NV.

Plunkett, E., & Sagas, M. (May, 2024). *Development of a sport career transition competency framework for student-athlete development professionals*. Oral presentation at the North American Society for Sport Management (NASSM) Conference. Minneapolis, MN.

Plunkett, E., & Herman II, J., & Sethi, S. (May, 2024). *Proposing an integrated model of student-athlete development programming*. Poster presentation at the North American Society for Sport Management (NASSM) Conference. Minneapolis, MN.

Springer, D., **Plunkett, E.**, Sethi, S., Davie, G. (March, 2024). *Alienation as a pervasive factor in the college athlete experience*. Oral presentation at the College Sport Research Institute (CSRI) Conference on College Sport. Columbia, SC.

Plunkett, E., and Sagas, M. (June, 2023). *Evaluation of a sport career transition training course for student-athlete support practitioners*. Oral presentation at the North American Society for Sport Management (NASSM) Conference. Montréal, Québec.

Plunkett, E., Weinsz, M., & Sagas, M. (June, 2020). *Life design plans as a sport career transition readiness instrument*. Poster at the National Association of Academic and Student-Athlete Development Professionals (N4A) Convention. (Conference online)

Plunkett, E. & Sagas, M. (May, 2020). *Proposing an integrative model of entry-level career readiness in sport management*. North American Society for Sport Management (NASSM) Conference. San Diego, CA. (Conference canceled)

Sagas, M., **Plunkett, E.**, Wendling, E., & Weinsz, M. (May, 2020). *Evaluation research in athlete development: Definitions, methods, and exemplars*. Professional Association for Athlete Development Specialists (PAADS) Research Symposium. New York, NY. (Conference canceled)

Plunkett, E. & Sagas, M. (June, 2019). *Exploring the relationship between quantity and quality of sport management internships and career-related outcomes*. Oral presentation at the North American Society for Sport Management (NASSM) Conference. New Orleans, LA.

Plunkett, E. & Sagas, M. (June, 2019). *Why go pro? An exploration of student-athletes' perceptions of professional sport careers*. Poster at the National Association of Academic and Student-Athlete Development Professionals (N4A) Convention. Orlando, FL.

Plunkett, E. & Sagas, M. (May, 2019). *Career exploration through the use of an odyssey planning and prototyping activity*. Oral presentation at the North American Society for Sport Management (NASSM) Conference – Teaching and Learning Fair. New Orleans, LA.

Plunkett, E. & Sagas, M. (May, 2019). *Exploring student-athletes' professional sport career plans through the Theory of Planned Behavior*. Oral presentation at the Professional Association for Athlete Development Specialists (PAADS) Research Symposium. New York, NY.

Odio, M., Coble, C., & **Plunkett, E.** (June, 2018). *Administering internships in sport management: Comparing practices across the discipline*. Oral presentation at the North American Society for Sport Management (NASSM) Conference. Halifax, NS.

Padgett, E. (June, 2017). *A systematic review of factors influencing transition out of elite sport*. Poster at the Professional Association of Athlete Development Specialists (PAADS) Research Symposium. Daytona, FL.

Padgett, E., & Bopp, T. (April, 2016). *Exploring gender equity among Division I sports information directors*. Poster at the College Sport Research Institute (CSRI) Conference on College Sport. Columbia, SC.

GRANTS & CONSULTING

FUNDED GRANTS

Plunkett, E. (PI). University of Florida AI² Center. (2025 – 2026). *AI Research in Teaching & Learning*. \$2,000

Harry, M. (PI), & **Plunkett, E.** (Co-PI), University of Florida Institute of Coaching Excellence Research Grant (2025 – 2026). *Pitching Their Potential: How College Baseball and Softball Athletes Use LinkedIn to Describe Their Transferable Skills*. \$2,500

Plunkett, E. (PI). Texas A&M University Center for Teaching Excellence (2024). *Scholarship of Teaching Yields Excellence (STYLE) Institute*. \$2,500

Chang, Y. (PI), **Plunkett, E.** (Co-PI), Sagas, M. (Co-PI), & Lee, I. (Investigator). Texas Wylie Independent School District (2022 – 2025). *Character Development Program Evaluation and Instrument Development*. \$149,999

Plunkett, E. (PI), & Chun, Y. (Co-PI). CarrSports Consulting (2021). *Situational Analysis for a Division I Athletic Program*. \$3,000

Plunkett, E. (PI). Vital Leadership (2019 – 2021). *Athlete Development Program Evaluation*. \$4,500

Sagas, M. (PI), **Plunkett, E.** (Co-PI), & Chun, Y. (Co-PI). CarrSports Consulting (2020 – 2021). *Situational Analysis for a Division I Athletic Program*. \$2,000

CONSULTING CONTRACTS

Plunkett, E. (Athlete Development Consultant). MVP Kids Books (2020 – 2021). *MVP Kids Books: Sports Series Editorial Review Team*.

Sagas, M. & **Plunkett, E.** (Co-Instructors & Transition Consultants). MAI Capital Management (2020 – 2020). *Sport Career Transition Specialist Certificate Program Webinar Series*.

SUBMITTED GRANTS

Plunkett, E. (PI), Sagas, M. (Co-PI), & Brown, M. (Co-PI). NCAA Innovations in Research & Practice Grant. (Submitted January 2023). *Development of a Sport Career Transition Training Course*. \$35,000 Requested (Not funded).

TECHNICAL REPORTS

Crosby, K., McKay, S., Downey, P., Drake, C., Hancock, K., Jimenez, L., **Plunkett, E.**, Robertson, M., Stark, C., & Waltz, S. (2025). National Association of Academic and Student-Athlete Development Professionals (N4A) Directors Survey Report. Prepared for the N4A Executive Board.

Chang, Y., **Plunkett, E.**, Sagas, M., & Lee, I. (2023). 2022-23 Wylie Independent School District (ISD) Character Education Program Results Report. Prepared for Wylie ISD Administration Team and Wylie Way Program.

Chang, Y., **Plunkett, E.**, Sagas, M., Lee, I., & Paciorek, P. (2022). 2022 Wylie Independent School District (ISD) Character Education Program Pilot Test Results Report. Prepared for Wylie ISD Administration Team and Wylie Way Program.

Plunkett, E., & Chun, Y. (2021). Stakeholder Survey Report for a Division I Athletics Department. Prepared for CarrSports Consulting and a Division I Athletic Department.

Plunkett, E. (2021). Kansas City Christian School and Sport Culture Survey: 2021 End-of-Year Results Report. Prepared for Vital Leadership and Kansas City Christian School.

Plunkett, E. (2021). Kansas City Christian School and Sport Culture Survey: 2021 Spring Sports Results Report. Prepared for Vital Leadership and Kansas City Christian School.

Plunkett, E. (2021). Kansas City Christian School and Sport Culture Survey: 2021 Winter Sports Results Report. Prepared for Vital Leadership and Kansas City Christian School.

Sagas, M., **Plunkett, E.**, & Chun, Y. (2021). Situational Analysis Report for a Division I Athletics Department. Prepared for CarrSports Consulting and a Division I Athletic Department.

Plunkett, E. (2020). Kansas City Christian School and Sport Culture Survey: 2020 Fall Sports Results Report. Prepared for Vital Leadership and Kansas City Christian School.

Plunkett, E. (2020). Kansas City Christian School and Sport Culture Survey: 2020 Spring Sports Results Report. Prepared for Vital Leadership and Kansas City Christian School.

Plunkett, E. (2020). Kansas City Christian School Parent Home Learning Survey: Spring 2020 Report. Prepared for Vital Leadership and Kansas City Christian School.

Plunkett, E. (2020). Kansas City Christian School Athlete-Centered Coaching Initiative: 2020 Spring Coaches Evaluation Report. Prepared for Vital Leadership and Kansas City Christian School.

Plunkett, E. (2019). Kansas City Christian School and Sport Culture Survey: 2019 Fall Sports Results Report. Prepared for Vital Leadership and Kansas City Christian School.

PODCAST APPEARANCES

Cooper, J. N. (Host), & **Plunkett, E.** (2025, December 3). Harnessing the Delphi method for sport management course development (No. 13) [Audio podcast episode]. In *Teaching Innovations in Sport Management*. High Tops Media.

<https://podcasts.apple.com/us/podcast/harnessing-the-delphi-method-for-sport-management/id1838994553?i=1000739606464>

Fletcher, D., (Host), Thornburn, S. (Host), Harry, M., & **Plunkett, E.** (2025, November 6). College sport's seismic shifts and athlete development (No. 32) [Audio podcast episode]. In *The PAADS Athlete Development Podcast*.

<https://www.athdevsummit.com/paads-pod/ads-preview-rx9ng-h7rkb-zjab6-dzha5>

INVITED PRESENTATIONS

Plunkett, E. (December 2025). *Faculty Experiences of Research in Teaching and Learning*. Invited panelist for the UF Center for Teaching Excellence (CTE) Research in Teaching & Learning (RiTTL) Fireside Chat. University of Florida, Gainesville, FL

Plunkett, E. (November 2025). *SLO Competency Perception as an Alternative Course Evaluation Method: Design-Based Research*. Presented to UF faculty in the Research in Teaching and Learning (RiTTL) Faculty Learning Community. University of Florida, Gainesville, FL.

Plunkett, E. (February 2025). *Dissertation Preparation*. Presented to doctoral students in the Proposal Preparation course. University of Oklahoma, Norman, OK.

Plunkett, E. (February 2024). *Aggie Values: Self-Awareness and Value Congruence as Career Decision-Making Tools*. Presented to members of the Progressively Reaching

Excellence in Professionalism (PREP) Freshmen Leadership Organization. Texas A&M University, College Station, TX.

Plunkett, E. (March 2023). *Theoretical Approaches to Career Transition Planning*. Presented to students in the graduate Athlete Development course. University of Florida, Gainesville, FL.

Plunkett, E. (February 2023). *Identity Work and Self-Awareness for Sport Career Transition*. Presented to students in the graduate Athlete Development course. University of Florida, Gainesville, FL.

Plunkett, E. (February 2020, & September 2019). *Selecting a Capstone Internship: Implications from Research & Practice*. Presented to students in the Field Experience course. University of Florida, Gainesville, FL.

Plunkett, E. (February 2019). *Life After Sports*. Presented to 175 student-athletes and sport industry practitioners at the Stay in the Game Career Development Forum. University of Florida, Gainesville, FL.

CAMPUS, COMMUNITY, & PROFESSIONAL SERVICE

SERVICE TO THE PROFESSION

- Editorial Board Member, The Commission on Sport Management Accreditation (COSMA) Journal (2026 – Present)
- Ad Hoc Reviewer, Journal of Student-Athlete Educational Development and Success (2025 – Present)
- Member, National Association of Academic and Student-Athlete Development Professionals (N4A) Research Committee (2024 – Present)
- Ad Hoc Reviewer, Journal of Athlete Development and Experience (2023 – Present)

SERVICE TO THE CAMPUS, COLLEGE, & DEPARTMENT

- Program Director, University of Florida Sport Management Spring Break in Germany & Austria Study Abroad Program (2026)
- Chair, University of Florida Department of Sport Management Undergraduate Studies Committee (2025 – Present)
- Member, University of Florida Department of Sport Management AI in Teaching Effectiveness Working Group (2025 – Present)
- Member, University of Florida Department of Sport Management SLO Assessment Committee (2025 – Present)
- Member, University of Florida Department of Sport Management Annual Performance Review Committee (2025 – Present)
- Faculty Adviser, University of Florida Mu Sigma Lambda Sport Management Fraternity (2025 – Present)
- Member, University of Florida Sport Management Online Master's Admissions Committee (2024 – 2025)

- Member, University of Florida Department of Sport Management Climate and Engagement Committee (2024 – 2025)
- Trip Co-Leader, Texas A&M University Sport Management Education Abroad Germany & Austria Program (2024)
- Member, Texas A&M University Sport Management Master's Strategic Scholarship Committee (2024)
- Member, Texas A&M University Sport Management Master's Admission Committee (2023 – 2024)
- Member, Texas A&M University School of Education and Human Development Service, Teaching, and Research (STaR) Mentoring Program (2023 – 2024)
- Member, University of Florida Sport Management Anti-Racism Learning Community Student Experience Committee (2021 – 2022)
- Departmental Representative, University of Florida Health and Human Performance Graduate Organization (HHP GO; 2018 – 2021)
- Member, University of Florida Department of Sport Management Chair Search Committee (2019)
- Chair, University of Florida Recreational Sports Policy Sub-Committee (2018 – 2019)
- Member, University of Florida Athletic Tutorial Advisory Committee (2018 – 2019)
- Member, University of Florida Recreational Sports Board of Directors (2017 – 2019)
- Trip Leader, University of Florida Disney International Academic Exchange Program (2017)
- Vice President, University of Florida Tourism, Recreation and Sport Management Graduate Club (2015 – 2016)
- Member, Swamp Scramble Golf Tournament Planning Committee (2015 – 2016)

SERVICE TO THE COMMUNITY

- Member, Titletown Gator Club Scholarship Committee (2019)
- Member, Tim Tebow Foundation's Night to Shine Planning Committee (2018 – 2019)
- Member, Titletown Gator Club Board of Directors (2018 – 2019)

AWARDS & HONORS

- National Association of Academic and Student-Athlete Development Professionals (N4A) Dr. Gerald S. Gurney Research Award (2025) \$500
- University of Florida Graduate School Research Fellowship (2017 – 2021) Full tuition waiver and annual stipend of \$25,000
- McGriff Family Scholarship, University of Florida College of Health & Human Performance (2022, 2020, 2019, 2018, 2017) Total \$9,500
- Alex Diaz Scholarship, University of Florida College of Health & Human Performance (2021) \$1,900
- University of Florida Tourism, Recreation and Sport Management Professional Development Award (2016, 2015) Total \$500
- Tom McEwen Sports Journalism Scholarship, University of Florida College of Journalism and Communications (2012)

- Bonni G. Tischler Endowment for Student Leadership, University of Florida College of Journalism and Communications (2012)

PROFESSIONAL TRAINING, CERTIFICATIONS, & LICENSES

- CPR/AED and First Aid Certification, GatorCPR (2025 – Present)
- Artificial Intelligence (AI) Learning Academy Certification, University of Florida (2024)
- Wilderness First Aid Certification, National Outdoor Leadership School (NOLS; 2024)
- Certified Athlete Development Specialist, Professional Association of Athlete Development Specialists (PAADS; 2017)

PROFESSIONAL MEMBERSHIPS

- North American Society for the Sociology of Sport (NASSS; 2024 – Present)
- Providing Opportunities for Women in Educational Research (POWER; 2024 – Present)
- National Association of Academic and Student-Athlete Development Professionals (N4A; 2019 – Present)
- North American Society for Sport Management (NASSM; 2017 – Present)
- Professional Association of Athlete Development Specialists (PAADS; 2017 – Present)
- National Career Development Association (NCDA; 2019 – 2020)
- College Sports Information Directors of America (CoSIDA; 2015 – 2016)

SPORT INDUSTRY EXPERIENCE

Student-Athlete Content Tutor University of Florida Athletic Association	2016 – 2019
Student-Athlete Mentor University of Florida Athletic Association	2016
Golf Sports Information Director University of Florida Athletic Association	2014 – 2016
Communications Assistant University of Florida Athletic Association	2012 – 2016
Journalist & Sportswriter Beaches Leader Newspaper	2012 – 2013
Assistant Diving Coach Mandarin Middle School	2011 – 2013
Student-Athlete University of Florida Swimming & Diving Team	2010 – 2011