



Q1.

APPLIED PHYSIOLOGY AND KINESIOLOGY (APK)
INTERNSHIP SITE APPROVAL FORM

Q2.

The **Department of Applied Physiology and Kinesiology (APK)** at the University of Florida would like to thank you in advance for taking the time to complete the approval process and your willingness to provide valuable internship opportunities to our students. The Department of APK requires that all **undergraduates** complete 12-credits of internship experience once becoming eligible. Undergraduate students must earn a minimum of 520 clock hours in the process of completing the 12-credits of the internship course. However, undergraduate students may choose to complete all 12-credits in a single semester, or split the credits over two semesters. Students choosing to split the internship credit into two, 6-credit, semesters are required to complete a minimum of 260 clock hours at the internship site each semester. **Graduate** students in the Human Performance concentration may elect to complete between 3 - 9 credits of internship to count towards their degree. Each registered credit of graduate internship requires a minimum of 48 clock hours be completed and a graduate student must register for at least 3 credits in any semester they intend to complete an internship. Therefore, a graduate student will be required to complete between 144 - 432 hours during their internship. Ideally, interns become exposed to the tasks that will be required of them as professionals in the field, as well as receive opportunities to develop their skills and areas of interest. A brief description of our undergraduate and graduate programs is below:

APK Undergraduate Program: Prepares students to function as an exercise technician, exercise specialist, and/or wellness instructor in hospital, corporate, private, or governmental agency, to pursue graduate study in kinesiology, OR to pursue graduate study in a health profession requiring education beyond an undergraduate degree. The curriculum provides a strong basic science background and requires additional course work in the biological aspects of exercise. Students may pursue internship opportunities in healthcare, research, fitness, or other areas of human performance.

Human Performance (Graduate): The Human Performance concentration is a non-thesis program leading to a Master of Science degree in Applied Physiology and Kinesiology. Its purpose is to train students for careers where they can promote scientifically based exercise, wellness, and psychological factors to enhance health, athletic development and/or movement performance. Furthermore, students may be trained to be an integral part of a health care team that administers, assesses, and develops programs for clinical, general public, or high-performance populations.

Please review the [APK Internship Policies and Procedures](#) Document to gain a better understanding of the expectations of students and site supervisors during the experience. Note that clicking the link to the Policies and Procedures manual will take you away from this survey and cause any information input into the survey to be lost. We recommend holding the ctrl button on your keyboard when clicking the link to open it in a new browser tab.

Q5. Organization Name

Force Physical Therapy

Q6. Organization Address(es) - Include Addresses Of All Locations To Be Included As Part Of This Approval

2250 SW 71st Ter, Davie, FL 33317

Q10. URL of Website For Organization

<https://www.forcesportstherapy.com/>

Q7. Name of Individual who will receive applications from students and whom students should contact about Internship availability

Brandon McCammon

Q8. Email Address of Individual who will receive applications from students and whom students should contact about Internship availability

brandon@forcesportstherapy.com

Q9. Phone Number of Individual who will receive applications from students and whom students should contact about Internship availability

9377281502

Q34.

Will the person receiving internship applications from students be the same person supervising the student and completing the student evaluations during the internship?

Yes

No

Q11. Name of Individual Who Will Supervise Students Directly During Internship and Complete Student Evaluations

This question was not displayed to the respondent.

Q12. Email Address of Individual Who Will Supervise Students Directly During Internship and Complete Student Evaluations

This question was not displayed to the respondent.

Q13. Phone number of Individual Who Will Supervise Students Directly During Internship and Complete Student Evaluations

This question was not displayed to the respondent.

Q14. What Semester(s) Is Your Organization Available To Accept Interns? (select all that apply)

Fall (August - December)

Spring (January - April)

Summer (May - August)

Q15. APK Internship Policy requires that a site supervisor hold one degree higher than the student intern. This means that site supervisors of undergraduate interns must hold at least a bachelor's degree and those of graduate interns must hold at least a master's degree. Based on this policy, for which category of students is your organization willing to accept applications? Check all that apply

Undergraduate Students

Graduate Students

Q16. How many interns is your organization willing and able to support per semester?

1-5

Q35. APK Undergraduate students are permitted to complete a single 12-credit (520 hour minimum) internship in a single semester or two, 6-credit (260 hour minimum) internships over two semesters. Are you willing and able to provide a part-time internship experience (~20 hours per week), full-time (~40 hours per week), or either to our undergraduate students depending on the student's internship plans?

Part-Time Internship (~20 hours per week)

Full-Time Internship (~40 hours per week)

- Either Part-Time or Full-Time depending on the student's internship plan

Q17. Describe the normal working hours anticipated for an intern at your organization. Please indicate likelihood and circumstances surrounding any evening or weekend time commitments.

Depending on part-time/full-time internship between 20-40 hours. Most hours will occur in the morning to early afternoon. May fluctuate any time(s) between 7am-12pm. There may be some work hours on Saturdays during match coverage that can vary anytime between 2pm-10pm. Either way, hours will remain between 20-40 hours a week but we are willing to adjust based on internship requirements

Q18. Does your organization offer non-paid or paid internships?

Non-paid

Paid (amount)

Q21. List other benefits your organization offers interns (i.e. housing, health insurance, travel reimbursement, etc.)

Exposure to the professional athlete environment (primarily soccer, although some exposure to football and MMA)

Q22. List required purchases for interning with your organization (i.e. parking pass, uniform, I.D. Badge, etc.)

None

Q23. List required skills or previous experience necessary for interning with your organization

Good academic standing Strong communication skills Ability to lift 15-25 lbs (coolers, equipment) Able to stand for long periods of time (ex: 2-hours) Previous experience with sports (preferred soccer, female athletes, and/or elite athletes) Ability to follow instructions and work under direct supervision High level of organization and attention to detail Strong time-management and punctuality Ability to maintain confidentiality and professionalism at all times Basic understanding of sports medicine environments and terminology (non-clinical) Ability to work effectively as part of a multidisciplinary team Willingness to learn, observe, and accept feedback Ability to remain calm and composed in fast-paced, high-pressure settings Strong work ethic and positive attitude Dependable and accountable for assigned responsibilities Ability to communicate respectfully with athletes, coaches, and staff

Q24. List any special credentials or documents required to intern with your organization (i.e. CPR/First Aid, Liability Insurance, Personal Training Certification, OSHA training, HIPPA training, Pre-Internship orientation, background check)

Q25. Provide a bulleted list of duties/responsibilities your organization expects to be fulfilled by interns:

- Assist certified athletic trainers (ATCs) and Physical Therapist(s) (PTs) with non-clinical, non-licensed support tasks. - Help with set-up and breakdown of athletic training areas for practices and matches. - Prepare hydration stations, coolers, and recovery areas under staff direction. - Stock, organize, and maintain athletic training supplies and equipment. - Clean and sanitize treatment tables, modalities, and equipment per infection-control protocols. - Assist with laundry services (towels, wraps, sleeves) - Observe injury evaluations, treatments, and rehabilitation sessions for educational purposes only. - Escort athletes as needed within facilities (e.g., to/from treatment areas). - Assist with administrative tasks such as: --Inventory tracking --Filing and organization --Data entry (non-medical, as permitted) --Support injury prevention and recovery programming logistics (equipment setup only). --Assist with event and matchday operations related to sports medicine logistics. --Communicate professionally with athletes and staff while maintaining confidentiality. --Adhere to all club policies, medical privacy standards, and supervision requirements. --Perform other duties as assigned that do not involve clinical decision-making or treatment

Q26. Please describe a typical day for the intern:

Pretraining (~2 hours prior to training): Check in with certified athletic training staff. Assist with set-up of athletic training spaces (tables, supplies, trash/recycling). Prepare hydration stations (water, electrolyte mixes, bottles). Set up recovery and support areas as directed (coolers, ice, compression equipment). Stock taping and supply areas without performing taping or treatment. Ensure all equipment is clean, organized, and ready for use. Observe pre-training athlete routines and AT/PT workflow. During training (1-2 hours) Support logistical needs during training: Refill water and hydration supplies. Assist with towel distribution and collection. Maintain cleanliness and organization of sidelines and support areas. Remain available to assist AT/PT staff with non-clinical tasks. Observe injury evaluations or treatments from an appropriate distance and only when permitted. Communicate any logistical issues to AT/PT staff promptly. Maintain professional sideline presence and confidentiality. Post-training (1-2 hours) Assist with post-training recovery logistics: Ice, cold tubs, and recovery equipment setup/breakdown. Towel collection and laundry assistance. Help clean and sanitize: -Treatment tables - Equipment -Hydration stations Restock supplies and dispose of waste properly. Observe post-training recovery processes as allowed. Assist with administrative and organizational tasks: Inventory checks Supply restocking Equipment organization Shadow AT/PT staff for educational observation. Review assigned learning materials or protocols (non-clinical) Ask questions at appropriate times to enhance learning Final cleanup of athletic training areas. Confirm next-day schedule and expectations with AT/PT staff. Ensure all equipment is stored properly. Check out with supervising AT/PT before leaving *Match days will have the same layout as the training days listed above

Q28. All Interns (undergraduate and graduate) MUST be evaluated on **at least 6** of the following 9 Student Learning Outcomes (SLO's), though evaluation of all 9 is preferred. Please check each SLO that applies to the duties/responsibilities provided to interns at your organization.

- | | |
|--|---|
| <input type="checkbox"/> Integrate principles and methods of math, social sciences, and/or arts and humanities to applied physiology and kinesiology, health, wellness, and/or fitness environments. | <input checked="" type="checkbox"/> Select and utilize the appropriate scientific principles when assessing the health and fitness of an individual and prescribing physical activity based on those assessments. |
| <input checked="" type="checkbox"/> Identify and relate the nomenclature, structures, and locations of components of human anatomy to health, disease, and physical activity. | <input checked="" type="checkbox"/> Solve applied physiology and kinesiology problems from personal, scholarly, and professional perspectives using fundamental concepts of health and exercise, scientific inquiry, and analytical, critical, and creative thinking. |
| <input type="checkbox"/> Identify, examine, and explain physiological mechanisms of homeostasis at various levels of an organism (i.e., cells, tissues, organs, systems). | <input checked="" type="checkbox"/> Collect, compare, and interpret qualitative or quantitative data in an applied physiology and kinesiology context. |
| <input type="checkbox"/> Investigate and explain the effects of physical activity on psychological health as well as the perspectives used to enhance adherence to healthier lifestyles. | <input checked="" type="checkbox"/> Effectively employ written, oral, visual, and electronic communication techniques to foster inquiry, collaboration, and engagement among applied physiology and kinesiology peers and professionals as well as with patients, clients, and/or subjects. |
| <input checked="" type="checkbox"/> Identify and explain the acute and chronic anatomical and physiological adaptations to exercise, training, and physical activity. | |

Q33. Name of APK student that requested the site approval form from you (if applicable)

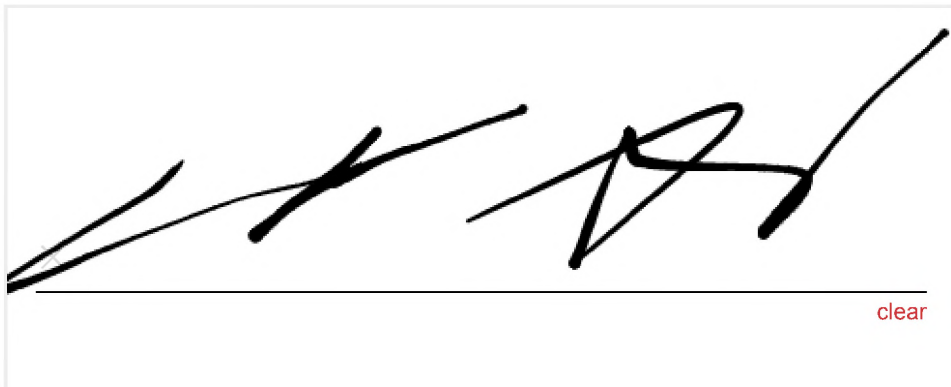
Q29. Would you like to be added to the Department's list of approved sites for future interns?

- Yes
- No

Q32. Have you reviewed the APK Internship [Policies and Procedures Manual](#)? Note that clicking the link will take you away from this survey and any information input into the survey will be lost if you navigate back. We recommend holding the ctrl button on your keyboard when clicking the link to open it in a new browser tab.

- Yes
- No

Q30. Signature of Individual Who Will Be Receiving Internship Applications



A handwritten signature in black ink on a white background. The signature is stylized and appears to be 'J. A. ...'. Below the signature is a horizontal line, and to the right of the line is a red 'clear' button.

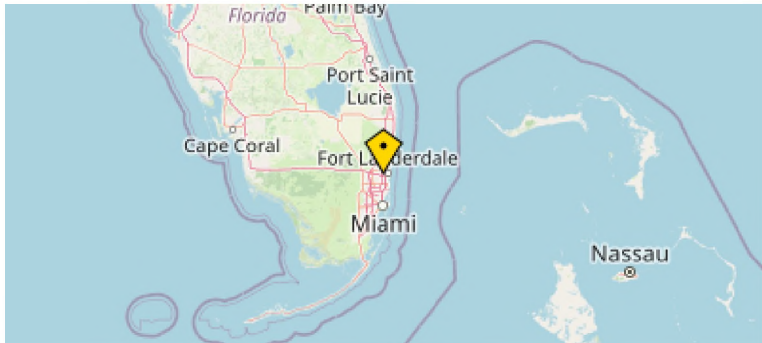
Q31. Signature of Individual Who Will Be Supervising And Evaluating Students During The Internship

This question was not displayed to the respondent.

Location Data

Location: [\(26.099, -80.1822\)](#)

Source: GeoIP Estimation



A map of Florida showing the location of the respondent. A yellow diamond marker is placed on the map, indicating the location near Fort Lauderdale. Other cities labeled on the map include Cape Coral, Port Saint Lucie, Miami, and Nassau.

Approved: 1.5.26

Blain Harrison

Blain Harrison - APK Internship Coordinator