

University of Florida  
Department of Health Education and Behavior  
HSC4800: Health Education Professional Development  
FALL 2025 ONLINE SECTIONS

UFO Online #13190 (Section #UFOI) and UF Residential Online #27570 (Section #00DL)

**Instructor:** Holly T. Moses, PhD, MCHES®  
**Instructor Contact:** [hmoses@hhp.ufl.edu](mailto:hmoses@hhp.ufl.edu)  
**Class Meeting:** Online (asynchronous)  
**Instructor Office:** FLG, Room 8 (ground floor)  
**Zoom Office Hours:** Tuesdays and Thursdays: 9:30am-11am (ET)  
➤ <https://ufl.zoom.us/j/99125380915>  
**Department Chair:** Dr. Mildred Maldonado-Molina, Ph.D.  
FLG, Room 5, [mmmm@ufl.edu](mailto:mmmm@ufl.edu)



## I. COURSE DESCRIPTION AND OVERVIEW

This course prepares students for future professional roles, including internships, employment, and/or graduate programs in health education/promotion or related fields. Students will receive course instruction in the following professional development (and related) areas: résumé and cover letter writing, interviewing skills, marketing oneself, communication skills, relationship dynamics in the workplace, conflict management, job search strategies, applying to graduate school, and preparation for a meaningful life and career. Additionally, students will select and prepare for the Health Education internship. A brief review of the Health Education field and career opportunities will also be discussed. **Students must complete HSC4800 the semester before the internship.**

### Upon completion of HSC4800, students will:

1. Identify and demonstrate basic résumé-writing skills.
2. List and discuss appropriate interviewing techniques.
3. Discuss ways to market oneself to employers.
4. Identify effective communication strategies for the workplace.
5. Cite the importance of culturally inclusive communication in the workplace.
6. Differentiate between conflict management strategies.
7. Discover competencies employers seek in recent graduates.
8. Explore industries and job opportunities and make actionable career goals.
9. Prepare a post-baccalaureate plan.
10. Identify appropriate employment search techniques.
11. Discuss the CHES® certification and explain the benefits of obtaining this certification.
12. Explore the *Health Education Code of Ethics* and identify examples of appropriate ethical decisions.
13. Select and secure an appropriate placement for the health education internship experience as required by the Department of Health Education and Behavior.
14. List the requirements for successful completion of the internship experience.



## COURSE TEXTBOOKS

1. Rath, T. (2007). *StrengthsFinder 2.0*. Gallup Press. (Required)
  - Gallup (1999). *CliftonStrengths Assessment*. Omaha, NE: Gallup.
2. Jay, M. (2012). *The defining decade: Why your twenties matter and how to make the most of them now*. New York: Twelve. (Required)
3. NCHEC, Inc. and SOPHE, Inc. *A competency-based framework for health education specialists – 2020*. Whitehall, PA. [www.nchec.org/responsibilities-and-competencies](http://www.nchec.org/responsibilities-and-competencies).
4. Code of Ethics for the Health Education Profession®. (2020). Coalition for National Health Education Organizations (CNHEO). [cnheo.org/ethics-of-the-profession.html](http://cnheo.org/ethics-of-the-profession.html).



## COURSE READINGS

Supplemental readings will be assigned throughout the semester in addition to the course texts. Students will access the readings via the weekly modules in UF E-Learning (<https://elearning.ufl.edu/>).

## **COURSE LEARNING EXPECTATIONS**

Students are encouraged to employ critical thinking and rely on data and verifiable sources to interrogate all assigned readings and subject matter in this course to determine whether they agree with their classmates and/or instructor. No lesson is intended to espouse, promote, advance, inculcate, or compel a particular feeling, perception, viewpoint, or belief.

## **COURSE COMMUNICATION & INTERACTION**

### ***Course Platform***

All materials for HSC4800 will be housed in UF E-Learning (<https://elearning.ufl.edu/>), the course management platform. Students must be proficient in working with E-Learning. For technical difficulties, contact the UF Help Desk at [Learning-support@ufl.edu](mailto:Learning-support@ufl.edu); 352-392-HELP (option 2); or, [helpdesk.ufl.edu/](http://helpdesk.ufl.edu/).

- **Tip 1: Ensure that communication settings are adjusted to immediately receive assignment comments and grades, instructor messages, and course announcements.**
- **Tip 2: Never use smartphones to complete or submit assignments, discussions, and quizzes.**
- **Tip 3: Read the Weekly Prep announcements posted each Friday morning. Follow the directions regarding how to prepare for the following class meeting accordingly.**

### ***Class Format***

HSC4800\_online is an asynchronous online course. The class does not meet in person, nor does it meet online via Zoom. **The course is structured using a week-by-week format. One or more modules are assigned each week. Unless otherwise noted, all assignments are due on Thursdays before 11:59pm (ET).**

### ***Netiquette***

Professionalism and respect for others are always the minimum expectations for all students. Class members are expected to follow the rules of common courtesy in all correspondence, including course discussions. This includes respectful peer discussion responses, appropriate email response time, and professionally prepared dialogue (following standard writing guidelines and free from spelling and grammatical errors).

- **Review: [Netiquette Guide for Online Courses](#) (also available in the Course Overview module).**

### ***Communication with Instructor***

- Instructor office hours are scheduled weekly via Zoom on Tuesdays and Thursdays from 9:30-11am (ET).
- If a student is unable to attend weekly office hours, the instructor is available for a Zoom meeting upon request. To request a meeting outside of office hours, please email [hmoses@hnp.ufl.edu](mailto:hmoses@hnp.ufl.edu). The student's complete availability for the week ahead (five business days) must be included in the message.
- The best way to reach the instructor is through email ([hmoses@hnp.ufl.edu](mailto:hmoses@hnp.ufl.edu)). *Note: For additional information on email correspondence expectations, see the next section, "Message Etiquette."*
- Students are expected to check their GatorMail email and E-Learning announcements often and regularly.
  - Note: Your instructor has four courses and 200+ students each semester. It is essential to include the course that you are enrolled in (HSC4800\_ONLINE) when corresponding with Dr. Moses. 😊

### ***Message Etiquette***

Professionalism is always expected, and proper etiquette should be followed when sending emails. This includes an appropriate subject heading stating your course number and topic of message, a proper greeting, a grammatically correct message body, and a proper closing. **Messages that lack proper etiquette will be returned.**

#### **Sample message:**

**Subject Heading:** HSC4800 ONLINE – Internship Help

**Greeting:** Hello Dr. Moses,

#### **Message Body:**

I would like to schedule a meeting with you to discuss the internship search. My availability for the next five business days is as follows: Monday/Wednesday/Friday: 8am-2pm; Tuesday/Thursday: 1pm-5pm. I look forward to speaking with you.

**Closing:** Thank you!

## II. COURSE ASSIGNMENTS

### 1. Course Milestone Assignments (35 points)

Students will complete assignments related to course progress (i.e., milestones) throughout the semester. The milestone assignments include *Course Orientation Quiz*, *Degree Audit Check*, *Student Introduction Discussion*, *Internship Search Progress Report #1*, *Internship Search Progress Report #2*, *Professional Code of Ethics Pledge*, and *End of Semester Feedback*. Information about each milestone assignment is provided in the respective assignment folder within E-Learning.

### 2. Module Assignments (50 points)

Students must complete weekly assignments associated with each module. The module assignments are required and account for a significant portion of the course grade. A few assignments require group effort. Students must complete required readings, watch all module lectures, and actively participate in the completion of each module assignment. **Assignments close promptly at 11:59 pm (ET) on the assigned due date and CANNOT be made up for any reason.** There are 12 Module Assignments worth 5 points each. The best 10 scores count towards a student's grade. The lowest two scores are dropped for unexpected issues [i.e., poor performance, something comes up, loss of internet access, illness, etc.).

### 3. Module Quizzes (50 points)

Students must complete weekly quizzes associated with each module. Module quizzes are brief, open-book quizzes based on the reading(s) and lecture(s) associated with each module. The quizzes may include multiple-choice, true/false, and short-answer questions. Quizzes are designed to be completed before completing the module assignments to ensure comprehension of information covered in assigned readings and lectures, which will be further demonstrated in the module assignments. **Module quizzes close promptly at 11:59 pm (ET) on the assigned due date and CANNOT be made up for any reason.** There are 12 Module Quizzes worth 5 points each. The best 10 scores count towards a student's grade. The lowest two scores are dropped for unexpected issues [i.e., poor performance, something comes up, loss of internet access, illness, etc.).

### 4. Professional Skills Test (60 points)

This assignment requires students to prepare for a series of 'tests' concerning several key professional skills. The *Professional Skills Test* (PST) will take place during an assigned date and time (agreed upon by the instructor and student) and will include evaluations of the following professional skills: (1) résumé portfolio, (2) professional email to a prospective supervisor, and (3) zoom interview with a prospective supervisor. More information can be found in the PST module in E-Learning. Scheduling for the PST will begin during the third week of the semester and will require input from the student (see the course schedule).

### 5. StrengthsFinder Talent Discussion (40 points)

All students must complete the *CliftonStrengths Assessment* (Gallup, 1999) prior to completing the StrengthsFinder Talent Discussion (personal discussion and peer response). The assessment is available with the purchase of a \*new\* copy of *StrengthsFinder 2.0* (Rath, 2007). Students should plan as necessary to ensure the online assessment and book are completed well in advance of the assignment due dates. More information is provided within the StrengthsFinder 2.0 Module in E-Learning.

### 6. Defining Your Decade Discussion (40 points)

All students must read *The Defining Decade: Why Your Twenties Matter and How to Make the Most of Them Now* (Jay, 2012) to complete the Defining Your Decade discussion (personal discussion and peer response). Students should plan as necessary to ensure the book is completed well in advance of the assignment due dates. More information is provided within the Defining Your Decade Module in E-Learning.

### 7. Internship Application (25 points)

The internship application is a formal agreement between the intern, the HEB Internship Coordinator, and the agency supervisor. This form provides the HEB Internship Coordinator with an assessment of the appropriateness of the student's selected internship. The application includes contact information for both the intern and agency supervisor, a description of the agency's health education activities, and the proposed internship duties and their alignment with the Areas of Responsibility for Health Education Specialists (NCHEC, 2020). More information is provided within the Internship Requirements Module in E-Learning.

### III. COURSE EVALUATION

Assignments	Point Value	Grading Scale		
1. Course Management Assignments (CMA) <i>Course Orientation Quiz (5); Student Introduction Discussion (5) Degree Audit Check (5); Progress Report #1 (5); Progress Report #2 (5); Code of Ethics Pledge (5); End of Semester Feedback (5)</i>	35	A	93%-100%	279 - 300
2. Module Assignments (MA) <i>12 assignments @ 5 points each; the two lowest scores are dropped</i>	50	A-	90%-92.9%	270 - 278
3. Module Quizzes (MQ) <i>12 quizzes @ 5 points each; the two lowest scores are dropped</i>	50	B+	88%-89.9%	264 - 269
4. Professional Skills Test (PST) <i>Resume Portfolio (25); Zoom Interview (25); Professional Email (10)</i>	60	B	83%-87.9%	249 - 263
5. CliftonStrengths Discussion <i>Individual Discussion Post (30) Peer Discussion Responses (10)</i>	40	B-	80%-82.9%	240 - 248
6. Defining Your Decade Discussion <i>Individual Discussion Post (30) Peer Discussion Responses (10)</i>	40	C+	78%-79.9%	234 - 239
7. HEB Internship Application	25	C	73%-77.9%	219 - 233
		C-	70%-72.9%	210 - 218
		D+	68%-69.9%	204 - 209
		D	63%-67.9%	189 - 203
		D-	60%-62.9%	180 - 188
		E	0%-59.9%	0 - 179
<b>Total points possible:</b>	<b>300</b>			

University of Florida grading policies: <https://catalog.ufl.edu/UGRD/academic-regulations/grades-grading-policies/>

This course meets the following competencies of Area VIII: Ethics and Professionalism of the NCHEC Responsibilities of Health Education Specialists (NCHEC, 2020):

- ✓ 8.1 Practice in accordance with established ethical principles.
- ✓ 8.3 Engage in professional development to maintain and/or enhance proficiency.

### IV. HEB INTERNSHIP PREREQUISITES (HSC4876)

Students must meet all the prerequisites below to receive approval to register for HSC4876 and participate in the HEB Internship Program. Students may also view these requirements in the HSC4876 syllabus.

- Students must have a UF and Upper Division GPA of 2.0 or higher.
- Students must have an HSC coursework GPA of 2.8 or higher.
- Students must not have grades of N, NG, or I on their academic record.
- Students must successfully complete all required coursework --- general education, Gordon Rule, universal tacking, HEB major and specialization coursework, and elective coursework. **The ONLY course requirement remaining on a student's UNMET degree audit should be HSC4876.**
- Students must provide proof of health insurance coverage. Proof of health insurance coverage is provided annually. For more information, visit [healthcompliance@shcc.ufl.edu](mailto:healthcompliance@shcc.ufl.edu).
- Students must submit a complete and accurate internship application by the last day of class in HSC4800 (the semester before the internship). The intern, agency supervisor, and HEB Internship Coordinator must sign the application.
- The student must submit proof of internship site-mandated additional requirements by the last day of class in HSC4800. Additional requirements may include CPR/BLS certification, health insurance, immunizations, background check, fingerprinting, an affiliation agreement, University international studies clearance, etc.
- Students must be registered (by HEB academic advisors) for HSC4876 by the last day of advanced registration for the semester in which they plan to intern. HSC4876 registration is exclusive to the term and year specified on the approved internship application.
- **If a student does not meet all the above-listed requirements by the end of the semester before the internship, they must postpone the internship indefinitely.**

**\*\*\* HEB Internship Dates for SPRING 2026: January 12, 2026 – April 12, 2026\*\*\***

## V. COURSE POLICIES

### 1. Learning Support Services & Accommodations:

Students with disabilities who experience learning barriers and would like to request academic accommodations should connect with the Disability Resource Center. See the “Get Started With the DRC” webpage:

<https://disability.ufl.edu/get-started/>. It is important for students to share their accommodation letter with the instructor. Please ensure the documentation is sent within the first two weeks of class.

### 2. Student Honor Code and Student Conduct Code:

University of Florida students are bound by the Honor Pledge (<https://policy.ufl.edu/regulation/4-040/>).

On all work submitted for credit by a student, the following pledge is required or implied: **“On my honor, I have neither given nor received unauthorized aid in doing this assignment.”** The Student Honor Code and Conduct Code (Regulation 4.040) specifies several behaviors that violate this code, as well as the process for reporting allegations and sanctions that may be implemented. All potential violations of the code will be reported to Student Conduct and Conflict Resolution. If a student is found responsible for an Honor Code violation in this course, the instructor will enter a Grade Adjustment sanction, which may be up to or including failure of the course. The Student Honor Code and Student Conduct Code can be further reviewed at [regulations.ufl.edu](https://regulations.ufl.edu). If a student has questions or concerns, they should consult with the instructor or TA in this class.

### 3. Grade Adjustments:

It is unethical and in direct violation of the UF Student Honor Code to request an unjustifiable grade adjustment ([UF Student Honor Code](#): “Conspiracy to Commit Academic Dishonesty”). Under no circumstances will I ever ‘round up’ a student’s grade (89.99% is a B+), nor will I offer extra credit. Additionally, I will not discuss grades over email to protect student privacy. If a grade input error occurs, students must notify me within one week. I will examine the E-Learning grade to determine whether a calculation error has occurred. If an error occurred, the grade will be adjusted. **Unless otherwise specified, students have one week to review assignment grades and contact the instructor with questions or concerns. Students who fail to review their assignment scores within one week of the release of grades may not request retroactive adjustments on scores at the end of the term.**

### 4. Assignments:

Assignments will not be accepted late. **All course assignments are due before 11:59 PM (ET) on Thursdays (unless otherwise stated), as specified in the course schedule.** If an emergency arises which causes you to miss a deadline, it is your responsibility to communicate with me within 24 hours and provide formal documentation via email within 72 hours of the missed deadline. I will not be receptive to retrospective requests for extensions. Without formal documentation submitted within 72 hours of a missed deadline, any assignment will receive a grade of zero (0) and cannot be made up.

**Students are expected to complete work of the highest quality and reflect college-level effort. Assignments must be professionally submitted and, in the format requested, following the rules and guidelines outlined in the Publication Manual of the American Psychological Association (7th Edition), when applicable.**

### 5. Academic Policies & Excused Absence Policy:

Per University of Florida policy, excused absences include medical appointments and illness (with doctor’s note), deaths in the family (with documentation), and school events (with documentation on school letterhead). If you anticipate missing a submission deadline, please email me BEFORE the deadline passes. **Requirements for class attendance are consistent with university policies found in the online catalog at:**

<https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>.

- The university recognizes the instructor’s right to require attendance and documentation for absences (except for religious holidays), missed work, or inability to fully engage in class. After due warning, an instructor can prohibit further attendance and subsequently assign a failing grade for excessive absences.
- **Reminder: Module Assignments (MA) and Module Quizzes (MQ) cannot be made up for any reason. Two scores (for each assignment category) are dropped for unexpected issues [i.e., poor performance, something comes up, loss of internet access, illness, etc.).**

## 6. Computer Requirements

**Students must have access to the University of Florida's minimum technology/computer requirements.** This includes a fully operational computer system with appropriate software (Microsoft Office, Adobe Acrobat Pro), webcam, microphone, and speakers. **Students should never use a smartphone for assignment submission.**

**Students must also have access to a reliable broadband connection to the Internet.** If you find yourself in an area with limited Wi-Fi access, please know that eduroam is available nationally and internationally. **Students can access eduroam (using Gatorlink credentials) when off campus. Visit: <https://getonline.ufl.edu/>.**

## 7. Online Course Evaluation Process:

Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online. Students can complete evaluations in three ways: (1) the email received near the end of a semester from GatorEvals, (2) the E-Learning course menu in the 'GatorEvals' tab, and (3) the central portal at <https://my-ufl.bluera.com>.

- Guidance on how to provide constructive feedback is available at <https://gatorevals.aa.ufl.edu/students/>. Students will be notified when the evaluation period opens. Summaries of course evaluation results are available to students at <https://gatorevals.aa.ufl.edu/public-results/>.

## 8. Class Recording (House Bill 233 Intellectual and Viewpoint Diversity Act):

Students are allowed to record video or audio of class lectures. However, the purposes for which these recordings may be used are strictly controlled. The only allowable purposes are (1) for personal education use, (2) in connection with a complaint to the university, or (3) as evidence in, or in preparation for, a criminal or civil proceeding. All other purposes are prohibited. Specifically, students may not publish recorded lectures without the written consent of the instructor. A "class lecture" is an educational presentation intended to inform or teach enrolled students about a particular subject, including any instructor-led discussions that form part of the presentation, and delivered by an instructor hired or appointed by the University, or by a guest instructor, as part of a University of Florida course.

A class lecture does not include lab sessions, student presentations, clinical presentations, assessments (quizzes, tests, exams), field trips, private conversations between students in the class, or between a student and the faculty or guest lecturer during a class session.

Publication without permission of the instructor is prohibited. To "publish" means to share, transmit, circulate, distribute, or provide access to a recording, regardless, of format or medium, to another person (or persons), including but not limited to another student within the same class section. Additionally, a recording, or transcript of a recording, is considered published if it is posted on or uploaded to, in whole or in part, any media platform, including but not limited to social media, book, magazine, newspaper, leaflet, or third-party note/tutoring services. **A student who publishes a recording without written consent may be subject to a civil cause of action instituted by a person injured by the publication and/or discipline under UF Regulation 4.040 Student Honor Code and Student Conduct Code.**

## VI. STUDENT RESOURCES

### Academic Resources:

- **E-learning Technical Support:** <http://helpdesk.ufl.edu/>  
The UF Computing Help Desk is available to assist students when they are having technical issues, including those related to E-learning. Contact the Help Desk at 352-392-4357 or via e-mail at [helpdesk@ufl.edu](mailto:helpdesk@ufl.edu).
- **Career Connections Center:** <https://career.ufl.edu/>  
The Career Connections Center (C3) is the University of Florida's comprehensive career services operation responsible for providing world class career and professional development for all students. As the # 2 Career Center in the country according to Best Colleges, the center supports the overall student experience, starting during student orientation and moving beyond graduation. Location: Reitz Union, Suite 1300.
- **Library Support:** <https://uflib.ufl.edu/>  
Various forms of support are available online through the UF Library website. Students may call, text, chat, or email a librarian through the Ask-A-Librarian resource. Additionally, the Department of Health Education and Behavior has a designated librarian to support student research needs. To contact your subject specialist visit: <https://uflib.ufl.edu/specialists/>.
- **Academic Resources:** <https://academicresources.clas.ufl.edu/>  
The mission of Academic Resources is to empower students to become successful lifelong learners. 1317 Turlington Hall; 352-392-2010; [teaching-center@ufl.edu](mailto:teaching-center@ufl.edu).
- **Writing Studio:** <https://writing.ufl.edu/writing-studio/>  
The Writing Studio is a free service that aims to help students become more effective writers. Receive help with brainstorming, formatting, and writing papers. Daytime (9:30am-3:30pm): 2215 Turlington Hall, 352-846-1138. Evening (5:00pm-7:00pm): 1545 W University Avenue (Library West, Rm. 339).
- **Academic Complaints:** <https://www.ombuds.ufl.edu/>  
The Ombuds Office seeks to assist students, staff, and faculty in resolving problems and conflicts that arise during their interactions within the University of Florida. By considering issues in an unbiased way, the Ombuds works to help students and staff find solutions to university-related problems and concerns.
- **Enrollment Management Complaints:** <https://www.sfa.ufl.edu/written-student-complaints/>  
The Division of Enrollment Management established procedures for handling student complaints pertaining to grievances arising from concerns with the Registrar, Admissions, Financial Aid and Scholarships offices.
- **UF Student Success Initiative:** <https://studentsuccess.ufl.edu/>  
The Student Success unit at the University of Florida offers resources to support students along their unique paths of achievement.

### Campus Health and Wellness Resources:

- **UF Whole Gator Resources:** <https://one.ufl.edu/whole-gator/discover>  
The UF Whole Gator app connects the UF community with resources dedicated to supporting overall health and well-being. For resources that are designed to help you thrive physically, mentally, and emotionally at UF visit <https://studentlife.ufl.edu/wholegator/>.
- **U Matter, We Care:** [umatter@ufl.edu](mailto:umatter@ufl.edu)  
If you or a friend is in distress, please contact [umatter@ufl.edu](mailto:umatter@ufl.edu) so that the U Matter, We Care Team can reach out to the student in distress. A nighttime and weekend crisis counselor are available by phone at 352-392-1575. Asking for help is a sign of strength!
- **Counseling and Wellness Center:** <http://www.counseling.ufl.edu/cwc/>  
Visit the counseling and wellness center to speak to a counselor about any personal problems.



## Searching for a Health Education Internship: Important Procedures

Carefully review the guidelines below for the HEB internship search and follow the procedure as you begin your search for a meaningful internship. Additional information is in the HSC4876 syllabus.

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**Step 1: Review the list of Department of Health Education and Behavior approved internship profiles, found at <http://hhp.ufl.edu/current-students/undergrad-students/internship-practicum/heb/heb-internship-sites/>.**

The internship profiles listed include internship sites that identified an interest (at some time) in hosting a Health Education intern. The internships are divided into four geographic areas: UF/Campus, Gainesville, Within Florida, and Outside of Florida. While pre-interns are not required to select an internship from the Department's internship profile lists, each pre-intern must review the posted internship profiles to generate a list of possible locations they would want to seek an internship. Students may also use various search engines to identify potential internship sites in the geographic location(s) where they plan to live during the final semester of their undergraduate program. **For more information, visit Module 1: HEB Internship Search Guidelines.**

**Step 2: Create an Excel spreadsheet** to organize all internship sites of interest. Include the internship agency name, location (city, state), supervisor's name and contact information (email and phone number), date and method of first contact, and follow-up comments (additional columns may be added per the student's desire). Update the internship search Excel spreadsheet with each correspondence from an internship supervisor.

**Step 3: Contact prospective supervisors via email or phone**, following the guidelines discussed in *Module 2: Contacting Internship Supervisors*. The primary goals of correspondence with internship site supervisors include identifying the level of interest among supervisors for hosting an HEB intern, the appropriateness of the site for your interests in health education/promotion, and (hopefully) scheduling an interview with the agency/organization. Pre-interns are expected to send prospective internship site supervisors an up-to-date and relevant résumé packet (cover letter and résumé), which will aid in securing an interview.

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### **'NEW INTERNSHIP SITE' APPROVAL PROCESS**

When corresponding with a new internship site (a site that has not previously supervised Health Education interns), forward the agency's name, location (city, state), website URL, and the supervisor's name and email address to your instructor. **This step is MANDATORY for ALL NEW INTERNSHIP SITES! This information should be sent to Dr. Moses as soon as possible and before the deadline (\*\*see below\*\*).** Upon receipt, Dr. Moses will email the prospective internship supervisor details about the HEB internship, including the Department's requirements for HEB internship duties and expectations for site supervisors. After initial communication with the instructor, the prospective internship site supervisor will email the pre-intern to schedule an interview.

**Students may NOT interview with a NEW SITE until the Department of HEB has fully vetted the site and made a recommendation for 'approval.'** **\*\*\*The deadline for a student to send the requested information about a prospective (new internship) site is one month from the on-time internship paperwork due date.\*\*\***

### **IMPORTANT REMINDER: HEB INTERNSHIP DUTIES**

HEB intern duties must align with the Responsibilities and Competencies of Health Education Specialists (NCHEC, 2020). The Eight Areas of Responsibility contain a comprehensive set of Competencies and Sub-competencies defining the role of the health education specialist. **Intern duties must cover a minimum of FOUR Areas throughout the duration of the internship** (<https://www.nche.org/responsibilities-and-competencies>).

Area I: Assessment of Needs and Capacity	Area V: Advocacy
Area II: Planning	Area VI: Communication
Area III: Implementation	Area VII: Leadership and Management
Area IV: Evaluation and Research	Area VIII: Ethics and Professionalism



**HSC4800 (ONLINE SECTIONS): Fall 2025 Course Schedule**  
**UFO Online #13190 (Section #UFOI) and UF Residential Online #27570 (Section #00DL)**

Week: Due Date	Modules	Course Assignments	
<b>Week 1: Aug 28</b>	Start Here: Welcome to HSC4800! Module 1: HEB Internship Search Guidelines	Course Orientation Quiz (5) Student Introduction Discussion (5) Degree Audit Check (5)	Module Quiz #1 (5) MA1: HEB Internship Search Prep (5)
<b>Week 2: Sep 4</b>	Module 2: Contacting Internship Supervisors	Module Quiz #2 (5)	MA2: Email to Prospective Supervisor (5)
<b>Week 3: Sep 11</b>	Module 3: Building Effective Résumé Packets	Module Quiz #3 (5) MA3: Résumé (5)	<b>*Schedule Professional Skills Test*</b>
<b>Week 4: Sep 18</b>	Module 4: Interview Techniques	Module Quiz #4 (5)	MA4: Interview Q&A video (5)
<b>Week 5: Sep 25</b>	Module 5: Marketing Yourself	Module Quiz #5 (5) MA5: Personal Sales Pitch (5)	<b>Internship Search Progress Report #1 (5)</b>
<b>Week 6: Oct 2</b> <b>**NOTICE**</b>	<b>Professional Skills Tests module</b>	<b>Professional Email (10); Résumé Portfolio (25); Zoom Interview (25)</b> <b>**Must be available for a 20-minute Zoom interview between Sep 29 – Oct 3 (8am-7pm ET)**</b>	
<b>Week 7: Oct 9</b>	<b>StrengthsFinder 2.0 module</b>	<b>StrengthsFinder Talent Discussion (40)</b> [Personal Discussion due Oct 9; Peer Discussion due Oct 12]	
<b>Week 8: Oct 16</b>	Module 6: Effective Communication Module 7: Conflict Management	Module Quiz #6 (5) MA6: Inclusive Communication (5)	Module Quiz #7 (5) MA7: Conflict Case Study (5) <b>*group activity*</b>
<b>Week 9: Oct 23</b>	Module 8: Professionalism and Social Media	Module Quiz #8 (5) MA8: LinkedIn Profile (5)	<b>Internship Search Progress Report #2 (5)</b>
<b>Week 10: Oct 30</b>	Module 9: Post Graduation Planning	Module Quiz #9 (5) MA9: Post-Baccalaureate Plan (5)	
<b>Week 11: Nov 6</b>	<b>The Defining Decade module</b>	<b>Defining Your Decade Discussion (40)</b> [Personal Discussion due Nov 6; Peer Discussion due Nov 9]	
<b>Week 12: Nov 13</b>	Module 10: Health Education Code of Ethics	Module Quiz #10 (5) MA10: Ethics Case Study (5) <b>*group activity*</b>	<b>Professional Code of Ethics Pledge (5)</b> <b>Internship Application (25) **on-time due date**</b>
<b>Week 13: Nov 20</b>	Module 11: HEB Internship Procedures	Module Quiz #11 (5)	MA11: Bi-Weekly Report (5)
<b>Week 14: Nov 27</b>	<b>***THANKSGIVING HOLIDAY***NO CLASS***</b>		
<b>Week 15: Dec 3</b> <b>**Wednesday**</b>	Module 12: Contributing to the HE/P Field <b>**Final deadline for internship paperwork**</b>	Module Quiz #12 (5) MA12: Contributing to HE/P (5)	<b>End of Semester Feedback (5)</b>

❖ **Unless otherwise noted, assignments are due on Thursdays before 11:59pm (ET)**

❖ **For assignments requiring "group activity" students must begin communicating with their group by Saturday of the weekend before the due date.**

**\*\*\* HEB Internship Dates for SPRING 2026: January 12, 2026 – April 12, 2026 \*\*\***