

Bachelor of Science in Health Education (2025)

Specialization: Health Studies

Suggested Schedule

Freshman (1HH)

2.8 Universal Tracking (UT) GPA | 2.0 Prerequisite GPA | 2.0 UF GPA

**Universal Tracking (bolded) & Prerequisite (italicized) coursework must be completed before Semester 5.*

Semester 1 - Fall		Semester 2 - Spring	
PSY2012 General Psychology (State Core GE-S)	3	STA2023 Introduction to Statistics (GE-Math)	3
MAC1147 Precalculus Algebra (or higher MAC) (State Core GE-Math)	4	CHM2045/L General Chemistry I & Lab (State Core GE-Physical Science)	4
HSC2103 Personal & Family Health (GE-S & GE-B)	3	GE-Social & Behavioral Sciences (GE-S & GE-B)	3
GE-Composition/6,000 Words (State Core GE-C, WR-6)	3	GE-Composition/6,000 Words (State Core GE-C, WR-6)	3
Quest 1 (GE-Humanities)	3	Quest 2 (GE-Social & Behavioral, Bio or Physical)	3
Total	16	Total	16

Sophomore (2HH)

2.8 Universal Tracking (UT) GPA | 2.0 Prerequisite GPA | 2.0 UF GPA

**Universal Tracking (bolded) & Prerequisite (italicized) coursework must be completed before Semester 5.*

Semester 3 - Fall		Semester 4 - Spring	
APK2100C Human Anatomy with Lab (GE-B)	4	APK2105C Human Physiology with Lab (GE-B)	4
BSC2010 Integrated Principles of Biology 1 (GE-B)	3	HUN2201 Fundamentals of Human Nutrition	3
BSC2010L Integrated Principles of Biology 1 Lab (GE-B)	1	GE-Writing (6,000 words) (WR-6)	3
GE-Writing 6,000 words (WR-6)	3	Elective/Pre-Health Elective*	4
GE-State Core Humanities (GE-H)	3		
Total	14	Total	14

Junior (3HH)

2.8 HSC Coursework (HSC) GPA | 2.0 UF GPA | 2.0 Upper Division GPA

Semester 5 - Fall		Semester 6 - Spring	
HSC3032 Foundations in Health Education	3	HSC4233 Patient Health Education	3
HSC3537 Health and Medical Terminology	3	HSC4302 Methods and Materials in Health Education	3
AEC3030C Effective Communication or SPC2608 Public Speaking	3	Dept. HSC Specialization Course	3
Dept. HSC Specialization Course	3	Dept. HSC Specialization Course	6
Elective/Pre-Health Elective* (3000 – 4000 level)	3	Elective/Pre-Health Elective* (3000 – 4000 level)	3
Total	15	Total	18

Senior (4HH)

2.8 HSC Coursework (HSC) GPA | 2.0 UF GPA | 2.0 Upper Division GPA

Semester 7 - Fall		Semester 8 - Spring	
HSC4713 Planning and Evaluating Health Education Programs	3	HSC4876 Internship in Health Education	6 or 12
HSC4800 Health Education Professional Development	3	<i>*If part-time internship option is selected, student has option to complete up to 6 credits of elective/pre-health elective courses.</i>	
Dept. HSC Specialization Course	6		
Elective/Pre-Health Elective* (3000 – 4000 level)	3		
Total	15	Total	6 or 12

**Note: Suggested schedule assumes no incoming credits and does not account for UF's Summer Enrollment policy.*

***Elective science courses included in this plan are suggested. Students are responsible for knowing the required prerequisites for their chosen professional health program of study.*

Department Approved HSC Specialization Courses

**The following courses are offered on rotation in Fall, Spring, & Summer terms.*

HSC2624	Trends in International Health	3
HSC4063	AI Health Promotion and Vulnerable Populations	3
HSC4133	Human Sexuality Education	3
HSC4134	Emotional Health & Counseling	3
HSC4143	Drug Education & Behavior	3
HSC4174	Environmental & Behavioral Determinants of Obesity	3
HSC4232C	Exercise Therapy, Adapted Physical Activity & Health	3
HSC4233	Patient Health Education	3
HSC4290	Physical Activity & Community Health	3
HSC4564	Health Promotion in Gerontology	3
HSC4574	Nutrition Education for Special Populations	3
HSC4579	Women's Health Issues	3
HSC4592C	Scientific Foundations of Holistic Health	3
HSC4593	HIV/AIDS Education	3
HSC4623	Minority Health Issues	3
HSC4663	Community Health Methods in Injury Prevention & Control	3
HSC4664	Health Communication for Consumers	3
HSC4690C	CURE on Reducing Intoxicant Involved Sexual Consequences (<i>Course-Based Undergraduate Research Experience requires approval.</i>)	3
HSC4694	Worksite Health Promotion	3
HSC4950	Current Topics in Health Education	3
<u>Experiential HSC Specializations</u>		
<i>Department approval is required prior to registration for the courses below. Contact HEB Advising Office (heb-advising@hnp.ufl.edu) for more information.</i>		
HSC4813	Practicum in Health Education	1-3
HSC4905	Independent Study in Health Education	1-4
HSC4912	Health Education & Behavior Undergraduate Research	0-5

HSC4800 Professional Development*

- This course assists students through the process of securing an internship by senior year of the HEB program.
- Please refer to the HEB Internship Requirement for additional information on internship requirements.

HEB Internship Requirement

- All HSC Major and Specialization coursework must be completed the semester prior to internship.
- If students select part-time internship option (6 credits), students have option to complete up to 6 credits of elective or pre-health elective coursework with internship.
- If students select full-time internship option (12 credits), no additional coursework is permitted with internship.

Pre-Health Elective Coursework

- Pre-Health Elective Coursework is **not required for completion** of the **Bachelor of Science in Health Education** degree program.
- Students are responsible for ensuring completion of the required prerequisites for their chosen professional health program.

Key Skills Learned

- Students gain knowledge on a variety of health issues plaguing diverse populations
- Building meaningful relationships with stakeholders
- Communicating health information to diverse audiences using various channels
- Coordinating the provision of health education services
- Evaluating and effectively sharing research results through appropriate channels
- Understanding theory-based models for planning, implementing, and evaluating health education programs

Career Paths

Students with a Bachelor of Science in Health Education can work in a variety of professions, such as:

- Community Health Promotion Specialist
- Corporate Wellness Trainer
- Epidemiologist
- Health Administration

- Health Coach
- Health Educator
- Health Informatics Specialist
- Health Program Analyst
- Nurse
- Occupational Therapist
- Optometrist
- Patient Navigator or Advocate

- Pharmacist
- Physical Therapist
- Physician
- Physician Assistant
- Public Health Service Officer
- Social Science Research Assistant
- Youth Outreach Coordinator
- Worksite Health Promotion Specialist