UF Department of Applied Physiology and Kinesiology
College of Health and Human Performance
UNIVERSITY *of* FLORIDA

Teaching Experience in APK: Motor Learning

APK 4943 | 27602 | 1 Credit | Fall 2025

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Course Info

INSTRUCTOR	**Daphne Schmid, Ph.D.** Office: FLG 106-E Email: daphs03@ufl.edu Preferred Method of Contact: email
MEETING TIME/LOCATION	MWF Period 2,3,&5 (Each TA will be assigned ONLY one of the sections listed above to work with.)

COURSE DESCRIPTION

Experience teaching as an undergraduate assistant; responsibilities meet the needs of the particular course and instructor, including, but not limited to, giving short lectures, holding study/discussion sections, grading, and helping with exam/quiz/assignment preparation and proctoring.

UGTAs work under the supervision of a faculty or graduate student instructor to learn about college-level teaching in an APK course. Each UGTA experience is unique, tailored to both the student's skills and knowledge as well as the instructor's needs. Independent of the particular course or instructor, UGTAs will benefit intellectually by developing their communication and leadership skills and by gaining a better understanding of the ways in which people learn.

PREREQUISITE KNOWLEDGE AND SKILLS

You must have instructor permission and have up-to-date online training in both FERPA and Maintaining a Safe and Respectful Campus before registering for this course.

REQUIRED AND RECOMMENDED MATERIALS

UGTAs will have their own CANVAS course shell for THIS course and will be listed as non-grading TAs in the CANVAS course shell for APK 3200.
Instructional materials for this course consist of only those materials specifically reviewed, selected, and assigned by the instructor(s). The instructor(s) is only responsible for these instructional materials.

COURSE FORMAT

Students in this course serve as undergraduate teaching assistants (UGTAs) for APK 3200. They will meet once weekly with the course instructor and then be responsible for assisting students registered in Motor Learning according to the duties listed below and timelines agreed upon at the first meeting of the semester.

COURSE LEARNING OBJECTIVES

By the end of the term, students should be able to:

General Course Objectives	Methods of Implementation/Assessment
Identify and discuss various methods of learning	Weekly meetings
Identify and discuss various methods of teaching, including both recommended practices and those to be avoided	Weekly meetings & lab trainings
Generate and present a lecture to a group of undergraduate students, including responding to questions	Leading small group discussions, exam prep help sessions & guide students through in-class motor learning "labs"
Lead discussions about course material with undergraduates taking the course	Application assignment help sessions/peer editing & guiding students through in-class motor learning "labs"
Advise undergraduates enrolled in the course on best study practices and methods for successful completion of the course	Leading small group discussions & exam prep help sessions

Course & University Policies

Please refer to the university's official academic policies and resources here: UF Syllabus Policy Links - Online Course Syllabi - University of Florida. Further information from these links is provided below. If there are any inconsistencies, the online university policies will be upheld over those listed in this document.

ATTENDANCE

UGTAs are responsible for attending weekly meetings. If you are unable to attend the weekly meeting, then you must contact the course instructor immediately so that alternate arrangements can be made if needed. If a UGTA is unable to complete their duties at any point during the semester (for example, if they are ill and cannot give a presentation that they had planned), it is their responsibility to notify the course instructor within a reasonable amount of time so that alternate arrangements can be made. If you are unable to fulfill a weekly duty you signed up for, please try to switch with another UGTA as soon as possible.

Two unexcused absences to weekly meetings or required duties will result in a written reprimand. Three unexcused absences will result in an unsatisfactory grade and dismissal from the course. Tardiness is not appreciated, and chronic offenses will result in warnings, written reprimands, and potentially an unsatisfactory grade in the course as outlined above.

A student experiencing an illness should visit the UF Student Health Care Center or their preferred healthcare provider to seek medical advice and obtain documentation. If you have an illness, family emergency or death, please contact the Dean of Students Office and follow the DSO Care Team procedures for documentation and submission of a request for make-up assignment. The DSO will contact the instructor. Do not provide any documentation to the instructor regarding illness or family emergency. This is your personal and protected information. The DSO is qualified to receive and verify the documents you provide. The instructor will follow the recommendations from the DSO.

PERSONAL CONDUCT & ACADEMIC INTEGRITY

UGTAs are expected to demonstrate the same level of professionalism and conduct expected of graduate TAs. UGTAs should communicate and interact with students and faculty in a manner that portrays competence, maturity, and reliability. Any issues surrounding unprofessional behavior or conduct will be addressed immediately with a written or verbal warning. Further incidences of the same nature may result in assignment of a U grade (unsatisfactory) and immediate dismissal. As a part of the teaching team, you will have access to exams for the course. It is expected that all exam-related information will be kept confidential and not shared with anyone outside of the course instructor or other current UGTAs. Any intentional or unintentional leakage of the exam content will result in a U for the course as well as sanctions for violating the UF honor code.

Like all students at UF, UGTAs are expected to abide by UF's Honor Code. Suspected or known violations of this honor code by fellow UGTAs or students registered in the primary course should be immediately reported to the instructor.

APPROPRIATE USE OF AI TECHNOLOGY

The UF Honor Code strictly prohibits *cheating.* The use of any materials or resources prepared by another person or Entity (inclusive of generative AI tools) without the other person or Entity's express consent or without proper attribution to the other person or Entity is considered *cheating.* Additionally, the use of any materials or resources, through any medium, which the Faculty / Instructor has not given express permission to use and that may confer an academic benefit to a student, constitutes *cheating*.

EXAM MAKE-UP POLICY

There are no exams for this course. ☺

ACCOMMODATING STUDENTS WITH DISABILITIES

Students with disabilities who experience learning barriers and would like to request academic accommodations should connect with the Disability Resource Center by visiting their Get Started page. It is important for students to share their accommodation letter with their instructor and discuss their access needs as early as possible in the semester. When the student communicates accommodation requests through the DRC, the instructor will make adjustments as necessary to best support the student. However, no retroactive alterations to prior assessments will be permitted.

COURSE EVALUATIONS

Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available here. Students will be notified when the evaluation period opens and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via this link.

Getting Help

HEALTH & WELLNESS

- ***U Matter, We Care****:* If you or someone you know is in distress, please contact umatter@ufl.edu, 352-392-1575, or visit U Matter, We Care website to refer or report a concern and a team member will reach out to the student in distress.
- ***Counseling and Wellness Center****:* Visit the Counseling and Wellness Center website or call 352-392-1575 for information on crisis services as well as non-crisis services.
- ***Student Health Care Center****:* Call 352-392-1161 for 24/7 information to help you find the care you need, or visit the Student Health Care Center website.

- *University Police Department*: Visit [UF Police Department website](#) or call 352-392-1111 (or 9-1-1 for emergencies).
- *UF Health Shands Emergency Room / Trauma Center*: For immediate medical care call 352-733-0111 or go to the emergency room at 1515 SW Archer Road, Gainesville, FL 32608; or visit the [UF Health Emergency Room and Trauma Center website](#).
- *GatorWell Health Promotion Services*: For prevention services focused on optimal wellbeing, including Wellness Coaching for Academic Success, visit the [GatorWell website](#) or call 352-273-4450.

ACADEMIC RESOURCES
- *E-learning technical support*: Contact the [UF Computing Help Desk](#) at 352-392-4357 or via e-mail at [helpdesk@ufl.edu](#).
- [*Career Connections Center*](#): Reitz Union Suite 1300, 352-392-1601. Career assistance and counseling services.
- [*Library Support*](#): Various ways to receive assistance with respect to using the libraries or finding resources.
- [*Teaching Center*](#): Broward Hall, 352-392-2010 or to make an appointment 352- 392-6420. General study skills and tutoring.
- [*Writing Studio*](#): 2215 Turlington Hall, 352-846-1138. Help brainstorming, formatting, and writing papers.
- *Student Complaints & Grievances*: Students are encouraged to communicate first with the involved person(s), but [here](#) is more information on the appropriate reporting process.

DEPARTMENT ADMINISTRATORS
For suggestions or concerns related to APK courses or programming, please reach out to any of the following:
- Dr. David Vaillancourt (he/him), APK Department Chair, [vcourt@ufl.edu](#)
- Dr. Demetra Christou (she/her), APK Department Vice Chair, [ddchristou@hhp.ufl.edu](#)
- Dr. Steve Coombes (he/him), APK Graduate Coordinator, [scoombes@ufl.edu](#)
- Dr. Anna Gardner (she/her), APK Undergraduate Coordinator, [akgardner@ufl.edu](#)

Grading

COURSE COMPONENTS & CALCULATING YOUR GRADE
During the term, the UGTA will complete ~45 hours of teaching experiences. This equates to 3 hours per week during Spring and Fall semesters, 3.75 hours per week during Summer C, and 7.5 hours per week during Summer A or Summer B. At the end of the semester, the instructor will assign the UGTA an S or U grade based on the hours completed and the satisfactory achievement of the course goals.

Duty/Task	Approximate Time Commitment
Weekly Meetings (14)	10 hours
Engaging with registered students (application assignments edits/emails)	10 hours
In-Class Lab and Symposium Assistance	12 hours
Grading Assistance	6 hours
Zoom Office Hours	4 hours
Exam Study Hall	4 hours

Weekly Meetings – In these meetings, we discuss where registered students are regarding course content, whether or not students are struggling with specific information, and how to best address that. We will also

discuss any upcoming labs or help sessions you will lead to ensure you feel prepared and comfortable completing your assigned duties. These meetings may either be in person or on Zoom.

Engaging with Registered Students – UGTAs are expected to answer emails from registered students promptly (24-48 hours is reasonable). Students will be encouraged to email you with questions about their application assignments. You are expected to provide feedback and suggestions. Explicit guidelines regarding the amount of detail and support you should share will be provided.

In-Class Lab and Symposium Assistance – UGTAs will be expected to be present in their assigned section on lab days to help facilitate student engagement, answer questions, set up equipment, etc. (approximately six labs are expected, but this may change). You will also assist with the Application Assignment Symposium – helping set up and take down supplies, coordinating peer grading, etc. During these activities, you will answer students' questions about lecture and/or lab content. You are encouraged to engage with students and ensure you are always approachable (not looking busy with your laptop, cell phone, etc.).

Grading Assistance—UGTAs may help grade short-answer questions on exams. Short-answer questions comprise about 20% of each exam and ask students to explain key concepts discussed in the course. Each question explicitly states how students will earn points, and UGTAs will be given rubrics and guidelines to ensure that these assessments remain objective. All grading will occur in the professor's office and be reviewed to ensure consistency across graders.

Project Consultations—Before each project is due, UGTAs will hold a one-hour office hour session on Zoom where undergraduate students can get help studying for exams. UGTAs will be expected to post announcements in the Canvas course about when they will hold these office hours one week in advance, and the office hours may be held between 5 and 1 day(s) before the project is due. Students from any section will be permitted to attend any UGTA's office hours.

Exam Study Hall—Before each exam, UGTAs will hold a review session where undergraduate students can get help studying for exams. UGTAs will be expected to post announcements in the Canvas course about when they will hold these office hours one week in advance, and the office hours may be held between 3 and 1 day(s) before the exam. Students from any section will be permitted to attend any UGTA's office hours.

GRADING SCALE
Students will receive an S (satisfactory) or U (unsatisfactory) grade for this course—so this grade does not have an impact on GPA. More information on current UF grading policies can be found here.

Weekly Course Schedule

		Topic	Assignment Due	Zoom room availability	In-person study session - led by one student/exam	Grading	Key:	Expectations:
August	22	Syllabus						
	25	Introduction to Motor Learning and Basic Skill Classifications						
	27	Introduction to Motor Learning and Basic Skill Classifications					Key:	Expectations:
	29	Conceptual Models of Human Movement					4 hours	be available online - outside of class times
September	1	No Class (Labor Day Holiday)					~ 12 hours	be available in-person during class
	3	Conceptual Models of Human Movement					~ 4 hours?	be available in-person for an exam review
	5	Conceptual Models of Human Movement /Cognition and Information Processing					~6 hours	grading help?
	8	Cognition and Information Processing					~ 20 hours	weekly meetings, managing section group-me, responding to emails, helping students find information, etc.
	10	Cognition and Information Processing					45 hours	
	12	Cognition and Information Processing						
	15	Physiology of Movement						
	17	Physiology of Movement	Motor Skill Training Project Part 1 Due September 18th 11:59 PM					
	19	Exam 1						

	22	wrap up neurophysiology and start stim processing				 	
	24	Stimuli Processing and Schema Development (Hick's Law)					
	26	Stimuli Processing and Schema Development					
	29	Stimuli Processing Fitts' Law and Task Analysis					
October	1	Psychological Refractory Period and Fakes					
	3	Optimal Challenge, Task difficulty , IZOF					
	6	Optimal Challenge, Task difficulty , IZOF /Motivational Theories of Motor Learning					
	8	Motivational Theories of Motor Learning					
	10	Lab					
	13	Physiology of Movement - guest lecture Dr. Bradley Wilkes					
	15	Application Assignment Work Day (Zoom Consultations)		 			
	17	No Class (Homecoming)					
	20	Individual Differences/Adapted ML	Motor Skill Training Project Part 2 Due October 21st 11:59 PM		 		
	22	Exam 2					
	24	Instructional Methods and Conditions of Practice				 	
	27	Instructional Methods and Conditions of Practice (lab)	this is the juggling unit - choose one				

	29	Instructional Methods and Conditions of Practice (lab)	day to come in throughout the week					
	31	Instructional Methods and Conditions of Practice (lab)						
November	3	Variation and Contextual Interference						
	5	Variation and Contextual Interference						
	7	Variation and Contextual Interference						
	10	Feedback (in-class lab)						
	12	Feedback (in-class lab)	broad jump activity					
	14	Feedback (in-class lab)	tbd					
	17	Feedback						
	19	Lab	tbd - this might become a project work day					
	21	Research Application Analysis	Motor Skill Training Project Part 3 Due October 21st 11:59 PM					
		No Class (Thanksgiving Holiday)						
	1	Exam 3						
	3	**Project Presentation Day *******	Motor Skill Training Project Part 4 Due October 21st 11:59 PM					