Prospective Internship Site Profile Department of Health Education & Behavior

Location: Palm Harbor		FL		Date: 3/12/2014		
Agency: YMCA of the Sun	coast	State				
Contact: Summer Dodge						
Address: 4550 Village Center Dr		Palm Harbor		FL 34685		
Street / PO Box		City		State / Zip		
Phone: 727-772-9622		Fax: 727-785-1806				
Email: _sdodge@suncoastymo	ca.org	Website:	vww.ymca	suncoast.org		
What semesters is your agency available Fall (August – December) Normal work hours (Please indicate any Normal work will be completed during	Spring (January – April) ekend time comm	itments):	Summer (May – August) ay, but some nights and		
weekend may be required	∀ Yes					
Is office space available to interns?	Y es	∐ No	Comments			
Is a computer available to interns?	✓ Yes	☐ No		emputer also recomended		
Does your agency offer paid or non-paid	d internships?	✓ Non-paid	Paid	(amount):		
List other benefits your agency offers in Interns will be given a complimentary	·			nbursement, etc.)		

List required purchases for interning with your agency (i.e. parking pass, uniform, etc.)

No specific purchases required. Semi-professional and professional attire will be required during working hours.

List the required skills or previous experience necessary for interning with your agency.

All interns should posses the KASH needed to work for the Y: knowledge, attitudes, skills and habits. A strong work ethic is required and a person who is intrinsically motivated will be most successful. Passion for supporting others in behavior changes is a must. A good understanding and skill set in motivational interviewing is a must. Individuals with graphic design experience and knowledge as well as the ability to follow brand standards would be a good candidate.

Special Requirements (i.e. special application, proof of health insurance, immunization, etc.) Please note: All interns are required to purchase professional liability coverage for \$1,000,000.

All interns will be required to fill out both employment and volunteer paperwork. A background check and drug screen are required to complete this process. In addition, the potential intern will be interviewd by YMCA staff to determine if they are a right fit for the position. The intern will also have to ability to see if the internship provides them with what they are looking for.

List a description of duties your agency expects to be fulfilled by interns. Please include additional literature if desired.

A variety of options will be available for the intern to review. Based on the needs of the Y at the time as well as the needs and interests of the intern, a comprehensive internship plan will be developed. Most efforts and outcomes will be based on: increasing physical activity, healthy eating, long-term and sustainable behavior change, and achieving a health weight- all to prevent, delay, or manage the onset of chronic diseases. An internship plan may include some of the duties outlined below.

- design, produce and prepare heath education materials and presentations
- plan and implement (including marketing and promotion) health education events
- represent the Y and healthy living efforts at community and partner events and activities
- employee in service trainings
- health promotion presentations
- health coaching in 1 on 1 and small group settings
- health risk assessments
- aid with chronic disease program event launches
- research and assist in grant writing
- data input and analysis
- audit classes delivering evidence based curriculum for compliance
- welcome and retention calls to participants in chronic disease programs
- physician and healthcare provider outreach
- work with partner organizations and 3rd part payers

List any important information about your agency.

The YMCA is the nations leading non-profit organization working to strengthen communities through programs that build youth development, healthy living, and social responsibility. The YMCA of the Suncoast spans a 4 county radius and impacts thousands of members of our community each day. The YMCA of the Suncoast is a provider of the YMCA's Diabetes Prevention Program which is part of the CDC-led national diabetes prevention program. This evidence based program helps individuals reduce their risk for diabetes by 58% by making healthy choices around eating and physical activity. The YMCA of the Suncoast is also a provider of several other chronic disease management and prevention programs for: cancer, arthritis, balance, and heart disease.

Would you like to be added to the Department's list of approved sites for future interns?				☐ No
FOR OFFICE USE ONLY:	CONTRACT ON FILE:			
Approval of Intern Coordinator:	Maril	Date:		
Approval Expiration Date:	8-2016			