



Q1.
APPLIED PHYSIOLOGY AND KINESIOLOGY (APK)
INTERNSHIP SITE APPROVAL FORM

Q2.
The **Department of Applied Physiology and Kinesiology (APK)** at the University of Florida would like to thank you in advance for taking the time to complete the approval process and your willingness to provide valuable internship opportunities to our students. The Department of APK requires that all **undergraduates** complete a 12-credit internship experience in their final semester of study. The experience requires a minimum of 520 clock hours or 35-40 hours a week for 15 weeks, for the Fall and Spring semesters, or 40-45 hours a week for 13 weeks during the Summer semester. **Graduate** students in the Human Performance concentration may elect to complete between 3 - 9 credits of internship to count towards their degree. Each registered credit of graduate internship requires a minimum of 48 clock hours be completed and a graduate student must register for at least 3 credits in any semester they intend to complete an internship. Therefore, a graduate student will be required to complete between 144 - 432 hours during their internship. Ideally, interns become exposed to the tasks that will be required of them as professionals in the field, as well as receive opportunities to develop their skills and areas of interest. A brief description of our undergraduate and graduate programs is below:

APK Undergraduate Program: Prepares students to function as an exercise technician, exercise specialist, and/or wellness instructor in hospital, corporate, private, or governmental agency, to pursue graduate study in kinesiology, OR to pursue graduate study in a health profession requiring education beyond an undergraduate degree. The curriculum provides a strong basic science background and requires additional course work in the biological aspects of exercise. Students may pursue internship opportunities in healthcare, research, fitness, or other areas of human performance.

Human Performance (Graduate): The Human Performance concentration is a non-thesis program leading to a Master of Science degree in Applied Physiology and Kinesiology. Its purpose is to train students for careers where they can promote scientifically based exercise, wellness, and psychological factors to enhance health, athletic development and/or movement performance. Furthermore, students may be trained to be an integral part of the health care team that administers, assesses, and develops programs for clinical populations.

Please review the [APK Internship Policies and Procedures](#) Document to gain a better understanding of the expectations of students and site supervisors during the experience. Note that clicking the link to the Policies

and Procedures manual will take you away from this survey and cause any information input into the survey to be lost.

Q5. Organization Name

Gainesville Fire Rescue

Q6. Organization Location(s) - Include Addresses Of All Locations To Be Included As Part Of This Approval

Gainesville Fire Rescue (GFR) Administration - 1025 NE 13th St.; GFR Training - 1026 NE 14th St.; GFR Community Resource Paramedic Annex A - 1026 NE 14th St.; Station 1 - 525 S Main St.; Station 2 - 2210 SW Archer Road; Station 3 - 900 NE Waldo Road; Station 4 - 10 SW 36th Street; Station 5 - 1244 NW 30th Avenue; Station 6 - 3638 NE 39th Avenue; Station 7 - 5601 NW 43rd Street; Station 8 - 3223 NW 42nd Avenue; Station 9 - 4213 SW 30th Avenue.

Q10. URL of Website For Organization

<https://www.gainesvillefl.gov/Government-Pages/Government/Departments/Gainesville-Fire-Rescue-GFR>

Q7. Name of Individual Who Will Receive Applications From Students

Joseph S Hillhouse

Q8. Email Address of Individual Who Will Receive Applications From Students

HillhousJS@GainesvilleFL.gov

Q9. Phone Number of Individual Who Will Receive Applications From Students

352-318-5984

Q34.

Will the person receiving internship applications from students be the same person supervising the student and completing the student evaluations during the internship?

Yes

No

Q11. Name of Individual Who Will Supervise Students Directly During Internship and Complete Student Evaluations

This question was not displayed to the respondent.

Q12. Email Address of Individual Who Will Supervise Students Directly During Internship and Complete Student Evaluations

This question was not displayed to the respondent.

Q13. Phone number of Individual Who Will Supervise Students Directly During Internship and Complete Student Evaluations

This question was not displayed to the respondent.

Q14. What Semester(s) Is Your Organization Available To Accept Interns? (select all that apply)

- Fall (August - December)
- Spring (January - April)
- Summer (May - August)

Q15. APK Internship Policy requires that a site supervisor hold one degree higher than the student intern. This means that site supervisors of undergraduate interns must hold at least a bachelor's degree and those of graduate interns must hold at least a master's degree. Based on this policy, for which category of students is your organization willing to accept applications? Check all that apply

- Undergraduate Students
- Graduate Students

Q16. How many interns is your organization willing and able to support per semester?

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Q17. Describe the normal working hours anticipated for an intern at your organization. Please indicate likelihood and circumstances surrounding any evening or weekend time commitments.

Four, 10 hour, days a week serving on a frontline EMS apparatus Monday and Wednesday, our Community Resource Paramedicine program on Tuesday conducting mobile integrated health, and an administrative day on Thursday working with our Emergency Management and Special Projects team on grant management and qualitative research for social determinants of health.

Q18. Does your organization offer non-paid or paid internships?

Non-paid

Paid (amount)

Q21. List other benefits your organization offers interns (i.e. housing, health insurance, travel reimbursement, etc.)

Documented clinical experience. Opportunity for community awards. Letter of Reference from municipal Fire Department reflecting internship performance.

Q22. List required purchases for interning with your organization (i.e. parking pass, uniform, I.D. Badge, etc.)

N/A

Q23. List required skills or previous experience necessary for interning with your organization

None

Q24. List any special credentials or documents required to intern with your organization (i.e. CPR/First Aid, Liability Insurance, Personal Training Certification, OSHA training, HIPPA training, Pre-Internship orientation, background check)

Background Check; CPR/First aid (EMT preferred); HIPPA Training (Provided in-house); Liability waiver.

Q25. Provide a bulleted list of duties/responsibilities your organization expects to be fulfilled by interns:

Identifies, prioritizes, and assists in resolving social issues including unmet needs in order to reduce repeat 911 use, decrease hospital readmission, and increase patient quality of life. Execute and assist in developing intervention programs based on assessment of health, fitness, and mobility of patients. Assists in implementing City wide health plan by collecting data, participating in work groups, and interacting with community stake holders. Assists in City wide health events. Assists with analysis of program statistics in order to measure and increase success. Establishes and maintains relationships with regional hospitals and social service programs in order to increase program access. Assists with analyzing needs, identifying community resources and care plan coordination for program participants. Acts as liaison to outside related governmental, educational and non-profit agencies.

Q26. Please describe a typical day for the intern:

0800 - Vehicle and Equipment check 0900 - Performs health assessment for assigned crew and recommends individualized physical activity based on assessment 1000 - Patient visits and wellbeing checks / Community stakeholder meetings / Research and Analysis 1200 - Lunch 1300 - Patient visits and wellbeing checks / Community stakeholder meetings / Research and Analysis 1600 - Documentation and charting

Q28. All Interns (undergraduate and graduate) MUST be evaluated on **at least** 6 of the following 9 Student Learning Outcomes (SLO's), though evaluation of all 9 is preferred. Please check each SLO that applies to the duties/responsibilities provided to interns at your organization.

- Integrate principles and methods of math, social sciences, and/or arts and humanities to applied physiology and kinesiology, health, wellness, and/or fitness environments.
- Identify and relate the nomenclature, structures, and locations of components of human anatomy to health, disease, and physical activity.
- Identify, examine, and explain physiological mechanisms of homeostasis at various levels of an organism (i.e., cells, tissues, organs, systems).
- Investigate and explain the effects of physical activity on psychological health as well as the perspectives used to enhance adherence to healthier lifestyles.
- Identify and explain the acute and chronic anatomical and physiological adaptations to exercise, training, and physical activity.
- Select and utilize the appropriate scientific principles when assessing the health and fitness of an individual and prescribing physical activity based on those assessments.
- Solve applied physiology and kinesiology problems from personal, scholarly, and professional perspectives using fundamental concepts of health and exercise, scientific inquiry, and analytical, critical, and creative thinking.
- Collect, compare, and interpret qualitative or quantitative data in an applied physiology and kinesiology context.
- Effectively employ written, oral, visual, and electronic communication techniques to foster inquiry, collaboration, and engagement among applied physiology and kinesiology peers and professionals as well as with patients, clients, and/or subjects.

Q33. Name of APK student that requested the site approval form from you (if applicable)

Q29. Would you like to be added to the Department's list of approved sites for future interns?

- Yes
 No

Q32. Have you reviewed the APK Internship [Policies and Procedures Manual](#)? Note that clicking the link will take you away from this survey and any information input into the survey will be lost if you navigate back. We recommend holding the ctrl button on your keyboard when clicking the link to open it in a new browser tab.

- Yes
 No

Q30. Signature of Individual Who Will Be Receiving Internship Applications

Joseph S. Hillhouse

clear

Q31. Signature of Individual Who Will Be Supervising And Evaluating Students During The Internship

This question was not displayed to the respondent.

Location Data

Location: [\(29.6475, -82.404\)](#)

Source: GeolIP Estimation



Approved: 9.21.22

Blain Harrison

Blain Harrison - APK Internship Coordinator