

The logo for the University of Florida, consisting of the letters 'UF' in white on an orange square background.

UF

Welcome

2022 HHP Graduate Student Orientation

Opening Remarks



Michael Reid, PhD

Dean

Professor, Department of Applied
Physiology & Kinesiology

Overview of Graduate Programs



Christopher Janelle, PhD

Associate Dean for Academic &
Student Affairs

Professor, Department of Applied
Physiology & Kinesiology

Agenda

- **Dean's Welcome**
 - Dean Mike Reid
- **Overview of Graduate Programs**
 - Christopher Janelle, Associate Dean for Academic & Student Affairs
- **Research Perspectives**
 - James Cauraugh, Associate Dean for Research
- **International Opportunities**
 - Michael Fitzgerald, Coordinator of Global Engagement
- **The Graduate Student Experience**
 - Kateyln Villani and Florian Roth
- **Department Introductions**
- **Closing Remarks**
- **Department Orientation Sessions (APK - FLG 230, HEB - FLG 220, SPM - FLG 260, THEM - FLG 235)**
 - Begin at 3:30 pm

UF

Overview of HHP Graduate Programs



Your **HHP** ASA Team...



Ms. Sarah Eberhart
Director of
Assessment and
Student Services



Dr. Garrett Beatty
Director of Academic
Technology and
Innovation



Ms. Kristin Theus
Executive Assistant



**Mr. Michael
Fitzgerald**
Coordinator of
Global
Engagement



Ms. Dawn Shores
Director of
Operations and
Enrollment
Management (for
Online & Distance
Education)



**Ms. Jackie
Sirmopoulos**
Instructional Designer

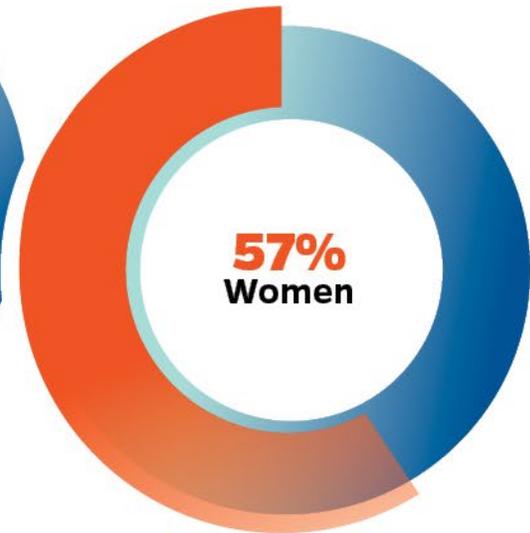
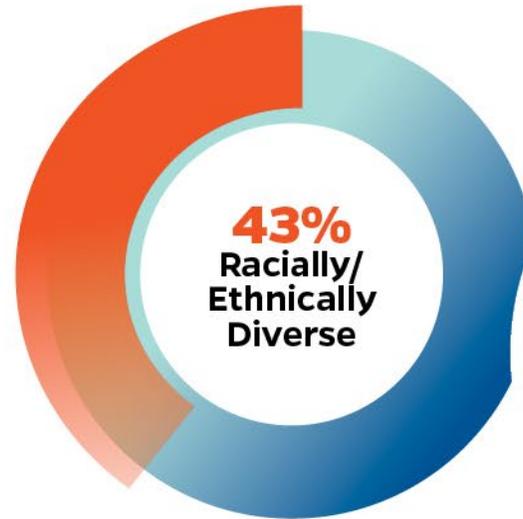
Thank you...
and Congratulations!

About HHP

Our **2,900** students are...



<1% Professional
3% Ph.D.
24% Master's
73% Undergrad





Rick Hurtado, M.S. ~~Assistant Director of
Communications, University of Florida Gators~~

Director of Football Communications



Where HHP learns and works...





Matthew Weese, M.S.

Department of Applied Physiology & Kinesiology

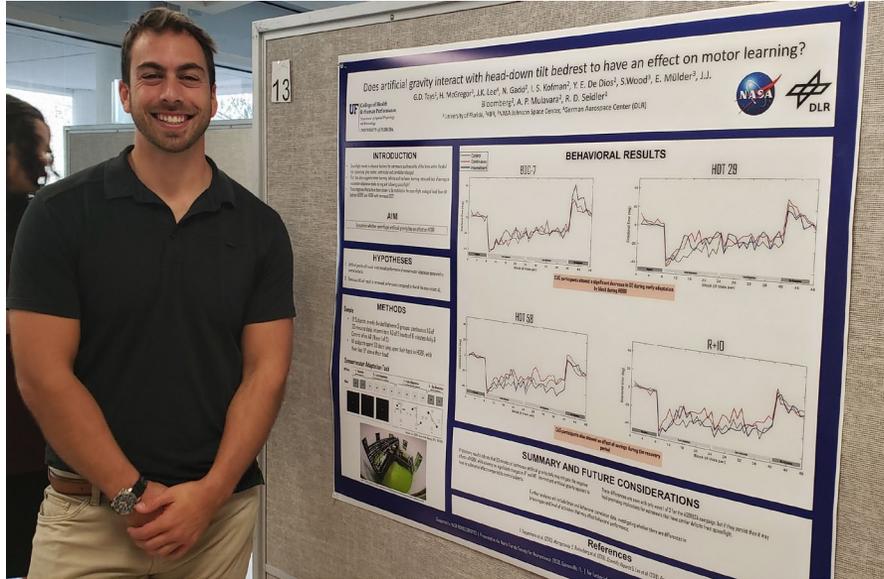
President and Founder of Weese Fitness, Inc.



Lexi Williams, master's student
Department of Health Education & Behavior



Rayven Crisafulli, doctoral student
Department of Tourism, Hospitality and Event
Management



Grant Tays, doctoral candidate
 Department of Applied Physiology &
 Kinesiology





Elder Garcia Varela, doctoral candidate
Department of Health Education & Behavior



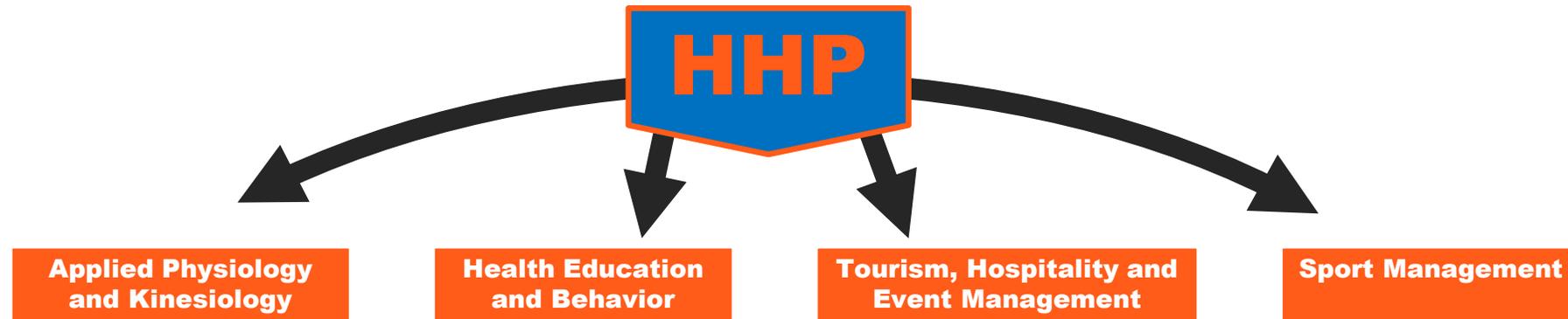
Rojan Baniya, Ph.D.

Department of Tourism, Hospitality and Event
Management



Julian Alonso Restrepo , Ph.D.
Department of Sport Management





Our Purpose: to collaborate as an academic community to enrich lives, influence healthy living, and enhance human performance

UF CORE VALUES



serratus anterior
externalCh 12
Use it or lose it
Layer appears 1, 2, 3serratus anterior
internal

Health and human performance is who we are and what we do...



Research Perspectives

High Intensity Interval Training (HIIT) Warm-up

10	High	10"
14	Low	14"
17	High	17"
21	Low	21"
24	High	24"
28	Low	28"
31	High	31"
35-40	Cool Down	35-40"



Research Perspectives



James Cauraugh, PhD

Associate Dean for Research

Professor, Department of Applied
Physiology & Kinesiology

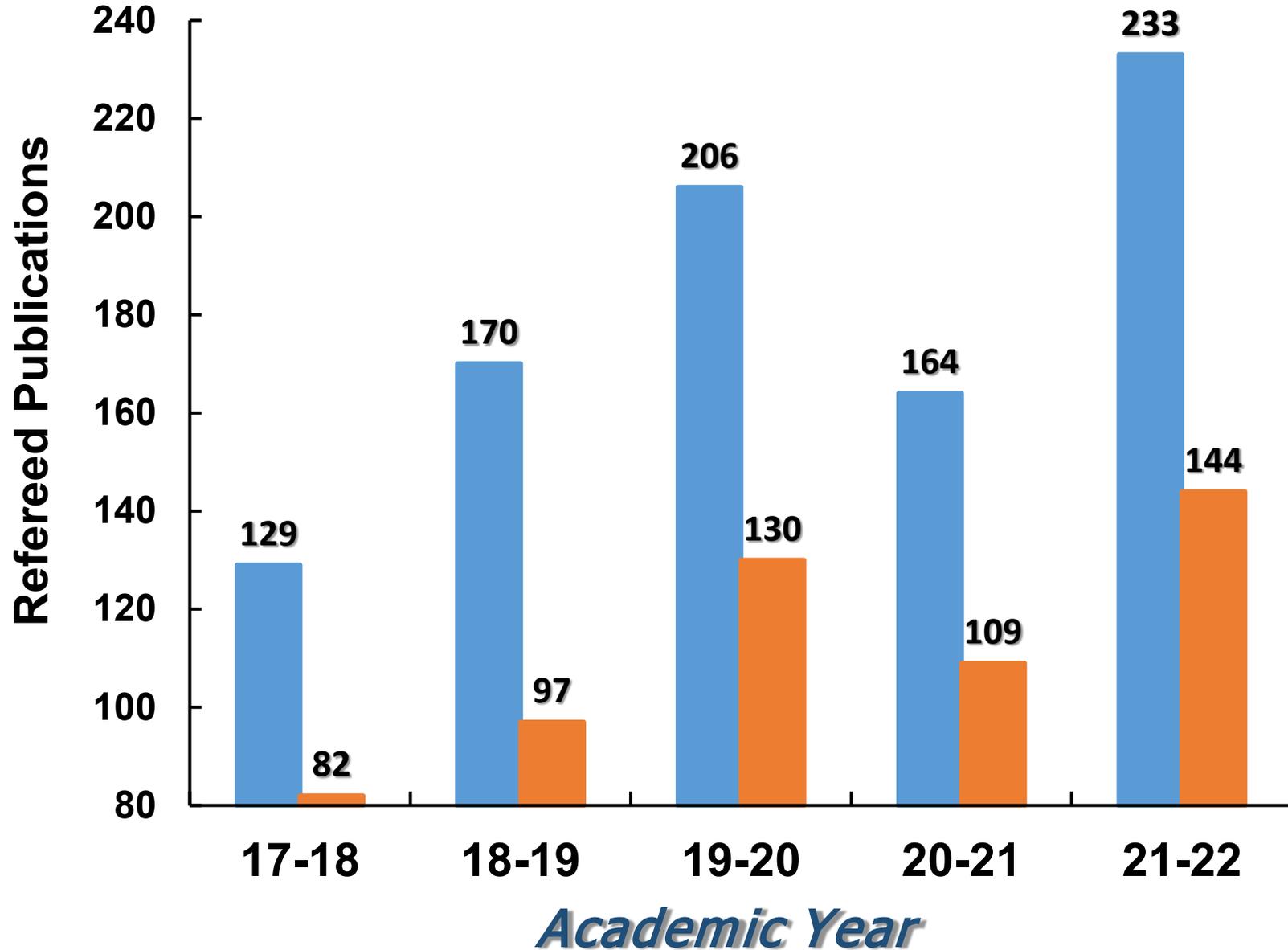


*Our College Makes
Impactful Contributions to UF's
Distinction as a Member (N = 65) of the
Association of American Universities*

*Research and Science are Like Magic
But real*

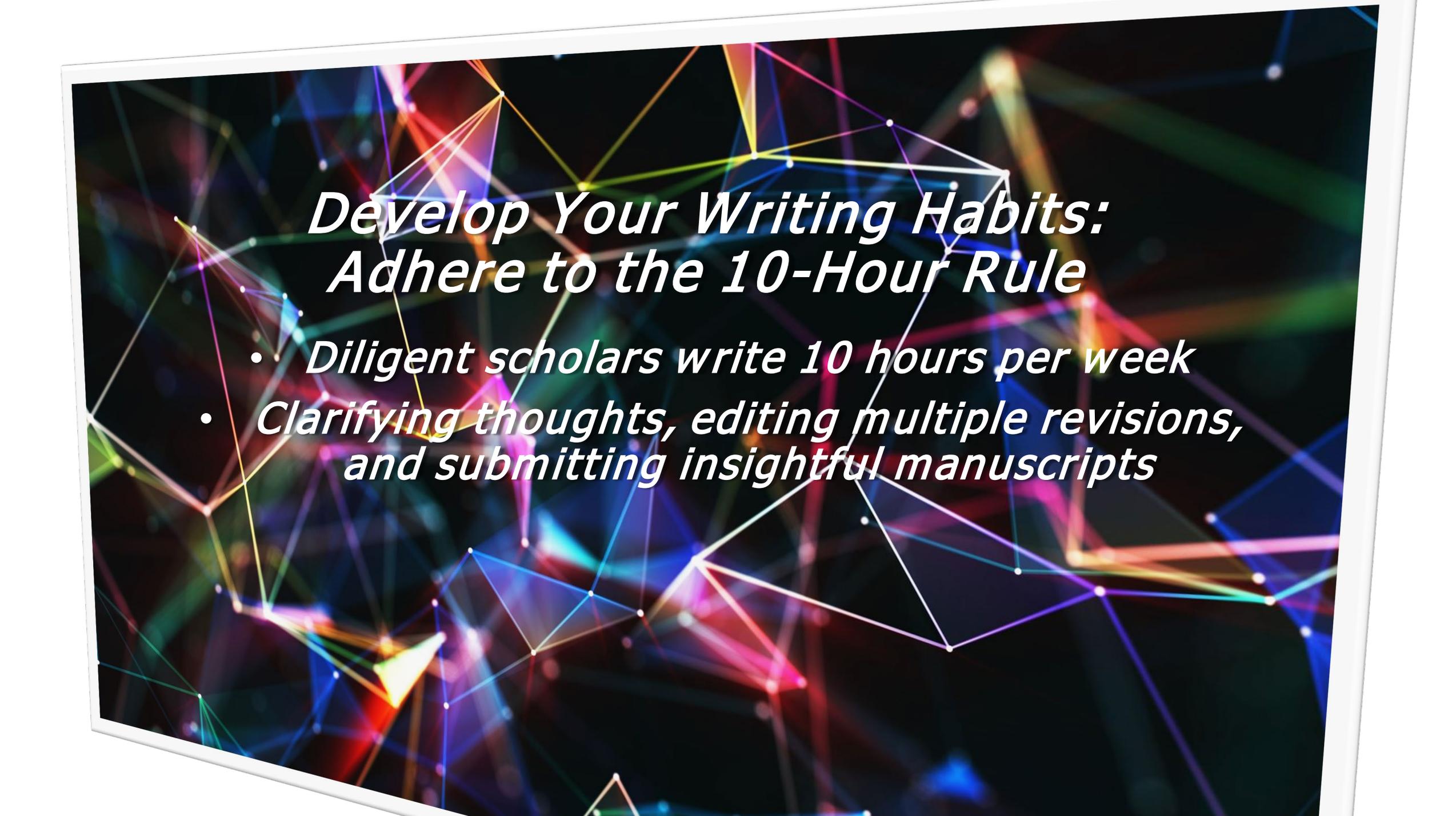
Research Productivity Metric

■ College Total ■ Graduate Student Authors



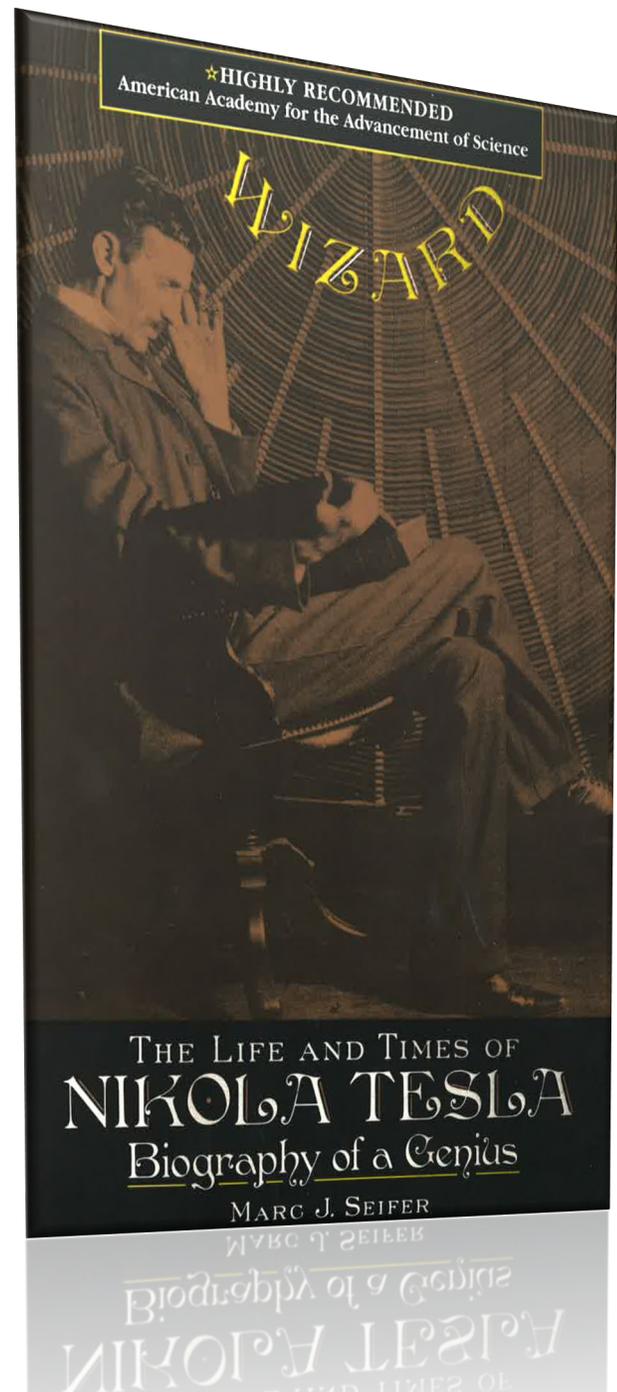
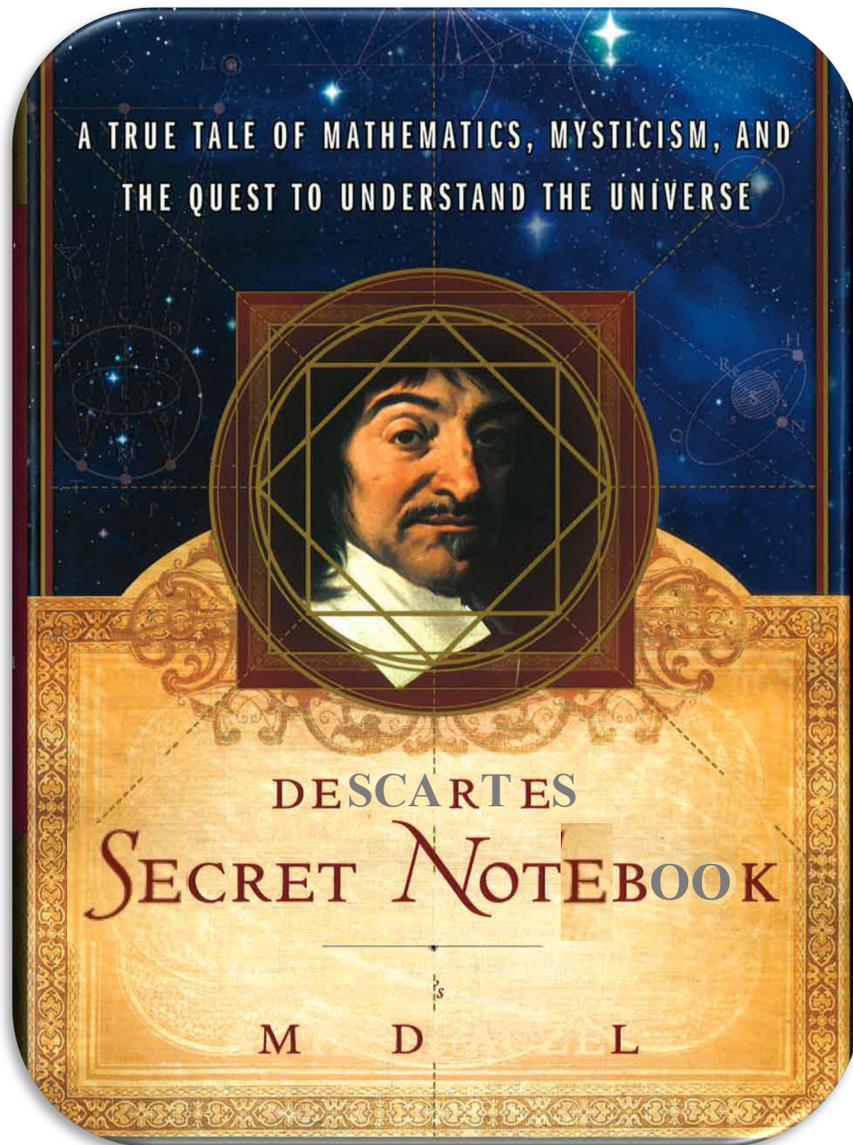
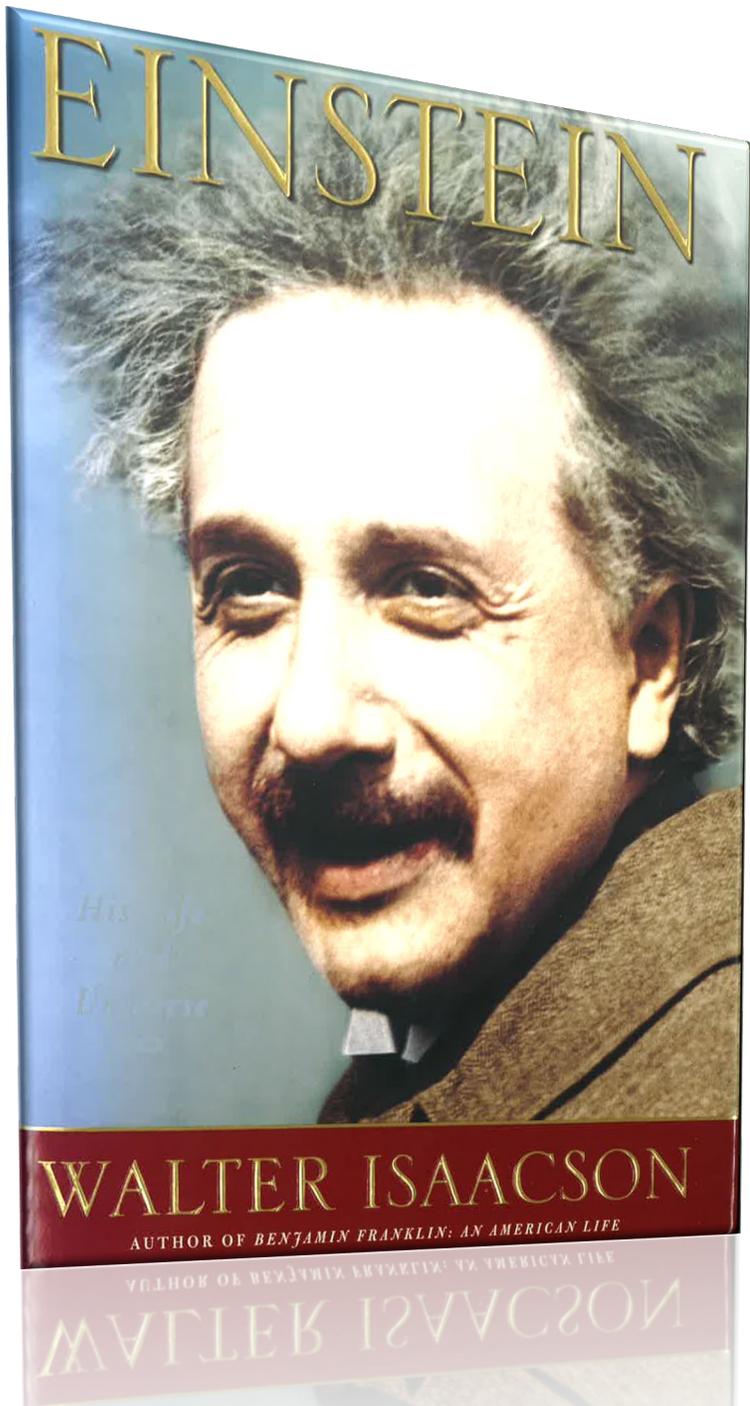
*JCR 5-Year Impact
Factor: Mean (SD) =
5.09 (3.9)*

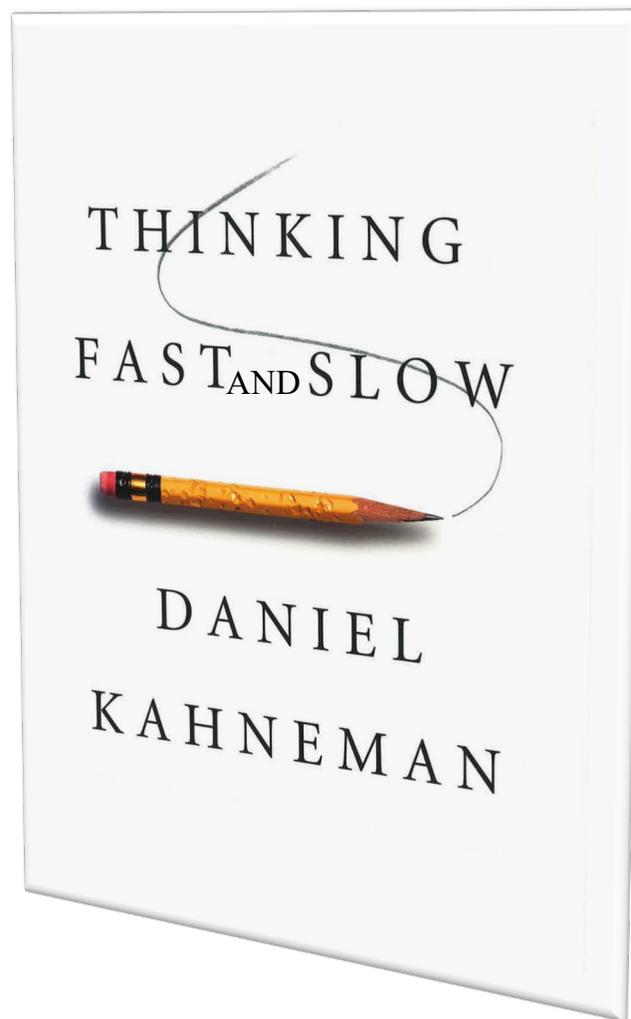
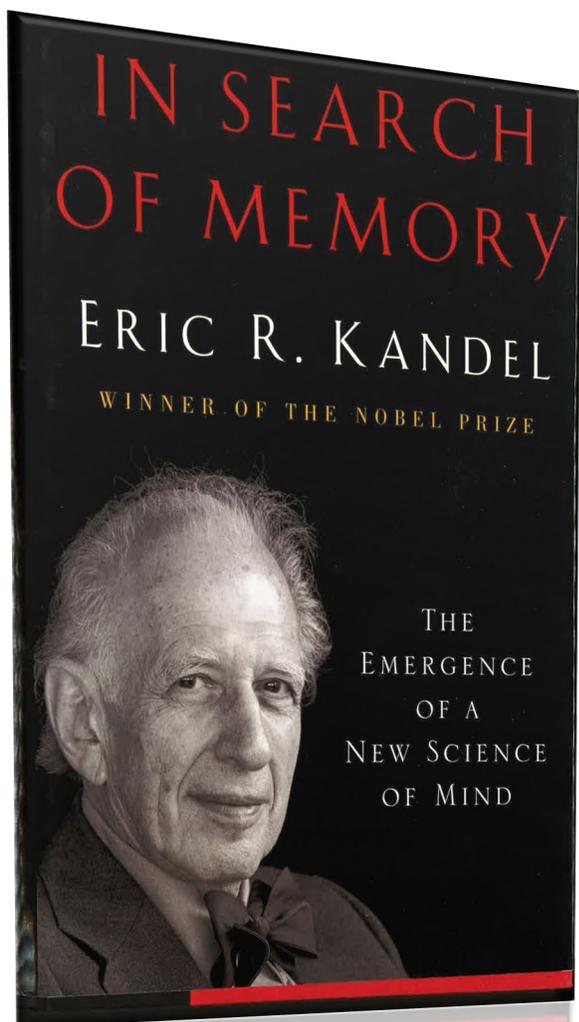
*Funding Expenditures:
UF \$1 billion; HHP
\$10 million*

The background of the slide is a complex, abstract network of colorful lines and nodes. The lines are thin and connect various points, creating a web-like structure. The colors are vibrant, including shades of blue, purple, red, orange, and green. The overall effect is that of a digital or molecular network, with some nodes appearing as small, glowing spheres. The background is dark, making the colorful lines stand out prominently.

Develop Your Writing Habits: Adhere to the 10-Hour Rule

- *Diligent scholars write 10 hours per week*
- *Clarifying thoughts, editing multiple revisions,
and submitting insightful manuscripts*







International Programs



International Programs



Michael Fitzgerald

Coordinator, Global Engagement

Why study abroad?

- Unique experience with UF cohort
- Cross-cultural competencies
- Adaptability
- Transferable skills
- Faculty connection
- Recruiter feedback

UF in Germany: Kinesiology & Engineering Spring Break 2023

UF



Professor Diba Mani

HLP4933: Global Kinesiology (1)

UF in Paris and London: Human Performance Summer A 2023



Professor Garrett Beatty

APK 3400: Sport Psychology (3)
APK 4905C: AI and Sport Science (3)



Professor Cyntice Thomas

SPM 3012: Sport and Society (3)
SPM 4905: International Sport Management (3)



Professor Ashlee Ossiboff

HSC4624: Trends in International Health (3)
HSC4950: Culture and Health (3)



Professor Ron Gromoll

LEI 3360: Hospitality Management (3)
HLP 4933: The European Cafe (3)

UF in Australia/Fiji: Sustaining Humans and their Environments Summer A 2023

UF



Professor Heather Gibson

LEI4955/6931: Sustaining Humans and their
Environments (3)

UF in Germany: International HHP Perspectives

Spring Break 2023

UF



Professor Garrett Beatty

HLP6935: International HHP Perspectives (3)

New Programs: South Africa and Thailand



Pre-Health Internship

- Cape Town, South Africa (Summer A 2023) – Dawn Shores and Sarah Eberhart
- Bangkok, Thailand (Summer B 2023) – Mike Fitzgerald

Interested in learning more about HHP Study Abroad Programs?

Michael Fitzgerald
Coordinator, Global Engagement
studyabroad@hhp.ufl.edu

The Graduate Student Experience



HHP GO Representatives



Florian Roth
APK



Katelyn Villani
APK



Andrea Vásquez Ferreiro
HEB



Hannah Lavoie
HEB



Skyler Fleshman
SPM



Philip Kang
SPM



Brianna Blassneck
THEM



Yeonsoo Jo
THEM



Danielle Jake-Schoffman, Ph.D.
Faculty Advisor

What is HHP GO?

- HHP GO provides support for academic needs and professional development of **graduate students** in the College of Health and Human Performance (HHP)
- Providing information on funding opportunities for travel and research
- HHP GO plans networking and professional development event

HHP GO Events

A monthly event with one of the three main topics:

1. “Lunch and Learn” event for HHP graduate student professional development hosted by the Career Connections Center
2. “De-stress Event” for HHP graduate students to relax and unwind before finals
3. Social events:
 - Graduate student social for HHP graduate students to interact at the beginning each semester

HHP GO Events

Snacks at all events!



Welcome back event



Why join HHP GO?

Hannah Lavoie

3rd year HEB PhD Student

“As a HHPGO attendee, I had the opportunity to network with amazing individuals in other departments. It is a great chance to engage with a diverse group of people with varied career goals and interests. Beyond school, the events are a great place to unwind and potentially make friends.”



Andrea Vásquez Ferreiro (President)

4th year HEB PhD Student

“Thanks to HHPGO, I have met some of my closest friends and have learned about other disciplines and other people’s research, which I always find interesting because it helps me come up with new ideas! This organization is a great way to informally acquire skills to help you in your career.”



Why join HHP GO?



Yeonso Jo

2nd year THEM PhD Student

“HHPGO serves as an important bridge for interaction with other departments within HHP. Although the fields of study are varied, we are colleagues who are all moving toward one goal, and just supporting and caring for each other can give a lot of comfort and strength to the long-lonely journey.”

Why join HHP GO?

Florian Roth

3rd year APK PhD Student

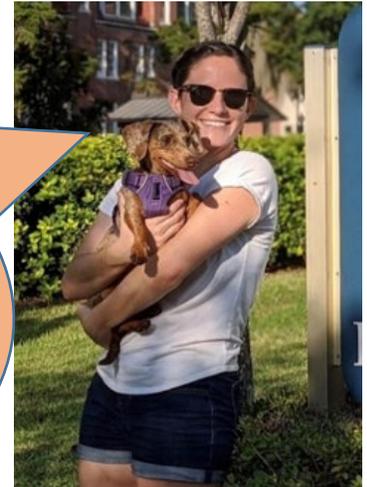
“I think it’s great that we have dedicated reps from each Department. HHP is quite a diverse crowd in respective fields, and getting to know contacts across various disciplines is sometimes tough during the course of your studies. I look forward to playing a part in connecting more people with each other through HHPGO.”



Katelyn Villani

3rd year APK PhD Student

“Through HHP GO, I’m excited to host events that will give students an opportunity to meet each other and interact in a casual environment. Hopefully, these events will facilitate comradery within the department and make FLG a more comfortable place for all students.”



HHP GO Contacts

For more information feel free to reach out to:

Andrea Vásquez Ferreiro (President)

avasquezferreiro@ufl.edu

Philip Kang (Vice President)

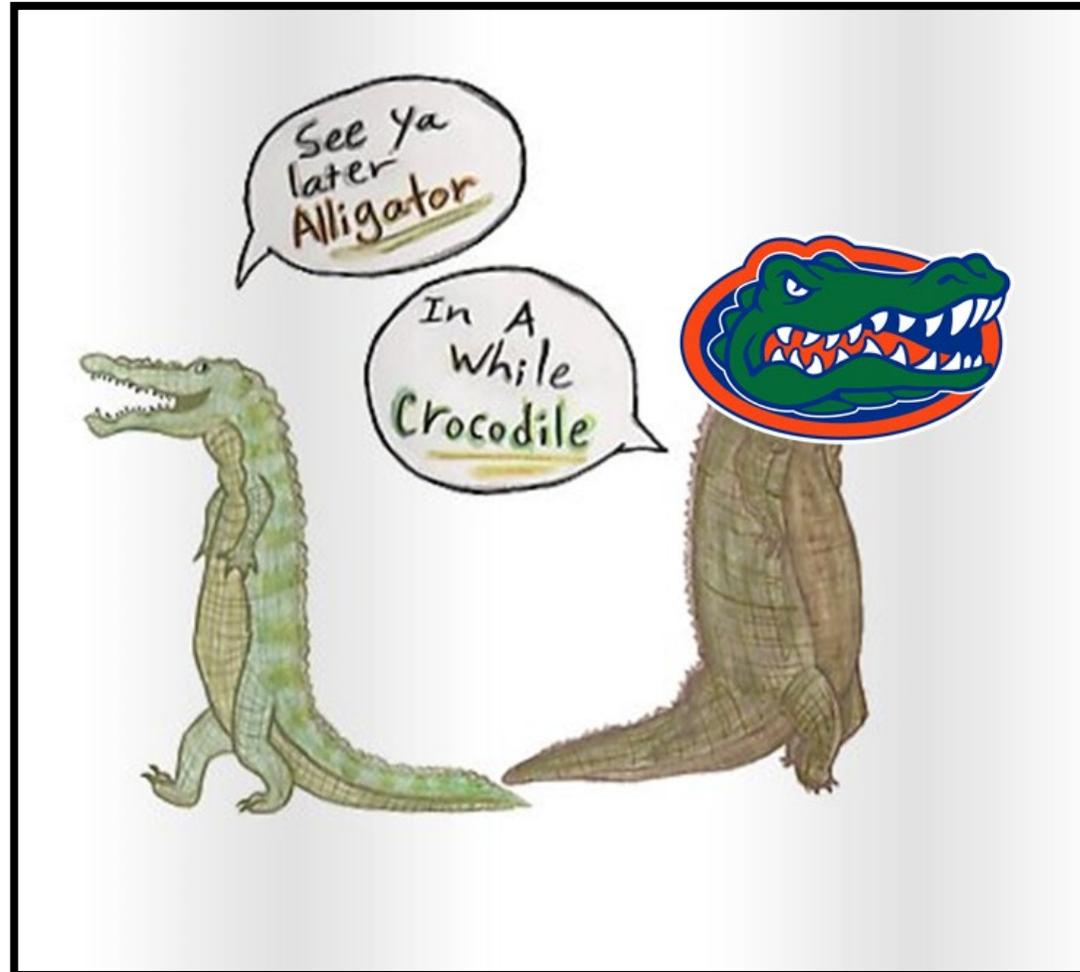
philipkang@ufl.edu

Brianna Blassneck (Treasurer)

bblassneck@ufl.edu



Thank you!



HHP STUDENTS...
Watch for weekly updates from HHP in your e-mail, and keep up with important news and info.



THE PULSE

UF COLLEGE of HEALTH & HUMAN PERFORMANCE

UF THE GRADUATE SCHOOL

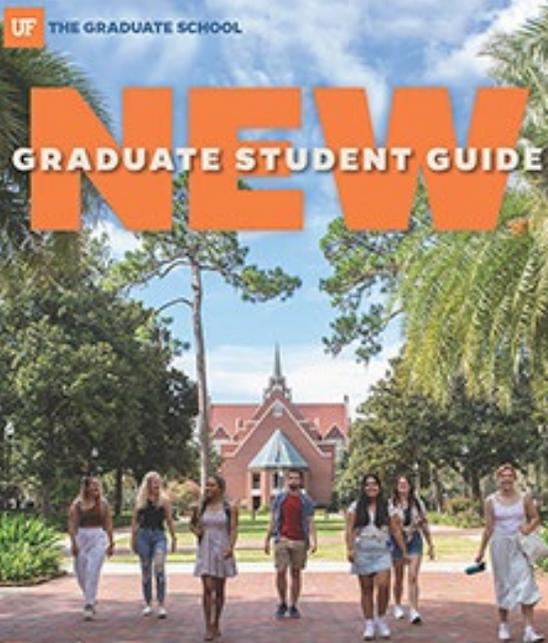


GRADUATE STUDENT HANDBOOK
2022 · 2023

UNIVERSITY OF FLORIDA

UF THE GRADUATE SCHOOL

NEW GRADUATE STUDENT GUIDE



Welcome TO THE UNIVERSITY OF FLORIDA & GAINESVILLE!

UF COLLEGE of HEALTH & HUMAN PERFORMANCE

Ph.D. student handbook



join the
welcome back PHOTO CHALLENGE

SHARE YOUR PICS,
enter to win HHP swag bag!

tag
@UFHHP
#UFHHP



UF COLLEGE of HEALTH & HUMAN PERFORMANCE

DETAILS @ hhp.ufl.edu/photochallenge

wednesday >> **LIVE**
thursday >> **WORK**
friday >> **PLAY**

Welcome Back
PHOTO CHALLENGE

themes



UF COLLEGE of HEALTH & HUMAN PERFORMANCE



High Intensity Times

Time	Intensity	HR
10	High	147
10	High	147
11	High	80
21	Low	87
24	High	87
28	Low	81
31	High	88
35-40	Cool Down	78

Department Introductions



Department of Applied Physiology & Kinesiology



David Vaillancourt,
Ph.D.
Chair



Rachael Seidler,
Ph.D.
Grad Coordinator



Garrett Beatty,
Ph.D.
*MS Program
Coordinator*



Paul Borsa,
Ph.D.
MS HP Liaison



Michael Balkcom
*Grad Program
Assistant*

Department of Health Education & Behavior



Mildred Maldonado-Molina,
Ph.D., MPH
Chair



Amy Mobley,
Ph.D.
Grad Coordinator



Jennifer Neelands
Academic Advisor

Department of Sport Management



George Cunningham,
Ph.D.
Chair



Cyntrice Thomas,
Ph.D.
Grad Coordinator



Christine Wegner,
Ph.D.
*Ph.D. Program
Coordinator*



Catherine J. "CJ" Faulk
*Grad Program
Assistant*

Department of Tourism, Hospitality & Event Management



Rachel J.C. Fu,
Ph.D.
Chair



Jinwon Kim,
Ph.D.
Grad Coordinator



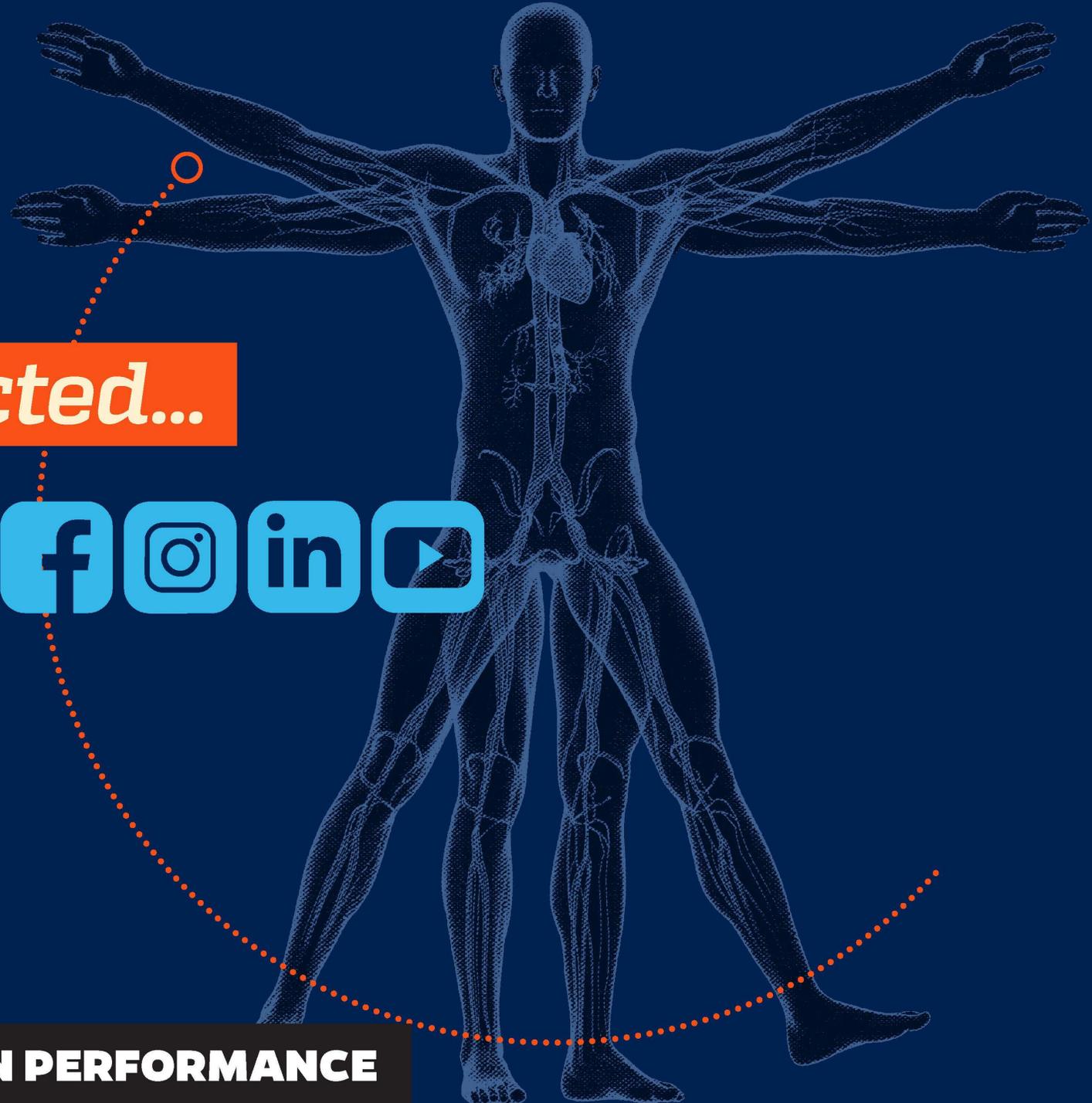
Jennifer Neelands
Academic Advisor

stay connected...

HHP.UFL.EDU



COLLEGE of HEALTH & HUMAN PERFORMANCE



- **Department Orientation Sessions begin at 3:30 PM in the following breakout rooms:**
 - **APK - FLG 230**
 - **HEB - FLG 220**
 - **SPM - FLG 260**
 - **THEM - FLG 235**

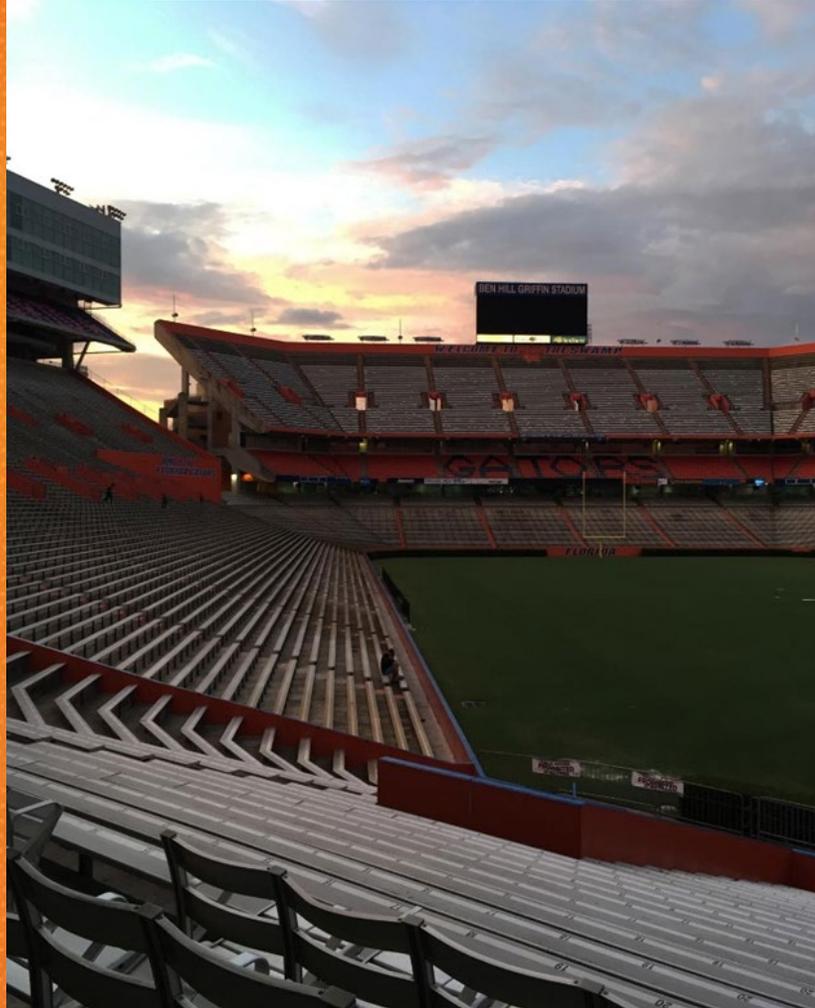
We want to hear from you!

- 2022 Needs Assessment Coming this Week!

Sunrise in the Sunshine Seats



Sunrise in the Sunshine Seats



- **Times**
 - September 7: 7:09
 - October 5: 7:24
 - November 2: 7:43
 - December 7: 7:11