

Prospective Internship Site Profile

Department of Health Education & Behavior

Location: Gainesville Florida Date: 05/27/2021
City State

Agency: Ballatore Training

Contact: Ron Ballatore

Address: 618 South Main Street Gainesville FL/32601
Street / PO Box City State / Zip

Phone: 352-562-9779 Fax: _____

Email: ron@ballatoretraining.com Website: ballatoretraining.com

What semesters is your agency available to accept interns?

Fall (August – December) Spring (January – April) Summer (May – August)

Normal work hours (Please indicate any evening or weekend time commitments):

Is office space available to interns? Yes No Shared Office Space
Comments

Is a computer available to interns? Yes No Must Bring Computer/Laptop
Comments

Does your agency offer paid or non-paid internships? Non-paid Paid (amount): _____

List other benefits your agency offers interns (i.e. housing, health insurance, travel reimbursement, etc.)

Free access and use to the facility and training equipment.

List required purchases for interning with your agency (i.e. parking pass, uniform, etc.)

N/A

List the required skills or previous experience necessary for interning with your agency.

- Certification Personal Trainer (CPT) certification preferred but not required.**
- Previous experience in a training/gym setting is also preferred.**

Special Requirements (i.e. special application, proof of health insurance, immunization, etc.)

Please note: All interns are required to purchase professional liability coverage for \$1,000,000.

- First Aid/CPR/AED Certified**

Provide a comprehensive list of health education internship duties, which will be assigned to your HEB senior intern. Please indicate with NCHEC Responsibility/Responsibilities align with each duty.

Ex: Plan and implement health promotion programs. (Responsibilities I, II, and III)

- Participation in the planning, implementation, and evaluation of health and wellness programs. (Responsibilities I, III, and IV)**
- Conduct fitness assessments, body composition assessments, check blood pressure, and health coaching for registered members. (Responsibilities I and VIII)**
- Write and deliver health and wellness program promotions and communications. (Responsibilities III and VI)**
- Put together new member files with appropriate paperwork. (Responsibilities I and II)**
- Observation of members' sessions and assisting in training. (Responsibilities VII and VIII)**
- Actively promote Ballatore Training and develop marketing strategies to attract new members. (Responsibilities V and VI)**
- Cleaning/re-racking fitness equipment to ensure a clean work environment.**
- Administrative duties: updating/improving the website, reviewing memberships, data entry. Client interaction and updating client information.**

List any important information about your agency.

Ballatore Training uses training methods that will give members the greatest benefit in the shortest amount of time. Their time is valuable and we don't want to waste it doing silly exercises that don't work. The exercises we use are scalable which means no matter one's level of strength or ability we will find a safe way to teach and get them moving. Our goal is to improve our members' quality of life through strength development.

Would you like to be added to the Department's list of approved sites for future interns? Yes No

FOR OFFICE USE ONLY:

Approval of Department Internship Coordinator: Holly T. Moses
Date

Contract on File: _____