

# Prospective Internship Site Profile

## Department of Health Education & Behavior

Location: **Gainesville** \_\_\_\_\_ **FL** \_\_\_\_\_  
City State

Date: **02/11/2021**

Agency: **Balance 180 Gymnastics & Sports Academy**

Contact: **Julie Foster**

Address: **6527 NW 18<sup>th</sup> Drive, Gainesville** **FL/32653**  
Street / PO Box City State / Zip

Phone: **(352) 340-1180** Fax: **N/A**

Email: **operationsdirector@balance180.org** Website: **balance180.org**

What semesters is your agency available to accept interns? **ALL Semesters**

**Fall (August – December)** **Spring (January – April)** **Summer (May – August)**

Normal work hours (Please indicate any evening or weekend time commitments):

**Weekdays, 9am-8pm and Saturdays, 8am-1:30pm .** (\*Intern will not be expected to attend all hours above. A 35-40 hour work week will be set for the intern during the first week of the internship. Other special events occasionally occur on weekends, and intern will be given advance notice.)

Is office space available to interns? **Yes** No **Able to work from the Balance 180 gym**  
Comments

Is a computer available to interns? **Yes** No **Available at the Balance 180 gym**  
Comments

Does your agency offer paid or non-paid internships? **Non-paid** Paid (amount): \_\_\_\_\_

List other benefits your agency offers interns (i.e. housing, health insurance, travel reimbursement, etc.)

**No benefits offered, beyond the training and learning experience.**

List required purchases for interning with your agency (i.e. parking pass, uniform, etc.)

**No required purchases.**

List the required skills or previous experience necessary for interning with your agency.

**Experience volunteering or working with children. Excellent written and verbal communication skills. Basic computer skills, including Word and Excel. Knowledgeable in nonprofit organizations or experience working with a nonprofit is a plus. Interest in youth athletics, education, or nonprofit sector.**

Special Requirements (i.e. special application, proof of health insurance, immunization, etc.)

*Please note: All interns are required to purchase professional liability coverage for \$1,000,000.*

**No special requirements.**

List a description of duties your agency expects to be fulfilled by interns. Please include additional literature if desired.

- Participate and lead exercise classes for children with and without special needs
- Work together as a team to create class objectives, develop curriculum, and design lesson plans for children ages 2-16 years
- Use creativity to adapt lessons plans and activities to children of varying ages and disabilities.
- Complete observation reports on athletes, log data, interpret results, and develop activities to help athlete progress
- Attend training sessions to review strategies to work with children with sensory processing deficits, intellectual disabilities, and motor deficits.
- Participate and lead training sessions to prepare volunteers to work with athletes with special needs
- Assist with special events such as culminating event for our Special Olympics Young athletes program and class shows
- Attend and participate in weekly meetings with other interns to discuss strategies, logistics, and evaluate different aspects of our programs.
- Interact with parents and provide feedback in a professional manner in regard to child's progress in the class and to assess any accommodations that may be needed.
- Assess children with special needs in our setting and make recommendations in regard to class placement and strategies to best assist the child.
- Take on a special project of his/her choice and complete the project from start to finish. Potential projects include, but are not limited to the following: 1) Develop educational materials for Balance 180 coaches or volunteers, 2) research and organize fun exercise activities for athletes during summer camp, 3) plan and implement health promotion events to raise awareness about importance of exercise for children with disabilities

List any important information about your agency.

**Balance 180 Gymnastics and Sports Academy is a 501(c)3 that serves children with and without special needs. Our mission is to provide sports to children with varying abilities and help each child meet their unique potential. Our team consists of health care providers, educators, coaches, student volunteers, and interns. We provide an excellent learning environment for students interested in health education or considering a career in health care. We take pride in the mentorship and training opportunities that we provide to the students that work with our organization.**

Would you like to be added to the Department's list of approved sites for future interns? **Yes** No

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**FOR OFFICE USE ONLY:** CONTRACT ON FILE: \_\_\_\_\_

Approval of Intern Coordinator: \_\_\_\_\_ Date: \_\_\_\_\_

Approval Expiration Date: \_\_\_\_\_