

# **Bachelor of Science in Health Education (2023)**

## ***Specialization: Community Health Promotion***

\*Suggested Schedule\*

### **Freshman (1HH)**

*2.5 Universal Tracking (UT) GPA | 2.0 Prerequisite GPA | 2.0 UF GPA*

*\*Universal Tracking (bolded) & Prerequisite (italicized) coursework must be completed before Semester 5.*

<b>Semester 1 - Fall</b>		<b>Semester 2 - Spring</b>	
PSY2012 General Psychology (State Core GE-S)	3	BSC2005/BSC2005L Biological Sciences & Lab (State Core GE-B)	4
MAC1105 College Algebra (or higher MAC) (GE-Math)	3	STA2023 Introduction to Statistics (GE-Math)	3
Quest 1 (GE-Humanities)	3	<i>SYG2000 Principles of Sociology or SYG2010 Social Problems</i>	3
GE-Composition/6,000 Words (State Core GE-C, WR-6)	3	GE-Composition/6,000 Words (State Core GE-C, WR-6)	3
GE-International Focus (GE-N)	3	Quest 2 (GE-Social & Behavioral, Bio or Physical)	3
<b>Total</b>	<b>15</b>	<b>Total</b>	<b>16</b>

### **Sophomore (2HH)**

*2.5 Universal Tracking (UT) GPA | 2.0 Prerequisite GPA | 2.0 UF GPA*

*\*Universal Tracking (bolded) & Prerequisite (italicized) coursework must be completed before Semester 5.*

<b>Semester 3 - Fall</b>		<b>Semester 4 - Spring</b>	
APK2100C Human Anatomy with Lab (GE-B)	4	APK2105C Human Physiology with Lab (GE-B)	4
<i>AEC3030C Effective Communication or SPC2608 Public Speaking</i>	3	<i>HUN2201 Fundamentals of Human Nutrition</i>	3
GE-State Core Humanities (GE-H)	3	GE-Writing (6,000 words) (WR-6)	3
GE-Writing 6,000 words (WR-6)	3	Elective (MCB2000 & Lab and/or upper-level psychology recommended)	3
<b>Total</b>	<b>14</b>	<b>Total</b>	<b>14</b>

### **Junior (3HH)**

*2.8 HSC Coursework (HSC) GPA | 2.0 UF GPA | 2.0 Upper Division GPA*

<b>Semester 5 - Fall</b>		<b>Semester 6 - Spring</b>	
HSC3032 Foundations in Health Education	3	HSC3201 Community and Environmental Health	3
HSC3102 Personal & Family Health (GE-S)	3	HSC4302 Methods and Materials in Health Education	3
Dept. HSC Specialization Course (listed on next page)	3	Dept. HSC Specialization Course (listed on next page)	3
Dept. HSC Specialization Course (listed on next page)	3	Dept. HSC Specialization Course (listed on next page)	3
Elective* (3000 – 4000 level)	3	Dept. HSC Specialization Course (listed on next page)	3
		Elective* (3000 – 4000 level)	3
<b>Total</b>	<b>15</b>	<b>Total</b>	<b>18</b>

### **Senior (4HH)**

*2.8 HSC Coursework (HSC) GPA | 2.0 UF GPA | 2.0 Upper Division GPA*

<b>Semester 7 - Fall</b>		<b>Semester 8 - Spring</b>	
HSC4713 Planning and Evaluating Health Education Programs	3	HSC4876 Internship in Health Education	12
HSC4800 Health Education Professional Development	3	<i>*No additional coursework is permitted with the completion of the full-time internship.</i>	
Dept. HSC Specialization Course (listed on next page)	3		
Dept. HSC Specialization Course (listed on next page)	3		
Elective* (3000 – 4000 level)	3		
<b>Total</b>	<b>15</b>	<b>Total</b>	<b>12</b>

*\*Note: Suggested schedule assumes no incoming credits and does not account for UF's Summer Enrollment policy.*

*\*\*Elective science courses included in this plan are suggested. Students are responsible for knowing the required prerequisites for their chosen professional health program of study.*

## Department Approved HSC Specialization Courses

*\*The following courses are offered on rotation in Fall, Spring, & Summer terms.*

HSC4063	AI Health Promotion and Vulnerable Populations	3
HSC4133	Human Sexuality Education	3
HSC4134	Emotional Health & Counseling	3
HSC4143	Drug Education & Behavior	3
HSC4174	Environmental & Behavioral Determinants of Obesity	3
HSC4232C	Exercise Therapy, Adapted Physical Activity & Health	3
HSC4233	Patient Health Education	3
HSC4290	Physical Activity & Community Health	3
HSC4564	Health Promotion in Gerontology	3
HSC4574	Nutrition Education for Special Populations	3
HSC4579	Women's Health Issues	3
HSC4592C	Scientific Foundations of Holistic Health	3
HSC4593	HIV/AIDS Education	3
HSC4623	Minority Health Issues	3
HSC4663	Community Health Methods in Injury Prevention & Control	3
HSC4664	Health Communication for Consumers	
HSC4690C	CURE on Reducing Intoxicant Involved Sexual Consequences ( <i>Course-Based Undergraduate Research Experience requires approval.</i> )	3
HSC4694	Worksite Health Promotion	3
HSC4950	Current Topics in Health Education	3
<b>Experiential HSC Specializations</b>		
<i>Department approval is required prior to registration for the courses below. Contact HEB Advising Office (<a href="mailto:heb-advising@hnp.ufl.edu">heb-advising@hnp.ufl.edu</a>) for more information.</i>		
HSC4813	Practicum in Health Education	1-3
HSC4905	Independent Study in Health Education	1-4
HSC4912	Health Education & Behavior Undergraduate Research	0-5

### Pre-Health Coursework

- Additional science coursework is included within the sample plan to help students understand how to include professional health program prerequisites.
- **NOTE:** *Students are responsible for ensuring completion of the required prerequisites for their chosen professional health program.*

### HEB Internship Requirement

- All HSC Major and Specialization coursework must be completed the semester prior to internship.

### Key Skills Learned

- Students gain knowledge on a variety of health issues plaguing diverse populations
- Building meaningful relationships with stakeholders
- Communicating health information to diverse audiences using various channels
- Coordinating the provision of health education services
- Evaluating and effectively sharing research results through appropriate channels
- Understanding theory-based models for planning, implementing, and evaluating health education programs

### Career Paths

*Students with a Bachelor of Science in Health Education can work in a variety of professions, such as:*

- |   |                                 |  |
|---|---------------------------------|--|
| • Community Health Promotion Specialist | • Health Program Analyst        | • Physician                            |
| • Corporate Wellness Trainer            | • Nurse                         | • Physician Assistant                  |
| • Epidemiologist                        | • Occupational Therapist        | • Public Health Service Officer        |
| • Health Administration                 | • Optometrist                   | • Social Science Research Assistant    |
| • Health Coach                          | • Patient Navigator or Advocate | • Youth Outreach Coordinator           |
| • Health Educator                       | • Pharmacist                    | • Worksite Health Promotion Specialist |
| • Health Informatics Specialist         | • Physical Therapist            |  |

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