

# Human Sexuality Education

HSC5138 | Class # 23308 | Section MHEO | 3 Credits | Spring 2025

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## Course Information

### INSTRUCTOR

**Sadie B. Sanders, Ph.D.**

Office: FLG 18

Email: Canvas Inbox

Preferred Method of Contact: **Canvas Inbox**

### OFFICE HOURS

**Wednesdays: 11:30 a.m.– 12:15 p.m. and By Appointment**

### COURSE ACCESS

**Access the course through Canvas on UF e-Learning**

**(<https://elearning.ufl.edu/>) and the Canvas mobile app by Instructure.**

## COURSE DESCRIPTION

This combined course (for undergraduate and graduate students) takes a biopsychosocial approach to the study of human sexuality. It focuses on the psychological aspects (emotions, attitudes, and motivations), social conditioning factors (the process by which we learn cultural norms), and biological factors. It seeks to explore sexuality-related topics such as sexual anatomy and physiology, sexual health, gender, and sexual identity from an unbiased and nonjudgemental perspective.

## COURSE LEARNING OBJECTIVES

Upon completion of this course, students will have developed the ability to:

1. Effectively engage in discussions regarding various topics in human sexuality, including sexuality research, psychosexual development, sexual anatomy and physiology, sexuality throughout the lifespan, and sexual and gender diversity.
2. Assess their behaviors, thoughts, feelings, and attitudes toward various sexuality-related topics and recognize the differences among others.
3. Apply critical thinking techniques to the study of human sexuality education.

## COURSE FORMAT

This residential online course is 100% online and utilizes various methodologies, including PowerPoint audio and video lectures, individual and multiparty activities, discussion boards, case studies, and videos.

## REQUIRED MATERIALS

Required Textbook: Crooks, R. and Baur, C. Our Sexuality, 14<sup>th</sup> edition, 2021. Wadsworth, Cengage Learning: Belmont, CA

Supplemental readings are integral to the course and are included in course modules. All other course materials (and links) are located within the course in Canvas.

## **COURSE POLICIES**

### **UF Honor Code**

UF students are bound by the Honor Pledge, which states, “We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honor and integrity by abiding by the Honor Code. On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: “On my honor, I have neither given nor received unauthorized aid in doing this assignment.” The Conduct Code specifies some behaviors that violate this code and the possible sanctions. If you have any questions or concerns, please consult with the instructor of this class.

### **Personal Conduct Policy**

Students are expected to exhibit behaviors that reflect highly upon themselves and our University. No Student may share, work, or collaborate with another student on any assessment activity in the course. UF students are bound by The Honor Pledge, which states, “We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honor and integrity by abiding by the Honor Code. On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: “On my honor, I have neither given nor received unauthorized aid in doing this assignment.” The Honor Code (<http://www.dso.ufl.edu/sccr/process/student-conduct-honor-code/>) specifies the number of behaviors that violate this code and possible sanctions.

Furthermore, you are obliged to report any condition that facilitates academic misconduct to the appropriate personnel. If you have any questions or concerns, please consult the instructor or TA in this class.

### **Class Participation and Assignments Policy**

Late work is not accepted unless there are extenuating circumstances as defined by the UF Attendance Policy (<https://catalog.ufl.edu/UGRD/academic-regulations/attendance-policies/> Links to an external site), which generally requires documentation. If an emergency causes you to miss a deadline, you must contact the instructor within 24 hours and provide documentation, if needed, within 48 hours.

I understand that personal circumstances or non-emergency situations might impact your ability to meet a deadline. Please inform the instructor at least 24 hours before the due date.

## **COURSE EVALUATION**

Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback professionally and respectfully is available at <https://gatorevals.aa.ufl.edu/students/>. Students will be notified when the evaluation period opens and can complete evaluations through the Email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via <https://ufl.bluera.com/ufl/>. Summaries of course evaluation results are available to students at <https://gatorevals.aa.ufl.edu/public-results/>.

## CAMPUS RESOURCES

### Health and Wellness

*U Matter, We Care:* If you or someone you know is distressed, please contact [umatter@ufl.edu](mailto:umatter@ufl.edu), 352-392-1575, or visit the U Matter <https://umatter.ufl.edu/> We Care website to refer or report a concern. A team member will reach out to the student in distress.

*Counseling and Wellness Center:* Visit <https://counseling.ufl.edu/> or call 352-392-1575 for crisis and non-crisis services information.

*Student Health Care Center:* Call 352-392-1161 for 24/7 information on finding the care you need, or visit <https://shcc.ufl.edu/>

*University Police Department:* Visit <https://police.ufl.edu/> or call 352-392-1111 (or 9-1-1 for emergencies).

*UF Health Shands Emergency Room / Trauma Center:* For immediate medical care, call 352-733-0111 or go to the emergency room at 1515 SW Archer Road, Gainesville, FL 32608; <https://ufhealth.org/locations/uf-health-shands-emergency-room-trauma-center>.

*GatorWell Health Promotion Services:* For prevention services focused on optimal well-being, including Wellness coaching for Academic Success, visit <https://gatorwell.ufsa.ufl.edu/> or call 352-273-4450.

### Academic Resources

*E-learning technical support:* Contact the UF Computing Help Desk at 352-392-4357 or via e-mail at [helpdesk@ufl.edu](mailto:helpdesk@ufl.edu).

*Career Connections Center:* Reitz Union Suite 1300, 352-392-1601. Career assistance and counseling services.

*Library Support:* There are several ways to receive assistance concerning using the libraries or finding resources.

*Teaching Center:* Broward Hall, 352-392-2010, or to make an appointment, 352-392-6420. They offer general study skills and tutoring.

*Writing Studio:* 2215 Turlington Hall, 352-846-1138. Help brainstorming, formatting, and drafting papers.

*Student Complaints On-Campus:* Visit the Student Honor Code and Student Conduct Code <https://sccr.dso.ufl.edu/policies/student-honor-code-student-conduct-code/> for more information.

Students Complaints: <https://flexible.dce.ufl.edu/student-complaints/> or <https://em.ufl.edu/complaint>

## OTHER INFORMATION

Preferred Class Name: You can modify your "Display Name" in Canvas. Canvas uses the "Display Name" as set in myUFL. The Display Name is the name you want people to see in the UF Directory, such as "Jenn" instead of "Jennifer." To update your display name, follow these steps: 1. Go to one.ufl.edu 2. Click on the dropdown at the top right 3. Select "Directory Profile". 4. Click "Edit" on the right of the name panel. 5. Uncheck "Use my legal name" under "Display Name." 6. Update as needed and save the changes.

## ASSESSMENT AND GRADING

### Grading

Assessment Components	Points	
Quizzes (3)	150	
Discussion Boards (4)	120	
Module Activities (8)	130	
Major Project	80	
Student Introductory Video	10	
Syllabus Quiz	10	
	<b>Total</b>	<b>500</b>

### Assessment Components Overview

**Syllabus Quiz.** The syllabus quiz will assess whether students have read and understood the course syllabus. It will help students become familiar with the course's requirements, expectations, policies, and schedule.

**Module Quizzes**—Honorlock will be used to proctor quizzes. Quizzes will consist of multiple-choice, matching, true/false, and essay/short answer items, concentrating on the learning objectives in the PowerPoint lectures. Quizzes do not incorporate supplemental readings or videos. **Quizzes will be available from 8:00 a.m. to 11:59 p.m. on their Friday due dates.**

**Module Activities and Other Assignments.** Throughout our course modules, you must participate in various activities that will complement and expand upon the PowerPoint lectures. Specific activities will involve Peer Review, which enables students to provide feedback on another student's assignment submission. These reviews are due on Wednesdays following the corresponding activity week. If you are unsure how to locate or access your assigned peer reviews, please contact the Help Desk (352-392- 4357) for support. In addition, some **module activities** and **other assignments** demand greater attention and time, like **Module 1 Activity #1, Sex Twentieth Century Documentary, Module 2 Kinsey Institute Sex Review paper, and Module 5 Reaction Paper**, which necessitates more time and effort to accomplish. Activities and other Assignments will be available one week before the due date.

**Discussion Board** – The Discussion Board activities are designed to promote critical thinking, build a community, and display your understanding of key concepts. Your responses should be clear, concise, credible, thoughtful, and considerate and comply with formal writing conventions such as spelling and grammar. For each Discussion assignment, you must read your classmates' responses and respond to at least two. Initial responses to the

discussion prompts are due on Wednesdays of the assigned week, and responses to other student's posts are due by 11:59 p.m. on Friday. **Please note that the Canvas due date applies only to the initial response (Wednesday). Therefore, you may need to set a reminder in your calendar or by other means to submit your peer reply by the Friday due date.**

**Peer Review** – Peer review provides students with feedback on their work from their peers. This process can potentially improve students' comprehension of the subject matter and enhance learning through knowledge diffusion and the exchange of perspectives. It can also improve students' critical thinking skills and their ability to give and receive constructive feedback. **Peer reviews are due the Wednesday after the assignment's due date.**

**Major Course Project:** Sexuality in Other Cultures Comparison Paper Comparison Paper. Research and write an 8-10 page paper comparing the sexual norms and practices of another culture/society, excluding China, with those of the U.S.

## GRADING SCALE

The total number of rounded points determines final grades. Assignments will be graded, and points will be posted approximately two weeks after the due date. An announcement will be posted after each assignment's grades are posted. Quiz grades will be automatically posted immediately after each quiz. Students will have 72 hours from posting grades to notify the instructor if they feel an error in grading. More detailed information regarding current UF grading policies can be found here: <https://catalog.ufl.edu/UGRD/academic-regulations/grades-grading-policies/>.

Letter Grade	Points Needed for Each Letter Grade
A	475 – 500
A-	450 – 474
B+	435 – 449
B	415 – 434
B-	400 – 414
C+	385 – 399
C	365 – 384
C-	350 – 364
D+	335 – 349
D	315 – 334
D-	300 – 319
E	Below 300

**The total number of points determines final grades.**

### SUCCESS AND STUDY TIPS

- As a student, managing time wisely to complete assignments and prepare for quizzes is crucial. Some assignments may require more time than others, so plan accordingly. PowerPoints are usually just a summary of the audio lectures, while quizzes are solely based on lecture content. To make the most of your study time, follow these steps:
  1. Review the PowerPoint PDFs before viewing the video lecture and pay attention to the Learning Objectives.
  2. Take notes during the lecture focusing on the Learning Objectives.
- If you are experiencing difficulties with the course or life, please do not hesitate to contact me. I can meet via phone or Zoom at times convenient for your schedule.
- Check Canvas daily for course updates, which will be reflected in the Announcement.
- Remember not to procrastinate and start working on assignments as soon as possible to avoid rushing or missing the deadline.

### COURSE SCHEDULE (Rev. March 4, 2025)

#### Weekly Schedule:

Week	Dates	Assigned Module & Class Schedule Notes	Assessments Due Friday 11:55 PM (Exception: Discussion Initial Post & Peer Review )
1	January 13 – 17	Course Introduction	Due Friday: <ul style="list-style-type: none"> <li>• Student Introductory Video</li> <li>• Syllabus Quiz</li> </ul>
2	January 20 – 24	Monday: Dr. Martin Luther King Jr. Holiday Module 1: Human Sexuality: Introduction and Perspectives	Due Friday: <ul style="list-style-type: none"> <li>• Activity # 1 Sex Twentieth Century</li> </ul>
3	January 27– 31	Module 2: Sexuality Research	Due Friday: <ul style="list-style-type: none"> <li>• Activity #2 Sex Research Review</li> </ul>
4	February 3 – 7	Modules 3 and 4: Female and Male Sexual Anatomy & Physiology	Due Wednesday: <ul style="list-style-type: none"> <li>• Discussion #1 Initial Post</li> </ul> Due Friday: <ul style="list-style-type: none"> <li>• Discussion #1 Response to posts of peers</li> </ul>
5	February 10 – 14	Modules 3 and 4: Female and Male Sexual Anatomy & Physiology	Due Friday: <ul style="list-style-type: none"> <li>• Activity #3</li> <li>• Quiz 1 (Modules 1-4)</li> </ul>

6	February 17 – 21	Module 5: Sexual Health	<p>Due Wednesday:</p> <ul style="list-style-type: none"> <li>• Activity #3 Peer Reviews</li> <li>• Discussion #2 Initial Post</li> </ul> <p>Due Friday:</p> <ul style="list-style-type: none"> <li>• Discussion #2 Response to posts of peers</li> </ul>
7	February 24 – 28	Module 5: Sexual Health	<p>Due Friday:</p> <ul style="list-style-type: none"> <li>• Activity #4 Male Infertility</li> <li>• Activity #5 Sexual Health Awareness</li> </ul>
8	March 3 – 7	Module 6: Sexual Arousal & Response	<p>Due Wednesday:</p> <ul style="list-style-type: none"> <li>• Activity #4 Peer Review</li> </ul> <p>Due Friday:</p> <ul style="list-style-type: none"> <li>• Activity #6 Reaction Paper – M &amp; J Sexual Arousal and Response</li> </ul>
9	March 10 – 14	Module 7: Love and Intimacy	<p>Due Wednesday:</p> <ul style="list-style-type: none"> <li>• <b>Discussion #3</b> Initial Post</li> </ul> <p>Due Friday:</p> <ul style="list-style-type: none"> <li>• Activity #7 Movie Review</li> <li>• <b>Quiz 2</b> (Modules 57)</li> </ul>
10	March 17 – 21	<b>Spring Break</b>	
11	March 24 – 28	Module 8: Sexuality Across the Lifespan	<p>Due Friday:</p> <ul style="list-style-type: none"> <li>• Activity #8: Answering Children’s Questions About Sex</li> </ul>
12	Mar – Apr 31 – 4	Module 9: Atypical Sexual Behavior	<p>Due Wednesday:</p> <ul style="list-style-type: none"> <li>• Discussion #3 Initial Post</li> <li>• Activity #8 Peer Reviews</li> </ul> <p>Due Friday:</p> <ul style="list-style-type: none"> <li>• Discussion #3 Response to posts of peers</li> </ul>
13	April 7 – 11	Module 10: Gender and Sexual Identity	<p>Due Friday:</p> <ul style="list-style-type: none"> <li>• Activity</li> <li>• Major Grad Project</li> </ul>

14	April 14 – 18	Module 10: Gender and Sexual Identity	Due Wednesday: <ul style="list-style-type: none"> <li>• Discussion #4 Initial Post</li> </ul> Due Friday: <ul style="list-style-type: none"> <li>• Discussion #4 Response to posts of peers</li> </ul>
15	April 21 – 23	Wednesday: Last Day of Class Thursday and Friday: Reading Days	Due Wednesday: <ul style="list-style-type: none"> <li>• <b>Quiz 3</b> (Modules 8 – 10)</li> </ul>

This schedule is subject to change, allowing for unforeseen circumstances and updated information. Changes will be announced in an Announcement. Therefore, it is vital to check Canvas in the morning and evening.

This schedule may be changed further to address emerging issues or unforeseen circumstances. An announcement will be posted on Canvas in the event of any changes.

**BEST WISHES FOR A GREAT SEMESTER**