

Prospective Internship Site Profile
Department of Health Education & Behavior

Location: Longmont Colorado Date: 10/21/2015
City State

Agency: Health Fitness Corporation at Seagate Technology Company

Contact: Kevin Stanowick, Program Manager

Address: 389 Disc Drive Longmont Colorado 80503
Street / PO Box City State / Zip

Phone: 720-684-1411 Fax: _____

Email: kevin.a.stanowick@seagate.com Website: www.hfit.com

What semesters is your agency available to accept interns?

Fall (August – December) Spring (January – April) Summer (May – August)

Normal work hours (Please indicate any evening or weekend time commitments):

This agency's corporate fitness center is professionally staffed from 7am- 4:30 pm Monday through Friday. Normal intern work hours fall in between or around normal staffed hours.

Is office space available to interns? Yes No _____
Comments

Is a computer available to interns? Yes No _____
Comments

Does your agency offer paid or non-paid internships? Non-paid Paid (amount): _____

List other benefits your agency offers interns (i.e. housing, health insurance, travel reimbursement, etc.)

Other than the standard benefits of professional experience, resources, supervision and assistance, our agency does not provide any benefits like housing, health insurance, or travel reimbursement, etc.

List required purchases for interning with your agency (i.e. parking pass, uniform, etc.)

No required expenses to list.

List the required skills or previous experience necessary for interning with your agency.

- * Junior or Senior level Baccalaureate or Masters level student working towards a degree in physical education, exercise physiology, kinesiology, recreation, health education, health promotion or related field from an accredited college or university.
- * Current CPR, First Aid and AED certification required (or will be required by start date of Internship).
- * Personal Training or Group Exercise certification from ACE, ACSM, AFAA, NSCA or NASM a plus.
- * Communication skills to instruct and interact effectively with a diverse group of individuals.
- * Competency and proficiency in general computer skills such as Microsoft Word, google applications
- * Able to maintain basic dialogue with professionals in various fields
- * Able to clearly communicate and use proper judgment when handling customer service issues
- * Have a desire to learn by stepping out of his/her comfort zone and trying new things
- * Express a desire to pursue health, fitness, and wellness and be a team player
- * Able to follow instructions and direction

Special Requirements (i.e. special application, proof of health insurance, immunization, etc.)

Please note: All interns are required to purchase professional liability coverage for \$1,000,000.

Seagate Technology requires a successful completion of a background check for all employees who enter the building.

List a description of duties your agency expects to be fulfilled by interns. Please include additional literature if desired.

An internship with HealthFitness provides students with exposure and/or experience in many, or all, of the following areas:

- * Program administration
- * Health promotion programming
- * Fitness testing ad exercise prescription
- * Health and Fitness motivational programming
- * Group exercise class instruction
- * Facility maintenance
- * Data analysis & outcomes reporting
- *Ergonomics
- * Personal training
- * Participant record keeping
- * Special projects and promotions
- * Health fairs and health screenings

List any important information about your agency.

This information is not intended to be share publically. Please schedule a time with site to further discuss. This site/agency provides a unique opportunity for an intern to explore the field of corporate fitness, corporate wellness, health promotion, fitness training, fitness testing, recreation program and facility management all under one roof. The facility, located in Colorado supports a very active culture with bike rooms, basketball courts, walking/running paths, volleyball courts, a group fitness room hosting spinning, yoga, and other various classes. The fitness center is accessible 24/7 for members where all services are included at zero cost to employees. The fitness staff provides any and all services to members including program management and event planning, marketing, cleanliness, fitness assessing and instructing, enrollment, security and safety.

Would you like to be added to the Department's list of approved sites for future interns? Yes No

FOR OFFICE USE ONLY: CONTRACT ON FILE: _____

Approval of Intern Coordinator: _____ Date: _____

Approval Expiration Date: _____