Health Education & Behavior Combined Degree Program



College of Health & Human Performance

Department of Health Education and Behavior

UNIVERSITY of FLORIDA

Department of Health Education & Behavior

- The Department of Health Education & Behavior, with a foundation in the <u>social and biological sciences</u>, focuses on <u>health information and theory application</u>.
- Students learn techniques to <u>promote healthy lifestyle</u> choices in individual and group settings, with special attention given to <u>diversity and culturally appropriate</u> <u>health education</u> methodologies.

Bridging the gap between scientific knowledge and public understanding of health to promote healthier living.

Health Education Careers



- Local, state or national public health agencies
 - State or County Health Departments, CDC, NIH
- Non-profit health organizations
 - American Cancer Society, March of Dimes, Planned Parenthood
- Private sector health promotion programs
 - Smoking cessation policy, reducing job-related injuries, on-site gym, rehabilitation
- Patient health care settings
- Graduate programs in health education or related fields
 - Public health, epidemiology, health communication
- Preparation for professional health programs
 - o PA, nursing, PT, OT, medicine, dental, health administration

HEB BS/MS Program



- The BS/MS in Health Education and Behavior is designed for students seeking an advanced practitioner's degree in Health Education.
- The MS degree prepares health education specialists to work in local, state, and federal health agencies, voluntary health organizations, patient care settings, and private industries.

HEB BS/MS Program Criteria



- 1. Sophomore or Junior status
- 2. Maintain 3.2 UF GPA
- 3. Approval from undergraduate program (must be on-track and in good standing with major)
- 4. Schedule an appointment with Ms. Jenny Neelands (jennifer4@ufl.edu) to complete the BS/MS program application.

HEB BS/MS Courses

6

Choose 4 to complete during junior and senior years:

- HSC 4133/5138 Human Sexuality Education
- HSC 4134/5135 Emotional Health & Counseling
- HSC 4143/5142 Drug Education
- HSC 4174/5925 Determinants of Obesity
- HSC 4232c/5618 Exercise Therapy, Physical Activity & Health
- HSC 4233/6235 Patient Health Education
- HSC 4579/6575 Women's Health Issues
- HSC 4592c/6605 Scientific Foundations of Holistic Health
- HSC 4593/6595 HIV/AIDS Education
- HSC 4663/6646 Methods of Injury Prevention & Control
- HSC 4694/6695 Work-site Health Promotion
- HSC 4950/6935 Special Topics in Health Education

BS/MS Program Important Facts

- 7
- Students are not penalized for withdrawing from the program.
- Students must apply to the MS program (admission to the MS program after graduation is not automatic).
- Graduate-level tuition is more expensive than undergraduate rates.
- Graduation from your undergraduate program is separate from the MS program.
- The BS/MS program expedites the MS program and saves students (financially) the cost of 4 undergrad courses.