

EMILY PADGETT PLUNKETT

Instructional Assistant Professor | Department of Sport Management
 College of Health and Human Performance | University of Florida
 she/her/hers | eplunkett@ufl.edu

EDUCATION

Ph.D. in Sport Management | Concentration in Education & Student Development 2023
 University of Florida
Dissertation: Sport Career Transition Competencies for Student-Athlete Development Professionals: A Delphi Study

M.S. in Sport Management | PAADS Certificate in Athlete Development 2017
 University of Florida

B.S. in Journalism | Outside Concentration in Sport Management 2014
 University of Florida

ACADEMIC APPOINTMENTS

Instructional Assistant Professor 2024 – Present
 University of Florida Department of Sport Management

Clinical Assistant Professor 2023 – 2024
 Texas A&M University Department of Kinesiology & Sport Management

Graduate Teaching Assistant 2021 – 2023
 University of Florida Department of Sport Management

Graduate Research Fellow 2017 – 2021
 Laboratory of Athlete Development Research
 University of Florida Department of Sport Management

Assistant Internship Coordinator & Graduate Teaching Assistant 2014 – 2017
 University of Florida Department of Sport Management

TEACHING EXPERIENCE

GRADUATE COURSE INSTRUCTION (*indicates online course; **indicates Hyflex/Hybrid course)

Texas A&M University Department of Kinesiology & Sport Management

- SPMT685 **Directed Studies** Instructor Spring 2024
- SPMT617 **Communication & Media in Sport** Instructor Fall 2023

University of Florida Department of Sport Management

- SPM6905 **Sport Career Transitions** Instructor Fall 2019
- **Sport Career Transitions** Instructor Spring 2019

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|-----------|---------------------------------|------------|--------------|
| | Sport Career Transitions | Instructor | Fall 2018 |
| • SPM5181 | Athlete Development | TA | Summer 2021* |
| | Athlete Development | TA | Summer 2019* |
| | Athlete Development | TA | Spring 2019* |
| | Athlete Development | TA | Spring 2018* |

UNDERGRADUATE COURSE INSTRUCTION (*indicates online course; **indicates Hyflex/Hybrid course)

University of Florida Department of Sport Management

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|-----------|----------------------------------|------------|-------------------------|
| • SPM2060 | Sport Career Preparation | Instructor | Fall 2024 (2 sections) |
| • SPM2000 | Intro to Sport Management | Instructor | Fall 2024* (4 sections) |

Texas A&M University Department of Kinesiology & Sport Management

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|-----------|---------------------------------|------------|--------------------------|
| • SPMT262 | Human Capital Management | Instructor | Spring 2024 |
| • SPMT460 | Sport Business Planning | Instructor | Spring 2024 (3 sections) |
| | Sport Business Planning | Instructor | Fall 2023 (2 sections) |

University of Florida Department of Sport Management

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|------------|--|---------------|------------------------|
| • SPM3204 | Ethical Issues in Sport | Instructor | Fall 2021** |
| | Ethical Issues in Sport | Instructor | Spring 2020 |
| | Ethical Issues in Sport | Instructor | Fall 2019 |
| • SPM4948 | Advanced Career Development | Instructor | Fall 2020* (6 credits) |
| • SPM4948 | Advanced Career Development I | Instructor | Summer A 2020* |
| • SPM4948 | Advanced Career Development II | Instructor | Summer B 2020* |
| • SPM4905 | Sport Career Transitions | Instructor | Spring 2020 |
| | Sport Career Transitions | Instructor | Fall 2019 |
| | Sport Career Transitions | Co-Instructor | Spring 2019 |
| | Sport Career Transitions | Co-Instructor | Fall 2018 |
| • SPM2000 | Intro to Sport Management | TA | Spring 2022* |
| | Intro to Sport Management | TA | Fall 2016* |
| • SPM3012 | Social Issues in Sport | TA | Spring 2023* |
| | Social Issues in Sport | TA | Fall 2022* |
| | Social Issues in Sport | TA | Spring 2022* |
| | Social Issues in Sport | TA | Summer 2016* |
| • LEI3921 | Field Experience | TA | Summer 2017** |
| | Field Experience | TA | Spring 2017** |
| | Field Experience | TA | Spring 2016** |
| | Field Experience | TA | Fall 2015** |
| | Field Experience | TA | Summer2015** |
| | Field Experience | TA | Spring 2015** |
| | Field Experience | TA | Fall 2014** |
| • SPM4941C | Senior Internship in Sport Management (SPM) | TA | Summer 2017 |
| | Senior Internship in SPM | TA | Spring 2017 |
| | Senior Internship in SPM | TA | Spring 2016 |
| | Senior Internship in SPM | TA | Fall 2015 |

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| | Senior Internship in SPM | TA | Summer 2015 |
| | Senior Internship in SPM | TA | Spring 2015 |
| • LEI4940 | Senior Internship in Leisure Services (LS) | TA | Summer 2017 |
| | Senior Internship in LS | TA | Spring 2017 |
| | Senior Internship in LS | TA | Spring 2016 |
| | Senior Internship in LS | TA | Fall 2015 |
| | Senior Internship in LS | TA | Summer 2015 |
| | Senior Internship in LS | TA | Spring 2015 |

NEW COURSE DEVELOPMENT

University of Florida Department of Sport Management

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|-----------|------------------------------------|--|-------|
| • PET4262 | Sport Career Transitions | | 2022* |
| • SPM4948 | Advanced Career Development | | 2020 |
| • SPM4905 | Sport Career Transitions | | 2018 |

EXECUTIVE CERTIFICATES & EDUCATION INSTRUCTION

University of Florida Department of Sport Management

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| • Sport Career Transition Specialist Certificate | Co-Instructor | 2020 |
| • PAADS Athlete Development Certificate | TA | 2019 |

INSTRUCTIONAL DESIGN

University of Florida Department of Sport Management

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|-----------|---|--|-------------|
| • SPM6905 | Business of Sport Law | | Spring 2023 |
| | Business of Sport Law | | Spring 2022 |
| • SPM6905 | Fair Competition in Sport | | Spring 2023 |
| | Fair Competition in Sport | | Spring 2022 |
| • PET4262 | Sport Career Transitions | | Spring 2022 |
| • SPM2000 | Intro to Sport Management | | Fall 2017 |
| • SPM6905 | International Sport Management | | Fall 2017 |
| • SPM6905 | Leading and Coaching Athletics | | Summer 2017 |
| • SPM6726 | Issues in Sport Law | | Summer 2017 |
| | Issues in Sport Law | | Spring 2017 |
| • SPM5936 | Athlete Activism | | Spring 2017 |
| • SPM5936 | Women in Sport Management | | Spring 2017 |
| • SPM6905 | Entrepreneurship & Innovation in Sport | | Spring 2017 |
| • SPM6905 | High School Athlete Development | | Spring 2017 |

RESEARCH EXPERIENCE

INTERESTS

- Sport career transition and holistic athlete development
- Career exploration, development, and readiness in sport management education
- Program development, evaluation, and assessment

PUBLICATIONS

Odio, M., Coble, C. & **Plunkett, E. P.** (in press). Administrating internships in sport management: Comparing practices in the discipline. *Sport Management Education Journal*.

McLeod, C. M., Pifer, N. D., & **Plunkett, E. P.** (2021). Career expectations and optimistic updating biases in minor league baseball players. *Journal of Vocational Behavior*, 129, 1-13. <https://doi.org/10.1016/j.jvb.2021.103615>

***Padgett, E.** (2016). Challenges in transitioning into athletic retirement. *Professional Association of Athlete Development Specialists Athlete Development Research Digest*, 1(6), 14-17.

**Editor-Reviewed*

PUBLICATIONS IN PROGRESS

Plunkett, E. P., & Sagas, M. (data analyzed and draft completed). Development of a sport career transition competency framework for student-athlete development professionals.

Plunkett, E. P., Herman II, J., & Sethi, S. K. (draft completed). Proposing an integrated model of student-athlete development program design and assessment.

Springer, D., **Plunkett, E. P.**, Davies, G. K., & Sethi, S. K. (draft in progress). A conceptual model of alienation in college athletics.

Plunkett, E. P., & Sagas, M. (data analyzed). Evaluation of a sport career transition training course for student-athlete development professionals.

BOOK CHAPTERS IN PROGRESS

Plunkett, E. P. (accepted). Harnessing the Delphi method for sport management course development. In Braunstein-Minkove, J. R., Cooper, J. N., King-White, R., Odio, M. A., Pierce, D. A., & Staurowsky, E. J. (Eds.) *Innovative pedagogical practices in sport management education*. World Scientific.

NATIONAL & INTERNATIONAL PRESENTATIONS

Springer, D., **Plunkett, E. P.**, Davie, G. K., & Sethi, S. K. (accepted). *Proposing a model of structural and ontological alienation in college athletics*. Oral presentation at the North American Society for the Sociology of Sport (NASSS) Conference. Chicago, IL.

Plunkett, E., & Weinsz, M. (June, 2024). *Proposing a conceptual framework of student-athlete career development*. Poster presentation at the National Association of Academic and Student-Athlete Development Professionals (N4A) Convention. Las Vegas, NV.

Plunkett, E., & Sagas, M. (May, 2024). *Development of a sport career transition competency framework for student-athlete development professionals*. Oral presentation at the North American Society for Sport Management (NASSM) Conference. Minneapolis, MN.

Plunkett, E., & Herman II, J., & Sethi, S. (May, 2024). *Proposing an integrated model of student-athlete development programming*. Poster presentation at the North American Society for Sport Management (NASSM) Conference. Minneapolis, MN.

Springer, D., **Plunkett, E.,** Sethi, S., Davie, G. (March, 2024) *Alienation as a pervasive factor in the college athlete experience*. Oral presentation at the College Sport Research Institute (CSRI) Conference on College Sport. Columbia, SC.

Plunkett, E., and Sagas, M. (June, 2023). *Evaluation of a sport career transition training course for student-athlete support practitioners*. Oral presentation at the North American Society for Sport Management (NASSM) Conference. Montréal, Québec.

Plunkett, E., Weinsz, M., & Sagas, M. (June, 2020). *Life design plans as a sport career transition readiness instrument*. Poster at the National Association of Academic and Student-Athlete Development Professionals (N4A) Convention. (Conference online)

Plunkett, E. & Sagas, M. (May, 2020). *Proposing an integrative model of entry-level career readiness in sport management*. North American Society for Sport Management (NASSM) Conference. San Diego, CA. (Conference canceled)

Sagas, M., **Plunkett, E.,** Wendling, E., & Weinsz, M. (May, 2020). *Evaluation research in athlete development: Definitions, methods, and exemplars*. Professional Association for Athlete Development Specialists (PAADS) Research Symposium. New York, NY. (Conference canceled)

Plunkett, E. & Sagas, M. (June, 2019). *Exploring the relationship between quantity and quality of sport management internships and career-related outcomes*. Oral presentation at the North American Society for Sport Management (NASSM) Conference. New Orleans, LA.

Plunkett, E. & Sagas, M. (June, 2019). *Why go pro? An exploration of student-athletes' perceptions of professional sport careers*. Poster at the National Association of Academic and Student-Athlete Development Professionals (N4A) Convention. Orlando, FL.

Plunkett, E. & Sagas, M. (May, 2019). *Career exploration through the use of an odyssey planning and prototyping activity*. Oral presentation at the North American Society for Sport Management (NASSM) Conference – Teaching and Learning Fair. New Orleans, LA.

Plunkett, E. & Sagas, M. (May, 2019). *Exploring student-athletes' professional sport career plans through the Theory of Planned Behavior*. Oral presentation at the Professional Association for Athlete Development Specialists (PAADS) Research Symposium. New York, NY.

Odio, M., Coble, C., & **Plunkett, E.** (June, 2018). *Administering internships in sport management: Comparing practices across the discipline*. Oral presentation at the North American Society for Sport Management (NASSM) Conference. Halifax, NS.

Padgett, E. (June, 2017). *A systematic review of factors influencing transition out of elite sport*. Poster at the Professional Association of Athlete Development Specialists (PAADS) Research Symposium. Daytona, FL.

Padgett, E., & Bopp, T. (April, 2016). *Exploring gender equity among Division I sports information directors*. Poster at the College Sport Research Institute (CSRI) Conference on College Sport. Columbia, SC.

GRANTS & CONSULTING

FUNDED GRANTS

Plunkett, E. (PI). Texas A&M University Center for Teaching Excellence (2024). *Scholarship of Teaching Yields Excellence (STYLE) Institute*. \$2,500

Chang, Y. (PI), **Plunkett, E.** (Co-PI), Sagas, M. (Co-PI), & Lee, I. (Investigator). Texas Wylie Independent School District (2022 – 2025). *Character Development Program Evaluation and Instrument Development*. \$149,999

Plunkett, E. (PI), & Chun, Y. (Co-PI). CarrSports Consulting (May 2021 – August 2021). *Situational Analysis for a Division I Athletic Program*. \$3,000

Plunkett, E. (PI). Vital Leadership (June 2019 – June 2021). *Athlete Development Program Evaluation*. \$4,500

Sagas, M. (PI), **Plunkett, E.** (Co-PI), & Chun, Y. (Co-PI). CarrSports Consulting (September 2020 – February 2021). *Situational Analysis for a Division I Athletic Program*. \$2,000

CONSULTING CONTRACTS

Plunkett, E. (Athlete Development Consultant). MVP Kids Books (June 2020 – June 2021). *MVP Kids Books: Sports Series Editorial Review Team*.

Sagas, M. & **Plunkett, E.** (Co-Instructors & Transition Consultants). MAI Capital Management (July 2020 – September 2020). *Sport Career Transition Specialist Certificate Program Webinar Series*.

SUBMITTED GRANTS (UNFUNDED)

Plunkett, E. (PI), Sagas, M. (Co-PI), & Brown, M. (Co-PI). NCAA Innovations in Research & Practice Grant. (Submitted January 2023). *Development of a Sport Career Transition Training Course*. \$35,000 Requested (Not funded).

INVITED PRESENTATIONS

Plunkett, E. (February 2024). *Aggie Values: Self-Awareness and Value Congruence as Career Decision-Making Tools*. Presented to members of the Progressively Reaching

Excellence in Professionalism (PREP) Freshmen Leadership Organization. Texas A&M University, College Station, TX.

Plunkett, E. (March 2023). *Theoretical Approaches to Career Transition Planning*. Presented to students in the graduate Athlete Development course. University of Florida, Gainesville, FL.

Plunkett, E. (February 2023). *Identity Work and Self-Awareness for Sport Career Transition*. Presented to students in the graduate Athlete Development course. University of Florida, Gainesville, FL.

Plunkett, E. (February 2020, & September 2019). *Selecting a Capstone Internship: Implications from Research & Practice*. Presented to students in the Field Experience course. University of Florida, Gainesville, FL.

Plunkett, E. (February 2019). *Life After Sports*. Presented to 175 student-athletes and sport industry practitioners at the Stay in the Game Career Development Forum. University of Florida, Gainesville, FL.

CAMPUS, COMMUNITY, & PROFESSIONAL SERVICE

- Member, National Association of Academic and Student-Athlete Development Professionals (N4A) Research Committee (2024 – Present)
- Member, University of Florida Sport Management Online Master's Admission Committee (2024 – Present)
- Member, University of Florida Department of Sport Management Climate and Engagement Committee (2024 – Present)
- Ad Hoc Reviewer, Journal of Athlete Development and Experience (2023 – Present)
- Trip Co-Leader, Texas A&M University Sport Management Education Abroad Germany & Austria Program (2024)
- Member, Texas A&M University Sport Management Master's Strategic Scholarship Committee (2024)
- Member, Texas A&M University Sport Management Master's Admission Committee (2023 – 2024)
- Member, Texas A&M University School of Education and Human Development Service, Teaching, and Research (STaR) Mentoring Program (2023 – 2024)
- Member, University of Florida Sport Management Anti-Racism Learning Community Student Experience Committee (2021 – 2022)
- Departmental Representative, University of Florida Health and Human Performance Graduate Organization (HHP GO; 2018 – 2021)
- Member, Titletown Gator Club Scholarship Committee (2019)
- Member, University of Florida Department of Sport Management Chair Search Committee (2019)
- Chair, University of Florida Recreational Sports Policy Sub-Committee (2018 – 2019)
- Member, University of Florida Athletic Tutorial Advisory Committee (2018 – 2019)

- Member, Tim Tebow Foundation's Night to Shine Planning Committee (2018 – 2019)
- Member, Titletown Gator Club Board of Directors (2018 – 2019)
- Member, University of Florida Recreational Sports Board of Directors (2017 – 2019)
- Trip Leader, University of Florida Disney International Academic Exchange Program (2017)
- Vice President, University of Florida Tourism, Recreation and Sport Management Graduate Club (2015 – 2016)
- Member, Swamp Scramble Golf Tournament Planning Committee (2015 – 2016)

AWARDS & HONORS

- University of Florida Graduate School Research Fellowship (2017 – 2021) Full tuition waiver and annual stipend of \$25,000
- McGriff Family Scholarship, University of Florida College of Health & Human Performance (2022, 2020, 2019, 2018, 2017) Total \$9,500
- Alex Diaz Scholarship, University of Florida College of Health & Human Performance (2021) \$1,900
- University of Florida Tourism, Recreation and Sport Management Professional Development Award (2016, 2015) Total \$500
- Tom McEwen Sports Journalism Scholarship, University of Florida College of Journalism and Communications (2012)
- Bonni G. Tischler Endowment for Student Leadership, University of Florida College of Journalism and Communications (2012)

PROFESSIONAL TRAINING, CERTIFICATIONS, & LICENSES

- University of Florida Research in Teaching and Learning (RiTL) Faculty Learning Community, University of Florida (2024 – 2025)
- AI Learning Academy Certification, University of Florida (2024)
- Wilderness First Aid Certified, National Outdoor Leadership School (NOLS; 2024)
- Certified Athlete Development Specialist, Professional Association of Athlete Development Specialists (PAADS; 2017)

PROFESSIONAL MEMBERSHIPS

- Providing Opportunities for Women in Educational Research (POWER; 2024 – Present)
- National Association of Academic and Student-Athlete Development Professionals (N4A; 2019 – Present)
- National Career Development Association (NCDAA; 2019 – Present)
- North American Society for Sport Management (NASSM; 2017 – Present)
- Professional Association of Athlete Development Specialists (PAADS; 2017 – Present)
- College Sports Information Directors of America (CoSIDA; 2015 – 2016)

SPORT INDUSTRY EXPERIENCE

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|---|-------------|
| Student-Athlete Content Tutor University of Florida Athletic Association | 2016 – 2019 |
| Student-Athlete Mentor University of Florida Athletic Association | 2016 |
| Golf Sports Information Director University of Florida Athletic Association | 2014 – 2016 |
| Communications Assistant University of Florida Athletic Association | 2012 – 2016 |
| Journalist & Sportswriter Beaches Leader Newspaper | 2012 – 2013 |
| Assistant Diving Coach Mandarin Middle School | 2011 – 2013 |
| Student-Athlete University of Florida Swimming & Diving Team | 2010 – 2011 |