

UNDERGRADUATE INTERNSHIP SITE APPROVAL FORM (to be completed by site)

Name of Site: UF Center for Arts in MedicineType of Site: lab setting, clinical setting*Contact Person(s): Jill Sonke

*Must have at least a bachelor's degree in a related field & a minimum of 2 years of experience within the chosen specialization.

Mailing Address: PO Box 100141Location (City, State, Zip): Gainesville, FL 32611-0141Phone: (352) 273-1488 Fax: (352) 392-5114E-mail: CAM@arts.ufl.edu Website: www.arts.ufl.edu/cam

Please check the APK Specializations that best pertain to the internship experience offered:

 Exercise Physiology Fitness/WellnessNon-Paid? Paid (Amount) \$ _____

Are any of the following benefits available?

Housing? Yes No Health Insurance? Yes NoOffice Space? Yes No Computer? Yes No Travel Reimbursement? Yes No

Other: _____

After reading the Expectations of Site Supervisors and responsibilities of Site Interns, **please submit a one-page description of the job duties** the intern will perform and how said duties relate to the Applied Physiology and Kinesiology field.Semester(s) Offered: Fall (Aug-Dec) Spring (Jan-Apr) Summer (May-Aug)

Normal Work Hours (Please indicate any evening or weekend time commitments):

Monday-Friday 8:00am-5:00pm

Required Purchases (i.e. parking passes, uniforms, etc.): _____

Arts in Medicine apron to be worn when volunteering at Shands Hospital

Required Skills or Previous Experience: _____

It is preferable to have previous experience and knowledge of dance.

Special Requirements: (i.e. special application, proof of health insurance, immunizations, etc.)
Please note: All interns are required to purchase professional liability coverage for \$1,000,000.
Immunizations need to be up-to-date to be able to do any clinical work in Shands Hospital

Comments: This internship can further be tailored to the College's requirements for this experience and the interns interests.

Would you like to be added to the department's list of approved sites for future interns? Yes No

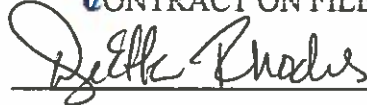
I have read and agree to abide by the Expectations of Site Supervisors and Expectations of Site Interns

documents. Signature and Title:  DIRECTOR, UF CENTER FOR ARTS IN MEDICINE

FOR OFFICE USE ONLY:

CONTRACT ON FILE: _____

Approval of Intern Coordinator:



Date: 7/13/12

Approval Expiration Date: _____

University of Florida Center for Arts in Medicine

Internship Duties and Responsibilities

An internship with the Center for Arts in Medicine provides an opportunity to engage in two different types of settings. The internship focuses on dance, Yoga, and martial arts in the healthcare setting. It includes clinical experiences interacting with patients in hospital environments as well as community settings. In addition, the lab setting at the Center for Arts in Medicine is an opportunity to analyze the physiological and psychological effects of dance, Yoga, and martial arts on those in the healthcare setting. The internship establishes a clear relationship between the Applied Physiology and Kinesiology field and the study of dance, along with other forms of movement, in the healthcare setting. The core of this internship is within the lab setting and complimented by clinical experiences with patients.

Lab Setting:

1. **Assist with current research:** During this particular time frame, the intern will be assisting with Dance for Life, a dance class designed for Parkinson's patients. The intern will assist in the areas of teaching the classes, cueing the participants, collecting data, and analysis of data. This study analyzes the physiological and psychological effects of dance on patients diagnosed with Parkinson's disease.
2. **Assist with new research:** The intern will assist the director of the study with protocol development for the most recent research on the effects of dance on Autistic children. This study will be focused on the physiological and psychological impact on children with Autism and their relationship to their parent or caregiver also participating in the dance class.
3. **Assist with grant writing:** The intern will assist in the grant writing for the new research discussed above for the study with Autistic children and dance as well as follow-up grant reports for the research currently being conducted.
4. **Assist with literature reviews:** Literature reviews will also be conducted to gather current research and determine where it is lacking in the field of dance in the healthcare setting and the ways it applies to the field of Applied Physiology and Kinesiology.
5. **Original research:** If the intern chooses to do so, there is an opportunity for original research to be conducted relating to Applied Physiology and Kinesiology as it relates to dance in the healthcare setting.

Clinical Setting:

1. **Dance for Life:** The intern will assist in facilitating, motivating, and safely cueing Parkinson's patients through a dance class designed specifically for them based off of the nationally known Dance for PD program. This will take place three times per week as part of the research study discussed above. In order to ensure the safety of the patients, the intern must be aware of visible vital signs and knowledgeable about how to deal with falls and freezing.
2. **Dance to Connect:** The intern will assist in facilitating a dance class designed for children with Autism and their parent or caregiver. The intern will be responsible for the safety of the children and becoming knowledgeable about how to interact with them as well.
3. **Yoga:** There are opportunities for the intern to assist in two different Yoga class settings: chair Yoga for cancer patients and Yoga of awareness.
4. **Kids Kicking Cancer:** The intern will be able to assist in martial arts classes offered to children in the hospital battling cancer. The classes focus on body awareness and mindful meditation to help children overcome any pain.