



Q1.
APPLIED PHYSIOLOGY AND KINESIOLOGY (APK)
INTERNSHIP SITE APPROVAL FORM

Q2.
The **Department of Applied Physiology and Kinesiology (APK)** at the University of Florida would like to thank you in advance for taking the time to complete the approval process and your willingness to provide valuable internship opportunities to our students. The Department of APK requires that all **undergraduates** complete a 12-credit internship experience in their final semester of study. The experience requires a minimum of 520 clock hours or 35-40 hours a week for 15 weeks, for the Fall and Spring semesters, or 40-45 hours a week for 13 weeks during the Summer semester. **Graduate** students in the Human Performance concentration may elect to complete between 3 - 9 credits of internship to count towards their degree. Each registered credit of graduate internship requires a minimum of 48 clock hours be completed and a graduate student must register for at least 3 credits in any semester they intend to complete an internship. Therefore, a graduate student will be required to complete between 144 - 432 hours during their internship. Ideally, interns become exposed to the tasks that will be required of them as professionals in the field, as well as receive opportunities to develop their skills and areas of interest. A brief description of our undergraduate and graduate programs is below:

APK Undergraduate Program: Prepares students to function as an exercise technician, exercise specialist, and/or wellness instructor in hospital, corporate, private, or governmental agency, to pursue graduate study in kinesiology, OR to pursue graduate study in a health profession requiring education beyond an undergraduate degree. The curriculum provides a strong basic science background and requires additional course work in the biological aspects of exercise. Students may pursue internship opportunities in healthcare, research, fitness, or other areas of human performance.

Human Performance (Graduate): The Human Performance concentration is a non-thesis program leading to a Master of Science degree in Applied Physiology and Kinesiology. Its purpose is to train students for careers where they can promote scientifically based exercise, wellness, and psychological factors to enhance health, athletic development and/or movement performance. Furthermore, students may be trained to be an integral part of the health care team that administers, assesses, and develops programs for clinical populations.

Please review the [APK Internship Policies and Procedures](#) Document to gain a better understanding of the expectations of students and site supervisors during the experience. Note that clicking the link to the Policies

and Procedures manual will take you away from this survey and cause any information input into the survey to be lost.

Q5. Organization Name

Unger Medical

Q6. Organization Location(s) - Include Addresses Of All Locations To Be Included As Part Of This Approval

710 Park Avenue Suites 1A and 1B New York, NY 10021

Q10. URL of Website For Organization

<https://drrobinunger.com/>

Q7. Name of Individual Who Will Receive Applications From Students

Jeff Chrzan, Practice Manager

Q8. Email Address of Individual Who Will Receive Applications From Students

jeff@ungermedical.com

Q9. Phone Number of Individual Who Will Receive Applications From Students

646-867-4435

Q34.

Will the person receiving internship applications from students be the same person supervising the student and completing the student evaluations during the internship?

Yes

No

Q11. Name of Individual Who Will Supervise Students Directly During Internship and Complete Student Evaluations

Dr. Robin Unger

Q12. Email Address of Individual Who Will Supervise Students Directly During Internship and Complete Student Evaluations

DrRobin@UngerMedical.com

Q13. Phone number of Individual Who Will Supervise Students Directly During Internship and Complete Student Evaluations

212-249-4369

Q14. What Semester(s) Is Your Organization Available To Accept Interns? (select all that apply)

- Fall (August - December)
- Spring (January - April)
- Summer (May - August)

Q15. APK Internship Policy requires that a site supervisor hold one degree higher than the student intern. This means that site supervisors of undergraduate interns must hold at least a bachelor's degree and those of graduate interns must hold at least a master's degree. Based on this policy, for which category of students is your organization willing to accept applications? Check all that apply

- Undergraduate Students
- Graduate Students

Q16. How many interns is your organization willing and able to support per semester?

1

Q35. APK Undergraduate students are permitted to complete a single 12-credit (520 hour minimum) internship in a single semester or two, 6-credit (260 hour minimum) internships over two semesters. Are you willing and able to provide a part-time internship experience (~20 hours per week), full-time (~40 hours per week), or either to our undergraduate students depending on the student's internship plans?

- Part-Time Internship (~20 hours per week)
- Full-Time Internship (~40 hours per week)
- Either Part-Time or Full-Time depending on the student's internship plan

Q17. Describe the normal working hours anticipated for an intern at your organization. Please indicate likelihood and circumstances surrounding any evening or weekend time commitments.

8a-7p, weekdays only.

Q18. Does your organization offer non-paid or paid internships?

- Non-paid
- Paid (amount)

Q21. List other benefits your organization offers interns (i.e. housing, health insurance, travel reimbursement, etc.)

Health insurance after one month with Unger Medical.

Q22. List required purchases for interning with your organization (i.e. parking pass, uniform, I.D. Badge, etc.)

N/A

Q23. List required skills or previous experience necessary for interning with your organization

Familiarity with anatomy and physiology, basic medical assistance, sterilization processes, Positive attitude and team-oriented mentality along with a willingness to learn is a must as is ensuring the patient is put at the center of all that we do.

Q24. List any special credentials or documents required to intern with your organization (i.e. CPR/First Aid, Liability Insurance, Personal Training Certification, OSHA training, HIPPA training, Pre-Internship orientation, background check)

N/A

Q25. Provide a bulleted list of duties/responsibilities your organization expects to be fulfilled by interns:

Including but limited to: - taking medical history - explaining pre and post treatment procedures to patients - preparing patients for treatment - preparing the rooms for treatment before and after a patient visit/procedure - assisting the provider team during procedures - instructing patients about medication and treatment protocols (to include in-person conversations and phone calls) - assisting with medical notes / charts in the practice's electronic medical records system - assisting with inventory (unboxing supplies, requesting supplies, stocking, etc.)

Q26. Please describe a typical day for the intern:

Arrive on time, ensure rooms are set up for MD and patient/assistants, then either assisting provider directly preparing/planting surgical sites or excision of donor areas. There are some days during procedures where there are periods of downtime and other days which are consistently hands-on and virtually non-stop except for meal breaks. There are opportunities for brief breaks to just take a breath and refocus before returning to the procedure rooms. Upon learning, there will be opportunities to spend time with patients post-surgery (after one day and subsequently as necessary) to clean and wash the affected areas. After several days, assisting with suture removal and cleaning the affected area. Every day is a little different but the duties are generally the same. When there are longer periods of downtime, that time is spent learning and/or assisting with operational duties, specifically inventory management (a major focus throughout the Summer this year).

Q28. All Interns (undergraduate and graduate) MUST be evaluated on **at least** 6 of the following 9 Student Learning Outcomes (SLO's), though evaluation of all 9 is preferred. Please check each SLO that applies to the duties/responsibilities provided to interns at your organization.

Integrate principles and methods of math, social sciences, and/or arts and humanities to applied physiology and kinesiology, health, wellness, and/or fitness environments.

Identify and relate the nomenclature, structures, and locations of components of human anatomy to health, disease, and physical activity.

Identify, examine, and explain physiological mechanisms of homeostasis at various levels of an organism (i.e., cells, tissues, organs, systems).

Investigate and explain the effects of physical activity on psychological health as well as the perspectives used to enhance adherence to healthier lifestyles.

Identify and explain the acute and chronic anatomical and physiological adaptations to exercise, training, and physical activity.

Select and utilize the appropriate scientific principles when assessing the health and fitness of an individual and prescribing physical activity based on those assessments.

Solve applied physiology and kinesiology problems from personal, scholarly, and professional perspectives using fundamental concepts of health and exercise, scientific inquiry, and analytical, critical, and creative thinking.

Collect, compare, and interpret qualitative or quantitative data in an applied physiology and kinesiology context.

Effectively employ written, oral, visual, and electronic communication techniques to foster inquiry, collaboration, and engagement among applied physiology and kinesiology peers and professionals as well as with patients, clients, and/or subjects.

Q33. Name of APK student that requested the site approval form from you (if applicable)

Q29. Would you like to be added to the Department's list of approved sites for future interns?

Yes

No

Q32. Have you reviewed the APK Internship [Policies and Procedures Manual](#)? Note that clicking the link will take you away from this survey and any information input into the survey will be lost if you navigate back. We recommend holding the ctrl button on your keyboard when clicking the link to open it in a new browser tab.

Yes

No

Q30. Signature of Individual Who Will Be Receiving Internship Applications



A handwritten signature in black ink on a white background. The signature is cursive and appears to be "John S.". There is a small 'x' icon on the left and a "clear" button on the right.

Q31. Signature of Individual Who Will Be Supervising And Evaluating Students During The Internship



A handwritten signature in black ink on a white background. The signature is cursive and appears to be "Dr. Ashwin Dyer". There is a small 'x' icon on the left and a "clear" button on the right.

Location Data

Location: ([40.7652](#), [-73.9588](#))

Source: GeolIP Estimation



Approved: 4.17.24

Blain Harrison

Blain Harrison - APK Internship Coordinator