



Q1.
APPLIED PHYSIOLOGY AND KINESIOLOGY (APK)
INTERNSHIP SITE APPROVAL FORM

Q2.
The **Department of Applied Physiology and Kinesiology (APK)** at the University of Florida would like to thank you in advance for taking the time to complete the approval process and your willingness to provide valuable internship opportunities to our students. The Department of APK requires that all **undergraduates** complete a 12-credit internship experience in their final semester of study. The experience requires a minimum of 520 clock hours or 35-40 hours a week for 15 weeks, for the Fall and Spring semesters, or 40-45 hours a week for 13 weeks during the Summer semester. **Graduate** students in the Human Performance concentration may elect to complete between 3 - 9 credits of internship to count towards their degree. Each registered credit of graduate internship requires a minimum of 48 clock hours be completed and a graduate student must register for at least 3 credits in any semester they intend to complete an internship. Therefore, a graduate student will be required to complete between 144 - 432 hours during their internship. Ideally, interns become exposed to the tasks that will be required of them as professionals in the field, as well as receive opportunities to develop their skills and areas of interest. A brief description of our undergraduate and graduate programs is below:

APK Undergraduate Program: Prepares students to function as an exercise technician, exercise specialist, and/or wellness instructor in hospital, corporate, private, or governmental agencies, to pursue graduate study in kinesiology, OR to pursue graduate study in a health profession requiring education beyond an undergraduate degree. The curriculum provides a strong basic science background and requires additional course work in the biological aspects of exercise. Students may pursue internship opportunities in healthcare, research, fitness, or other areas of human performance.

Human Performance (Graduate): The Human Performance concentration is a non-thesis program leading to a Master of Science degree in Applied Physiology and Kinesiology. Its purpose is to train students for careers where they can promote scientifically based exercise, wellness, and psychological factors to enhance health, athletic development and/or movement performance. Furthermore, students may be trained to be an integral part of the health care team that administers, assesses, and develops programs for clinical populations.

Please review the [APK Internship Policies and Procedures](#) Document to gain a better understanding of the expectations of students and site supervisors during the experience.

Q5. Organization Name

UF Health Rehab Center for Kids- OSMI

Q6. Organization Location(s) - Include Addresses Of All Locations To Be Included As Part Of This Approval

3450 Hull Road, Gainesville, FL 32607

Q10. URL of Website For Organization

Q7. Name of Individual Who Will Receive Applications From Students

Amy Borut

Q8. Email Address of Individual Who Will Receive Applications From Students

boruta@shands.ufl.edu

Q9. Phone Number of Individual Who Will Receive Applications From Students

352 294 5437

Q11. Name of Individual Who Will Supervise Students Directly During Internship and Complete Evaluations

Amy Borut

Q12. Email Address of Individual Who Will Supervise Students Directly During Internship and Complete Evaluations

Q13. Phone number of Individual Who Will Supervise Students Directly During Internship and Complete Evaluations

352 294 5437

Q14. What Semester(s) Is Your Organization Available To Accept Interns? (select all that apply)

- Fall (August - December)
- Spring (January - April)
- Summer (May - August)

Q15. APK Internship Policy requires that a site supervisor hold one degree higher than the student intern. This means that site supervisors of undergraduate interns must hold at least a bachelor's degree and those of graduate interns must hold at least a master's degree. Based on this policy, for which category of students is your organization willing to accept applications? Check all that apply

- Undergraduate Students
- Graduate Students

Q16. How many interns is your organization willing and able to support per semester?

1

Q17. Describe the normal working hours anticipated for an intern at your organization. Please indicate likelihood and circumstances surrounding any evening or weekend time commitments.

M-F 8:30-5:30

Q18. Does your organization offer non-paid or paid internships?

Non-paid

Paid (amount)

Q21. List other benefits your organization offers interns (i.e. housing, health insurance, travel reimbursement, etc.)

Surgical observation, participation in journal clubs, attending weekly surgical meeting with attending physicians

Q22. List required purchases for interning with your organization (i.e. parking pass, uniform, I.D. Badge, etc.)

A UF parking pass is required to park at the facility

Q23. List required skills or previous experience necessary for interning with your organization

Knowledge of exercise equipment and prescription; interest in pediatric preferred. The ability to multi task is recommended

Q24. List any special credentials or documents required to intern with your organization (i.e. CPR/First Aid, Liability Insurance, Personal Training Certification, OSHA training, HIPPA training, Pre-Internship orientation, background check)

Please see attached Exhibit A form for a complete list of requirements

Q25. Provide a bulleted list of duties/responsibilities your organization expects to be fulfilled by interns:

1. Assist therapist with patient care and treatment as directed or delegated. This will include but is not limited to exercise therapy supervision (equipment set up, progression of program per therapist guidance), and modality set up (electrotherapy, ice, heat, etc) per therapist guidance 2. Participate and/or assist in educational opportunities that can be demonstrated to enhance clinic or personal goals, and objectives of the cost center 3. Assist in completing the daily facility worksheet to enable facility to be TJC and HIPPA compliant 4. Assist in transportation of patients throughout the clinic 5. Present an in-service on a topic approved by your clinical instructor 6. Perform Scientific readings as assigned to assist with patient specific learning experiences 7. Intern will be scheduled to work the same hours as their CI for a max of 40 hrs/wk

Q26. Please describe a typical day for the intern:

The APK intern is expected to arrive on time and ready to work with his/her clinical instructor (CI). They can be expected to take a patient through their exercise program as guided by the therapist. They are expected to ask questions regarding anatomy, physiology, exercise prescription/progression, etc based on their previous knowledge and have a dialogue with the CI. An intern is expected to assist with maintaining a clean facility by wiping tables and putting away exercise equipment. Observation of a PT evaluation can also be expected. There are several other opportunities the intern may experience including post-op patients, aquatic therapy, and surgical observation.

Q28. All Interns (undergraduate and graduate) MUST be evaluated on **at least** 6 of the following 9 Student Learning Outcomes (SLO's), though evaluation of all 9 is preferred. Please check each SLO that applies to the duties/responsibilities provided to interns at your organization.

- | | |
|---|---|
| <input checked="" type="checkbox"/> Integrate principles and methods of math, social sciences, and/or arts and humanities to applied physiology and kinesiology, health, wellness, and/or fitness environments. | <input checked="" type="checkbox"/> Select and utilize the appropriate scientific principles when assessing the health and fitness of an individual and prescribing physical activity based on those assessments. |
| <input checked="" type="checkbox"/> Identify and relate the nomenclature, structures, and locations of components of human anatomy to health, disease, and physical activity. | <input checked="" type="checkbox"/> Solve applied physiology and kinesiology problems from personal, scholarly, and professional perspectives using fundamental concepts of health and exercise, scientific inquiry, and analytical, critical, and creative thinking. |
| <input checked="" type="checkbox"/> Identify, examine, and explain physiological mechanisms of homeostasis at various levels of an organism (i.e., cells, tissues, organs, systems). | <input type="checkbox"/> Collect, compare, and interpret qualitative or quantitative data in an applied physiology and kinesiology context. |
| <input checked="" type="checkbox"/> Investigate and explain the effects of physical activity on psychological health as well as the perspectives used to enhance adherence to healthier lifestyles. | <input checked="" type="checkbox"/> Effectively employ written, oral, visual, and electronic communication techniques to foster inquiry, collaboration, and engagement among applied physiology and kinesiology peers and professionals as well as with patients, clients, and/or subjects. |
| <input checked="" type="checkbox"/> Identify and explain the acute and chronic anatomical and physiological adaptations to exercise, training, and physical activity. | |

Q33. Name of APK student that requested the site approval form from you (if applicable)

Q29. Would you like to be added to the Department's list of approved sites for future interns?

- Yes
 No

Q32. Have you reviewed the APK Internship [Policies and Procedures Manual](#)?

- Yes
 No

Q30. Signature of Individual Who Will Be Receiving Internship Applications

✕ Amy Bount clear

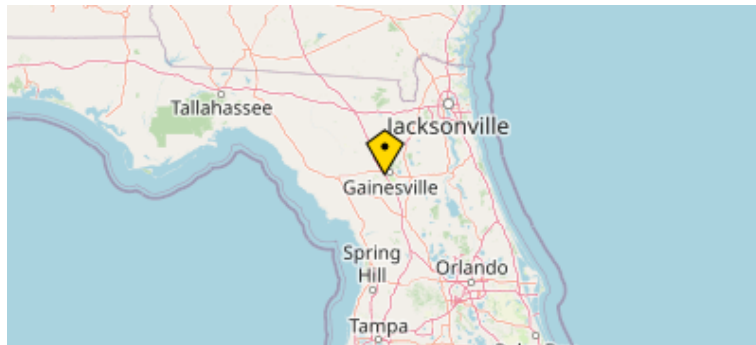
Q31. Signature of Individual Who Will Be Supervising And Evaluating Students During The Internship

✕ Amy Bount clear

Location Data

Location: ([29.613800048828](#), [-82.386001586914](#))

Source: GeoIP Estimation



Approved: 8/10/2021

Blain Harrison

Blain Harrison - APK Internship Coordinator