



Q1.
APPLIED PHYSIOLOGY AND KINESIOLOGY (APK)
INTERNSHIP SITE APPROVAL FORM

Q2.
The **Department of Applied Physiology and Kinesiology (APK)** at the University of Florida would like to thank you in advance for taking the time to complete the approval process and your willingness to provide valuable internship opportunities to our students. The Department of APK requires that all undergraduates complete a 12-credit internship experience and graduate students complete a 5-credit internship experience during their final semester. The experience requires a minimum of 520 clock hours for undergraduates and 600 clock hours for graduate students, or 35-40 hours a week for 15 weeks, for the Fall and Spring semesters or 40-45 hours a week for 13 weeks, for the Summer semester. Ideally, interns become exposed to the tasks that will be required of them as professionals in the field, as well as receive opportunities to develop their skills and areas of interest within their specialization. The specializations within the department are:

Exercise Physiology (Undergraduate): Prepares students interested in pursuing a career in one of the health professions or graduate study in exercise science. The curriculum provides a strong basic science background and requires additional course work in the biological aspects of exercise. For intern hours in this specialization, students are expected to complete hours in a biomedical research setting related to exercise and/or sport.

Fitness/Wellness (Undergraduate): prepares students to function as an exercise technician, exercise specialist, and/or wellness instructor in hospital, corporate, private, or governmental agencies. The curriculum emphasizes practical aspects of fitness and wellness.

Human Performance (Graduate): The Human Performance concentration is a non-thesis program leading to a Master of Science degree in Applied Physiology and Kinesiology. Its purpose is to train students for careers where they can promote scientifically based exercise, wellness, and psychological factors to enhance health, athletic development and/or movement performance. Furthermore, students will be trained to be an integral part of the health care team that administers, assesses, and develops programs for clinical populations.

Please review the [APK Internship Policies and Procedures](#) Document to gain a better understanding of the expectations of students and site supervisors during the experience.

Q5. Organization Name

UF Health Department of Physical Medicine and Rehabilitation (PM&R): Comprehensive Spine Center

Q6. Organization Location(s) - Include Addresses Of All Locations To Be Included As Part Of This Approval

1505 SW Archer Road (UF Health Heart & Vascular Hospital) 3450 Hull Road (UF Health Orthopedics and Sports Medicine Institute; OSMI)

Q7. Name of Individual Who Will Receive Applications From Students

Terra Smith, PM&R Residency Program Coordinator

Q8. Email Address of Individual Who Will Receive Applications From Students

tk.smith@ufl.edu

Q9. Phone Number of Individual Who Will Receive Applications From Students

Phone (352) 273-7356 Please contact this number for inquiries

Q10. URL of Website For Organization

<https://ufhealth.org/uf-health-comprehensive-spine-center>

Q11. Name of Individual Who Will Supervise Students Directly During Internship and Complete Evaluations

Drs. Michael Sein (Associate Residency Program Director; Faculty Comprehensive Spine Center) and Heather Vincent (Director of Research)

Q12. Email Address of Individual Who Will Supervise Students Directly During Internship and Complete Evaluations

Q13. Phone number of Individual Who Will Supervise Students Directly During Internship and Complete Evaluations

Dr. Sein (352) 273-7362 office Dr. Vincent (352) 273-7459 office

Q14. What Semester(s) Is Your Organization Available To Accept Interns? (select all that apply)

- Fall (August - December)
- Spring (January - April)
- Summer (May - August)

Q15. APK Internship Policy requires that a site supervisor hold one degree higher than the student intern. This means that site supervisors of undergraduate interns must hold at least a bachelor's degree and those of graduate interns must hold at least a master's degree. Based on this policy, for which category of students is your organization willing to accept applications? Check all that apply

- Undergraduate Students
- Graduate Students

Q16. How many interns is your organization willing and able to support per semester?

1

Q17. Describe the normal working hours anticipated for an intern at your organization. Please indicate likelihood and circumstances surrounding any evening or weekend time commitments.

8-5 (hour for lunch) generally, no weekends or evenings

Q18. Does your organization offer non-paid or paid internships?

Non-paid

Paid (amount)

Q21. List other benefits your organization offers interns (i.e. housing, health insurance, travel reimbursement, etc.)

NA

Q22. List required purchases for interning with your organization (i.e. parking pass, uniform, I.D. Badge, etc.)

Recommended parking pass

Q23. List required skills or previous experience necessary for interning with your organization

Good communication, respectful, organized, receptive and motivated

Q24. List any special credentials or documents required to intern with your organization (i.e. CPR/First Aid, Liability Insurance, Personal Training Certification, OSHA training, HIPPA training, Pre-Internship orientation, background check)

Pre-internship interview; please call and arrange with site-coordinator. General Health Screening and/or physical examination Within 1 year of start date of internship MMR (One of the following) • Proof of two MMR vaccines, administered 4 weeks apart or • Laboratory (serological) proof of immunity to measles and rubella Documentation of immunity to Chickenpox (varicella) (One of the following) • Documentation of two varicella vaccinations, administered 8 weeks apart or • Laboratory (serological) proof of immunity or • Documentation of a history of varicella disease or herpes zoster ("shingles") by a licensed healthcare provider. Tuberculosis screening (One of the following) • Negative Tuberculin skin test less than 12 months old or • Documentation of a previous positive tuberculin skin test and a chest x-ray showing no active tuberculosis disease or • Proof of completion of preventative therapy or treatment for active tuberculosis disease For skin test, must be within 12 months of start of internship Hepatitis B vaccine (One of the following) • Documentation of completion of hepatitis B vaccine series • Documentation of Hepatitis B surface antibody serology (optional, but recommended). Tetanus / Diphtheria / Pertussis: • Documentation of one dose of tetanus/diphtheria/pertussis (Tdap) vaccination. Vaccination with the current season's quadrivalent formulation of the flu vaccine. Computer training: Blood borne Pathogens Training Completed UF Health at Shands HIPAA training and orientation. Evidence of health insurance. (May be waived for students demonstrating hardship). State of Florida Criminal background check.

Q25. Provide a bulleted list of duties/responsibilities your organization expects to be fulfilled by interns:

This internship is an opportunity to gain experience in a clinical department focused on pain management and optimizing physical function, particularly with spine conditions. Several aspects of patient care and research will be shared. Interns will be able to observe various procedures and patient interactions under the supervision of the attending physician. The duties and responsibilities will prepare interns for postgraduate medicine or related careers. • Assist the attending physician with collecting medical data on patient functional and clinical outcomes • Observe clinical patient interactions • Develop experience with performing functional tests and vital signs • Demonstrate working knowledge of key terms in medicine including anatomy, imaging and clinical labs • Articulate how exercise and physical activity is critical for the key populations treated in Comprehensive Spine Center o Role of muscle strength and aerobic fitness for management of musculoskeletal pain conditions o Timing and intensity of rehabilitation exercise for spine conditions • Participate in a scholarly endeavor (abstract, infographic, case study, manuscript or lay publication)

Q26. Please describe a typical day for the intern:

The intern will work closely under the supervision of the attending physician in outpatient clinics and procedure suites, observing, taking basic physiological measures, collecting patient data and working on a project with the physician and Director of Research.

Q28. Interns must be evaluated on at least 6 of the following 9 Student Learning Outcomes (SLO's). Please check each SLO that applies to the duties/responsibilities provided to interns at your organization.

- | | |
|---|---|
| <input type="checkbox"/> Integrate principles and methods of math, social sciences, and arts and humanities to applied physiology and kinesiology, health, wellness, and/or fitness environments. | <input checked="" type="checkbox"/> Select and utilize the appropriate scientific principles when assessing the health and fitness of an individual and prescribing physical activity based on those assessments. |
| <input checked="" type="checkbox"/> Identify and relate the nomenclature, structures, and locations of components of human anatomy to health, disease, and physical activity. | <input type="checkbox"/> Solve applied physiology and kinesiology problems from personal, scholarly, and professional perspectives using fundamental concepts of health and exercise, scientific inquiry, and analytical, critical, and creative thinking. |
| <input type="checkbox"/> Identify, examine, and explain physiological mechanisms of homeostasis at various levels of an organism (i.e., cells, tissues, organs, systems). | <input checked="" type="checkbox"/> Collect, compare, and interpret qualitative or quantitative data in an applied physiology and kinesiology context. |
| <input checked="" type="checkbox"/> Investigate and explain the effects of physical activity on psychological health as well as the perspectives used to enhance adherence to healthier lifestyles. | <input checked="" type="checkbox"/> Effectively employ written, oral, visual, and electronic communication techniques to foster inquiry, collaboration, and engagement among applied physiology and kinesiology peers and professionals as well as with patients, clients, and/or subjects. |
| <input checked="" type="checkbox"/> Identify and explain the acute and chronic anatomical and physiological adaptations to exercise, training, and physical activity. | |

Q33. Name of APK student that requested the site approval form from you (if applicable)

Q29. Would you like to be added to the Department's list of approved sites for future interns?

- Yes
 No

Q32. Have you reviewed the APK Internship [Policies and Procedures Manual](#)?

- Yes
 No

Q30. Signature of Individual Who Will Be Receiving Internship Applications

Jenna K. Smith

clear

Q31. Signature of Individual Who Will Be Supervising And Evaluating Students During The Internship

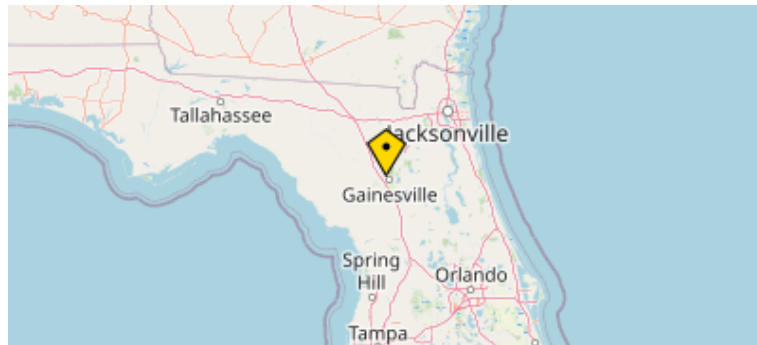
× Heather K. Vincent

clear

Location Data

Location: ([29.684005737305](#), [-82.356903076172](#))

Source: GeolIP Estimation



Approved: 4.17.20

Blain Harrison

Blain Harrison - APK Internship Coordinator