



Q1.
APPLIED PHYSIOLOGY AND KINESIOLOGY (APK)
INTERNSHIP SITE APPROVAL FORM

Q2.
The **Department of Applied Physiology and Kinesiology (APK)** at the University of Florida would like to thank you in advance for taking the time to complete the approval process and your willingness to provide valuable internship opportunities to our students. The Department of APK requires that all **undergraduates** complete a 12-credit internship experience in their final semester of study. The experience requires a minimum of 520 clock hours or 35-40 hours a week for 15 weeks, for the Fall and Spring semesters, or 40-45 hours a week for 13 weeks during the Summer semester. **Graduate** students in the Human Performance concentration may elect to complete between 3 - 9 credits of internship to count towards their degree. Each registered credit of graduate internship requires a minimum of 48 clock hours be completed and a graduate student must register for at least 3 credits in any semester they intend to complete an internship. Therefore, a graduate student will be required to complete between 144 - 432 hours during their internship. Ideally, interns become exposed to the tasks that will be required of them as professionals in the field, as well as receive opportunities to develop their skills and areas of interest. A brief description of our undergraduate and graduate programs is below:

APK Undergraduate Program: Prepares students to function as an exercise technician, exercise specialist, and/or wellness instructor in hospital, corporate, private, or governmental agency, to pursue graduate study in kinesiology, OR to pursue graduate study in a health profession requiring education beyond an undergraduate degree. The curriculum provides a strong basic science background and requires additional course work in the biological aspects of exercise. Students may pursue internship opportunities in healthcare, research, fitness, or other areas of human performance.

Human Performance (Graduate): The Human Performance concentration is a non-thesis program leading to a Master of Science degree in Applied Physiology and Kinesiology. Its purpose is to train students for careers where they can promote scientifically based exercise, wellness, and psychological factors to enhance health, athletic development and/or movement performance. Furthermore, students may be trained to be an integral part of the health care team that administers, assesses, and develops programs for clinical populations.

Please review the [APK Internship Policies and Procedures](#) Document to gain a better understanding of the expectations of students and site supervisors during the experience. Note that clicking the link to the Policies

and Procedures manual will take you away from this survey and cause any information input into the survey to be lost.

Q5. Organization Name

UF Health Center for Autism and Neurodevelopment

Q6. Organization Location(s) - Include Addresses Of All Locations To Be Included As Part Of This Approval

UF Health Rehab Center - The Health Park UF Health Center for Autism and Neurodevelopment 4101 NW 89th Blvd. Gainesville, FL 32606

Q10. URL of Website For Organization

<https://ufhealth.org/>

Q7. Name of Individual Who Will Receive Applications From Students

Donna Wolcott, PT

Q8. Email Address of Individual Who Will Receive Applications From Students

wolcod@shands.ufl.edu

Q9. Phone Number of Individual Who Will Receive Applications From Students

352.265.8960

Q34.

Will the person receiving internship applications from students be the same person supervising the student and completing the student evaluations during the internship?

Yes

No

Q11. Name of Individual Who Will Supervise Students Directly During Internship and Complete Student Evaluations

This question was not displayed to the respondent.

Q12. Email Address of Individual Who Will Supervise Students Directly During Internship and Complete Student Evaluations

This question was not displayed to the respondent.

Q13. Phone number of Individual Who Will Supervise Students Directly During Internship and Complete Student Evaluations

This question was not displayed to the respondent.

Q14. What Semester(s) Is Your Organization Available To Accept Interns? (select all that apply)

- Fall (August - December)
- Spring (January - April)
- Summer (May - August)

Q15. APK Internship Policy requires that a site supervisor hold one degree higher than the student intern. This means that site supervisors of undergraduate interns must hold at least a bachelor's degree and those of graduate interns must hold at least a master's degree. Based on this policy, for which category of students is your organization willing to accept applications? Check all that apply

- Undergraduate Students Graduate Students

Q16. How many interns is your organization willing and able to support per semester?

0-1

Q17. Describe the normal working hours anticipated for an intern at your organization. Please indicate likelihood and circumstances surrounding any evening or weekend time commitments.

The patient care hours are Monday through Friday from 8-4:30. Depending on the hours of the supervising clinician, the actual hours may be slightly earlier to prepare for the day, and may extend to slightly later to conclude the day.

Q18. Does your organization offer non-paid or paid internships?

Non-paid

Paid (amount)

Q21. List other benefits your organization offers interns (i.e. housing, health insurance, travel reimbursement, etc.)

Q22. List required purchases for interning with your organization (i.e. parking pass, uniform, I.D. Badge, etc.)

Parking at this facility is free. Scrubs are preferred, no black tops as that is the color that staff wear Wear UF ID badge Wear socks for in clinic and tennis shoe for sessions outside of the clinic. KN-95 masks

Q23. List required skills or previous experience necessary for interning with your organization

Previous experience in working with children is highly recommended. If you have previous experience working with people on the Autism Spectrum, that would also be very helpful.

Q24. List any special credentials or documents required to intern with your organization (i.e. CPR/First Aid, Liability Insurance, Personal Training Certification, OSHA training, HIPPA training, Pre-Internship orientation, background check)

Physical within one year of start of internship Proof of MMR Documentation of immunity to Chickenpox TB screen Hepatitis B vaccine Tetanus/Diphtheria/Pertussis vaccination Flu Vaccine HIV/Aids Training within 1 year of internship CPR Certification Evidence of Health Insurance Criminal Background check within 1 year of internship COVID test within 14 days of start of internship Completed Hospital orientation Clinic orientation to be completed on first week of internship

Q25. Provide a bulleted list of duties/responsibilities your organization expects to be fulfilled by interns:

* Assist in setting up the gym and breaking down the gym at the beginning and end of each day. * Assist in cleaning toys and equipment needed throughout the day and ensuring they are in good working order * Assist in clerical tasks needed for patient care * Assist therapists in creating written home programs or other instructional materials * Assist therapists in treatment sessions by helping to motivate the patient, helping them to perform their exercises correctly and helping to maintain patient safety at all times. * Majority of sessions occur in the clinic. Socks only are worn in the clinic. Occasionally treatment may occur outside and then shoes with good traction will be needed. Outdoor sessions may include bike training, ball activities, etc.

Q26. Please describe a typical day for the intern:

7:45: prepare the clinic for the day 8:00: assist therapist with patient treatment session 8:45: assist with cleaning toys/equipment and prepare for the next patient. Treatments occur every 45 minutes. Treatments may include gait training, treadmill training, balance activities, coordination activities, sensori-motor activities (such as swinging, crashing into crash mats) bike training, ball skills Treatment sessions may occur as a co-treatment with Occupational Therapy or Speech/Language Therapy

Q28. All Interns (undergraduate and graduate) MUST be evaluated on **at least** 6 of the following 9 Student Learning Outcomes (SLO's), though evaluation of all 9 is preferred. Please check each SLO that applies to the duties/responsibilities provided to interns at your organization.

- | | |
|---|---|
| <input checked="" type="checkbox"/> Integrate principles and methods of math, social sciences, and/or arts and humanities to applied physiology and kinesiology, health, wellness, and/or fitness environments. | <input type="checkbox"/> Select and utilize the appropriate scientific principles when assessing the health and fitness of an individual and prescribing physical activity based on those assessments. |
| <input checked="" type="checkbox"/> Identify and relate the nomenclature, structures, and locations of components of human anatomy to health, disease, and physical activity. | <input checked="" type="checkbox"/> Solve applied physiology and kinesiology problems from personal, scholarly, and professional perspectives using fundamental concepts of health and exercise, scientific inquiry, and analytical, critical, and creative thinking. |
| <input checked="" type="checkbox"/> Identify, examine, and explain physiological mechanisms of homeostasis at various levels of an organism (i.e., cells, tissues, organs, systems). | <input type="checkbox"/> Collect, compare, and interpret qualitative or quantitative data in an applied physiology and kinesiology context. |
| <input checked="" type="checkbox"/> Investigate and explain the effects of physical activity on psychological health as well as the perspectives used to enhance adherence to healthier lifestyles. | <input checked="" type="checkbox"/> Effectively employ written, oral, visual, and electronic communication techniques to foster inquiry, collaboration, and engagement among applied physiology and kinesiology peers and professionals as well as with patients, clients, and/or subjects. |
| <input checked="" type="checkbox"/> Identify and explain the acute and chronic anatomical and physiological adaptations to exercise, training, and physical activity. | |

Q33. Name of APK student that requested the site approval form from you (if applicable)

Q29. Would you like to be added to the Department's list of approved sites for future interns?

- Yes
 No

Q32. Have you reviewed the APK Internship [Policies and Procedures Manual](#)? Note that clicking the link will take you away from this survey and any information input into the survey will be lost if you navigate back. We recommend holding the ctrl button on your keyboard when clicking the link to open it in a new browser tab.

- Yes
 No

Q30. Signature of Individual Who Will Be Receiving Internship Applications

Arma M. Wolcott

clear

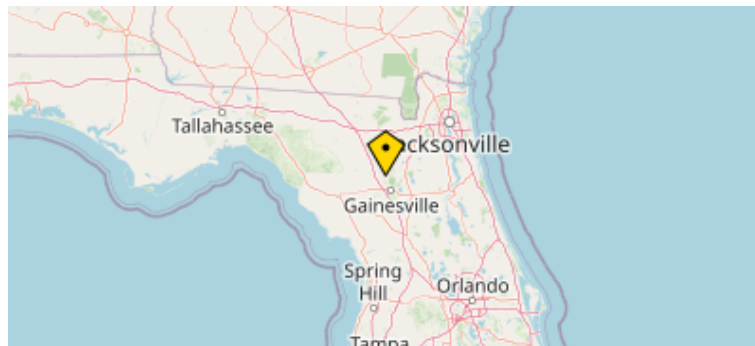
Q31. Signature of Individual Who Will Be Supervising And Evaluating Students During The Internship

This question was not displayed to the respondent.

Location Data

Location: [\(29.7748, -82.3846\)](#)

Source: GeolIP Estimation



Approved: 10.3.22

Blain Harrison

Blain Harrison - APK Internship Coordinator