



Q1.
APPLIED PHYSIOLOGY AND KINESIOLOGY (APK)
INTERNSHIP SITE APPROVAL FORM

Q2.
The **Department of Applied Physiology and Kinesiology (APK)** at the University of Florida would like to thank you in advance for taking the time to complete the approval process and your willingness to provide valuable internship opportunities to our students. The Department of APK requires that all **undergraduates** complete a 12-credit internship experience in their final semester of study. The experience requires a minimum of 520 clock hours or 35-40 hours a week for 15 weeks, for the Fall and Spring semesters, or 40-45 hours a week for 13 weeks during the Summer semester. **Graduate** students in the Human Performance concentration may elect to complete between 3 - 9 credits of internship to count towards their degree. Each registered credit of graduate internship requires a minimum of 48 clock hours be completed and a graduate student must register for at least 3 credits in any semester they intend to complete an internship. Therefore, a graduate student will be required to complete between 144 - 432 hours during their internship. Ideally, interns become exposed to the tasks that will be required of them as professionals in the field, as well as receive opportunities to develop their skills and areas of interest. A brief description of our undergraduate and graduate programs is below:

APK Undergraduate Program: Prepares students to function as an exercise technician, exercise specialist, and/or wellness instructor in hospital, corporate, private, or governmental agency, to pursue graduate study in kinesiology, OR to pursue graduate study in a health profession requiring education beyond an undergraduate degree. The curriculum provides a strong basic science background and requires additional course work in the biological aspects of exercise. Students may pursue internship opportunities in healthcare, research, fitness, or other areas of human performance.

Human Performance (Graduate): The Human Performance concentration is a non-thesis program leading to a Master of Science degree in Applied Physiology and Kinesiology. Its purpose is to train students for careers where they can promote scientifically based exercise, wellness, and psychological factors to enhance health, athletic development and/or movement performance. Furthermore, students may be trained to be an integral part of the health care team that administers, assesses, and develops programs for clinical populations.

Please review the [APK Internship Policies and Procedures](#) Document to gain a better understanding of the expectations of students and site supervisors during the experience. Note that clicking the link to the Policies

and Procedures manual will take you away from this survey and cause any information input into the survey to be lost.

Q5. Organization Name

Department of Orthopaedic Surgery and Sports Medicine College of Medicine University of Florida

Q6. Organization Location(s) - Include Addresses Of All Locations To Be Included As Part Of This Approval

3450 Hull Road, Gainesville FL 32607 - location of department offices, clinics and motion analysis lab 1600 Archer Road, Gainesville FL 32611 - location of UF Healthcare Shands Hospital

Q10. URL of Website For Organization

<https://www.ortho.ufl.edu/>

Q7. Name of Individual Who Will Receive Applications From Students

MaryBeth Horodyski

Q8. Email Address of Individual Who Will Receive Applications From Students

horodmb@ortho.ufl.edu

Q9. Phone Number of Individual Who Will Receive Applications From Students

352-273-7074

Q34.

Will the person receiving internship applications from students be the same person supervising the student and completing the student evaluations during the internship?

Yes

No

Q11. Name of Individual Who Will Supervise Students Directly During Internship and Complete Student Evaluations

This question was not displayed to the respondent.

Q12. Email Address of Individual Who Will Supervise Students Directly During Internship and Complete Student Evaluations

This question was not displayed to the respondent.

Q13. Phone number of Individual Who Will Supervise Students Directly During Internship and Complete Student Evaluations

This question was not displayed to the respondent.

Q14. What Semester(s) Is Your Organization Available To Accept Interns? (select all that apply)

- Fall (August - December)
- Spring (January - April)
- Summer (May - August)

Q15. APK Internship Policy requires that a site supervisor hold one degree higher than the student intern. This means that site supervisors of undergraduate interns must hold at least a bachelor's degree and those of graduate interns must hold at least a master's degree. Based on this policy, for which category of students is your organization willing to accept applications? Check all that apply

- Undergraduate Students
- Graduate Students

Q16. How many interns is your organization willing and able to support per semester?

1-3 based on available research projects

Q17. Describe the normal working hours anticipated for an intern at your organization. Please indicate likelihood and circumstances surrounding any evening or weekend time commitments.

The normal working hours are between 8am to 5pm. Some work may be done after hours if we are working with a patient or a specific population that collection of data after hours enhances subject enrollment. Additionally, some computer work may be completed in the evening, but this is usually not a requirement of the internship. Thus, evening and weekend work may occur based on research studies that are being conducted at the time; however, this is not very frequent, and all efforts will be made to include the intern with these exposures during normal work hours.

Q18. Does your organization offer non-paid or paid internships?

Non-paid

Paid (amount)

Sometimes grants may have a small amount of funding

Q21. List other benefits your organization offers interns (i.e. housing, health insurance, travel reimbursement, etc.)

We do not provide specific benefits. We do provide travel reimbursement for interns if they are presenting at a scientific conference.

Q22. List required purchases for interning with your organization (i.e. parking pass, uniform, I.D. Badge, etc.)

The intern must have a UF ID. Parking passes may be purchased as needed. Attire is business to business casual. Jeans should not be worn. Closed-toe shoes must be worn in the hospital, lab and clinic areas.

Q23. List required skills or previous experience necessary for interning with your organization

All interns should have a good working knowledge of anatomy and physiology. Additionally, medical terminology training/knowledge is very helpful in this position.

Q24. List any special credentials or documents required to intern with your organization (i.e. CPR/First Aid, Liability Insurance, Personal Training Certification, OSHA training, HIPPA training, Pre-Internship orientation, background check)

All interns will be asked to complete training for IRB, HIPAA, blood borne pathogens, CPR, and confidentiality. All training except CPR is available online. The intern will be provided access to these training sessions prior to beginning their internship.

Q25. Provide a bulleted list of duties/responsibilities your organization expects to be fulfilled by interns:

1. literature searches 2. organization of data/information from literature searches 3. consenting patients into studies 4. collecting data (surveys, ROM, etc.) 5. data entry into department data bases 6. attend all Research Division meetings 7. assist clinical research coordinators (CRCs) with their projects

Q26. Please describe a typical day for the intern:

1. Arrive at work between 7-8:30am. Arrival time is based on research projects the intern is assigned 2. Computer work such as data entry, literature searches, journal article reviews 3. Work in clinic to identify and consent patients who may be eligible for our research projects 4. Assist with data collection in the motion analysis lab 5. lunch break 6. similar activities as in the morning 7. on some days the intern may need to work in the hospital identifying and consenting orthopaedic patients 8. end of work day is based on time of work day start.

Q28. All Interns (undergraduate and graduate) MUST be evaluated on **at least** 6 of the following 9 Student Learning Outcomes (SLO's), though evaluation of all 9 is preferred. Please check each SLO that applies to the duties/responsibilities provided to interns at your organization.

Integrate principles and methods of math, social sciences, and/or arts and humanities to applied physiology and kinesiology, health, wellness, and/or fitness environments.

Identify and relate the nomenclature, structures, and locations of components of human anatomy to health, disease, and physical activity.

Identify, examine, and explain physiological mechanisms of homeostasis at various levels of an organism (i.e., cells, tissues, organs, systems).

Investigate and explain the effects of physical activity on psychological health as well as the perspectives used to enhance adherence to healthier lifestyles.

Identify and explain the acute and chronic anatomical and physiological adaptations to exercise, training, and physical activity.

Select and utilize the appropriate scientific principles when assessing the health and fitness of an individual and prescribing physical activity based on those assessments.

Solve applied physiology and kinesiology problems from personal, scholarly, and professional perspectives using fundamental concepts of health and exercise, scientific inquiry, and analytical, critical, and creative thinking.

Collect, compare, and interpret qualitative or quantitative data in an applied physiology and kinesiology context.

Effectively employ written, oral, visual, and electronic communication techniques to foster inquiry, collaboration, and engagement among applied physiology and kinesiology peers and professionals as well as with patients, clients, and/or subjects.

Q33. Name of APK student that requested the site approval form from you (if applicable)

Q29. Would you like to be added to the Department's list of approved sites for future interns?

Yes

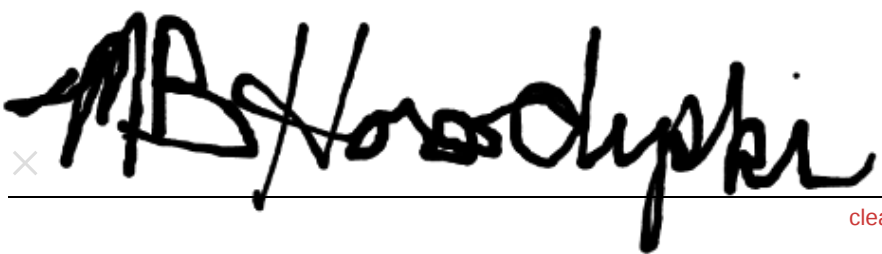
No

Q32. Have you reviewed the APK Internship [Policies and Procedures Manual](#)? Note that clicking the link will take you away from this survey and any information input into the survey will be lost if you navigate back. We recommend holding the ctrl button on your keyboard when clicking the link to open it in a new browser tab.

Yes

No

Q30. Signature of Individual Who Will Be Receiving Internship Applications

A handwritten signature in black ink that reads "M. A. Horschky". The signature is written in a cursive style. To the left of the signature is a small "x" icon, and to the right is a red "clear" button. The signature is positioned above a horizontal line.

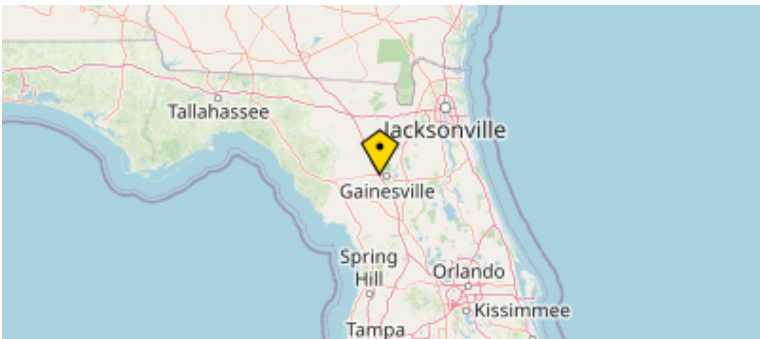
Q31. Signature of Individual Who Will Be Supervising And Evaluating Students During The Internship

This question was not displayed to the respondent.

Location Data

Location: [\(29.6475, -82.404\)](#)

Source: GeoIP Estimation

A map of the state of Florida showing major cities and geographical features. A yellow location pin is placed in the northern part of the state, near Jacksonville. Other cities labeled on the map include Tallahassee, Gainesville, Spring Hill, Orlando, Kissimmee, and Tampa. The map shows the coastline and major roads.

Approved: 3.10.23

Blain Harrison

Blain Harrison - APK Internship Coordinator