



Q1.  
APPLIED PHYSIOLOGY AND KINESIOLOGY (APK)  
INTERNSHIP SITE APPROVAL FORM

Q2.  
The **Department of Applied Physiology and Kinesiology (APK)** at the University of Florida would like to thank you in advance for taking the time to complete the approval process and your willingness to provide valuable internship opportunities to our students. The Department of APK requires that all **undergraduates** complete a 12-credit internship experience in their final semester of study. The experience requires a minimum of 520 clock hours or 35-40 hours a week for 15 weeks, for the Fall and Spring semesters, or 40-45 hours a week for 13 weeks during the Summer semester. **Graduate** students in the Human Performance concentration may elect to complete between 3 - 9 credits of internship to count towards their degree. Each registered credit of graduate internship requires a minimum of 48 clock hours be completed and a graduate student must register for at least 3 credits in any semester they intend to complete an internship. Therefore, a graduate student will be required to complete between 144 - 432 hours during their internship. Ideally, interns become exposed to the tasks that will be required of them as professionals in the field, as well as receive opportunities to develop their skills and areas of interest. A brief description of our undergraduate and graduate programs is below:

**APK Undergraduate Program:** Prepares students to function as an exercise technician, exercise specialist, and/or wellness instructor in hospital, corporate, private, or governmental agency, to pursue graduate study in kinesiology, OR to pursue graduate study in a health profession requiring education beyond an undergraduate degree. The curriculum provides a strong basic science background and requires additional course work in the biological aspects of exercise. Students may pursue internship opportunities in healthcare, research, fitness, or other areas of human performance.

**Human Performance (Graduate):** The Human Performance concentration is a non-thesis program leading to a Master of Science degree in Applied Physiology and Kinesiology. Its purpose is to train students for careers where they can promote scientifically based exercise, wellness, and psychological factors to enhance health, athletic development and/or movement performance. Furthermore, students may be trained to be an integral part of the health care team that administers, assesses, and develops programs for clinical populations.

Please review the [APK Internship Policies and Procedures](#) Document to gain a better understanding of the expectations of students and site supervisors during the experience. Note that clicking the link to the Policies

and Procedures manual will take you away from this survey and cause any information input into the survey to be lost.

Q5. Organization Name

UF Health Rehab- Heart, Vascular, and Neuromedicine Hospitals

Q6. Organization Location(s) - Include Addresses Of All Locations To Be Included As Part Of This Approval

1505 SW Archer Rd Gainesville, FL 32608

Q10. URL of Website For Organization

<https://ufhealth.org/locations/uf-health-heart-vascular-hospital>

Q7. Name of Individual Who Will Receive Applications From Students

Lauren Duffield

Q8. Email Address of Individual Who Will Receive Applications From Students

WALKHF@shands.ufl.edu

Q9. Phone Number of Individual Who Will Receive Applications From Students

407-719-9295

Q34.

**Will the person receiving internship applications from students be the same person supervising the student and completing the student evaluations during the internship?**

Yes

No

Q11. Name of Individual Who Will Supervise Students Directly During Internship and Complete Student Evaluations

*This question was not displayed to the respondent.*

Q12. Email Address of Individual Who Will Supervise Students Directly During Internship and Complete Student Evaluations

*This question was not displayed to the respondent.*

Q13. Phone number of Individual Who Will Supervise Students Directly During Internship and Complete Student Evaluations

*This question was not displayed to the respondent.*

Q14. What Semester(s) Is Your Organization Available To Accept Interns? (select all that apply)

- Fall (August - December)
- Spring (January - April)
- Summer (May - August)

Q15. APK Internship Policy requires that a site supervisor hold one degree higher than the student intern. This means that site supervisors of undergraduate interns must hold at least a bachelor's degree and those of graduate interns must hold at least a master's degree. Based on this policy, for which category of students is your organization willing to accept applications? Check all that apply

- Undergraduate Students  Graduate Students

Q16. How many interns is your organization willing and able to support per semester?

1-2

Q17. Describe the normal working hours anticipated for an intern at your organization. Please indicate likelihood and circumstances surrounding any evening or weekend time commitments.

Our internships are typically Sunday-Thursday OR Tuesday-Saturday. We ask for 5 days per week each week, 8 hrs per day from 8-4:30PM (with 1 lunch break 30 mins each day) in order to provide 40 hrs per week for full time. For part time, we would usually keep the Sun-Thursday or Tuesday-Saturday schedule with 8-12PM hours for 20 hrs per week These hours can change each semester depending on departmental needs

Q18. Does your organization offer non-paid or paid internships?

Non-paid

Paid (amount)

Q21. List other benefits your organization offers interns (i.e. housing, health insurance, travel reimbursement, etc.)

The East Tower provides care to patients in the following service areas: Cardiac (surgical and non-surgical), Vascular surgery, Thoracic surgery, Heart and Lung Transplant, Neurosurgery, and Neurology. Interns are trained on the majority of the units at HVNM and then are utilized for assistance during Occupational and Physical Therapy sessions during the direction of a licensed therapist. There are no monetary benefits provided.

Q22. List required purchases for interning with your organization (i.e. parking pass, uniform, I.D. Badge, etc.)

Students must provide their own transportation, which CANNOT include parking passes to UF Health parking garages. Neither the UF, nor UF Health permit UF undergraduate students to purchase decals for UF Health parking locations. The student is expected to wear scrubs or polo shirt with khakis. Also, a UF ID badge must be worn at all times.

Q23. List required skills or previous experience necessary for interning with your organization

No experience is necessary- all training is provided onsite.

Q24. List any special credentials or documents required to intern with your organization (i.e. CPR/First Aid, Liability Insurance, Personal Training Certification, OSHA training, HIPPA training, Pre-Internship orientation, background check)

Site specific orientation materials, proof of health insurance, CPR certification, BBP training, state level background check

Q25. Provide a bulleted list of duties/responsibilities your organization expects to be fulfilled by interns:

Assist with unit based projects initiated to promote patient satisfaction and increase quality patient experience while hospitalized: ---Develop creative approaches to promote patient satisfaction and increase quality patient experience. ---Assist with data collection and analysis to determine outcomes achieved. --- Assist with departmental initiatives/clerical duties as assigned Assist with Occupational and Physical therapy sessions: --- Be present and attentive to the therapists' and patients' needs --- Be flexible and open to feedback --- Be professional at all times --- Be on time and dependable. If there are unforeseen circumstances, communicate efficiently and consistently with your supervisor --- Be organized and accountable for your hours/days worked

Q26. Please describe a typical day for the intern:

The intern typically can either be on a sign out sheet or assigned to designated therapists. Occupational and physical therapists supervise the student at all times during patient care. The intern would then go with the therapist for the allotted time to assist with mobility, lines, and equipment. The majority of the day will be direct patient care. If the intern has downtime, he/she can also be assigned tasks/projects to assist with overall office management/organization or unit specific needs as designated by their supervisor.

Q28. All Interns (undergraduate and graduate) MUST be evaluated on **at least** 6 of the following 9 Student Learning Outcomes (SLO's), though evaluation of all 9 is preferred. Please check each SLO that applies to the duties/responsibilities provided to interns at your organization.

- |   |   |
|---|---|
| <input checked="" type="checkbox"/> Integrate principles and methods of math, social sciences, and/or arts and humanities to applied physiology and kinesiology, health, wellness, and/or fitness environments. | <input checked="" type="checkbox"/> Select and utilize the appropriate scientific principles when assessing the health and fitness of an individual and prescribing physical activity based on those assessments.   |
| <input checked="" type="checkbox"/> Identify and relate the nomenclature, structures, and locations of components of human anatomy to health, disease, and physical activity.                                   | <input type="checkbox"/> Solve applied physiology and kinesiology problems from personal, scholarly, and professional perspectives using fundamental concepts of health and exercise, scientific inquiry, and analytical, critical, and creative thinking.                                  |
| <input checked="" type="checkbox"/> Identify, examine, and explain physiological mechanisms of homeostasis at various levels of an organism (i.e., cells, tissues, organs, systems).                            | <input type="checkbox"/> Collect, compare, and interpret qualitative or quantitative data in an applied physiology and kinesiology context.   |
| <input checked="" type="checkbox"/> Investigate and explain the effects of physical activity on psychological health as well as the perspectives used to enhance adherence to healthier lifestyles.             | <input checked="" type="checkbox"/> Effectively employ written, oral, visual, and electronic communication techniques to foster inquiry, collaboration, and engagement among applied physiology and kinesiology peers and professionals as well as with patients, clients, and/or subjects. |
| <input checked="" type="checkbox"/> Identify and explain the acute and chronic anatomical and physiological adaptations to exercise, training, and physical activity.   |   |

Q33. Name of APK student that requested the site approval form from you (if applicable)

Q29. Would you like to be added to the Department's list of approved sites for future interns?

- Yes  
 No

Q32. Have you reviewed the APK Internship [Policies and Procedures Manual](#)? Note that clicking the link will take you away from this survey and any information input into the survey will be lost if you navigate back. We recommend holding the ctrl button on your keyboard when clicking the link to open it in a new browser tab.

- Yes  
 No

Q30. Signature of Individual Who Will Be Receiving Internship Applications



Q31. Signature of Individual Who Will Be Supervising And Evaluating Students During The Internship

*This question was not displayed to the respondent.*

**Location Data**

**Location:** [\(29.6475, -82.404\)](#)

**Source:** GeoIP Estimation

A map of the state of Florida with a yellow location pin placed over Jacksonville. Other cities labeled on the map include Tallahassee, Gainesville, Orlando, Kissimmee, and Tampa. The map shows major roads and the coastline.

Approved: 12.19.23

*Blain Harrison*

Blain Harrison - APK Internship Coordinator