



Q1.
APPLIED PHYSIOLOGY AND KINESIOLOGY (APK)
INTERNSHIP SITE APPROVAL FORM

Q2.

The **Department of Applied Physiology and Kinesiology** (APK) at the University of Florida would like to thank you in advance for taking the time to complete the approval process and your willingness to provide valuable internship opportunities to our students. The Department of APK requires that all **undergraduates** complete a 12-credit internship experience in their final semester of study. The experience requires a minimum of 520 clock hours or 35-40 hours a week for 15 weeks, for the Fall and Spring semesters, or 40-45 hours a week for 13 weeks during the Summer semester. **Graduate** students in the Human Performance concentration may elect to complete between 3 - 9 credits of internship to count towards their degree. Each registered credit of graduate internship requires a minimum of 48 clock hours be completed and a graduate student must register for at least 3 credits in any semester they intend to complete an internship. Therefore, a graduate student will be required to complete between 144 - 432 hours during their internship. Ideally, interns become exposed to the tasks that will be required of them as professionals in the field, as well as receive opportunities to develop their skills and areas of interest. A brief description of our undergradaute and graduate programs is below:

APK Undergraduate Program: Prepares students to function as an exercise technician, exercise specialist, and/or wellness instructor in hospital, corporate, private, or governmental agency, to pursue graduate study in kinesiology, OR to pursue graduate study in a health profession requiring education beyond an undergraduate degree. The curriculum provides a strong basic science background and requires additional course work in the biological aspects of exercise. Students may pursue internship opportunities in healthcare, research, fitness, or other areas of human performance.

Human Performance (Graduate): The Human Performance concentration is a non-thesis program leading to a Master of Science degree in Applied Physiology and Kinesiology. Its purpose is to train students for careers where they can promote scientifically based exercise, wellness, and psychological factors to enhance health, athletic development and/or movement performance. Furthermore, students may be trained to be an integral part of the health care team that administers, assesses, and develops programs for clinical populations.

Please review the <u>APK Internship Policies and Procedures</u> Document to gain a better understanding of the expectations of students and site supervisors during the experience. Note that clicking the link to the Policies

to be lost.
Q5. Organization Name
Oak Hammock at the University of Florida
Q6. Organization Location(s) - Include Addresses Of All Locations To Be Included As Part Of This Approval
5100 SW 25th Blvd., Gainesville, FL 32608
Q10. URL of Website For Organization
www.oakhammock.org
Q7. Name of Individual Who Will Receive Applications From Students Katherine Osman
Q8. Email Address of Individual Who Will Receive Applications From Students
kosman@oakhammock.org
Q9. Phone Number of Individual Who Will Receive Applications From Students
352-548-1008
Q34. Will the person receiving internship applications from students be the same person supervising the student and completing the student evaluations during the internship?

No

and Procedures manual will take you away from this survey and cause any information input into the survey

Evaluations	
lan Vincent	
Q12. Email Address of Individual Who Wil Student Evaluations	I Supervise Students Directly During Internship and Complete
ivincent@oakhammock.org	
Q13. Phone number of Individual Who Wil Student Evaluations	ll Supervise Students Directly During Internship and Complete
352-548-1000	
 Q14. What Semester(s) Is Your Organization ✓ Fall (August - December) ✓ Spring (January - April) ✓ Summer (May - August) 	ion Available To Accept Interns? (select all that apply)
This means that site supervisors of underg	a site supervisor hold one degree higher than the student intern. graduate interns must hold at least a bachelor's degree and those of ter's degree. Based on this policy, for which category of students is tions? Check all that apply
✓ Undergraduate Students	Graduate Students
Q16. How many interns is your organization	on willing and able to support per semester?
2-3	

Q11. Name of Individual Who Will Supervise Students Directly During Internship and Complete Student

Q17. Describe the normal working hours anticipated for an intern at your organization. Please indicate likelihood and circumstances surrounding any evening or weekend time commitments.

We would have varied hours, helping our residents and with programming in our fitness center. Experience will be gained by working with very a healthy older individuals through individuals who are incapacitated in some way.	ctive and
Q18. Does your organization offer non-paid or paid internships?	
Non-paid Paid (amount) TBA	
Q21. List other benefits your organization offers interns (i.e. housing, health insurance, travel reimbursement, etc.)	
All as necessary.	
Q22. List required purchases for interning with your organization (i.e. parking pass, uniform, I.D. Badge, etc.)	
None.	
Q23. List required skills or previous experience necessary for interning with your organization	
Willingness to learn and to work with older people. Adaptability, hospitality, friendliness. We will train the right attitude.	
Q24. List any special credentials or documents required to intern with your organization (i.e. CPR/First Aid, Liability Insurance, Personal Training Certification, OSHA training, HIPPA training, Pre-Internship orientation, packground check)	
TBD - will need to pass a screening and background check. HIPPA training.	

* Help with equipment * Help clients with proper technique * Possibly t therapy department to achieve maximum programming for each individual to the second	reach proper form, etc. * Clean equipment * Work with supervisor and/or physical dual.
	days have the capacity to be different experiences. Some days, more routine ants in the gym, other days will be mostly helping clients with equipment, etc. or
Q28. All Interns (undergraduate and graduate) MUST b	
Learning Outcomes (SLO's), though evaluation of all 9 he duties/responsibilities provided to interns at your organized integrate principles and methods of math, social sciences, and/or	
arts and humanities to applied physiology and kinesiology, health, wellness, and/or fitness environments.	the health and fitness of an individual and prescribing physical activity based on those assessments.
Identify and relate the nomenclature, structures, and locations of components of human anatomy to health, disease, and physical activity.	Solve applied physiology and kinesiology problems from personal, scholarly, and professional perspectives using fundamental concepts of health and exercise, scientific inquiry, and analytical, critical, and creative thinking.
Identify, examine, and explain physiological mechanisms of homeostasis at various levels of an organism (i.e., cells, tissues, organs, systems).	Collect, compare, and interpret qualitative or quantitative data in an applied physiology and kinesiology context.
Investigate and explain the effects of physical activity on psychological health as well as the perspectives used to enhance adherence to healthier lifestyles.	Effectively employ written, oral, visual, and electronic communication techniques to foster inquiry, collaboration, and engagement among applied physiology and kinesiology peers and professionals as well as with patients, clients, and/or subjects.
Identify and explain the acute and chronic anatomical and physiological adaptations to exercise, training, and physical activity.	
Q33. Name of APK student that requested the site app	roval form from you (if applicable)
Q29. Would you like to be added to the Department's lis	st of approved sites for future interns?
Yes	
○ No	

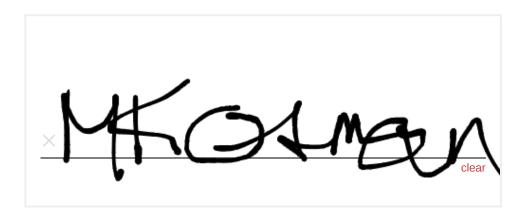
Q25. Provide a bulleted list of duties/responsibilities your organization expects to be fulfilled by interns:

Q32. Have you reviewed the APK Internship <u>Policies and Procedures Manual</u>? Note that clicking the link will take you away from this survey and any information input into the survey will be lost if you navigate back. We recommend holding the ctrl button on your keyboard when clicking the link to open it in a new browser tab.



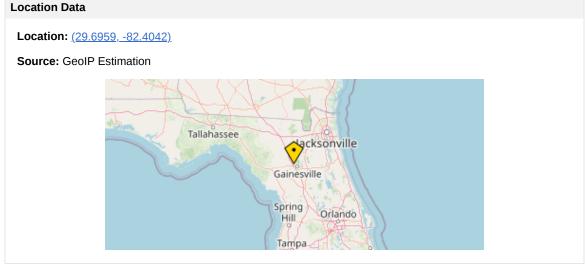
○ No

Q30. Signature of Individual Who Will Be Receiving Internship Applications



Q31. Signature of Individual Who Will Be Supervising And Evaluating Students During The Internship





Blain Harrison