



Q1.
APPLIED PHYSIOLOGY AND KINESIOLOGY (APK)
INTERNSHIP SITE APPROVAL FORM

Q2.
The **Department of Applied Physiology and Kinesiology (APK)** at the University of Florida would like to thank you in advance for taking the time to complete the approval process and your willingness to provide valuable internship opportunities to our students. The Department of APK requires that all **undergraduates** complete a 12-credit internship experience in their final semester of study. The experience requires a minimum of 520 clock hours or 35-40 hours a week for 15 weeks, for the Fall and Spring semesters, or 40-45 hours a week for 13 weeks during the Summer semester. **Graduate** students in the Human Performance concentration may elect to complete between 3 - 9 credits of internship to count towards their degree. Each registered credit of graduate internship requires a minimum of 48 clock hours be completed and a graduate student must register for at least 3 credits in any semester they intend to complete an internship. Therefore, a graduate student will be required to complete between 144 - 432 hours during their internship. Ideally, interns become exposed to the tasks that will be required of them as professionals in the field, as well as receive opportunities to develop their skills and areas of interest. A brief description of our undergraduate and graduate programs is below:

APK Undergraduate Program: Prepares students to function as an exercise technician, exercise specialist, and/or wellness instructor in hospital, corporate, private, or governmental agency, to pursue graduate study in kinesiology, OR to pursue graduate study in a health profession requiring education beyond an undergraduate degree. The curriculum provides a strong basic science background and requires additional course work in the biological aspects of exercise. Students may pursue internship opportunities in healthcare, research, fitness, or other areas of human performance.

Human Performance (Graduate): The Human Performance concentration is a non-thesis program leading to a Master of Science degree in Applied Physiology and Kinesiology. Its purpose is to train students for careers where they can promote scientifically based exercise, wellness, and psychological factors to enhance health, athletic development and/or movement performance. Furthermore, students may be trained to be an integral part of the health care team that administers, assesses, and develops programs for clinical populations.

Please review the [APK Internship Policies and Procedures](#) Document to gain a better understanding of the expectations of students and site supervisors during the experience. Note that clicking the link to the Policies

and Procedures manual will take you away from this survey and cause any information input into the survey to be lost.

Q5. Organization Name

Kinetix Physical Therapy

Q6. Organization Location(s) - Include Addresses Of All Locations To Be Included As Part Of This Approval

Haile- 2839 SW 87th Drive, suite 10 Gainesville, FL 32608 Jonesville- 13559 NW 1st lane Newberry, FL 32608

Q10. URL of Website For Organization

Kinetixpt.com <https://kinetixpt.com/internship-programs/>

Q7. Name of Individual Who Will Receive Applications From Students

Scott Eddins

Q8. Email Address of Individual Who Will Receive Applications From Students

scotte@kinetixpt.com

Q9. Phone Number of Individual Who Will Receive Applications From Students

3525056665

Q34.

Will the person receiving internship applications from students be the same person supervising the student and completing the student evaluations during the internship?

Yes

No

Q11. Name of Individual Who Will Supervise Students Directly During Internship and Complete Student Evaluations

Staff PTs

Q12. Email Address of Individual Who Will Supervise Students Directly During Internship and Complete Student Evaluations

Q13. Phone number of Individual Who Will Supervise Students Directly During Internship and Complete Student Evaluations

Q14. What Semester(s) Is Your Organization Available To Accept Interns? (select all that apply)

- Fall (August - December)
- Spring (January - April)
- Summer (May - August)

Q15. APK Internship Policy requires that a site supervisor hold one degree higher than the student intern. This means that site supervisors of undergraduate interns must hold at least a bachelor's degree and those of graduate interns must hold at least a master's degree. Based on this policy, for which category of students is your organization willing to accept applications? Check all that apply

- Undergraduate Students
- Graduate Students

Q16. How many interns is your organization willing and able to support per semester?

10-15

Q17. Describe the normal working hours anticipated for an intern at your organization. Please indicate likelihood and circumstances surrounding any evening or weekend time commitments.

40 hours per week typically divided into (2) 11 hour days, (2) 5 hour days, and (1) 8 hour day or something similar. 1 hour lunch for 8 hour and 11 hour days. No weekends but students are welcome to attend biweekly workshops hosted at the clinic on Saturday mornings if they like.

Q18. Does your organization offer non-paid or paid internships?

Non-paid

Paid (amount)

Q21. List other benefits your organization offers interns (i.e. housing, health insurance, travel reimbursement, etc.)

Patient-centered environment of a close-knit clinic that values student education Kinetix provides an opportunity for students to apply the knowledge they have learned in school, ask questions, observe how things operate in a professional physical therapy clinic, and work under experienced and knowledgeable physical therapists and physical therapist assistants to get a leg up on their PT/PTA school applications or future career in healthcare. Exposure to advanced diagnostic testing (musculoskeletal sonography, EMG testing) Exposure to advanced manual therapy techniques Several nearby food options (Publix, Bamboos', Subway, I Love NY Pizza)

Q22. List required purchases for interning with your organization (i.e. parking pass, uniform, I.D. Badge, etc.)

Students will need to display their UFID at all times in the clinic. They will be given lanyard and badge holder to wear. Student liability insurance is required. Professional attire (business casual dress code)

Q23. List required skills or previous experience necessary for interning with your organization

Positive/friendly attitude, team player, social/interpersonal skills, basic anatomy knowledge, willingness to learn *Highly recommend consistent volunteering prior to start of internship

Q24. List any special credentials or documents required to intern with your organization (i.e. CPR/First Aid, Liability Insurance, Personal Training Certification, OSHA training, HIPPA training, Pre-Internship orientation, background check)

Student Professional Liability Insurance Immunization records All certifications required with the internship course HIPPA, Hazard Communications, and Bloodborne pathogens training

Q25. Provide a bulleted list of duties/responsibilities your organization expects to be fulfilled by interns:

Apply principles of exercise physiology and give feedback to patients, monitor patient's through exercise, cueing for proper form when necessary, updating patient's home exercise program, help educate volunteers, general opening/closing duties, keeping clinic clean and organized, observe modalities/techniques used by therapists, educate the patient in anatomy and the exercises and benefit of therapy, promote healthy lifestyle by advocating for the use of a regular exercise program, create a presentation on a special topic to educate staff during an in-service

Q26. Please describe a typical day for the intern:

At Kinetix, you will experience the patient-centered environment of a close-knit clinic that strives to maximize patient outcomes, provide exceptional customer service, and advanced clinical education to students in the fields of physical therapy, exercise physiology and sport science, health sciences, and health education and behavior. Kinetix provides an opportunity for students to apply the knowledge they have learned in school, ask questions, observe how things operate in a professional physical therapy clinic, and work under experienced and knowledgeable physical therapists and physical therapist assistants to get a leg up on their PT/PTA school applications or future career in healthcare. Typical duties include monitoring patients' exercise protocols, progressing patients through exercise, as well as learning the various modalities and manual therapy techniques used by the physical therapists. Additionally, students are always encouraged to participate in special events hosted by Kinetix both in the clinic and around our community.

Q28. All Interns (undergraduate and graduate) **MUST** be evaluated on **at least 6** of the following 9 Student Learning Outcomes (SLO's), though evaluation of all 9 is preferred. Please check each SLO that applies to the duties/responsibilities provided to interns at your organization.

- | | |
|---|---|
| <input checked="" type="checkbox"/> Integrate principles and methods of math, social sciences, and/or arts and humanities to applied physiology and kinesiology, health, wellness, and/or fitness environments. | <input checked="" type="checkbox"/> Select and utilize the appropriate scientific principles when assessing the health and fitness of an individual and prescribing physical activity based on those assessments. |
| <input checked="" type="checkbox"/> Identify and relate the nomenclature, structures, and locations of components of human anatomy to health, disease, and physical activity. | <input checked="" type="checkbox"/> Solve applied physiology and kinesiology problems from personal, scholarly, and professional perspectives using fundamental concepts of health and exercise, scientific inquiry, and analytical, critical, and creative thinking. |
| <input checked="" type="checkbox"/> Identify, examine, and explain physiological mechanisms of homeostasis at various levels of an organism (i.e., cells, tissues, organs, systems). | <input checked="" type="checkbox"/> Collect, compare, and interpret qualitative or quantitative data in an applied physiology and kinesiology context. |
| <input checked="" type="checkbox"/> Investigate and explain the effects of physical activity on psychological health as well as the perspectives used to enhance adherence to healthier lifestyles. | <input checked="" type="checkbox"/> Effectively employ written, oral, visual, and electronic communication techniques to foster inquiry, collaboration, and engagement among applied physiology and kinesiology peers and professionals as well as with patients, clients, and/or subjects. |
| <input checked="" type="checkbox"/> Identify and explain the acute and chronic anatomical and physiological adaptations to exercise, training, and physical activity. | |

Q33. Name of APK student that requested the site approval form from you (if applicable)

Q29. Would you like to be added to the Department's list of approved sites for future interns?

- Yes
 No

Q32. Have you reviewed the APK Internship [Policies and Procedures Manual](#)? Note that clicking the link will take you away from this survey and any information input into the survey will be lost if you navigate back. We recommend holding the ctrl button on your keyboard when clicking the link to open it in a new browser tab.

- Yes
- No

Q30. Signature of Individual Who Will Be Receiving Internship Applications



Q31. Signature of Individual Who Will Be Supervising And Evaluating Students During The Internship



Location Data

Location: [\(29.6467, -82.3284\)](#)

Source: GeoIP Estimation

A map of Florida showing major cities: Tallahassee, Jacksonville, Gainesville, Orlando, Tampa, and Kissimmee. A yellow pin is placed on Jacksonville. The map is surrounded by a light blue border.