University of Florida  
Department of Tourism, Recreation and Sport Management  

LEI 7170 Foundations of Leisure Behavior v1.0  

Spring 2019  

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Web Page for Syllabus and Readings is the UF Canvas.  

Office Hours: Monday 1.30-2.30; Thursday 2-4pm  
Class meets: Wednesday 2-5 pm, FLG 225  

Course Description: This course will examine leisure behavior primarily from a sociological perspective, although historical, philosophical and social psychological contributions to the understanding of leisure behavior will be incorporated when appropriate. Emphasis will be given to understanding the role of social structural forces in shaping leisure behavior.  

Course Objectives  
1. To provide students with a conceptual and theoretical understanding of leisure behavior.  
2. To introduce students to complex social theories and to show how these theories contribute to our understanding of leisure behavior.  
3. To provide a forum whereby students can discuss and critique classic and current research in leisure behavior.  
4. To develop an appreciation of the role and relevance of leisure studies in the 21st Century.  


The readings for each class available on Canvas. Please consult the syllabus for each week’s reading assignments.  

Required Books:  

Paper due: Wednesday January 23rd  

Paper due: Wednesday February 6th

**Paper due: Wednesday February 27th**


**Paper due: Wednesday March 27th**


**Paper due: Wednesday April 17th**

**UF has a writing center in Turlington 2215** to help you if you with your writing. I can help you with the content of your papers, but it would be helpful both to me and you if you could work with the writing center on your grammar, sentence construction etc if you need it. The Writing Studio allows you to make appointments to get help with your work. This is a free service, so if you need it please take the time to work with them.

[https://writing.ufl.edu/writing-studio/](https://writing.ufl.edu/writing-studio/)

**Weekly readings:**

**Course Outline**

**1. What is Leisure?**


Optional Related Readings


Book Chapter 4: The history of leisure pp. 25-31

2. The World of Leisure Studies


Read at least one of the following:


Book Chapter 7: Rethinking sociological leisure studies for the twenty first century pp.49-56

Book Chapter 40: Celebrating leisure studies onward, outward and upward pp. 352-357

3 Theory and the study of leisure


Optional Reading:


Book chapter 36: Metatheorizing leisure theory pp.313-319
4. “Post” Theories and the study of leisure


Optional related reading:


5. Leisure and Race and Ethnicity


Optional Reading:

Book Chapter 28: Leisure, race ethnicity and immigration pp. 243-249.


6. Leisure and Social Class


Optional Reading:


7. Leisure and Disability


Optional Reading:


8. Leisure and the Life course – Early


Optional Reading:

9. Leisure and the life course – The family


Optional Reading:


10. Leisure and Later life


Optional Reading:


11. Leisure and Motivation


Optional Reading

Book Chapter 17: Leisure, needs and motivation pp. 141-147.

Book Chapter 6: Psychology of leisure, positive psychology and “psychologizing” leisure theory, pp. 41-45.


12. Leisure and Social Capital


Optional Reading

Book Chapter 32: Leveraging leisure-based community networks to access social capital pp. 277-283.

Other Readings and Issues that you should read at some point.


*Journal of Leisure Research, 37*, (1) Discussion and counterpoint on self-construal being applied to the study of leisure.


*Journal of Leisure Research, 41* (3) 2009 – 40th Anniversary Issue. Reflections from past editors and key papers from the past.


Assignments and Grading Procedures

1. Class participation  

In class, orally review and critique each week’s assigned readings. Identify key points, discuss implications/significance, and raise questions for class discussion. As the class meets only once a week, it is expected as graduate students that you will be present for each class period unless unexpected issues arise such as illness. Requirements for class attendance and make-up exams, assignments, and other work are consistent with university policies that can be found at: https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx.

Please come to class each with written questions that you can ask to contribute to class discussion.

2. Book Summaries and Position Papers  

Throughout the semester we will be reading five classic and new books on various aspects of leisure. You are requested to submit five position papers, one for each of the books. These papers
are also due at the end of the class for which the book has been designated as required reading. The papers are to be no longer than four double-spaced typed pages (12 point font; 1 inch margins). These papers are not to consist merely of a summary of the book. You should include a summary of the main issues covered in the book in the first paragraph. Your summary is to serve as an introduction rather than an end product. I am looking for your ability to analyze and critique issues raised in the book. I am looking for your ability to integrate other scholarly references into your critique. All cited works are to be referenced at the end of your paper and may be counted as additional pages beyond your maximum four pages of text.

My advice to you in addition to your position paper is to write a chapter by chapter summary for each book so that when you study for your qualifying exams you can refer to your notes rather than having to re-read the book.

3. Practice Essay Exam for Qualifying Exams 25%

You will be given one essay question similar to that set for doctoral qualifying examinations. You will have three hours to answer the question in class. You will be expected to answer the question in essay format making reference to scholarly works to support your argument and discussion. You will be expected to use a laptop to type your answers. We can sort out specific details about laptops and the exam later. The practice exam date is Wednesday April 24th

Additional Policies

1. I expect every member of the class to uphold the Honor Code: We, the members of the University of Florida community pledge to hold ourselves and our peers to the highest standards of honesty and integrity.

2. I do not give extra credit. I will provide you with regular feedback on your progress and help you on an individual basis to reach your full potential in terms of a grade for this class.

3. As a courtesy to me, and your fellow class members, please turn off cell phones while in class. No texting! I would also prefer you to use a note book to take notes. I will ask for computers to be closed for most of the class, especially while we are discussing. I pads and the like containing PDF files of the class readings may be used if laid flat on the table.

4. Accommodations for students with disabilities: Students requesting classroom accommodation must first register with the Dean of Students Office. The Dean of Students Office will provide documentation to the student who must then provide this documentation to the Instructor when requesting accommodation.

At the end of each semester students are expected to provide feedback on the quality of instruction in this course by completing online evaluations at https://evaluations.ufl.edu. Evaluations are typically open during the last two or three weeks of the semester, but students will be given specific times when they are open. Summary results of these assessments are available to students at https://evaluations.ufl.edu/results/.

Health and Wellbeing: Your well-being is important to UF. The U Matter, We Care initiative is committed to creating a culture of care on our campus by encouraging members of our community to look out for another and to reach out for help is a member of our community is in need. If you or
a friend is in distress, please contact umatter@ufl.edu so that the U Matter, We Care Team can reach out to the student in distress. A nighttime and weekend crisis counselor is available by phone at (352) 392-1575. The U Matter, We can Team can help connect students to the many other helping resources available including, but not limited to Victim Advocates, Housing Staff and the Counseling and Wellness Center. Please remember that asking for help is a sign of strength. In case of emergency call 911.
Class Calendar

January

11<sup>th</sup> – Class introduction and overview

16<sup>th</sup>

23<sup>rd</sup>  First book position paper due.

30<sup>th</sup>

February

6<sup>th</sup>  Second book position paper due

13<sup>th</sup>

20<sup>th</sup>

27<sup>th</sup>  TALS Conference. Third book position paper due today.

March

6<sup>th</sup>  Spring Break

13<sup>th</sup>

20<sup>th</sup>  Fourth book position paper due

27<sup>th</sup>

April

3<sup>rd</sup>

10<sup>th</sup>

17<sup>th</sup>  Fifth book review paper due

24<sup>th</sup>  Practice Exam for Qualifying Exams