Career Exploration Model



The Career Exploration Model is not linear. In other words, you might find yourself moving back to an earlier phase depending on your situation. This can be used as a guide to assist you in navigating the process. It can be tailored to your specific needs and situation. Please work with your academic advisor to get started.



1. Identify Needed Information/Data:

- Positions available in industry
- Positions of interest
- Areas of skill
- Qualifications required
- Opportunities available

2. Seek Out Needed Information/Data:

- Research LinkedIn/Organization web sites
- Connect with alumni and industry professionals (use LinkedIn and GatortoGator.com)
- Attend HHP Internship Fair
- Meet with faculty
- Conduct Informational Interviews
- Job Shadow

3. Gain Relevant Experience:

- Target areas of interest
- Identify/confirm strengths and interests
- Build network
- Seek new opportunities to diversify skillset

4. Career Attainment Plan:

- Establish list of top three preferred positions
- Establish list of top five employers
- Ensure LinkedIn and resume are current
- Reach out to contacts
- Apply