## **UF** College of Health & Human Performance UNIVERSITY of FLORIDA

## Office of the Dean

From: "Connaughton, Daniel P" <danc@hhp.ufl.edu>
Date: Friday, March 13, 2020 at 3:25 PM
To: ". HHP - Staff" <hhpstaff@hhp.ufl.edu>
Cc: "Reid, Michael B" <michael.reid@ufl.edu>
Subject: UF Employee Assistance Program

Fyi...see resource below (available to staff).....

From: Salaried Faculty <SALFAC-L@LISTS.UFL.EDU> On Behalf Of Faculty Senate Chair
Sent: Friday, March 13, 2020 3:12 PM
To: SALFAC-L@LISTS.UFL.EDU
Subject: UF Employee Assistance Program

Dear University of Florida Faculty,

As we all deal with the stress brought on by the rapidly changing circumstances surrounding COVID-19 coronavirus, please be aware of this resource that is available to support faculty mental health. The UF Employee Assistance Program offers someone to talk to and resources to consult whenever and wherever you need them. All faculty, staff, graduate assistants, non-student OPS employees, housestaff/residents and postdoc associates as well as their household members are eligible to receive services. For more information, please visit <a href="https://eap.ufl.edu/">https://eap.ufl.edu/</a>

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