

B.S. in Health Education (2022)

Specialization: Health Studies

* Suggested Schedule *

Freshman (1HH)

Universal Tracking (UT) courses are bolded (must complete before Semester 5)

Prerequisite courses are italicized (must complete before Semester 5)

Minimum 2.0 UF GPA required / Minimum 2.8 Universal Tracking GPA required / Minimum 2.0 Prerequisite GPA required

SEMESTER 1 - FALL

PSY2012	General Psychology (State Core GE-S)	3
MAC1147	Precalc Algebra (or higher MAC) (State Core GE-M)	4
<i>HSC3102</i>	<i>Personal & Family Health</i>	3
GE-C/W	Composition/6000 words (State Core GE-C, WR-6)	3
Quest 1	(GE-H)	3
TOTAL		16

SEMESTER 2 – SPRING

STA2023	Intro to Statistics (GE-M)	3
CHM2045/L	General Chemistry 1 & Lab (State Core GE-P)	4
<i>SYG2000 or</i>	<i>Principles of Sociology</i> (GE-S) <i>or</i>	3
<i>SYG2010</i>	<i>Social Problems</i> (GW-S)	3
GE-C/W	Composition/6000 words (State Core GE-C, WR-6)	3
Quest 2	(GE-Social & Behavioral, Bio or Physical)	3
TOTAL		16

Sophomore (2HH)

Universal Tracking (UT) courses are bolded (must complete before Semester 5)

Prerequisite courses are italicized (must complete before Semester 5)

Minimum 2.0 UF GPA required / Minimum 2.8 Universal Tracking GPA required / Minimum 2.0 Prerequisite GPA required

SEMESTER 3 – FALL

APK2100c	Human Anatomy with Lab (GE-B)	4
BSC2010	Integrated Principles of Biology 1 (GE-B)	3
BSC2010L	Integrated Principles of Biology 1 Lab (GE-B)	1
GE-W	6000 words (WR-6)	3
GE-H	Humanities (State Core GE-H)	3
TOTAL		14

SEMESTER 4 – SPRING

APK2105c	Human Phys with Lab (GE-B)	4
<i>HUN2201</i>	<i>Fund of Human Nutrition</i> (GE-B)	3
GE-D/W	Diversity & 6000 words (GE-D, WR-6)	3
Elective	Elective (BSC2011/BSC2011L and/or CHM2210 recommended)	4
TOTAL		14

Junior (3HH)

Minimum 2.0 UF GPA required / Minimum 2.0 Upper Division GPA required / Minimum 2.8 HSC Coursework GPA required

SEMESTER 5 – FALL

HSC3032	Foundations of Health Education	3
HSC3537	Health and Medical Terminology	3
<i>AEC3030c or</i>	<i>Effective Communication or</i>	3
<i>SPC2608</i>	<i>Public Speaking</i>	3
Dept HSC specialization course		3
Elective (PHY2053 & Lab and/or MCB 3020 & Lab)		3
TOTAL		15

SEMESTER 6 – SPRING

HSC4302	Methods and Materials in Health Education	3
HSC4233	Patient Health Education	3
Dept HSC specialization course		3
Dept HSC specialization course		3
Elective (PHY2054 & Lab and/or upper level psychology)		6
TOTAL		18

Senior (4HH)

Minimum 2.0 UF GPA required / Minimum 2.0 Upper Division GPA required / Minimum 2.8 HSC Coursework GPA required

SEMESTER 7 - FALL

HSC4713	Planning and Eval Health Education Programs	3
HSC4800	Health Ed Professional Development	3
Dept HSC specialization course		3
Elective (Genetics and/or science course recommended)		6
TOTAL		15

SEMESTER 8 – SPRING

HSC4876	Internship in Health Education	6 or 12
<i>Students must register for the fulltime internship (15c) or part-time internship (6c). If the part-time internship option is selected the student may concurrently register for up to 9 credits of electives or pre-health requisites.</i>		
TOTAL		12

* Suggested schedule assumes no incoming credit & does not account for UF's summer enrollment policy.

** Suggested science courses may not be required for your career goal.

Department HSC Specialization Courses

Choose 15 credit hours from the list below:

HSC 3201	Community and Environmental Health (3c)
HSC 4133	Human Sexuality Education (3c)
HSC 4134	Emotional Health and Counseling (3c)
HSC 4143	Drug Education (3c)
HSC 4174	Environmental & Behavioral Determinants of Obesity (3c)
HSC 4232C	Exercise Therapy, Physical Activity & Health (3c)
HSC 4564	Health Promotion in Gerontology (3c)
HSC 4574	Nutrition Education for Special Populations (3c)
HSC 4579	Women's Health Issues (3c)
HSC 4593	HIV/AIDS Education (3c)
HSC 4623	Minority Health Issues (3c)
HSC 4624	Trends in International Health (3c)
HSC 4663	Community Health Methods in Injury Prevention & Control (3c)
HSC 4664	Health Communication for Consumers (3c)
HSC 4694	Worksite Health Promotion (3c)
HSC 4950	Rotating Health Topics (i.e., Youth Health Issues) (3c)

Must see advisor before registering for the following courses:

HSC 4813	Practicum in Health Education
HSC 4905	Individual Study
HSC 4912	HEB Research

Health Studies

Students who want in-depth knowledge of diverse health topics, with the intention to complete post-baccalaureate work in a professional health program such as medicine, dentistry, optometry, pharmacy, physician assistant, occupational therapy and physical therapy should select the Health Studies specialization. This specialization allows students to gain knowledge on a variety of health issues plaguing diverse population groups, while also providing the opportunity for students to complete required prerequisite coursework for professional health programs. Students may also pursue graduate programs in health education or related fields (public health, health administration and epidemiology and disease prevention).

NOTE 1: Additional science coursework is included within the semester plan to help students meet prerequisites for professional health programs. However, it is imperative that students review the requirements for targeted graduate programs as additional prerequisite coursework outside the major curriculum may be needed. Students should regularly meet with a pre-health adviser in the Academic Advising Center (100 Farrior Hall), as well as the department academic advisor to ensure adequate preparation for application to professional health programs. Ultimately, students are responsible for ensuring completion of the required prerequisites for their chosen professional health program.

NOTE 2: All HEB coursework must be completed the semester prior to internship (whether the part-time or full-time internship option is selected).