

**Bachelor of Science in Health Education (2023)**  
**Specialization: Health Studies (Full-Time Internship Option)**

\*Suggested Schedule\*

**Freshman (1HH)**

*2.8 Universal Tracking (UT) GPA | 2.0 Prerequisite GPA | 2.0 UF GPA*

*\*Universal Tracking (bolded) & Prerequisite (italicized) coursework must be completed before Semester 5.*

Semester 1 - Fall		Semester 2 - Spring	
PSY2012 General Psychology (State Core GE-S)	3	STA2023 Introduction to Statistics (GE-Math)	3
MAC1147 Precalculus Algebra (or higher MAC) (State Core GE-Math)	4	CHM2045/L General Chemistry I & Lab (State Core GE-Physical Science)	4
<i>HSC3102 Personal &amp; Family Health</i>	3	<i>SYG2000 Principles of Sociology or SYG2010 Social Problems</i>	3
GE-Composition/6,000 Words (State Core GE-C, WR-6)	3	GE-Composition/6,000 Words (State Core GE-C, WR-6)	3
Quest 1 (GE-Humanities)	3	Quest 2 (GE-Social & Behavioral, Bio or Physical)	3
<b>Total</b>	<b>16</b>	<b>Total</b>	<b>16</b>

**Sophomore (2HH)**

*2.8 Universal Tracking (UT) GPA | 2.0 Prerequisite GPA | 2.0 UF GPA*

*\*Universal Tracking (bolded) & Prerequisite (italicized) coursework must be completed before Semester 5.*

Semester 3 - Fall		Semester 4 - Spring	
APK2100C Human Anatomy with Lab (GE-B)	4	APK2105C Human Physiology with Lab (GE-B)	4
BSC2010 Integrated Principles of Biology 1 (GE-B)	3	<i>HUN2201 Fundamentals of Human Nutrition</i>	3
BSC2010L Integrated Principles of Biology 1 Lab (GE-B)	1	GE-Writing (6,000 words) (WR-6)	3
GE-Writing 6,000 words (WR-6)	3	Elective (BSC2011/BSC2011L and/or CHM2210 recommended)	4
GE-State Core Humanities (GE-H)	3		
<b>Total</b>	<b>14</b>	<b>Total</b>	<b>14</b>

**Junior (3HH)**

*2.8 HSC Coursework (HSC) GPA | 2.0 UF GPA | 2.0 Upper Division GPA*

Semester 5 - Fall		Semester 6 - Spring	
HSC3032 Foundations in Health Education	3	HSC4233 Patient Health Education	3
HSC3537 Health and Medical Terminology	3	HSC4302 Methods and Materials in Health Education	3
<i>AEC3030C Effective Communication or SPC2608 Public Speaking</i>	3	Dept. HSC Specialization Course	3
Dept. HSC Specialization Course	3	Dept. HSC Specialization Course	6
Elective (PHY2053 & Lab and/or MCB3020 & Lab)	3	Elective (PHY2054 & Lab and/or upper-level psychology)	3
<b>Total</b>	<b>15</b>	<b>Total</b>	<b>18</b>

**Senior (4HH)**

*2.8 HSC Coursework (HSC) GPA | 2.0 UF GPA | 2.0 Upper Division GPA*

Semester 7 - Fall		Semester 8 - Spring	
HSC4713 Planning and Evaluating Health Education Programs	3	HSC4876 Internship in Health Education	12
HSC4800 Health Education Professional Development	3	<i>*If the full-time internship option is selected, students are not permitted to register for any additional coursework.</i>	
Dept. HSC Specialization Course	3		
Elective (Genetics and/or science course recommended)	6		
<b>Total</b>	<b>15</b>	<b>Total</b>	<b>12</b>

*\*Note: Suggested schedule assumes no incoming credits and does not account for UF's Summer Enrollment policy.*

*\*\*Science courses included in this plan are suggested. Courses may not be required for your career goal. Students are responsible for knowing the prerequisites needed for professional health program of study.*

## Department Approved HSC Specialization Courses

*\*The following courses are offered on rotation in Fall, Spring, & Summer terms.*

HSC4063	AI Health Promotion and Vulnerable Populations	3
HSC4133	Human Sexuality Education	3
HSC4134	Emotional Health & Counseling	3
HSC4143	Drug Education & Behavior	3
HSC4174	Environmental & Behavioral Determinants of Obesity	3
HSC4232C	Exercise Therapy, Adapted Physical Activity & Health	3
HSC4233	Patient Health Education	3
HSC4564	Health Promotion in Gerontology	3
HSC4574	Nutrition Education for Special Populations	3
HSC4579	Women's Health Issues	3
HSC4592C	Scientific Foundations of Holistic Health	3
HSC4593C	HIV/AIDS Education	3
HSC4623	Minority Health Issues	3
HSC4624	Trends in International Health	3
HSC4663	Community Health Methods in Injury Prevention & Control	3
HSC4690C	CURE on Reducing Intoxicant Involved Sexual Consequences ( <i>Course-Based Undergraduate Research Experience requires approval.</i> )	3
HSC4694	Worksite Health Promotion	3
HSC4950	Current Topics in Health Education	3
<b>Experiential HSC Specializations</b>		
<i>Department approval is required prior to registration for the courses below. Contact HEB Advising Office (<a href="mailto:heb-advising@hhp.ufl.edu">heb-advising@hhp.ufl.edu</a>) for more information.</i>		
HSC4813	Practicum in Health Education	1-3
HSC4905	Independent Study in Health Education	1-4
HSC4912	Health Education & Behavior Undergraduate Research	0-5

### Pre-Health Coursework

- Additional science coursework is included within the sample plan to help students understand how to include professional health program prerequisites.
- **NOTE:** *Students are responsible for ensuring completion of the required prerequisites for their chosen professional health program.*

### HEB Internship Requirement

- All HSC Major and Specialization coursework must be completed the semester prior to internship.

### Key Skills Learned

- Students gain knowledge on a variety of health issues plaguing diverse populations
- Building meaningful relationships with stakeholders
- Communicating health information to diverse audiences using various channels
- Coordinating the provision of health education services
- Evaluating and effectively sharing research results through appropriate channels
- Understanding theory-based models for planning, implementing, and evaluating health education programs

### Career Paths

*Students with a Bachelor of Science in Health Education can work in a variety of professions, such as:*

- |   |                                 |  |
|---|---------------------------------|--|
| • Community Health Promotion Specialist | • Health Program Analyst        | • Physician                            |
| • Corporate Wellness Trainer            | • Nurse                         | • Physician Assistant                  |
| • Epidemiologist                        | • Occupational Therapist        | • Public Health Service Officer        |
| • Health Administration                 | • Optometrist                   | • Social Science Research Assistant    |
| • Health Coach                          | • Patient Navigator or Advocate | • Youth Outreach Coordinator           |
| • Health Educator                       | • Pharmacist                    | • Worksite Health Promotion Specialist |
| • Health Informatics Specialist         | • Physical Therapist            |  |