

Human Sexuality Education

HSC5138 | Class # 12772 | Section 01DL | 3 Credits | Spring 2024

HSC5138 | Class # 30777 | Section MHEO | 3 Credits | Spring 2024

Connect with HHP



Course Info

INSTRUCTOR

Sadie B. Sanders, Ph.D.
Office: FLG 18
Office Phone: 352-294-1810
Email: Canvas Inbox
Preferred Method of Contact: Canvas Inbox

OFFICE HOURS

By appointment

COURSE ACCESS

Access the course through Canvas on UF e-Learning
(<https://elearning.ufl.edu/>) & the Canvas mobile app by Instructure

COURSE DESCRIPTION

This combined course emphasizes content, issues, methodology, and materials for the study of human sexuality. It prepares students to educate individuals and groups.

PREREQUISITE KNOWLEDGE AND SKILLS

Health Education and behavior majors, junior or senior status.

REQUIRED MATERIALS

Required Textbook: Crooks, R. and Baur, C. Our Sexuality, 14th edition, 2021, ISBN – 9780357360750. Wadsworth, Cengage Learning: Belmont, CA

Supplemental readings are integral to the course and are included in course modules. All other course materials (and links) are located within the course in Canvas.

COURSE FORMAT

This course is 100% online and utilizes a variety of methodologies including but not limited to PowerPoint audio and video lectures, individual and multiparty activities, discussion boards, case studies, and videos.

COURSE LEARNING OBJECTIVES:

Upon completion of this course, students will have developed the ability to:

1. Engage in discussions regarding the various aspects of human sexuality, including psychosexual development, sexual anatomy and physiology, human sexual response cycle, sexual behavior and attitudes, sexually transmitted infections (including HIV), sexual orientations, sexual difficulties, and disorders, and the influence of the media on sexuality.
2. Recognize their attitudes and values towards sexuality topics, including gender roles and sexual orientation.

3. Apply critical-thinking techniques to the field of human sexuality education.

Course and University Policies

PERSONAL CONDUCT POLICY

Students are expected to exhibit behaviors that reflect highly upon themselves and our University. No Student may share, work, or collaborate with another student on any assessment activity in the course. UF students are bound by The Honor Pledge which states, “We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honor and integrity by abiding by the Honor Code. On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: “On my honor, I have neither given nor received unauthorized aid in doing this assignment.” The Honor Code (<http://www.dso.ufl.edu/sccr/process/student-conduct-honor-code/>) specifies the number of behaviors that violate this code and possible sanctions.

Furthermore, you are obliged to report any condition that facilitates academic misconduct to the appropriate personnel. If you have any questions or concerns, please consult the instructor or TA in this class.

LATE ASSIGNMENT AND EXAM MAKE-UP POLICY

Late assignments (including quizzes) are not accepted unless there are extenuating circumstances as defined by UF Attendance Policy ([https://catalog.ufl.edu/UGRD/academic-regulations/attendance-policies/ Links to an external site.](https://catalog.ufl.edu/UGRD/academic-regulations/attendance-policies/Links%20to%20an%20external%20site.)), which generally requires documentation.

Any request for an extension due to an emergency must be submitted in writing within 12 hours after the due date. Any request for an extension that is due to illness must be submitted within 24 hours of the due date.

A student experiencing an illness should visit the UF Student Health Care Center or their preferred healthcare provider to seek medical advice and obtain documentation. If you have an illness, family emergency, or death, please contact the Dean of Students Office (www.dso.ufl.edu) and follow the DSO Care Team procedures for documentation and submission of a request for make-up assignment (<https://care.dso.ufl.edu/instructor-notifications/>). The DSO will contact the instructor. Do not provide any documentation to the instructor regarding illness or family emergency. This is your personal and protected information. The DSO is qualified to receive and verify the documents you provide. The instructor will follow the recommendations from the DSO. Requirements for make-up exams, assignments, and other work in this course are consistent with university policies that can be found in the online catalog at:

<https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>.”

STUDENTS WITH DISABILITIES

Students with disabilities who experience learning barriers and would like to request academic accommodations should connect with the Disability Resource Center by visiting their Get Started page at <https://disability.ufl.edu/students/get-started/>. Students need to share their accommodation letter with their instructor and discuss their access needs, as early as possible in the semester.

COURSE ASSESSMENT

Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback professionally and respectfully is available at <https://gatorevals.aa.ufl.edu/students/>. Students will be notified when the evaluation period opens and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via <https://ufl.bluera.com/ufl/>. Summaries of course evaluation results are available to students at <https://gatorevals.aa.ufl.edu/public-results/>.

Getting Help

TECHNICAL ASSISTANCE

- UF Help Desk 352-392- 4357.

HEALTH & WELLNESS

- U Matter, We Care: If you or a friend is in distress, please contact umatter@ufl.edu or 352-392-1575
- Counseling and Wellness Center: <https://counseling.ufl.edu/>, 352-392-1575
- Sexual Assault Recovery Services (SARS) - Student Health Care Center, 352-392-1161
- University Police Department, 392-1111 (or 9-1-1 for emergencies) <http://www.police.ufl.edu/>

ACADEMIC RESOURCES

- E-learning technical support, 352-392-4357 (select option 2), or e-mail Learning-support@ufl.edu. <https://lss.at.ufl.edu/help.shtml>
- Career Connections Center, Reitz Union, 392-1601. Career assistance and counseling. <https://career.ufl.edu/>
- Library Support, <http://cms.uflib.ufl.edu/ask>. Several ways to receive assistance concerning using libraries or finding resources.
- Teaching Center, Broward Hall, 392-2010 or 392-6420. General study skills and tutoring. <http://teachingcenter.ufl.edu/>
- Writing Studio, 302 Tigert Hall, 846-1138. Help brainstorming, formatting, and writing papers. <http://writing.ufl.edu/writing-studio/>
- Student Complaints On-Campus: <https://sccr.dso.ufl.edu/policies/student-honor-code-student-conduct-code/> On-Line Students Complaints: <http://distance.ufl.edu/student-complaint-process/>

Grading

Evaluation Component	Component Points	Percent of Total Grades
Quizzes (4)	145 pts	29%
Discussion Boards (6)	20 pts each = 120 pts	24%
Module Activities	98 pts	19.6%
Kinsey Institute Sexuality Research Review Paper	30 pts	6%
Gender-Related Medical Documentary Reaction Paper	26 pts	5.2%
Student Introductory Video	6 pts	1.2%
Major Course Project	75	15%

Assessment Components Overview

Quizzes: Quizzes will be proctored using UF Honorlock proctored. The quiz format will consist of multiple choice, matching, and essay items all of which will concentrate on the learning objectives covered in the PowerPoint lectures.

Module Activities and **Other Assignments**. Throughout our course modules, you will have the opportunity to participate in various activities that will complement and expand upon the PowerPoint lectures. Certain activities will involve Peer Review, which enables students to provide feedback on another student's assignment submission. These reviews are due on Wednesdays following the corresponding activity week. If you are unsure about how to locate or access your assigned peer reviews, please reach out to the Help Desk (352-392- 4357) for support. In addition, some **module activities** and **other assignments** demand greater attention and time, like **Module 1 Activity #1 Sex Twentieth Century Documentary**, **Module 2 Kinsey Institute Sex Review paper**, and **Module 5 Reaction Paper** which necessitates more time and effort to accomplish.

Discussion Board – The Discussion Board activities are designed to promote critical thinking, build a community, and display your understanding of key concepts. Your responses should be clear, concise, credible, thoughtful, and considerate, and should comply with formal writing conventions such as spelling and grammar. For each Discussion assignment, you are required to read your classmates' responses and respond to at least two of them. Your initial response to the discussion prompt must be posted by 11:55 p.m. on Wednesday of the assigned week, while your response to other students' answers is due by 11:55 p.m. on Friday of that same week. Please note that the Canvas due date applies only to the initial response (Wednesday), and you should set a reminder in your calendar to submit your peer review by Friday.

Major Course Project: You will complete either a Comparison Paper or a Lesson Plan.

1. Comparison Paper – “Sexuality in Other Cultures.” Research and write an 6-8-page paper comparing the sexual norms and practices of another culture/society (i.e., China, Thailand, the Netherlands, Nigeria) with those of the U.S.
2. Lesson Plan: Develop a 45-50-minute Lesson Plan on a sexuality-related topic of your choice.

GRADING SCALE

Final grades are determined by the total number of points.

Letter Grade	Points Needed to Each Letter Grade
A	475 – 500 A
A-	450 – 474 A-
B+	435 – 449 B+
B	415 – 434 B
B-	400 – 414 B-
C+	385 – 399 C+
C	365 – 384 C
C-	350 – 364 C-
D+	335 – 349 D+
D	315 – 334 D
D-	300 – 319 D-
E	Below 300 E

Weekly Course Schedule

Week	Dates	Assigned Module & Class Schedule Notes	Assessments Due Friday 11:55 PM (Exception: Discussion Initial Post & Peer Review)
1	January 8 – 12	Module 1: Human Sexuality: Introduction and Perspectives	<ul style="list-style-type: none"> • Student Introductory Video • Discussion #1 (Initial post due Wednesday Responses to posts of peers due Friday) • Activity # 1 Sex Twentieth Century Documentary
2	January 15 – 19	Monday: Dr. Martin Luther King Jr. Holiday Module 2: Sexuality Research	<ul style="list-style-type: none"> • Sexuality Research Review Paper
3	January 22 – 26	Module 3: Female Sexual Anatomy & Physiology	<ul style="list-style-type: none"> • Discussion #2 (Initial post due Wednesday & Responses to posts of peers due Friday) • Quiz 1 (Modules 1-3)
4	January 29 – Feb 2	Module 4: Male Sexual Anatomy & Physiology	<ul style="list-style-type: none"> • Activity #2 (Includes Peer Review)
5	February 5 – 9	Module 5: Gender Issues	<ul style="list-style-type: none"> • Activity #2 Peer Review due Wednesday • Activity #3 Gender Roles and Expectations (Includes Peer Review)
6	February 12 – 16	Module 5: Gender Issues	<ul style="list-style-type: none"> • Activity #3 Peer Review due Wednesday • Reaction Paper: Neither Boy nor Girl (Medical Documentary)
7	February 19 – 23	Module 6: Sexual Arousal & Response	<ul style="list-style-type: none"> • Activity #4 (TBA) • Friday: Quiz 2 (Modules 4-6)
8	February 26 – Mar 1	Module 7: Love and Sexual Intimacy	<ul style="list-style-type: none"> • Discussion #3 (Initial post due Wednesday Responses to posts of peers due Friday)
9	March	Module 8: Sexual Orientations	<ul style="list-style-type: none"> • Activity #5 Values Clarification

	4 – 8		
10	March 11 – 15	Spring Break	
11	March 18 – 22	Module 9: Sexuality During Childhood and Adolescence	<ul style="list-style-type: none"> • Activity #6 Answering Childrens' Questions about Sex (Includes Peer Review) • Quiz 3 (Modules 7- 9)
12	March 25 – 29	Module 10: Sexuality and the Adult Years	<ul style="list-style-type: none"> • Activity #6 Peer Review due Wednesday • Activity #7 Movie Review Paper
13	April 1 – 5	Module 11: Sexual Difficulties and Solutions	<ul style="list-style-type: none"> • Discussion #4 (Initial post due Wednesday Responses to posts of peers due Friday)
14	April 8 – 12	Module 12: Sexually Transmitted Infections and HIV	<ul style="list-style-type: none"> • Discussion #5 (Initial post due Wednesday Responses to posts of peers due Friday)
15	April 15 – 19	Module 13: Atypical Sexual Behavior	<ul style="list-style-type: none"> • Discussion #6 (Initial post due Wednesday, responses to posts of peers due Friday) • Major Course Project
16	April 22 – 26	Wednesday: Last Day of Class Thursday and Friday: Reading Days	<ul style="list-style-type: none"> • Wednesday: Quiz 4 (Modules 10-13)

TIPS FOR SUCCESSFUL STUDYING AND COMPLETING THE COURSE:

- As a student, it is crucial to manage your time wisely to complete assignments and prepare for quizzes. Some assignments may require more time than others, so plan accordingly. PowerPoints are usually just a summary of the audio lectures, while quizzes are solely based on lecture content. To make the most of your study time, follow these steps:
 1. Review the PowerPoint PDFs before viewing the video lecture and pay attention to the Learning Objectives.
 2. Take notes during the lecture focusing on the Learning Objectives.
- If you are experiencing difficulties with the course or life in general, please do not hesitate to reach out to me. I am available to meet with you via phone or Zoom at times that are convenient to your schedule.

- Check Canvas daily for course updates which will be reflected in the Announcement.
- Remember not to procrastinate and start working on assignments as soon as possible to avoid rushing or missing the deadline.

BEST WISHES FOR A GREAT SPRING 2024 SEMESTER!