

# Human Sexuality Education

HSC5138 | Class # 29236 | Section MHE0 | 3 Credits | Fall 2024

Connect with HHP



## Course Info

### INSTRUCTOR

**Sadie B. Sanders, Ph.D.**

Office: FLG 18

Office Phone: 352-294-1810

Email: Canvas Inbox

Preferred Method of Contact: Canvas Inbox

### OFFICE HOURS

By Appointment

### COURSE ACCESS

Access the course through Canvas on UF e-Learning  
(<https://elearning.ufl.edu/>) & the Canvas mobile app by Instructure.

## COURSE DESCRIPTION

This course explores the physiological, psychological, cultural, and behavioral aspects of various human sexuality topics. Topics include sexual health, sex education programs, sexual and gender diversity, and sexual harm. Some content might conflict with personal or religious values, cause embarrassment, or be considered abnormal, strange, or deviant. However, this class aims to maintain a psychologically safe space for students to learn and explore their thoughts and feelings comfortably. This requires recognizing that people's beliefs, values, and behaviors should be understood in terms of their culture.

## COURSE GOALS

This course aims to enhance students' comprehension of how human sexuality impacts and intersects with many other aspects of people's lives, help students become more aware of their unique human sexuality and recognize their values, and engage in discussions about controversial ideas while respecting the worth of every person, including those with differing viewpoints.

## COURSE FORMAT

This course is 100% online and utilizes various methodologies, including PowerPoint audio and video lectures, individual and multiparty activities, discussion boards, case studies, and videos.

## COURSE MATERIALS

Recommended Textbook: Crooks, R. and Baur, C. Our Sexuality, 14<sup>th</sup> edition, 2021, ISBN – 9780357360750. Wadsworth, Cengage Learning: Belmont, CA

Recommended Textbook: Yarber, W. and Sayad, B., Human Sexuality: Diversity in Contemporary Society, 11<sup>th</sup> edition, 2022, McGraw Hill LLC, New York, NY

Supplemental readings are integral to the course and are included in course modules. All other course materials (and links) are located within the course in Canvas.

## STUDENTS WITH DISABILITIES

Students with disabilities who experience learning barriers and would like to request academic accommodations should connect with the Disability Resource Center by visiting their Get Started page at <https://disability.ufl.edu/students/get-started/>. Students must share their accommodation letter with their instructor and discuss their access needs as early as possible in the semester.

## COURSE POLICIES

### UF Honor Code

UF students are bound by the Honor Pledge, which states, “We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honor and integrity by abiding by the Honor Code. On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: “On my honor, I have neither given nor received unauthorized aid in doing this assignment.” The Conduct Code specifies some behaviors that violate this code and the possible sanctions. If you have any questions or concerns, please consult with the instructor of this class.

### Personal Conduct Policy

Students are expected to exhibit behaviors that reflect highly upon themselves and our University. No Student may share, work, or collaborate with another student on any assessment activity in the course. UF students are bound by The Honor Pledge, which states, “We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honor and integrity by abiding by the Honor Code. On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: “On my honor, I have neither given nor received unauthorized aid in doing this assignment.” The Honor Code (<http://www.dso.ufl.edu/sccr/process/student-conduct-honor-code/>) specifies the number of behaviors that violate this code and possible sanctions.

Furthermore, you are obliged to report any condition that facilitates academic misconduct to the appropriate personnel. If you have any questions or concerns, please consult the instructor or TA in this class.

### Participation Policy

Late work is not accepted unless there are extenuating circumstances as defined by UF Attendance Policy (<https://catalog.ufl.edu/UGRD/academic-regulations/attendance-policies/> [Links to an external site.](#)), which generally requires documentation. A student experiencing an illness should visit the UF Student Health Care Center or their preferred healthcare provider to seek medical advice and obtain documentation. If you have an illness or family emergency/catastrophic event, please contact the Dean of Students Office ([www.dso.ufl.edu](http://www.dso.ufl.edu)) and follow the DSO Care Team procedures for documentation and submission of a request for make-up assignment (<https://care.dso.ufl.edu/instructor-notifications/>). The DSO will contact the instructor. Do not provide any documentation to the instructor regarding illness or family emergency. This is your personal and protected information. The DSO is qualified to receive and verify the documents you provide. The instructor will follow the recommendations from the DSO.

For any inability to submit any coursework on its due date for non-emergency events, students must inform the instructor as early as possible before the due date. Students should contact their instructor

when conditions permit all unplanned occurrences because of accidents or emergencies.

<https://catalog.ufl.edu/UGRD/academic-regulations/attendance-policies/>

Any request for an extension due to a non-emergency event must be submitted to the instructor at least 12 hours before the due date. For emergencies, requests must be submitted in writing within 12 hours after the due date.

## **COURSE EVALUATION**

Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback professionally and respectfully is available at <https://gatorevals.aa.ufl.edu/students/>. Students will be notified when the evaluation period opens and can complete evaluations through the Email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via <https://ufl.bluera.com/ufl/>. Summaries of course evaluation results are available to students at <https://gatorevals.aa.ufl.edu/public-results/>.

## **CAMPUS RESOURCES**

### **Health and Wellness**

*U Matter, We Care:* If you or someone you know is distressed, please contact [umatter@ufl.edu](mailto:umatter@ufl.edu), 352-392-1575, or visit the U Matter <https://umatter.ufl.edu/>, We Care website to refer or report a concern. A team member will reach out to the student in distress.

*Counseling and Wellness Center:* Visit <https://counseling.ufl.edu/> or call 352-392-1575 for information on crisis and non-crisis services.

*Student Health Care Center:* Call 352-392-1161 for 24/7 information on finding the care you need or visit <https://shcc.ufl.edu/>

*University Police Department:* Visit <https://police.ufl.edu/> or call 352-392-1111 (or 9-1-1 for emergencies).

*UF Health Shands Emergency Room / Trauma Center:* For immediate medical care, call 352-733-0111 or go to the emergency room at 1515 SW Archer Road, Gainesville, FL 32608; <https://ufhealth.org/locations/uf-health-shands-emergency-room-trauma-center>.

*GatorWell Health Promotion Services:* For prevention services focused on optimal well-being, including Wellness coaching for Academic Success, visit <https://gatorwell.ufsa.ufl.edu/> or call 352-273-4450.

### **Academic Resources**

*E-learning technical support:* Contact the UF Computing Help Desk at 352-392-4357 or via e-mail at [helpdesk@ufl.edu](mailto:helpdesk@ufl.edu).

*Career Connections Center:* Reitz Union Suite 1300, 352-392-1601. Career assistance and counseling services.

*Library Support:* There are several ways to receive assistance concerning using the libraries or finding resources.

*Teaching Center:* Broward Hall, 352-392-2010, or to make an appointment, 352- 392-6420. They offer general study skills and tutoring.

*Writing Studio:* 2215 Turlington Hall, 352-846-1138. Help brainstorming, formatting, and drafting papers.

*Student Complaints On-Campus:* Visit the Student Honor Code and Student Conduct Code <https://sccr.dso.ufl.edu/policies/student-honor-code-student-conduct-code/> for more information.

*Students Complaints:* <https://flexible.dce.ufl.edu/student-complaints/> or <https://em.ufl.edu/complaint>

## OTHER INFORMATION

**Preferred Class Name:** You can modify your "Display Name" in Canvas. Canvas uses the "Display Name" as set in myUFL. The Display Name is the name you want people to see in the UF Directory, such as "Jenn" instead of "Jennifer." To update your display name, follow these steps: 1. Go to one.ufl.edu 2. Click on the dropdown at the top right 3. Select "Directory Profile". 4. Click "Edit" on the right of the name panel. 5. Uncheck "Use my legal name" under "Display Name." 6. Update as needed and save the changes.

## ASSESSMENT AND GRADING

Assessment Components	Points	
Quizzes	110	
Discussion Boards	150	
Module Activities	150	
Major Project	80	
Student Introductory Video	10	
	<b>Total</b>	<b>500</b>

### Overview of Assessment Components

**Quizzes**—The quizzes will consist of multiple-choice, short-answer, and essay items, all concentrating on the learning objectives in the PowerPoint lectures.

**Module Activities** and **Other Assignments.** Throughout our course modules, you must participate in various activities that will complement and expand upon the PowerPoint lectures.

- Peer Review: Some activities will involve peer review. Peer review facilitates communication between students by enabling them to provide feedback on each other's assignment

submissions. This helps students develop skills in evaluating work and giving constructive feedback. Through this process, students can enhance their lifelong assessment skills and better understand the diversity in the values, beliefs, and behaviors of others. Peer review also promotes sharing knowledge and ideas, which contributes to students' overall learning, including from one another.

- Peer reviews will be assigned approximately five minutes after the assignment's due date and only to students who submit it before it. These reviews are due on Wednesdays following the corresponding activity week. If you are unsure how to locate or access your assigned peer reviews, please contact the Help Desk (352-392- 4357) for support.

**Discussion Board** – The purpose of the discussion board is to promote critical thinking, build a sense of community, and demonstrate an understanding of key concepts. You must respond to two of your classmates' responses. Your initial response to the discussion prompt needs to be posted by 11:59 p.m. on Wednesday of the assigned week, while your response to other students' answers should be submitted by 11:59 p.m. on Friday of the same week. Please note that the Canvas due date applies only to the initial response (Wednesday) and remember to set a reminder in your calendar to submit the responses to peers by Friday.

This course does not offer extra credit. If you need help with any course part, please schedule a meeting with me immediately.

**Major Course Project**—Three options are available, and it is recommended that each student meet with the instructor early in the semester to discuss the project that best meets their needs and interests. **Additional information and resources can be found in the Major Project Assignment on Canvas.**

1. Lesson Plan Development and Video Presentation
  - Develop a 40–45-minute Lesson Plan Video Presentation on a topic of your choice
2. Comparative Paper: Sexuality in Other Cultures
  - A comparative paper asks that you analyze similarities or differences between two (or more) items. These items will differ depending on the assignment. For this assignment, the *Comparative Paper* will examine sexual norms and practices of the U.S. and another culture/society of your choice (excluding China and India as they are included as examples), such as the Middle East, Caribbean, Thailand, the Netherlands, and Nigeria, for example.
3. Sexuality-Related Research Paper
  - The topic and type will be determined in consultation with the instructor and student

## GRADING SCALE

The total number of points (rounded up) determines final grades. Current UF grading policies can be found here: <https://catalog.ufl.edu/UGRD/academic-regulations/grades-grading-policies/>.

Letter Grade	Points Needed for Each Letter Grade
A	475 – 500
A-	450 – 474
B+	435 – 449
B	415 – 434
B-	400 – 414
C+	385 – 399
C	365 – 384
C-	350 – 364
D+	335 – 349
D	315 – 334
D-	300 – 319
E	Below 300

The total number of points determines final grades.

## COURSE SCHEDULE

### Critical Dates and UF Observed Holidays

- Withdrawal with 25% Refund: September 15
- Drop Deadline: November 20
- Withdrawal Deadline: November 20
- Labor Day: September 4
- Homecoming: October 6 – 7
- Veterans Day (Observed): November 10
- Thanksgiving Break: November 22 – 24
- Complete list available here: <https://catalog.ufl.edu/UGRD/dates-deadlines/2021-2022/>

### Weekly Schedule

Week	Dates	Assigned Module & Class Schedule Notes	Assessments Due Friday 11:55 PM (Exception: Discussion Initial Post & Peer Review due Wednesday)
1	August 22-23	Course Introduction	Student Introductory Video
2	August 26-30	Module 1: Human Sexuality Perspectives	Activity # 1 Sex Twentieth Century Documentary

3	September 2-6	Module 2: Sex Research	Activity #2 Sexuality Research Review Paper
4	September 9-13	Module 3: Sexual Anatomy and Physiology	Discussion #1 Initial post due Wednesday; Response to the posts of peers due Friday  <b>Quiz 1 (Modules 1-3)</b>
5	September 16-20	Module 4: Gender and Orientation: Culture and Society	Activity # 3
6	September 23-27	Module 4: Gender/Orientation and Culture/ Society	Activity #3 Peer Review  Discussion #2 Initial post due Wednesday; Responses to the posts of peers due Friday
7	Sept. 30 – Oct. 4	Module 4: Gender/Orientation and Culture/ Society	Activity #4  <b>Quiz 2 (Module 4)</b>
8	October 7-11	Module 5: Sex Education and Sexual Health	Activity #4 Peer Review  Discussion #3 Initial Post due Wednesday; Responses to the posts of peers due Friday
9	October 14-18	Module 5: Sexual Health  Friday – Homecoming	Activity #5
10	October 21-25	Module 5: Sexual Health	Discussion #4 Initial Post due Wednesday; Response to the posts of peers due Friday  <b>Quiz 3 (Module 5)</b>
11	Oct. – Nov. 28 -1	Module 6: Sexuality across the life span	Activity #6
12	November 4-8	Module 6: Sexuality across the life span	Discussion #5 Initial Post due Wednesday; Response to the posts of peers due Friday  <b>Quiz 4 (Module 6)</b>

13	November 11-15	Monday: Veterans Day Module 7: Sexual Harm (Harassment, Abuse, Violence, and Trafficking)	Activity #7
14	November 18-22	Module 7: Sexual Harm and Atypical Sexual Behavior	Discussion #6 Initial Post due Wednesday; Response to the posts of peers due Friday
15	November 25-29	Thanksgiving Break	
16	December 2-6	Wednesday: Class Ends Thursday and Friday: Reading Days	Major Course Project Due Monday Major Course Project Peer Review Due Wednesday Quiz 5 (Module 7) Due Wednesday

This schedule may be changed further to address any emerging issues. An announcement will be posted on Canvas in the event of any changes.

**BEST WISHES FOR A GREAT SEMESTER**

○