

AMBER S. EMANUEL

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EMPLOYMENT

- 2015- present Lecturer
Department Health Education and Behavior
University of Florida
- 2013- 2015 Post-doctoral Associate
Southeast Center for Research to Reduce Disparities in Oral Health
Community Dentistry & Behavioral Sciences
University of Florida

EDUCATION

- 2013 Ph.D. Experimental Psychology, Kent State University
- 2009 M.A. Psychology, Kent State University
- 2008 M.A. Psychology, American University
- 2005 B.A. Psychology, Elizabethtown College

PUBLICATIONS

- Emanuel, A.S.** & Gallagher, K.M. (In Press). Health literacy. In K. Sweeny & M. L. Robbins (Eds.), *The Wiley encyclopedia of health psychology: The social bases of health behavior*.
- Emanuel, A.S.**, Godinho, C., Steinman, C., & Updegraff, J.A. (In Press). Education differences in cancer fatalism: the role of information seeking experiences. *Journal of Health Psychology*.
- Emanuel, A.S.**, Howell, J.L., Taber, J.M., Ferrer, R.A., Klein, W.M.P., & Harris, P.R. (In Press). Spontaneous self-affirmation promotes psychological wellbeing: Evidence from a nationally representative and generalizable adult sample. *Journal of Health Psychology*.
- Taber, J.M., Howell, J.L., **Emanuel, A.S.**, Ferrer, R.A., Klein, W.M.P., & Harris, P.R. (2016). Associations of spontaneous self-affirmation with health care experiences and health information seeking in a national survey of US adults. *Psychology & Health, 3*(31), 1-18.
- Emanuel, A.S.**, Kiviniemi, M.T., Howell, J.L., Hays, J., Waters, E.A., Orom, H., & Shepperd, J.A. (2015). Avoiding cancer risk information: Prevalence and correlates. *Social Science & Medicine, 147*, 113-120.
- Shepperd, J.A., **Emanuel, A.S.**, Howell, J.L., & Logan, H.L. (2015). Predicting scheduling and attending for an oral cancer examination. *Annals of Behavioral Medicine, 49*(6)-828-838.

- Logan, H.L., Guo, Y., **Emanuel, A.S.**, Shepperd, J.A., Dodd, V.J., Marks, J.G., Muller, K.E., & Riley, J.L. (2015). Determinants of first time cancer examinations in a rural community: A mechanism for behavior change. *American Journal of Public Health, 105*(7), 1424-1431.
- Shepperd, J.A., **Emanuel, A.S.**, Dodd, V.J., & Logan, H.L. (2015). The reliability of psychological instruments in community samples: a cautionary note. *Journal of Health Psychology, 1-9*.
- Updegraff, J.A., Brick, C., **Emanuel, A.S.**, Mintzer, R.E., & Sherman, D.K. (2015). Message framing for health: Moderation by perceived susceptibility and motivational orientation in a diverse sample of Americans. *Health Psychology, 34*(1), 20-29.
- Emanuel, A.S.**, McCully, S.N. Gallagher, K.M., & Updegraff, J.A. (2012). Using the Theory of Planned Behavior to explain the gender difference in fruit and vegetable consumption. *Appetite, 59*, 693-697.
- Ciesla, J.A., Reilly, L.C., Dickson, K.S., **Emanuel, A.S.**, Updegraff, J.A. (2012). Dispositional mindfulness moderates the effects of stress among adolescents: Rumination as a mediator. *Journal of Clinical Child and Adolescent Psychology, 41*(6), 760-770.
- Updegraff, J.A., **Emanuel, A.S.**, Gallagher, K.M., & Steinman, C. (2011). Framing flu prevention - An experimental field test of signs promoting hand hygiene during the 2009-2010 H1N1 pandemic. *Health Psychology, 30*, 295-299.
- Emanuel, A.S.**, Updegraff, J.A., Kalmbach, D.A., Ciesla, J.A. (2010). The role of mindfulness facets in affective forecasting. *Personality and Individual Differences, 49*(7), 815-818.
- Updegraff, J.A., **Emanuel, A.S.**, Suh, E.M., & Gallagher, K.M. (2010). Sheltering the self from the storm: Self-construal abstractness and the stability of self-esteem. *Personality and Social Psychology Bulletin, 36*(1), 97-108.

CONFERENCE PRESENTATIONS

- Emanuel, A.S.**, Godinho, C., Steinman, C., & Updegraff, J.A. (2015, February). *Examining the role of individual differences in physical and mental health*. Presented at the annual meeting of the Society for Personality and Social Psychology, Long Beach, CA.
- Emanuel, A.S.**, Shepperd, J.A., Dood, V.L., & Logan, H.L. (2014, April). *Using psychological instruments in community samples*. Poster session presented at the annual meeting of the Society of Behavioral Medicine, Philadelphia, PA.
- Emanuel, A.S.**, & Updegraff, J.A. (2013, March). *Who seeks health information from the internet versus a health care provider?* Poster presented at the annual convention of the Society of Behavioral Medicine, San Francisco, CA.
- Emanuel, A.S.**, McCully, S.N., Gallagher, K.M., & Updegraff, J.A. (2013, Jan). *Using the Theory of Planned Behavior to explain the gender difference in fruit and vegetable consumption*. Poster presented at the annual convention of the Society for Personality and Social Psychology, New Orleans, LA.
- Emanuel, A.S.** (2012, Jan). *Self-affirmation counters self-control depletion in restrained eaters*. Data

blitz presentation at the Social Health Network preconference at the annual convention of the Society for Personality and Social Psychology, San Diego, CA.

Emanuel, A.S., & Updegraff, J.A., (2012, Jan). *Self-affirmation counters self-control depletion in restrained eaters*. Poster presented at the annual convention of the Society for Personality and Social Psychology, San Diego, CA.

Emanuel, A.S., Updegraff, J.A., Gallagher, K. M., & Steinman, C. (2011, Jan). *Framing flu prevention: Experimental field test of signs promoting hand hygiene during the H1N1 pandemic*. Poster presented at the annual convention of the Society for Personality and Social Psychology, San Antonio, TX.

Emanuel, A.S., & Updegraff, J.A. (2010, Jan). *Regulatory focus and affective forecasts for the 2008 Presidential election*. Poster presented at the annual convention of the Society for Personality and Social Psychology, Las Vegas, Nevada.

TEACHING EXPERIENCE

- 2015- Present Instructor, University of Florida Department of Health Education and Behavior
- Emotional Health and Counseling (Fall 2015)
 - Personal and Family Health (Fall 2015, Spring 2016)
 - Online Personal and Family Health (Fall 2015, Spring 2016, Fall 2016)
 - Community and Environmental Health (Spring 2016, Fall 2016)
 - Online Community and Environmental Health (Spring 2016, Fall 2016)
- 2009 – 2013 Instructor, Kent State University Department of Psychology
- Personality Psychology (Fall 2009, Spring 2010)
 - General Psychology (Summer 2010, Spring 2011, Fall 2012)
 - Online/Distance Learning Health Psychology (Summer 2011, Fall 2011, Summer 2012)
 - Writing Intensive for Research Methods (Fall 2011, Spring 2013)
 - Quantitative Methods I (Spring 2012)

PROFESSIONAL SERVICE

- 2014- present Student Organization Advisor
- Delta Nu Zeta (2014-2015)
 - Love, Period (2015-present)
 - Gator Youth Fitness Movement (2015-present)
- 2009 – present Ad-hoc Reviewer
- European Journal of Personality
 - Appetite

ASSOCIATION MEMBERSHIPS

- 2013 – present Society of Behavioral Medicine
2011 – present Social Personality and Health Network
2009 – present Society for Personality and Social Psychology