## Garrett F. Beatty, M.S., M.Ed.

#### Curriculum Vitae

# **Contact Information**

**Title:** Lecturer, Applied Physiology & Kinesiology;

Tourism, Recreation & Sport Management

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College of Health & Human Performance

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Gainesville, Florida 32611

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# **Educational Background**

#### University of Florida, Gainesville, FL

Department of Applied Physiology and Kinesiology

Ph.D. candidate, Biobehavioral Science

Concentration: Exercise & Performance Psychology

Advisor: Christopher Janelle, Ph.D.

### University of Florida, Gainesville, FL

Department of Applied Physiology and Kinesiology

M.S. 2011

Concentration: Human Performance Advisor: Christopher Janelle, Ph.D.

#### University of Missouri, Columbia, MO

Department of Learning, Teaching, & Curriculum

M.Ed. 2007

Concentration: Curriculum & Instruction

#### University of Florida, Gainesville, FL

Department of Psychology

B.S. Cum Laude 2005 Major: Psychology

# Experience

# **Academic Appointments**

2015-present	<b>Lecturer</b> , Department of Applied Physiology & Kinesiology (APK), Department
	of Tourism, Recreation & Sport Management (TRSM), University of Florida
2011-2015	Alumni Graduate Fellow, APK, University of Florida
2008-2011	Academic Adviser, TRSM, University of Florida
2007-2008	Admissions Officer, Office of Admissions, University of Florida
2006-2007	Exceptional Education Instructor, English and Reading, Union County High
	School, Lake Butler, FL
2005-2006	World History Instructor, Lake Butler Middle School, Lake Butler, FL

## **Course Instructor – University of Florida**

APK 3400	Introduction to Sport Psychology
APK 5404	Sport Psychology
APK 6408	Performance Enhancement

### **Academic Service**

2015-present	Member, Search Committee for Lecturer in Sport Management
2015-present	Member, Search Committee for Assistant Professor in Sport Management
2012-2013	Member, Search Committee for the Dean of the College of Health & Human
	Performance
2011-2012	Member, Selection Committee for the College of Health & Human
	Performance Doctoral Dissertation Mentoring Award
2009-2013	Mentor, University of Florida Freshmen Minority Mentoring Program
2009-2011	Member, TRSM Internship Committee
2008-2011	Member, TRSM Curriculum Committee
2008-2011	Member, TRSM Petitions Committee
2007-2008	Member, Undergraduate Minority Recruitment and Scholarship Committee
2006-2007	Coach, Varsity Football, Varsity Track, Middle School Track (Head Coach);
	Union County High School & Lake Butler Middle School

# **Scholarly Works**

# **Research Focus**

The influence of emotional experience emotion regulation and attention on motor performance; athlete development; mental skills training; injury rehabilitation and coaching.

## **Invited Book Chapters**

- 1. Beatty, G.F., Fawver, B., & Janelle, C.M., (2015). Psychological determinants of expertise: emotional reactivity, psychological skills, and efficacy. In J. Baker & D. Farrow (Eds.), Routledge Handbook of Sport Expertise (Chapter 22, pp. 245-258). New York, NY: Routledge.
- 2. Fawver, B., Beatty, G.F., & Janelle, C.M., (2015). Measuring psychological determinants of expertise: dispositional factors. In J. Baker & D. Farrow (Eds.), Routledge Handbook of Sport Expertise (Chapter 21, pp. 232-244). New York, NY: Routledge.

#### **Refereed Journal Articles**

- 1. Beatty, G.F., Cranley, N.M., Carnaby, G., & Janelle, C.M. (In Press). Emotions predictably modify response times in the initiation of human motor actions: A meta-analytic review. Emotion.
- 2. Fawver, B., Beatty, G.F., Naugle, K.M., Hass, C.J., & Janelle, C.M. (2015). Emotional state impacts center of pressure displacement before forward gait initiation. Journal of applied biomechanics, 31(1), 35-40.
- 3. Beatty, G. F., Fawver, B., Hancock, G. M., & Janelle, C. M. (2014). Regulating emotions uniquely modifies reaction time, rate of force production, and accuracy of a goal-directed motor action. Human Movement Science, 33(1), 1-13.

## **Manuscripts in Review**

1. Beatty, G.F., Fawver, B., & Janelle, C.M. (In Review). Emotion regulation influences motor performance when individuals utilize expressive suppression, cognitive reappraisal, and attentional deployment.

### **Manuscripts in Preparation**

- 1. Beatty, G.F., Fawver, B., & Janelle, C.M. (preparation). Emotion regulation during ballistic movement: Temporal considerations for the employment of expressive suppression, emotional expression, and cognitive reappraisal.
- 2. Beatty, G.F. & Janelle, C.M. (preparation). The Temporal Influence Model of Emotion Regulation (TIMER) on motor performance.
- 3. Beatty, G.F. & Janelle, C.M. (preparation). Emotion and approach / avoidance motor function: The Affect Driven Action Model (ADAM).
- 4. Fawver, B., Beatty, G.F., Hass, C.J., Park, K.D., & Janelle, C.M. (preparation). Anteroposterior gait behavior is impacted by congruent and incongruent emotional states based on explicit response labels.

### **Published Abstracts and Proceedings**

- 1. Fawver, B., Beatty, G.F., Hass, C.J., Park, K.D., & Janelle, C.M. (*Accepted*). Explicit response codes modulate the influence of emotional stimuli on approach-avoidance behavior and selectively impact subjective emotional experience. *Journal of Sport & Exercise* Psychology.
- 2. Beatty, G.F., Cranley, N.M., Carnaby, G., & Janelle, C.M. (2014). Emotion modulation of motor response speed: A meta-analytic review of theoretical postulates. *Journal of Sport & Exercise* Psychology, *36*, S19.
- 3. Beatty, G.F., Fawver, B., & Janelle, C.M. (2014). Emotion regulation strategies influence memory guided, goal directed motor actions following short duration exposure to emotional stimuli. *Journal of Sport & Exercise* Psychology, *36*, S19.
- 4. Beatty, G.F., Fawver, B., & Janelle, C.M. (2013). Deliberate emotion regulation strategies produce distinct consequences to motor planning. *Journal of Sport & Exercise* Psychology, 35, S18-S19.

## **Industry Reports**

1. Beatty, G.F., & Fawver, B. (2013). What is the status of youth coach training in the U.S.? Washington D.C.: Aspen Institute: Project Play.

#### **Presentations**

- 1. Cranley, N., Beatty, G. F., Carnaby, G. & Curbow, B. (2015). Efficacy of interventions to increase colonoscopy screening: A systematic review and meta-analysis. Poster to be presented at the Psychosocial Oncology Conference, Washington, DC, July 2015.
- 2. Beatty, G.F. (2015). Utilizing eye-tracking technology in biomechanical research. Presented to APK6225 Biomechanical Instrumentation, UF Department of Applied Physiology & Kinesiology. Course instructor: Chris J. Hass, Ph.D.
- 3. Beatty, G.F. & Janelle, C.M. (2015). Emotion regulation, visual attention, & motor performance: A pilot study. College of Health & Human Performance Student Research Symposium.
- 4. Beatty, G.F. (2014). Emotion regulation strategies influence goal directed motor action. 2<sup>nd</sup> Annual Motor Neuroscience Summit, UF College of Health and Human Performance.
- 5. Howard, C.S., Beatty, G.F., Fawver, B., & Janelle, C.M. (2014). Utilization of emotion regulation following short duration exposure to affective stimuli affects performance of a ballistic motor task. College of Health & Human Performance Student Research Symposium.
- 6. Beatty, G.F. (2014). Performance Psychology: Emotion Regulation and Performance. Presented to faculty and students at Technische Universität Darmstadt, Germany and Goethe Universität Frankfurt am Main, Germany.

- 7. Beatty, G.F., Fawver, B., & Janelle, C.M. (2013). Regulating discrete emotional states during ballistic movement: An examination of expressive suppression, cognitive reappraisal, and attentional deployment. College of Health & Human Performance Student Research Poster Session.
- 8. Beatty, G.F. & Janelle, C.M. (2012). Emotion in Motion: Psychological mechanisms by which emotions impact motor function. Presented to PSY6930 Multidisciplinary Approaches to Cognition, UF Department of Psychology. Course instructor: Lise Abrams, Ph.D.
- 9. Beatty, G.F. (2012). International perspectives and opportunities for collaboration in psychology & biomechanics. Presented to faculty and graduate students at the Technische Universität Darmstadt, Germany.
- 10. Beatty, G.F. (2012). Emotion regulation and motor performance. Presented to the University of Florida, Perfectionism Laboratory. Lab Coordinator: Kenneth Rice, Ph.D.
- 11. Beatty, G.F., Roemmich, R.T., Naugle, K.M., Janelle, C.M., & Hass, C.J. (2012). Emotion as a gait therapy in Parkinson's patients: affective stimuli & gait pattern variability. American Society of Biomechanics, 2012 Annual Meeting.
- 12. Beatty, G.F., Fawver, B., & Janelle, C.M. (2012). Emotion regulation strategies influence the affective modulation of a discrete motor task. Association for Psychological Science, Annual Convention.
- 13. Tennant, J.E., Beatty, G.F., Coombes, S.A., & Janelle, C.M. (2012). Attentional bias and ballistic movements. Association for Psychological Science, Annual Convention.
- 14. Beatty, G.F., Fawver, B., & Janelle, C.M. (2012). Executing ballistic motor tasks while regulating emotional experience. College of Health & Human Performance Student Research Symposium.
- 15. Beatty, G.F. & Hancock, G.M. (2010). Do automatic and deliberate emotion regulation techniques differentially impact motor performance? NSF Research Day, University of Florida Graduate School & I-Cubed Program.
- 16. Costanzo, M.E., Beatty G.F., Breeden, A., Fawver, B., Janelle, C.M., Miller, M., Oldham, J., Russell, B., Van Meter, J., & Hatfield, B. D. (2010). Examination of the Brain Process Underlying Emotion Regulation within a Stress Resilient Population. University of Maryland School of Public Health Research Interaction Day.

#### Ad hoc reviewer

Journals: **Emotion** 

> Human Movement Science International Journal of Sport Psychology Journal of Counseling Psychology Journal of Sport & Exercise Psychology Journal of Sport Sciences

Social Cognitive and Affective Neuroscience Sport, Exercise, and Performance Psychology The Sport Psychologist

Abstracts: Association for Applied Sport Psychology Annual Conference

#### **Professional Affiliations**

Association for Applied Sport Psychology American Psychological Association, Division 47—Exercise & Sport Psychology North American Society for the Psychology of Sport and Physical Activity UF Sport Policy and Research Collaborative (SPARC)

# **Contract and Grant Activity**

## Completed

2014	University of Florida, Office of Research Graduate Travel Grant. \$400
2013	University of Florida, Graduate Student Council Travel Grant. \$250
2012	University of Florida, Graduate Student Council Travel Grant. \$250
2010	University of Florida, Graduate Student Council, Interdisciplinary Research
	Conference Research Grant. \$250

## **Grant Proposals**

2012	UF I-cubed Program Innovation through Institutional Integration: Proposal to investigate the influence of pain & psychological factors on the biomechanics of injured gait. Co-PIs: Garrett Beatty & Jaimie Roper. \$2,500
2012	National Science Foundation Research Grant Proposal: Proposal to investigate overt approach and avoidance behavior modulated by emotional states and consequences employing a human-gait model. PI: Christopher Janelle. \$225,609
2011	American Heart Association Grant Proposal: Proposal to investigate indices of expertise in cardiothoracic anesthesiologists and the development of training protocols for residents in cardiothoracic anesthesiology. PI: Christopher Janelle. \$962,495

# **Awards & Honors**

2011-2015	University of Florida, Graduate School Alumni Fellowship, Full Tuition Waiver and
	annual stipend to support research efforts. \$21,000 annually
2015	University of Florida, Graduate Student Council, Outstanding Graduate Student
2014	University of Florida, College of Health & Human Performance,
	Allen/Holyoak/Varnes Scholarship. \$1,500

2013	University of Florida, College of Health & Human Performance, Fabulous 50's Hill
	Brannon Endowed Scholarship. \$1,000
2012	University of Florida, College of Health & Human Performance, Lee-McCachren
	Endowed Graduate Scholarship. \$1,000
2012	University of Florida, College of Health & Human Performance Research Day
	Travel Grant. \$150