

University of Florida College of Health and Human Performance Department of Applied Physiology & Kinesiology Graduate Athletic Training Education Program

Spring 2019 Course Syllabus

COURSE INFORMATION:

PET 5936: Residency in Athletic Training (3 credits) Meeting Times: Fridays, 9:35-12:35 pm Meeting Location: TBD

INSTRUCTOR:

Dr. Brady L. Tripp PhD, ATC Clinical Assistant Professor Director, Graduate Athletic Training Program Office Location: FLG 148 Office: (352) 294-1725 E-mail: trippb@ufl.edu Office Hours: by appointment

COURSE DESCRIPTION:

The Athletic Training Residency Program is a structured series of post-professional didactic and practical experiences for Certified Athletic Trainers designed to deepen their theoretical understanding of the profession, enhance their critical thinking ability, and further develop a specialized body of knowledge and skills through research and scholarship. The Residency Program prepares Certified Athletic Trainers for leadership in clinical service, education, and administration. Students chose an Area of Residency Specialization, around which to plan series of didactic and clinical experiences. Students chose from four areas of specialization related to faculty expertise; and the clinical, administrative, teaching, and research components of the Graduate Athletic Training Education Program. The areas of specialization are: 1) Education, 2) Orthopedics, 3) Sport Biomechanics and 4) Strength and Conditioning.

Each student identifies an Area of Residency Specialization and drafts a list of specific Residency Objectives (goals) to achieve. Each objective is designed to demonstrate mastery of advanced knowledge and skills appropriate to the Area of Residency Specialization. Students then draft an Individualized Residency Plan (IRP) outlining the didactic and clinical experiences they will complete to help them achieve their Residency Objectives. There are two required Residency Objectives regardless of the Area of Residency Specialization chosen, 1) submission of a Competitive Paper and 2) a Capstone Project. Each Objective should describe a specific goal, desired results and guidelines (identify what is to be done and when).

Competitive Paper - Professional quality paper with a focus on a topic relative to the area of specialization submitted to a peer-reviewed publication or for presentation at an appropriate professional conference or symposium. Papers are approved by the instructor and may include (but are not limited to) case reports, formal literature reviews, original research, essays or position statements.

Capstone Project - A project demonstrating mastery and integration of skills and competencies gained through the Residency. Projects are approved by the instructor and may include but are not limited to case reports, formal literature reviews, original research, academic or professional reports (internal or external Athletic Training Education Program documentation), position statements, community service (coordination, administration and delivery of Athletic Training services) or other scholarly materials or activities (presentations, workshops, instructional tools, etc.). The comprehensive paper required for the Masters degree may count as a component of the Capstone Project.

Elements of Semester Individualized Residency Plans

- 1. **Residency Objectives** indicate and detail each objectives the Resident will achieve during the semester
- 2. **Resources** / **Methods** identify the resources and methods that the Resident will follow to accomplish the identified Residency Objectives. Indicate the specific didactic and practical experiences planned.
- **3.** Accountability describe specific objective standards of performance and the time of evaluation. Include a schedule of monthly meetings with instructor to present IRP Activity Reports including progress reports of IRP accomplishments and reflective journal entries.
 - Semester Accountability Report (review specific objectives and criteria for each semester)
 - Monthly Accountability Sessions (review specific objectives and criteria for each month)
 - Competitive Paper (submitted by:)
 - Capstone Project (completed by:)
- 4. **Consequences** specify positive and negative consequences, what does and will happen as a result of the evaluation.

REQUIRED TEXTS AND MATERIALS:

Reading materials will be available on the class web page (Sakai) or the instructor will provide soft or hard copies in person. Students are also expected to be able to search and critically-review recent literature and therefore are responsible for gaining access to peer-reviewed sources via online databases or University library holdings.

TEACHING STRATEGIES:

Course material will be presented through in-person meetings, online discussions and practical experiences with 3.0 contact hours per week. This class will consist primarily of discussions and hands-on clinical practice.

COURSE POLICIES:

Each student demonstrates comprehension of material through completion of a Competitive Paper, Capstone Project and other Residency Objectives.

Student Conduct Policy:

- All students are expected to conduct themselves in a respectful and responsible manner
- All students are expected to be on time for class
- All students are expected to turn off or silence their cell phones
- All students are expected to not participate in actions that may disrupt the class

The instructor reserves the right to ask any student to leave the classroom if the student violates any the above class procedures.

GRADING CRITERIA:

Competitive Paper	50%
Capstone Project	50%
TOTAL GRADE	100%

<u>Note</u>: When the decimal is .5 or below the grade is rounded down to the nearest whole number. If the decimal is .6 or above the grade is rounded up to the nearest whole number.

A	90 - 100
B +	87 - 89
B	80 - 86
C+	77 - 79
С	70 - 76
D+	67 - 69
D	62 - 66
E	Below 62

COLLEGE/UNIVERSITY-WIDE POLICIES:

Academic Honesty: Academic misconduct appears in a variety of forms (including plagiarism). It is a violation of the University of Florida Honor Code. We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honor and integrity by abiding by the Honor Code. On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: "On my honor, I have neither given nor received unauthorized aid in doing this assignment." The Honor Code (http://www.dso.ufl.edu/sccr/process/student-conduct-honor-code/) specifies a number of behaviors that are in violation of this code and the possible sanctions. Furthermore, you are obliged to report any condition that facilitates academic misconduct to appropriate personnel. If you have any questions or concerns, please consult with the instructor of this class. For more information regarding academic misconduct policies, consult the Undergraduate Catalog https://catalog.ufl.edu/ugrad/current/Pages/home.aspx.

Academic Assistance and Student Services: Students who are in need of academic, career, or personal counseling services are encouraged to see the academic assistance website for further information on available services (<u>http://oas.aa.ufl.edu/</u>).

University counseling services and mental health services are available at: 392-1575, <u>http://www.counseling.ufl.edu/cwc/Default.aspx</u>.

University Police Department: call 392-1111 or 9-1-1 for emergencies.

ADA Policy: The University of Florida provides accommodations for students with documented disabilities. Students requesting classroom accommodation must first register with the Dean of Students Office. The Dean of Students Office will provide documentation to the student who must then provide this documentation to the Instructor when requesting accommodation. For more information regarding services and procedures for requesting accommodations visit http://www.ada.ufl.edu/.

Student Responsibility for Course Prerequisites: Students are responsible to have satisfied all published prerequisites for this class. Please review the prerequisites and discuss any questions with your instructor and/or your academic adviser.

Last Day to Withdraw: In order to withdraw from a course it is not sufficient simply to stop attending class or to inform the instructor of your intention to withdraw. In accordance with college policy, contact your adviser to begin the withdrawal process. The last day for withdrawal from this course can be found at

https://catalog.ufl.edu/ugrad/current/Pages/home.aspx.

Confidentiality: The University ensures the confidentiality of student educational records in accordance with State University System rules, state statutes and FERPA, the Family Educational Rights and Privacy Act of 1974, as amended, also known as the Buckley Amendment.

Course Evaluation: Students are expected to provide feedback on the quality of instruction in this course based on 10 criteria. These evaluations are conducted online at https://evaluations.ufl.edu. Evaluations are typically open during the last two or three weeks of the semester, but students will be given specific times when they are open. Summary results of these assessments are available to students at https://evaluations.ufl.edu.

COURSE SCHEDULE AND TOPIC OUTLINE:

Weeks 1-2: Review of Residency Objectives for each Specialization

Weeks 3-4: Elements of Individualized Residency Plans, Monthly Accountability Review

Weeks 5-6: Competitive Paper and Capstone Project Criteria

Weeks 7-8: Education in Athletic Training, Monthly Accountability Review

Weeks 9-10: Recent Advances in Orthopedics Related to Athletic Training

Weeks 11-12: Application of Sport Biomechanics and Strength and Conditioning in Athletic Training, Monthly Accountability Review

Weeks 13-15: Semester Accountability Review, Capstone Projects Review