

**University of Florida** 

College of Health and Human Performance Department of Applied Physiology & Kinesiology Undergraduate Athletic Training Program

Fall 2017 Course Syllabus | Last Date Revised: 8/15/2017

# **COURSE INFORMATION**

ATR 4812: Athletic Training Clinical Experience I (4 credits) August 21<sup>st</sup>, 2017 – December 6<sup>th</sup>, 2017 Meeting Time: Fridays 9:35am – 11:30am Meeting Location: Yon 11

## INSTRUCTOR

Christopher Brown, PhD, LAT, ATC, CSCS Clinical Assistant Professor – AT Program Office Location: FLG 122 Office Phone: 352-294-1070 Email: <u>cdbrown7@ufl.edu</u> Office Hours: By appointment, please schedule on Calendly: <u>https://calendly.com/cdbrown7</u>

## **COURSE DESCRIPTION**

Provides the student with the opportunity necessary to grow both clinically and professionally within the field of athletic training through attendance at seminars, and the integration and synthesis of cognitive and psychomotor skills learned in previous semesters. *Pre-Requisite: ATR 3102 with minimum grade of C and admission into athletic training major* 

## **LEARNING OUTCOMES**

- 1. Demonstrate proficiency with selection, application and modification of taping, wrapping, or bracing techniques to manage common musculoskeletal injuries.
- 2. Demonstrate appropriate techniques for designing and implementing an emergency action plan for various situations (e.g., c-spine injury, breathing or cardiac emergency, heat related conditions, etc.)
- 3. Apply proper techniques to manage acute injury/illness (e.g., splinting, spine boarding, core temperature assessment, cardiac/breathing emergency, etc.)
- 4. Demonstrate proper application and removal of protective equipment used in sport (i.e., football helmet, lacrosse helmet, etc.).
- 5. Comply with safety and regulatory standards regarding proper protective equipment/procedures to reduce risk of bloodborne pathogens contamination/transmission in the athletic training setting.
- 6. Use baseline measures, pre-screening tools and scholarly evidence (i.e., normative data, position statements) to design prevention and referral plans for various injury/illness (e.g., concussion, hyperthermia, etc.).

### **REQUIRED TEXTS AND MATERIALS**

Textbook	ISBN	
Arnheim's Principles of Athletic Training		
Author: William E. Prentice Publisher: McGraw-Hill		
Year: 2017		
Edition: 16th	9781259824005	Required
Orthopedic Taping, Wrapping, Bracing & Padding		
Author: Joel W. Beam		
Publisher: FA Davis		
Year: 2017		
Edition: 3rd	9780803658486	Required
Emergency Management For Sport And Physical Activity		
Author: Douglas Casa and Rebecca Sterns		
Publisher: Jones and Bartlett		
Year: 2014	9781284022162	Required
Sports Emergency Care: A Team Approach		
Author: Robb Rehberg		
Publisher: SLACK, Inc.		
Year: 2013		
Edition: 2nd	9781617110054	Required
Trail Guide to the Body		
Author: Andrew Biel		
Publisher: Books of Discovery		
Year: 2014		
Edition: 5th	9780982978658	Required

## **COURSE REQUIREMENTS AND POLICIES**

**Examinations and Practical Examinations:** There will be NO make-up examinations unless exceptional conditions occur (as defined in the University of Florida Undergraduate Catalog). Please see this link for more information.

http://www.registrar.ufl.edu/catalog/policies/regulationattendance.html Prior permission from the professor is required. There will be a time limit for each examination. Examinations will evaluate the understanding of material from lecture, text, and other supplemental material provided. As part of the CAATE requirements for completion of *Educational Competencies and Proficiencies*, **all students must pass (i.e., earn a "C" = 72% or higher)** assessments of this **material or complete remediation before moving on to the next course in the AT Program**. Students may complete up to two additional remediation opportunities, beyond the original assessment, to successfully pass a skill (practical exam) or content area (written/e-learning exam) within this course. Any student who cannot successfully complete the required CAATE competency and/or proficiency examinations after two remediation sessions will have their case reviewed by the AT Steering Committee. Students who require remediation two or more times throughout the semester on written and/or practical exams may also have their case reviewed by the AT Steering Committee.

**Assignments:** Assignments are due at the onset of class on the date assigned to them or submitted prior to the designated deadline in e-learning. **Please type all assignments** unless otherwise stated in the directions. **LATE ASSIGNMENTS ARE NOT ACCEPTED!** If you will be

traveling for a University sanctioned event and will miss an assignment due date, your assignment is due **before** you leave. You must notify me with an explanation for missing class, in writing (email or letter), to receive an excused absence for class. Students are responsible for all materials missed because of an absence.

**Laboratory Experiences:** Laboratory experiences conducted throughout the semester may occur in Yon Hall 1, 11 or off-site at one of the local AT facilities. Attendance and participation with laboratory experiences is required. Written notification of an absence (i.e., email) prior to class is required for an absence to be excused (see university regulations as stated above). Details/specific requirements for lab experiences will be available in Sakai prior to the lab date. Students must wear proper attire (e.g., gym shorts, tank tops, sports bras, etc.) during all lab experiences.

**Clinical Experience:** Clinical experience hours and all associated documentation (i.e., midterm evaluations, final evaluations, clinical preceptor evaluations, etc.) are required components of this course. Please note – clinical experiences may begin or end outside of the traditional academic calendar (e.g., preseason, postseason); each clinical site supervisor will clarify expectations. If preseason or postseason is an expectation of the site, then it is considered a required component of the clinical experience. Emergency Cardiac Care, First Aid, Bloodborne Pathogens, HIPAA, and other program requirements must be current and on file to complete any clinical experience.

**Volunteer Experiences:** To enhance the valuable clinical opportunities available to athletic training students at the University of Florida, each will **complete a minimum of 3 volunteer experiences (outside of their assigned clinical experience) per semester**. Volunteer experiences may include (but are not limited to) 1) tournaments or multi-team events hosted by the University Athletic Association, Inc., Santa Fe College or Alachua County Public or Private High Schools (i.e., cross-country meet, indoor or outdoor track & field events, high school wrestling tournaments, Florida Relays, NCAA regional or national events, District or Regional high school events), 2) Professional Development Experiences (i.e., attending or presenting at SEATA Student Workshop, ATAF, NATA, High School Workshops), 3) Research Study Participation (note: should have a multi- day commitment or a minimum of 4 hours) and 4) Local Area Community Relations Events or Other Faculty Approved Events. Academic faculty must approve all volunteer experiences **prior** to completion; please document electronically using the current Volunteer Experience Form.

Attendance and Participation: Throughout the semester we may have various guest speakers' present information to the class. Your attendance at these presentations is expected; written notification of an absence (i.e., email) prior to the class is required for an absence to be excused (see university regulations as stated above). Prior preparation through chapter readings and outlining will enable active participation for productive discussions. All students are required to attend lecture and lab experiences (*please review the academic absence policy in the AT Program Student Handbook*). Requirements for class attendance and make-up exams, assignments, and other work are consistent with university policies found in the online catalog https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx

**COURSE SCHEDULE (SUBJECT TO MODIFICATION)** The course progression will tentatively follow the schedule below:

Dates	Topics	Assignments
Prior to		Volunteer Form
		<b>Clinical Site and EAP Orientation Form Due</b> Surgical Observation Form
Start		
		Prentice Chap 1; CAATE Standards/NATA
		Educations Competencies/BOC Practice Analysis;
25-Aug	Course Introduction; NATA/BOC/CAATE Review	Casa Chap 1; Rehberg Chap 1-2; PPE and Disqualifying Conditions PS; Emergency Planning
25-Aug	EMS System/Legal Issues	in Athletic PS; Prentice Chap 7
1-Sep	EAPs; PPEs; Practice Equipment	Appropriate Care of the Spine-Injured Athlete CS;
1-sep	Fitting	Casa Chap 3,8; Rehberg Chap 3-6
8-Sep	Equipment Removal; Spineboarding; Concussion	Rehberg Chap 3-5
15-Sep	CPR; AED; Airways; Vitals	Rehberg Chap 9-11
22-Sep	Wound Care and Splinting; Moving Patients	
29-Sep	Practical Exam #1 Times Will Begin at 9:00am	E-Learning Exam #1 Sep 29 <sup>th</sup> 6am-Sep 30 <sup>th</sup> 11:59pm
6-0ct		Preventing Sudden Death in Sports PS; Asthma PS;
	Homecoming	Diabetes PS; Sport Concussion PS; Sickle Cell CS
14-0ct	Sudden Death in Sports Review	Exertional Heat Illness PS; Lightning Safety PS
20-0ct	Environmental Issues	Beam Chap 3-7
27-0ct	Taping/Wrapping/Bracing Review (Lower Body)	Beam Chap 8-12
3-Nov	Taping Wrapping Bracing Review (Upper Body)	
10-Nov	Holiday	
17-Nov	Taping Wrapping Bracing Review	
24-Nov	Thanksgiving	
1-Dec		E-Learning Exam #2
	Practical Exam #2	Dec 1 <sup>st</sup> 6am-Dec 2 <sup>nd</sup> 11:59pm
	Times Will Begin at 9:00am	Professional Knowledge Book Due by
		<b>December 1</b> (submit in FLG 100c by December 8)

## **GRADING CRITERIA**

E-Learning Exams and Practical Exams	60%
Clinical Experiences; KSA Book; Volunteer Experiences	35%
Participation/Attendance	5%
TOTAL GRADE	100%

Letter	Grade	Percentage
Grade	Points	
Α	4.00	92 - 100
A-	3.67	89 - 91
B+	3.33	87 - 88
В	3.00	82 - 86
B-	2.67	79 - 81
C+	2.33	77 - 78
C-	2.00	72 - 76
C-	1.67	69 - 71
D+	1.33	67 - 68
D	1.00	62 - 66
D-	0.67	60 - 61
Е	0.00	Below 60

**IMPORTANT NOTE**: Students must earn a "C" or better in ATR 4315 to continue in the AT Program.

### COLLEGE/UNIVERSITY-WIDE POLICIES

Academic Honesty: As a student at the University of Florida, you have committed yourself to uphold the Honor Code, which includes the following pledge: "We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honesty and integrity." Students will exhibit behavior consistent with this commitment to the UF academic community. Academic misconduct appears in a variety of forms (including plagiarism) and may be punishable in a variety of ways, from failing the assignment and/or the entire course to academic probation, suspension or expulsion. On all work submitted for credit by students at the university, the following pledge is either required or implied: "On my honor, I have neither given nor received unauthorized aid in doing this assignment." Furthermore, as part of your obligation to uphold the Honor Code, you should report any condition that facilitates academic misconduct to appropriate personnel. It is your individual responsibility to know and comply with all university policies and procedures regarding academic integrity and the Student Honor Code. Faculty will not tolerate violations of the Honor Code at the University of Florida and will report incidents to the Dean of Students Office for consideration of disciplinary action. The Honor Code (http://www.dso.ufl.edu/sccr/process/student-conduct-honorcode/) specifies a number of behaviors that are in violation of this code and the possible sanctions. If you have questions about what constitutes academic misconduct before handing in an assignment, see your instructor.

Academic Assistance and Student Services: Students who are in need of academic, career, or personal counseling services are encouraged to see the academic assistance website for further information on available services. <u>http://www.ufadvising.ufl.edu/academic\_assistance/</u>

ADA Policy: The University of Florida provides accommodations for students with documented disabilities. For more information regarding services and procedures for requesting accommodations visit <a href="http://www.dso.ufl.edu/drc/">http://www.dso.ufl.edu/drc/</a> or call 352.392.8565. Students requesting classroom accommodation must first register with the Disability Resource Center. The Disability Resource Center will provide documentation to the student who must then provide this documentation to the Instructor when requesting accommodation. Students with disabilities should follow this procedure as early as possible in the semester.

**Campus Resources: U Matter, We Care**: Your well-being is important to the University of Florida. The U Matter, We Care initiative is committed to creating a culture of care on our campus by encouraging members of our community to look out for one another and to reach out for help if a member of our community is in need. If you or a friend is in distress, please contact <u>umatter@ufl.edu</u>; a nighttime and weekend crisis counselor is available by phone at 352.392.1575. The U Matter, We Care Team can help connect students to the many other helping resources available including, but not limited to, Victim Advocates, Housing staff, and the Counseling and Wellness Center. Please remember that asking for help is a sign of strength. In case of emergency, call 9-1-1.

University Police Department: 392.1111 or 9-1-1 for emergencies http://www.police.ufl.edu/

Counseling and Wellness Center: <u>http://www.counseling.ufl.edu/cwc/Default.aspx</u>, 352.392.1575; *Sexual Assault Recovery Services (SARS)* Student Health Care Center, 352.392.1161.

Career Resource Center: Reitz Union, 352.392.1601, http://www.crc.ufl.edu/

Cell Phone/Text Messaging Policy: Students will not engage in text messaging or access their cellular telephones during class time. Faculty will award special considerations at his/her discretion.

**Confidentiality:** The University ensures the confidentiality of student educational records in accordance with State University System rules, state statutes and <u>FERPA</u>, the Family Educational Rights and Privacy Act of 1974, as amended, also known as the Buckley Amendment. http://www.registrar.ufl.edu/catalog/policies/regulationconfidentiality.html

**Course Grading Policy**: Students will earn their course grade based on completion of coursework as outlined in the Grading Criteria listed above. Percentage calculations are rounded up at ".6 or above" and rounded down at ".5 or below". For more information regarding Grade Point Averages, Grade Values, etc. please visit the University registrar website listed below.

https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx

**Course Evaluations:** Students should provide feedback on the quality of instruction in this course by completing online evaluations <u>https://evaluations.ufl.edu</u>. Evaluations are typically open during the last two or three weeks of the semester, but students will be given specific times when they are open. Summary results of these assessments are available to students at <u>https://evaluations.ufl.edu/results</u>.

**Email and E-Learning Policy:** Students are required to check their University of Florida email and E-Learning Course account daily. Dissemination of reminders and course material may occur via email or through announcements in E-Learning; it is the student's responsibility to read and respond (if appropriate). *E-learning Help Desk*: <u>https://lss.at.ufl.edu/help.shtml</u> *Technical support*: 352.392.4357 (select option 2) or e-mail to <u>Learning-support@ufl.edu</u>

Last Day to Withdraw: In order to withdraw from a course it is not sufficient simply to stop attending class or to inform the instructor of your intention to withdraw. In accordance with college policy, contact your adviser to begin the withdrawal process. To view the last day for withdrawal please visit <a href="http://www.registrar.ufl.edu/catalog/adhub.html">http://www.registrar.ufl.edu/catalog/adhub.html</a>

Library Resources Support: <u>http://cms.uflib.ufl.edu/ask</u>

**Student Responsibility for Course Prerequisites:** Students are responsible to have satisfied all published prerequisites for this class. Please review the prerequisites and discuss any questions with your instructor and/or your academic advisor.

Student Complaints Process: https://www.dso.ufl.edu/documents/UF Complaints policy.pdf

**Teaching Center:** General study skills and tutoring <u>http://teachingcenter.ufl.edu/</u> Broward Hall, 352.392.2010 or 352.392.6420.

Writing Studio: Formatting and writing papers assistance <u>http://writing.ufl.edu/writing-studio/</u>