



COURSE INFORMATION

ATR 3102c, Section 4D51: Principles of Athletic Training (4 credits)
 June 26th, 2017 – August 4th, 2017
 Meeting Time: Monday & Thursday 9:30am-10:45am; Tuesday & Wednesday 9:30am – 12:15pm
 Meeting Location: Yon Hall Room 11

INSTRUCTOR

Dr. Patricia M. Tripp, ATC, LAT, CSCS
 Clinical Associate Professor
 Director, Undergraduate Athletic Training Program
 Office Location: 160 FLG
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 Email: pmcginn@hhp.ufl.edu
 Office Hours: By appointment, please email to confirm.

COURSE DESCRIPTION

Provides the student with knowledge of basic principles of athletic training, including prevention, recognition, and treatment of athletic injuries. Addresses the proper application of protective equipment, bracing/wrapping/taping techniques utilized by athletic trainers and introduces emergency management skills appropriate for sport. *Pre-Requisite: Admission into athletic training major*

LEARNING OUTCOMES

1. Recognize professional development and responsibility, educational expectations, and scope of practice guidelines of an athletic trainer.
2. Recognize the signs and symptoms of common athletic related injuries and apply basic first aid procedures for initial management.
3. Demonstrate proper techniques for wound care, stretching, taping, wrapping, and bracing for the prevention and treatment of common athletic injuries.
4. Recognize and use OSHA regulations and proper precautions for the prevention of bloodborne pathogens and infectious disease transmission.
5. Identify risk factors, prevention strategies, and signs/symptoms of injury/illness associated with environmental conditions.
6. Demonstrate proper techniques for applying protective equipment used in sport (e.g., football helmet, shoulder pads, etc.).
7. Recognize the basic principles of common therapeutic modalities used to treat athletic related injuries.
8. Demonstrate effective communication and documentation techniques used during injury/illness recognition.

REQUIRED TEXTS AND MATERIALS

Textbook	ISBN	
Principles of Athletic Training A guide to Evidence-Based Clinical Practice Author: William E. Prentice Publisher: McGraw-Hill Year: 2017 Edition: 16 th	978-1-259-82400-5	Required

Orthopedic Taping, Wrapping, Bracing & Padding Author: Joel W. Beam Publisher: FA Davis Company Year: 2017 Edition: 3 rd	978-0-8036-5848-6	Required
AT Course Pack (CAATE Professional Knowledge Book)	Available at Target Copy (University Ave.)	Required
Please view course fees at https://one.uf.edu/soc/		

COURSE REQUIREMENTS AND POLICIES

Examinations and Practical Examinations: There will be NO make-up examinations unless exceptional conditions occur (as defined in the University of Florida Undergraduate Catalog). Please see this link for more information. <http://www.registrar.ufl.edu/catalog/policies/regulationattendance.html> Prior permission from the professor is required. There will be a time limit for each examination. Examinations will evaluate the understanding of material from lecture, text, and other supplemental material provided. As part of the CAATE requirements for completion of *Educational Competencies and Proficiencies*, **all students must pass (i.e., earn a “C” = 72% or higher) assessments of this material or complete remediation before moving on to the next course in the AT Program.** Students may complete up to two additional remediation opportunities, beyond the original assessment, to successfully pass a skill (practical exam) or content area (written/e-learning exam) within this course. Any student who cannot successfully complete the required CAATE competency and/or proficiency examinations after two remediation sessions will have their case reviewed by the AT Steering Committee. Students who require remediation two or more times throughout the semester on written and/or practical exams may also have their case reviewed by the AT Steering Committee.

Quizzes: Quizzes will assess learning progress from lecture material and assigned readings. To ensure that students are reading the assigned material, the quizzes will be both announced and unannounced. There will be NO make-ups for missed quizzes (showing up late, etc.), unless exceptional conditions occur as defined in the University of Florida Undergraduate Catalog. Please see this link for more information <http://www.registrar.ufl.edu/catalog/policies/regulationattendance.html>

Assignments: Assignments are due at the onset of class on the date assigned to them or submitted prior to the designated deadline in e-learning. **Please type all assignments** unless otherwise stated in the directions. **LATE ASSIGNMENTS ARE NOT ACCEPTED!** If you will be traveling for a University sanctioned event and will miss an assignment due date, your assignment is due **before** you leave. You must notify me with an explanation for missing class, in writing (email or letter), to receive an excused absence for class. Students are responsible for all materials missed because of an absence.

Laboratory Experiences: Laboratory experiences conducted throughout the semester may occur in Yon Hall 1, or 11 or off-site. Attendance and participation with laboratory experiences is required. Written notification of an absence (i.e., email) prior to class is required for an absence to be excused (see university regulations as stated above). Details/specific requirements for lab experiences will be available in Canvas prior to the lab date. Students must wear proper attire (e.g., gym shorts, tank tops, sports bras, etc.) during all lab experiences.

Attendance and Participation: Throughout the semester we may have various guest speakers' present information to the class. Your attendance at these presentations is expected; written notification of an absence (i.e., email) prior to the class is required for an absence to be excused (see university regulations as stated above). Prior preparation through chapter readings and outlining will enable active participation for productive discussions. All students are required to attend lecture and lab experiences (*please review the academic absence policy in the AT Program Student Handbook*). Requirements for class attendance

and make-up exams, assignments, and other work are consistent with university policies found in the online catalog <https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>

COURSE SCHEDULE (SUBJECT TO MODIFICATION)

The course progression will tentatively follow the schedule below:

Dates	Topics	Assignment
June 26 th	Course Introduction Review of AT Program P&P and AT Program CAATE Professional Knowledge Book (<i>Available at Target Copy - University Ave.</i>) [Clinical Experience Contract - due via email to Dr. Tripp by 11:59pm]	Read/Review Prentice Chapter 1 and Supplemental Materials (Strategic Alliance Announcement 6-2015, CAATE Standards, NATA Educational Competencies, BOC Practice Analysis 7 th Edition, BOC Exam References and additional documents)
June 27 th	Chapter 1: Professional Development and Responsibilities (<i>additional documents in the Chapter 1 Folder in Resources</i>)	<i>Note: 2nd-3rd Period</i> Read/Review: Prentice Chapter 6 and Disqualifying Conditions – Pre-Participation Examination Position Statement
June 28 th	Chapter 6: Environmental Considerations (<i>additional documents in the Chapter 6 Folder in Resources</i>)	<i>Note: 2nd-3rd Period</i> Review NATA Position Statements (Preventing Sudden Death, Environmental Cold, Heat Illness and Executive Summary, Fluid Replacement, Lightning, Building Blocks #9 and #10 - Heat Illness)
June 29 th	NATA Position Statements Discussion & Environmental Lab and Worksheet (<i>additional documents in the Chapter 6 Folder in Resources</i>)	Position Statement Worksheet due July 5 th (in class) Read/Review: Prentice Chapter 7 and *Beam Chapters 1, 13
July 3 rd	Chapter 7/Chapter 13*: Protective Equipment (NATA – Head down Spearing Statement) Protective Equipment and Material Fabrication Lab (*Beam Chapter 1 Introduction to Tapes, Wraps, Braces and Pads; Riddell Fit Guidelines) and Chapter 7 Worksheet	NATA Official Statement: Pre-Hospital Care C-Spine and Executive Summary C-Spine Injury Management Spine Injury Consensus Statement (new)
July 4 th	No Classes – Independence Day	Read/Review Prentice Chapter 9-10 Clinical Skills Checklist and Clinical Integrated Proficiency HW (due August 1 st)
July 5 th	Chapter 9: Mechanisms and Characteristics of Musculoskeletal and Nerve Trauma Chapter 10: Tissue Response to Injury	<i>Note: 2nd-3rd Period</i>

July 6 th	E-Learning Exam I (opens 6am July 6th, due 11:59pm July 7th) <i>Prentice Chapters 1, 6, 7, 9-10 and Beam Chapters 1 and 13 and Position Statements/Supplemental Materials</i>	The Athletic Trainers' Association of Florida Clinical Symposium July 7 th – 9 th in Kissimmee, FL (www.atag.org/annual-meeting) Read/Review Prentice Chapter 13
July 10 th	Practical Exam I Appointments Environmental Concerns and Protective Equipment	SOAP Notes and Terminology Worksheet and Chapter 13 Review Worksheet (due in class July 12 th) Soap Note Sample Form Read Chapters 14 and 15
July 11 th	Chapter 13: Off-Field/Clinical Assessment and Documentation (Table 13-7, Medical Abbreviations List) Chapter 15: Using Therapeutic Modalities	<i>Note: 2nd-3rd Period</i> Chapter 14: Infectious Diseases, BBP and Universal Precautions Review (ECP 2017, Infectious Disease Statement, Knight JAT Article) and complete Quiz (due by 11:59pm July 12 th)
July 12 th	AT Facility Lab Experience –Therapeutic Modalities <i>Meet at Lemerand Center 9:45am</i> Reflection Paper – AT Facility Lab Experience (due 11:59pm July 12 th)	<i>Note: 2nd-3rd Period</i> Concussion Management Position Statement; Berlin Concussion Consensus Statement (new) Chapter 15 Review Worksheet (due in class July 17 th)
July 13 th	E-Learning Exam II (opens 6am July 13th and due 11:59pm July 14th) <i>Prentice Chapters 13-15</i>	Read/Review Prentice Chapters 8, 18-19 *Beam Chapters 3-5, Appendix A
July 17 th	Note: Prentice Part V Chapters – only review portions that correspond to notes Chapter 18: The Foot/Chapters 3* (Kinesiotaping *Beam Appendix A) Chapter 19: Ankle and Lower Leg/Chapters 4-5* Chapters 20-21/Chapters 6-7*:	Read/Review Prentice Chapters 20-21 *Beam Chapters 6-7
July 18 th	The Knee and Related Structures; The Thigh, Hip, Groin, and Pelvis	<i>Note: 2nd-3rd Period</i>
July 19 th	Beam Chapters 3-7*: Lower Extremity Stretching, Taping/Wrapping, Crutch/Cane Fitting Lab	<i>Note: 2nd-3rd Period</i>
July 20 th	E-Learning Exam III (opens 6am July 20th and due 11:59pm July 21st) <i>Prentice Chapters 18-21, Beam Chapters 3-7 (Includes Concepts from Intro Chapters Prentice 8, Beam 1-2*)</i>	Read/Review Prentice Chapters 22 *Beam Chapter 8
July 24 th	Chapters 22/Chapter 8*: The Shoulder Complex	Read/Review Prentice Chapters 23 *Beam Chapter 9
July 25 th	Practical Exam II Appointments [Lower Extremity]	<i>Note: 2nd-3rd Period</i> Read/Review Prentice Chapters 24 *Beam Chapters 10-12

July 26 th	Chapters 23/Chapter 9*: The Elbow Chapter 24/Chapters 10-11*: Forearm, Wrist, Hand, and Fingers	<i>Note: 2nd-3rd Period</i>
July 27 th	Beam Chapters 8-12*: Upper Extremity Stretching, Taping/Wrapping Lab	
July 31 st	Beam Chapters 8-12*: Upper Extremity Stretching, Taping/Wrapping Lab	Read/Review Prentice Chapters 25-27 *Beam Chapter 12
Aug 1 st	Chapters 25-27/Chapter 12*: The Spine; The Head, Faces, Eyes, Ears, Nose and Throat; The Abdomen and Thorax NATA Official Statement - Commotio Cordis	<i>Note: 2nd-3rd Period</i> Clinical Skills Checklist and Clinical Integrated Proficiency HW Due (in class)
Aug 2 nd	Practical Exam III Appointments [Upper Extremity]	<i>Note: 2nd-3rd Period</i> (Please complete course evaluation; opens Saturday, July 29 th at 12:01am and closes Friday, August 4 th at 11:59pm evaluations.ufl.edu)
Aug 3 rd	E-Learning Exam IV (opens 6am August 2nd - 11:59pm August 3rd) <i>Prentice Chapters 22-27, Beam Chapters 8-12 (Note – Concepts from Intro Chapters Prentice 8, Beam 1-2* also included)</i>	<i>AT Program CAATE Professional Knowledge Book- ATR 3102 Due by Friday, August 4th at 12pm (FLG 100)</i>

GRADING CRITERIA

Letter Grade	Grade Points	Percentage
A	4.00	92 - 100
A-	3.67	89 - 91
B+	3.33	87 - 88
B	3.00	82 - 86
B-	2.67	79 - 81
C+	2.33	77 - 78
C	2.00	72 - 76
C-	1.67	69 - 71
D+	1.33	67 - 68
D	1.00	62 - 66
D-	0.67	60 - 61
E	0.00	Below 60

GRADING CRITERIA

E-Learning Exams	50%
Practical Exams/Proficiencies	25%
Quizzes/Assignments/Labs	20%
Participation/Attendance	5%
TOTAL GRADE	100%

IMPORTANT NOTE: Students must earn a “C” or better in ATR 3102 to continue in the AT Program. Earning a “C” or better in ATR 3102 is a pre-requisite for the Fall AT Program Courses.

COLLEGE/UNIVERSITY-WIDE POLICIES

Academic Honesty: As a student at the University of Florida, you have committed yourself to uphold the Honor Code, which includes the following pledge: “We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honesty and integrity.” Students will exhibit behavior consistent with this commitment to the UF academic community. Academic misconduct appears in a variety of forms (including plagiarism) and may be punishable in a variety of ways, from failing the assignment and/or the entire course to academic probation, suspension or expulsion. On all work submitted for credit by students at the university, the following pledge is either required or implied: “On my honor, I have neither given nor received unauthorized aid in doing

this assignment." Furthermore, as part of your obligation to uphold the Honor Code, you should report any condition that facilitates academic misconduct to appropriate personnel. It is your individual responsibility to know and comply with all university policies and procedures regarding academic integrity and the Student Honor Code. Faculty will not tolerate violations of the Honor Code at the University of Florida and will report incidents to the Dean of Students Office for consideration of disciplinary action. The Honor Code (<http://www.dso.ufl.edu/sccr/process/student-conduct-honor-code/>) specifies a number of behaviors that are in violation of this code and the possible sanctions. If you have questions about what constitutes academic misconduct before handing in an assignment, see your instructor.

Academic Assistance and Student Services: Students who are in need of academic, career, or personal counseling services are encouraged to see the academic assistance website for further information on available services. <http://www.ufadvising.ufl.edu/academic-assistance/>

ADA Policy: The University of Florida provides accommodations for students with documented disabilities. For more information regarding services and procedures for requesting accommodations visit <http://www.dso.ufl.edu/drc/> or call 352.392.8565. Students requesting classroom accommodation must first register with the Disability Resource Center. The Disability Resource Center will provide documentation to the student who must then provide this documentation to the Instructor when requesting accommodation. Students with disabilities should follow this procedure as early as possible in the semester.

Campus Resources: U Matter, We Care: Your well-being is important to the University of Florida. The U Matter, We Care initiative is committed to creating a culture of care on our campus by encouraging members of our community to look out for one another and to reach out for help if a member of our community is in need. If you or a friend is in distress, please contact umatter@ufl.edu so that the U Matter, We Care Team can reach out to the student in distress. A nighttime and weekend crisis counselor is available by phone at 352-392-1575. The U Matter, We Care Team can help connect students to the many other helping resources available including, but not limited to, Victim Advocates, Housing staff, and the Counseling and Wellness Center. Please remember that asking for help is a sign of strength. In case of emergency, call 9-1-1.

University Police Department: 392.1111 or 9-1-1 for emergencies <http://www.police.ufl.edu/>
Counseling and Wellness Center: <http://www.counseling.ufl.edu/cwc/Default.aspx>,
352.392.1575; **Sexual Assault Recovery Services (SARS)** Student Health Care Center, 352.392.1161.

Career Resource Center: Reitz Union, 352.392.1601, <http://www.crc.ufl.edu/>

Cell Phone/Text Messaging Policy: Students will not engage in text messaging or access their cellular telephones during class time. Faculty will award special considerations at his/her discretion.

Confidentiality: The University ensures the confidentiality of student educational records in accordance with State University System rules, state statutes and [FERPA](#), the Family Educational Rights and Privacy Act of 1974, as amended, also known as the Buckley Amendment.
<http://www.registrar.ufl.edu/catalog/policies/regulationconfidentiality.html>

Course Grading Policy: Students will earn their course grade based on completion of coursework as outlined in the Grading Criteria listed above. Percentage calculations are rounded up at “.6 or above” and rounded down at “.5 or below”. For more information regarding Grade Point Averages, Grade Values, etc. please visit the University registrar website listed below.
<https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

Course Evaluations: Students should provide feedback on the quality of instruction in this course by completing online evaluations <https://evaluations.ufl.edu>. Evaluations are typically open during the last two or three weeks of the semester, but students will be given specific times when they are open. Summary results of these assessments are available to students at <https://evaluations.ufl.edu/results>.

Email and E-Learning Policy: Students are required to check their University of Florida email and E-Learning Course account daily. Dissemination of reminders and course material may occur via email or through announcements in E-Learning; it is the student's responsibility to read and respond (if appropriate). *E-learning Help Desk:* <https://lss.at.ufl.edu/help.shtml> *Technical support:* 352.392.4357 (select option 2) or e-mail to Learning-support@ufl.edu

Last Day to Withdraw: In order to withdraw from a course it is not sufficient simply to stop attending class or to inform the instructor of your intention to withdraw. In accordance with college policy, contact your adviser to begin the withdrawal process. To view the last day for withdrawal please visit <http://www.registrar.ufl.edu/catalog/adhub.html>

Library Resources Support: <http://cms.uflib.ufl.edu/ask>

Student Responsibility for Course Prerequisites: Students are responsible to have satisfied all published prerequisites for this class. Please review the prerequisites and discuss any questions with your instructor and/or your academic advisor.

Student Complaints Process: https://www.dso.ufl.edu/documents/UF_Complaints_policy.pdf

Teaching Center: General study skills and tutoring <http://teachingcenter.ufl.edu/> Broward Hall, 352.392.2010 or 352.392.6420.

Writing Studio: Formatting and writing papers assistance <http://writing.ufl.edu/writing-studio/>