



Location: Gainesville FL Date: 5/22/2014  
City State

Organization: UFHealth Hand and Upper Extremity

\*Contact Person(s): Mike Cricchio, MBA, OTR/L, CHT  
*\*Must have at least a Bachelor's degree in a related field and a minimum of 2 years' experience within the discipline.*

Address: 3450 Hull Road Gainesville 32603  
Street/PO Box City State/Zip

Phone: 352-273-7308 Fax: 352-273-7327

Email: criccm@shands.ufl.edu Website: www.ortho.ufl.edu

What semesters is your organization available to accept interns?  
 Fall (August-December)  Spring (January-April)  Summer (May-August)

Please check the specializations that best pertain to the internship experience offered:

Exercise Physiology  Fitness/Wellness

How many interns do you typically accept per semester? 7-8

Interns must complete a minimum of 35-40 hours per week (520 hours total). List the normal working hours for your organization. Please indicate any evening or weekend time commitments:

M-F: 7am-7pm (average 40 hr weekly for therapists and students; all schedules staggered).

Is office space available to interns?  Yes  No Shared staff room available  
Comments

Is a computer/scanner available to interns?  Yes  No Shared with therapists  
Comments

Does your organization offer paid or non-paid internships?  Non-paid  Paid (amount) \_\_\_\_\_

List other benefits your organization offers interns (i.e. housing, health insurance, travel reimbursement, etc.)

Excellent clinical experience in a professional environment.

List required purchases for interning with your site (e.g. parking pass, uniform, back-ground check, etc.):

- 1. UF Green parking minimum

List required skills or previous experience necessary for interning with your organization:

Strong interpersonal, communication, professional behaviors and willingness to learn and work.

Special Requirements (i.e. special application, proof of health insurance, immunizations, etc.)

*Please note: All interns are required to purchase professional liability insurance coverage for \$1,000,000*

Pre-internship interview; please call and arrange with site-coordinator.

Update immunizations

HIPPA training

Completion of the above as well as any additional requirements listed on Exhibit A (attached).

Provide a bulleted list of duties/responsibilities your organization expects to be fulfilled by interns:

- Observe & report on upper extremity surgeries as directed by mentor
- Work to maintain the operational flow of patients within the clinic
- Assist in taking and recording the medical history and treatment of patients
- Complete/present case study power point project on a specific patient and/or diagnosis
- Ensure flow of patients to/from therapy and surgeon clinics
- Assist full-time rehab aide with daily duties and responsibilities
- Assist with fabrication and fitting of various upper extremity orthoses (splints).
- Assist with electronic muscle testing
- Assist with patient assessment and daily treatment

Please describe a typical day for the intern:

A typical day is 8-9hrs in length and consists of working with your assigned therapist to:

- Ensure flow of patients to/from therapy and surgeon clinics
- Maintain the operational flow of patients within the clinic
- Assist the full-time rehab aide with daily duties and responsibilities
- Assist with fabrication and fitting of various upper extremity orthoses (splints).
- Assist with electronic muscle testing
- Assist with patient assessment and daily treatment

Interns must be evaluated on at least 6 of the following Student Learning Outcomes (SLO's). Please check each SLO that applies to the duties/responsibilities provided to interns at your organization.

APK Student Learning Outcomes (SLOs)	Applied Examples <i>(These examples used to describe each SLO are not exclusive; they are simply intended to provide clarity to the individual SLOs)</i>
<input checked="" type="checkbox"/> Integrate principles and methods of math, social sciences, and arts and humanities to applied physiology and kinesiology, wellness, and/or fitness environments.	<ul style="list-style-type: none"> <li>• Intern can perform body composition calculations.</li> <li>• Intern can identify socioeconomic impacts on health and fitness behaviors.</li> <li>• Intern can calculate target and max heart rates in order to prescribe aerobic exercise.</li> </ul>
<input checked="" type="checkbox"/> Identify and relate the nomenclature, structures, and locations of components of human anatomy to health, disease, and physical activity.	<ul style="list-style-type: none"> <li>• Intern can identify muscles used in specific exercises and name other exercises that use those muscles.</li> <li>• Intern can name specific structures damaged by pathologies like diabetes.</li> </ul>
<input checked="" type="checkbox"/> Identify, examine, and explain physiological mechanisms of homeostasis at various levels of an organism (i.e., cells, tissues, organs, systems).	<ul style="list-style-type: none"> <li>• Intern can explain the baroreflex.</li> <li>• Intern can explain why skeletal muscle cells atrophy when immobilized.</li> <li>• Intern can describe the impact of respiration on blood pH.</li> </ul>
<input checked="" type="checkbox"/> Investigate and explain the effects of physical activity on psychological health as well as the perspectives used to enhance adherence to healthier lifestyles.	<ul style="list-style-type: none"> <li>• Intern can explain how exercise helps depression.</li> <li>• Intern knows where to locate information related to psychological health impacts of various activities.</li> <li>• Intern can identify and properly refer individuals with eating disorders.</li> </ul>
<input checked="" type="checkbox"/> Identify and explain the acute and chronic anatomical and physiological adaptations to exercise, training, and physical activity.	<ul style="list-style-type: none"> <li>• Intern can explain why resting HR and BP are reduced following endurance training.</li> <li>• Intern can identify immediate and long-term benefits of resistance training.</li> </ul>
<input checked="" type="checkbox"/> Select and utilize the appropriate scientific principles when assessing the health and fitness of an individual and prescribing physical activity based on those assessments.	<ul style="list-style-type: none"> <li>• Intern can select a safe fitness test for a cardiac patient.</li> <li>• Intern can perform skinfold testing and use that data to prescribe appropriate amounts of exercise.</li> </ul>
<input checked="" type="checkbox"/> Solve applied physiology and kinesiology problems from personal, scholarly, and professional perspectives using fundamental concepts of health and exercise, scientific inquiry, and analytical, critical, and creative thinking.	<ul style="list-style-type: none"> <li>• Intern can describe which populations might be prone to ankle sprains.</li> <li>• Intern can identify medications which might lead to an impaired ability to perform aerobic exercise.</li> <li>• Intern can prescribe exercise to suit the goals of clients based on fitness assessments.</li> </ul>
<input checked="" type="checkbox"/> Collect, compare, and interpret qualitative or quantitative data in an applied physiology and kinesiology context.	<ul style="list-style-type: none"> <li>• Intern can perform a submaximal VO<sub>2</sub> test and use the collected data to classify the subject's level of fitness.</li> <li>• Intern can perform a laboratory experiment and compare their results to other similar studies.</li> </ul>
<input checked="" type="checkbox"/> Effectively employ written, oral, visual, and electronic communication techniques to foster inquiry, collaboration, and engagement among applied physiology and kinesiology peers and professionals as well as with patients, clients, and/or subjects.	<ul style="list-style-type: none"> <li>• Intern can explain to a patient the importance of hydration during exercise.</li> <li>• Intern can generate professional emails to ask scientific or medical questions.</li> <li>• Intern can generate an abstract to present research at a scientific or medical conference.</li> </ul>

Would you like to be added to the Department's list of approved sites for future interns?  Yes  No

Name of student requesting completion of the site approval form (if applicable): \_\_\_\_\_

I have reviewed the APK Undergraduate Internship Policies and Procedures Manual: 5/22/2014

Site Signature: **Mike Cricchio** Digitally signed by Mike Cricchio  
DN: cn=Mike Cricchio, o=UFHealth Hand and Upper Extremity,  
ou=UFHealth Hand and Upper Extremity,  
email=criccm@shands.ufl.edu, c=US  
Date: 2014.05.22 14:23:40 -04'00' Date: 5/22/2014

Department Approval: **dlrhodes@ufl.edu** Digitally signed by dlrhodes@ufl.edu  
DN: cn=dlrhodes@ufl.edu  
Date: 2014.05.22 14:33:25 -04'00' Date: 5/22/14

## EXHIBIT A

### REQUIREMENTS FOR STUDENTS AND/OR FACULTY PARTICIPATING IN CLINICAL EXPERIENCE AT SHANDS

Students and faculty with on-site supervision responsibilities must provide proof that they meet the following requirements when they come to Shands to begin their clinical experience:

1. General Health Screening and/or physical examination.
2. Proof of two MMR vaccines, administered 4 weeks apart, OR  
Laboratory (serological) proof of immunity to measles and rubella
3. Documentation of immunity to Chickenpox (varicella) by one of the following:
  - Documentation of two varicella vaccinations, administered 8 weeks apart, OR
  - Laboratory (serological) proof of immunity, OR
  - Documentation of a history of varicella disease or herpes zoster (“shingles”) by a licensed healthcare provider.
4. Tuberculosis screening: Negative Tuberculin skin test less than three months old OR (1) documentation of a previous positive tuberculin skin test and a chest x-ray showing no active tuberculosis disease, and/or (2) proof of completion of preventative therapy or treatment for active tuberculosis disease.
5. Hepatitis B vaccine:  
Documentation of completion of hepatitis B vaccine series.  
Documentation of Hepatitis B surface antibody serology (optional, but **recommended**).  
Declination of Hepatitis B vaccination completed.
6. Tetanus / Diphtheria / Pertussis: Documentation of one dose of tetanus/diphtheria/pertussis (Tdap) vaccination.
7. Vaccination with the current season’s quadrivalent formulation of the flu vaccine.
8. Completed training course on HIV and AIDS, as required by Florida Law. For students enrolled in the Athletic Training Program, a course for Bloodborne Pathogens may be substituted.
9. Evidence of health insurance. (May be waived for students demonstrating hardship).
10. Completed Shands’ HIPAA training and orientation.
11. State of Florida Criminal background check.