



SITE APPROVAL FORM

Location: Trinity FL Date: June 7, 2019
City State

Organization: Trinity Pain Center

\*Contact Person(s): Christopher Wittmann, PA-C
\*Must have at least a Bachelor's degree in a related field and a minimum of 2 years' experience within the discipline.

Address: 8145 Cerebellum Way, Suite 102 Trinity FL 34655
Street/PO Box City State/Zip

Phone: 727-264-8865 Fax: 855801-6125

Email: cwittmann@trinitypaincenter.com Website: www.trinitypaincenter.com

What semesters is your organization available to accept interns?
Fall (August-December) Spring (January-April) Summer (May-August)

Please check the specializations that best pertain to the internship experience offered:

Exercise Physiology Fitness/Wellness

How many interns do you typically accept per semester? 1

Interns must complete a minimum of 35-40 hours per week (520 hours total). List the normal working hours for your organization. Please indicate any evening or weekend time commitments:

Monday through Friday, 9:00 am to 5:00 pm

Is office space available to interns? Yes No Comments

Is a computer/scanner available to interns? Yes No Comments

Does your organization offer paid or non-paid internships? Non-paid Paid (amount) \$14.00/hr

List other benefits your organization offers interns (i.e. housing, health insurance, travel reimbursement, etc.)
hourly wages only

List required purchases for interning with your site (e.g. parking pass, uniform, back-ground check, etc.):
interns must have scrubs

List required skills or previous experience necessary for interning with your organization:

Interns will be trained in blood borne pathogen safety, radiation safety, and HIPAA laws

Special Requirements (i.e. special application, proof of health insurance, immunizations, etc.)

*Please note: All interns are required to purchase professional liability insurance coverage for \$1,000,000*

No special immunizations are required. Interns must provide us with their employment history for the past five years. Interns must pass a level two background check as required by AHCA. Trinity Pain Center will pay the cost of this.

Provide a bulleted list of duties/responsibilities your organization expects to be fulfilled by interns:

- record patients subjective history, including chief complaint
- record prior treatment, including physical therapy, injection therapy, surgeries, and medications
- take and record vital signs
- assist with procedures, including positioning of patients, positioning c-arm fluoroscope
- patient education, provided instruction for home exercise programs, providing instructions to patients prior to procedures
- processing urine toxicology labs
- review prescription drug monitoring program for each patient
- coordinate with other health care providers, including correspondence with imaging centers, physical therapy, and surgeons
- processing prior authorizations for medications and procedures

Please describe a typical day for the intern:

Intern will arrive and set-up examination rooms, log on to EMR and review patient list for the day. PDMP reports will be uploaded for review by the practitioners. Interns will bring patients to exam rooms, document subjective history, enter vitals and present each patient to their provider. For consultations, provider will see patient and relay the plan of care to the intern who will assist in entering and printing of prescriptions, imaging orders, and physical therapy orders. Interns will educate patients on the plan of care and answer any questions the patients may have prior to discharge. For patients undergoing procedures, the intern will bring the patient to the procedure suite, review the required consent, confirm the presence or absence of allergies or infections, and assist the patient with positioning on the table. They will then assist the physician with the scheduled procedure, positioning the fluoroscope while guided by the physician. Following the procedure, the intern will assist the patient and monitor for a brief time after the procedure is complete. The patient will then be provided with instructions and expectations prior to discharge. On alternating schedules, the intern will process prior authorizations for medications and procedures, respond to telephone calls, and assist with stocking medical supplies. At the end of the day, the intern will make certain the exam rooms are neat and orderly and shut down computer systems. Any equipment that requires sterilization will be packaged for the autoclave.

Interns must be evaluated on at least 6 of the following Student Learning Outcomes (SLO's). Please check each SLO that applies to the duties/responsibilities provided to interns at your organization.

APK Student Learning Outcomes (SLOs)	Applied Examples <i>(These examples used to describe each SLO are not exclusive; they are simply intended to provide clarity to the individual SLOs)</i>
<input checked="" type="checkbox"/> Integrate principles and methods of math, social sciences, and arts and humanities to applied physiology and kinesiology, wellness, and/or fitness environments.	<ul style="list-style-type: none"> <li>• Intern can perform body composition calculations.</li> <li>• Intern can identify socioeconomic impacts on health and fitness behaviors.</li> <li>• Intern can calculate target and max heart rates in order to prescribe aerobic exercise.</li> </ul>
<input checked="" type="checkbox"/> Identify and relate the nomenclature, structures, and locations of components of human anatomy to health, disease, and physical activity.	<ul style="list-style-type: none"> <li>• Intern can identify muscles used in specific exercises and name other exercises that use those muscles.</li> <li>• Intern can name specific structures damaged by pathologies like diabetes.</li> </ul>
<input type="checkbox"/> Identify, examine, and explain physiological mechanisms of homeostasis at various levels of an organism (i.e., cells, tissues, organs, systems).	<ul style="list-style-type: none"> <li>• Intern can explain the baroreflex.</li> <li>• Intern can explain why skeletal muscle cells atrophy when immobilized.</li> <li>• Intern can describe the impact of respiration on blood pH.</li> </ul>
<input checked="" type="checkbox"/> Investigate and explain the effects of physical activity on psychological health as well as the perspectives used to enhance adherence to healthier lifestyles.	<ul style="list-style-type: none"> <li>• Intern can explain how exercise helps depression.</li> <li>• Intern knows where to locate information related to psychological health impacts of various activities.</li> <li>• Intern can identify and properly refer individuals with eating disorders.</li> </ul>
<input checked="" type="checkbox"/> Identify and explain the acute and chronic anatomical and physiological adaptations to exercise, training, and physical activity.	<ul style="list-style-type: none"> <li>• Intern can explain why resting HR and BP are reduced following endurance training.</li> <li>• Intern can identify immediate and long-term benefits of resistance training.</li> </ul>
<input checked="" type="checkbox"/> Select and utilize the appropriate scientific principles when assessing the health and fitness of an individual and prescribing physical activity based on those assessments.	<ul style="list-style-type: none"> <li>• Intern can select a safe fitness test for a cardiac patient.</li> <li>• Intern can perform skinfold testing and use that data to prescribe appropriate amounts of exercise.</li> </ul>
<input checked="" type="checkbox"/> Solve applied physiology and kinesiology problems from personal, scholarly, and professional perspectives using fundamental concepts of health and exercise, scientific inquiry, and analytical, critical, and creative thinking.	<ul style="list-style-type: none"> <li>• Intern can describe which populations might be prone to ankle sprains.</li> <li>• Intern can identify medications which might lead to an impaired ability to perform aerobic exercise.</li> <li>• Intern can prescribe exercise to suit the goals of clients based on fitness assessments.</li> </ul>
<input type="checkbox"/> Collect, compare, and interpret qualitative or quantitative data in an applied physiology and kinesiology context.	<ul style="list-style-type: none"> <li>• Intern can perform a submaximal VO<sub>2</sub> test and use the collected data to classify the subject's level of fitness.</li> <li>• Intern can perform a laboratory experiment and compare their results to other similar studies.</li> </ul>
<input checked="" type="checkbox"/> Effectively employ written, oral, visual, and electronic communication techniques to foster inquiry, collaboration, and engagement among applied physiology and kinesiology peers and professionals as well as with patients, clients, and/or subjects.	<ul style="list-style-type: none"> <li>• Intern can explain to a patient the importance of hydration during exercise.</li> <li>• Intern can generate professional emails to ask scientific or medical questions.</li> <li>• Intern can generate an abstract to present research at a scientific or medical conference.</li> </ul>

Would you like to be added to the Department's list of approved sites for future interns?  Yes  No

Name of student requesting completion of the site approval form (if applicable): \_\_\_\_\_

I have reviewed the APK Undergraduate Internship Policies and Procedures Manual: June 10 2019

**Christopher Wittmann,** Digitally signed by Christopher Wittmann, PA-C Date

Site Signature: PA-C Date: 2019.06.10 08:57:57 -04'00' Date: June 10 2019

Department Approval: **Blain Harrison** Digitally signed by Blain Harrison DN: cn=Blain Harrison, o=Applied Physiology and Kinesiology, ou\_email=blainharrison@ufl.edu, c=US Date: 2019.06.12 07:44:19 -04'00' Date: 6/12/19