



SITE APPROVAL FORM

Location: Southington CT Date: 11/28/17
City State

Organization: Select Physical Therapy

*Contact Person(s): Amy Morocco, PT, DPT, ATC
*Must have at least a Bachelor's degree in a related field and a minimum of 2 years' experience within the discipline.

Address: 98 Main Street, Ste 202 Southington CT 06489
Street/PO Box City State/Zip

Phone: 860-620-9954 Fax: 860-620-9955

Email: amorocco@selectmedical.com Website:

What semesters is your organization available to accept interns?
[Fx] Fall (August-December) [Fx] Spring (January-April) [Fx] Summer (May-August)

Please check the specializations that best pertain to the internship experience offered:

[Fx] Exercise Physiology [] Fitness/Wellness

How many interns do you typically accept per semester? 1-2

Interns must complete a minimum of 35-40 hours per week (520 hours total). List the normal working hours for your organization. Please indicate any evening or weekend time commitments:

Our clinic is open 7a-7p Monday-Friday and 8-12 on Saturday. Hours will be dependent on the clinical instructor's schedule.

Is office space available to interns? [Fx] Yes [] No Counter space in clinic, 1 private room
Comments

Is a computer/scanner available to interns? [Fx] Yes [] No
Comments

Does your organization offer paid or non-paid internships? [Fx] Non-paid [] Paid (amount)

List other benefits your organization offers interns (i.e. housing, health insurance, travel reimbursement, etc.)

Monthly journal clubs/peer discussions
Opportunities to spend time at local high school athletic events with ATCs

List required purchases for interning with your site (e.g. parking pass, uniform, back-ground check, etc.):

background check

List required skills or previous experience necessary for interning with your organization:

Creating exercise programs based on patients current level of function, individual impairments, and specific goals; understanding of appropriate exercise prescription for all ages from teens to geriatrics; understanding of OSHA and HIPAA regulations; appropriate level of communication skills for all ages; knowledge of anatomy, physiology, and medical terminology

Special Requirements (i.e. special application, proof of health insurance, immunizations, etc.)

Please note: All interns are required to purchase professional liability insurance coverage for \$1,000,000

TB tests, Hepatitis B vaccination or waiver form, criminal background checks and CPR certification

Provide a bulleted list of duties/responsibilities your organization expects to be fulfilled by interns:

- maintain a clean, safe, and organized clinic environment
- communicate effectively with PTs about patient treatment plans
- arrive on time and dressed in casual professional attire
- assist with creating appropriate exercise programs for patients of all ages with varying orthopedic conditions with applied knowledge of anatomy, physiology, and comorbidities
- adapt exercise programs based on patient response
- present an inservice to staff on a topic to be determined based on clinic needs
- ask appropriate and professional questions to gain knowledge
- carefully read and understand post operative protocols for exercise prescription

Please describe a typical day for the intern:

The intern will assist PT staff with design of exercise programs for patients with various orthopedic conditions based on age, comorbidities, and injury or post-op precautions, progress and regress exercise programs, set up and break down equipment throughout the day, supervise patients through exercise, maintain a clean and safe environment throughout the day, interact with patients and staff in an engaged, inquisitive, and professional manner, and communicate with office support staff as needed.

Interns must be evaluated on at least 6 of the following Student Learning Outcomes (SLO's). Please check each SLO that applies to the duties/responsibilities provided to interns at your organization.

APK Student Learning Outcomes (SLOs)	Applied Examples <i>(These examples used to describe each SLO are not exclusive; they are simply intended to provide clarity to the individual SLOs)</i>
<input checked="" type="checkbox"/> Integrate principles and methods of math, social sciences, and arts and humanities to applied physiology and kinesiology, wellness, and/or fitness environments.	<ul style="list-style-type: none"> • Intern can perform body composition calculations. • Intern can identify socioeconomic impacts on health and fitness behaviors. • Intern can calculate target and max heart rates in order to prescribe aerobic exercise.
<input checked="" type="checkbox"/> Identify and relate the nomenclature, structures, and locations of components of human anatomy to health, disease, and physical activity.	<ul style="list-style-type: none"> • Intern can identify muscles used in specific exercises and name other exercises that use those muscles. • Intern can name specific structures damaged by pathologies like diabetes.
<input checked="" type="checkbox"/> Identify, examine, and explain physiological mechanisms of homeostasis at various levels of an organism (i.e., cells, tissues, organs, systems).	<ul style="list-style-type: none"> • Intern can explain the baroreflex. • Intern can explain why skeletal muscle cells atrophy when immobilized. • Intern can describe the impact of respiration on blood pH.
<input checked="" type="checkbox"/> Investigate and explain the effects of physical activity on psychological health as well as the perspectives used to enhance adherence to healthier lifestyles.	<ul style="list-style-type: none"> • Intern can explain how exercise helps depression. • Intern knows where to locate information related to psychological health impacts of various activities. • Intern can identify and properly refer individuals with eating disorders.
<input checked="" type="checkbox"/> Identify and explain the acute and chronic anatomical and physiological adaptations to exercise, training, and physical activity.	<ul style="list-style-type: none"> • Intern can explain why resting HR and BP are reduced following endurance training. • Intern can identify immediate and long-term benefits of resistance training.
<input checked="" type="checkbox"/> Select and utilize the appropriate scientific principles when assessing the health and fitness of an individual and prescribing physical activity based on those assessments.	<ul style="list-style-type: none"> • Intern can select a safe fitness test for a cardiac patient. • Intern can perform skinfold testing and use that data to prescribe appropriate amounts of exercise.
<input checked="" type="checkbox"/> Solve applied physiology and kinesiology problems from personal, scholarly, and professional perspectives using fundamental concepts of health and exercise, scientific inquiry, and analytical, critical, and creative thinking.	<ul style="list-style-type: none"> • Intern can describe which populations might be prone to ankle sprains. • Intern can identify medications which might lead to an impaired ability to perform aerobic exercise. • Intern can prescribe exercise to suit the goals of clients based on fitness assessments.
<input type="checkbox"/> Collect, compare, and interpret qualitative or quantitative data in an applied physiology and kinesiology context.	<ul style="list-style-type: none"> • Intern can perform a submaximal VO₂ test and use the collected data to classify the subject's level of fitness. • Intern can perform a laboratory experiment and compare their results to other similar studies.
<input checked="" type="checkbox"/> Effectively employ written, oral, visual, and electronic communication techniques to foster inquiry, collaboration, and engagement among applied physiology and kinesiology peers and professionals as well as with patients, clients, and/or subjects.	<ul style="list-style-type: none"> • Intern can explain to a patient the importance of hydration during exercise. • Intern can generate professional emails to ask scientific or medical questions. • Intern can generate an abstract to present research at a scientific or medical conference.

Would you like to be added to the Department's list of approved sites for future interns? Yes No

Name of student requesting completion of the site approval form (if applicable): _____

I have reviewed the APK Undergraduate Internship Policies and Procedures Manual: 12/1/17 Date: _____

Site Signature: Amy Morocco Digitally signed by Amy Morocco
DN: cn=Amy Morocco, o>Select Medical, ou>Select Physical Therapy, email=amorocco@selectmedical.com, c=US
 Date: 2017.12.01 10:56:31 -05'00' Date: 12/1/17

Department Approval: Blain Harrison Digitally signed by Blain Harrison
DN: cn=Blain Harrison, o=Applied Physiology and Kinesiology, ou_email=blainharrison@ufl.edu, c=US
 Date: 2017.12.11 12:42:27 -05'00' Date: _____