



Q1.
APPLIED PHYSIOLOGY AND KINESIOLOGY (APK)
INTERNSHIP SITE APPROVAL FORM

Q2.
The **Department of Applied Physiology and Kinesiology (APK)** at the University of Florida would like to thank you in advance for taking the time to complete the approval process and your willingness to provide valuable internship opportunities to our students. The Department of APK requires that all undergraduates complete a 12-credit internship experience and graduate students complete a 5-credit internship experience during their final semester. The experience requires a minimum of 520 clock hours for undergraduates and 600 clock hours for graduate students, or 35-40 hours a week for 15 weeks, for the Fall and Spring semesters or 40-45 hours a week for 13 weeks, for the Summer semester. Ideally, interns become exposed to the tasks that will be required of them as professionals in the field, as well as receive opportunities to develop their skills and areas of interest within their specialization. The specializations within the department are:

Exercise Physiology (Undergraduate): Prepares students interested in pursuing a career in one of the health professions or graduate study in exercise science. The curriculum provides a strong basic science background and requires additional course work in the biological aspects of exercise. For intern hours in this specialization, students are expected to complete hours in a biomedical research setting related to exercise and/or sport.

Fitness/Wellness (Undergraduate): prepares students to function as an exercise technician, exercise specialist, and/or wellness instructor in hospital, corporate, private, or governmental agencies. The curriculum emphasizes practical aspects of fitness and wellness.

Human Performance (Graduate): The Human Performance concentration is a non-thesis program leading to a Master of Science degree in Applied Physiology and Kinesiology. Its purpose is to train students for careers where they can promote scientifically based exercise, wellness, and psychological factors to enhance health, athletic development and/or movement performance. Furthermore, students will be trained to be an integral part of the health care team that administers, assesses, and develops programs for clinical populations.

Please review the [APK Internship Policies and Procedures](#) Document to gain a better understanding of the expectations of students and site supervisors during the experience.

Q5. Organization Name

North Florida South Georgia Veterans Health System

Q6. Organization Location(s) - Include Addresses Of All Locations To Be Included As Part Of This Approval

1601 SW ARCHER RD, GAINESVILLE FL, 32608

Q7. Name of Individual Who Will Receive Applications From Students

Myers, Keith J.

Q8. Email Address of Individual Who Will Receive Applications From Students

Keith.Myers2@va.gov

Q9. Phone Number of Individual Who Will Receive Applications From Students

352-548-6000 ext 6922

Q10. URL of Website For Organization

Q11. Name of Individual Who Will Supervise Students Directly During Internship and Complete Evaluations

Myers, Keith J

Q12. Email Address of Individual Who Will Supervise Students Directly During Internship and Complete Evaluations

Q13. Phone number of Individual Who Will Supervise Students Directly During Internship and Complete Evaluations

352-548-6000 ext 6922

Q14. What Semester(s) Is Your Organization Available To Accept Interns?

- Fall (August - December)
- Spring (January - April)
- Summer (May - August)

Q15. APK Internship Policy requires that a site supervisor hold one degree higher than the student intern. This means that site supervisors of undergraduate interns must hold at least a bachelor's degree and those of graduate interns must hold at least a master's degree. Based on this policy, for which category of students is your organization willing to accept applications? Check all that apply

Undergraduate Students

Graduate Students

Q16. How many interns is your organization willing and able to support per semester?

1

Q17. Describe the normal working hours anticipated for an intern at your organization. Please indicate likelihood and circumstances surrounding any evening or weekend time commitments.

Monday through Friday, 40 Hours per week between the hours of 7:30AM and 5:00PM.

Q18. Does your organization offer non-paid or paid internships?

Non-paid

Paid (amount)

Q21. List other benefits your organization offers interns (i.e. housing, health insurance, travel reimbursement, etc.)

None.

Q22. List required purchases for interning with your organization (i.e. parking pass, uniform, I.D. Badge, etc.)

None

Q23. List required skills or previous experience necessary for interning with your organization

General knowledge of health science, and a clear interest in Veteran medical care.

Q24. List any special credentials or documents required to intern with your organization (i.e. CPR/First Aid, Liability Insurance, Personal Training Certification, OSHA training, HIPAA training, Pre-Internship orientation, background check)

VA Privacy and Information Security Awareness and Rules of Behavior Certification and Privacy and HIPAA Training Certification. Provided by the VA.

Q25. Provide a bulleted list of duties/responsibilities your organization expects to be fulfilled by interns:

- Instruct, motivate, safeguard and assist patients as they practice exercises and functional activities with various acute and chronic pathophysiologicals (including CAD, Pulmonary, Metabolic, Musculoskeletal, and Neurological Disorders)
- Transitioning of physical therapy patients to a comprehensive exercise setting
- Fitness testing (to include: tests of balance, agility, gait and mobility, upper body and lower body muscular strength and endurance, and cardiovascular endurance)
- Assess vital signs, anthropometric and joint kinematics to determine effect of treatments and/or patient progression.
- Observe patients during treatments to compile and evaluate data on their responses and progress, and provide results to recreation/physical therapist in person or through progress notes
- Confer with therapy staff or others to discuss and evaluate patient information for planning, modifying, and coordinating treatment
- Administer active and passive/manual therapeutic exercises, aquatic exercises, as well as modalities such as heat, ice, electrical stimulation, ultrasound and biofeedback.
- Recommend and fit patients for orthopedic braces, prostheses, and adaptive equipment such as crutches
- Communicate with or instruct caregivers and family members on patient therapeutic activities and treatment plans
- Project work to include news letter articles and educational presentations to be delivered through various media
- Experience with processes of intake counseling, exercise prescription, exercise programming / implementation / supervision including progression, and evaluation
- Analysis of exercise outcome including: improvement, compliance, and facility utilization
- Facility / Program daily operation including: staffing, communication, and additional duties such as equipment maintenance and document reproduction

Q26. Please describe a typical day for the intern:

Observing and assisting in patient care activities across our physical therapy and occupational therapy clinics as well as our recreation therapy fitness and aquatic clinics. APK interns will provide supportive services to the therapy staff and progress to assisting with evaluative and therapeutic interventions.

Q28. Interns must be evaluated on at least 6 of the following 9 Student Learning Outcomes (SLO's). Please check each SLO that applies to the duties/responsibilities provided to interns at your organization.

- | | |
|---|---|
| <input type="checkbox"/> Integrate principles and methods of math, social sciences, and arts and humanities to applied physiology and kinesiology, health, wellness, and/or fitness environments. | <input checked="" type="checkbox"/> Select and utilize the appropriate scientific principles when assessing the health and fitness of an individual and prescribing physical activity based on those assessments. |
| <input checked="" type="checkbox"/> Identify and relate the nomenclature, structures, and locations of components of human anatomy to health, disease, and physical activity. | <input type="checkbox"/> Solve applied physiology and kinesiology problems from personal, scholarly, and professional perspectives using fundamental concepts of health and exercise, scientific inquiry, and analytical, critical, and creative thinking. |
| <input checked="" type="checkbox"/> Identify, examine, and explain physiological mechanisms of homeostasis at various levels of an organism (i.e., cells, tissues, organs, systems). | <input type="checkbox"/> Collect, compare, and interpret qualitative or quantitative data in an applied physiology and kinesiology context. |
| <input checked="" type="checkbox"/> Investigate and explain the effects of physical activity on psychological health as well as the perspectives used to enhance adherence to healthier lifestyles. | <input checked="" type="checkbox"/> Effectively employ written, oral, visual, and electronic communication techniques to foster inquiry, collaboration, and engagement among applied physiology and kinesiology peers and professionals as well as with patients, clients, and/or subjects. |
| <input checked="" type="checkbox"/> Identify and explain the acute and chronic anatomical and physiological adaptations to exercise, training, and physical activity. | |

Q29. Would you like to be added to the Department's list of approved sites for future interns?

- Yes
 No

Q32. Have you reviewed the APK Internship Policies and Procedures Manual?

- Yes
 No

Q30. Signature of Individual Who Will Be Receiving Internship Applications

✕  clear

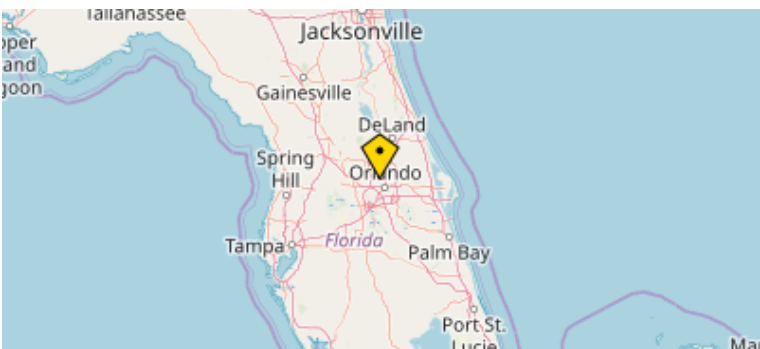
Q31. Signature of Individual Who Will Be Supervising And Evaluating Students During The Internship

✕  clear

Location Data

Location: ([28.622497558594](#), [-81.431701660156](#))

Source: GeolIP Estimation



The map displays the state of Florida with major cities labeled: Jacksonville, Gainesville, DeLand, Orlando, Spring Hill, Tampa, Palm Bay, and Port St. Lucie. A yellow location pin is placed in the central-eastern part of the state, near DeLand and Orlando. The word 'Florida' is written across the state.



Blain Harrison, APK Internship Coordinator