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ANY LUCKY CHARMS? Nope. I’m a Cheerios guy.
LAST TIME YOU WERE TRULY EMBARRASSED? Last week, when asked for my glasses, the bemused dental assistant just pointed to my nose.


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DO YOU HAVE A QUESTION FOR DEAN REID? Email askdeanreid@hhp.ufl.edu and your question might even show up in the next issue of Performance Magazine.
DR. BRIAN MILLS (TRSM) has been analyzing the influence of Major League Baseball (MLB) monitoring technology and incentives on umpire performance with respect to ball-strike calls. Recently his research has explicitly been used by the MLB’s Playing Rules Committee to reconsider its strike zone policy for the future of MLB. The 2014 baseball season saw the lowest runs per game since 1981 and the research shows the increased incentive pay, monitoring, and incentives implemented, were performance based in the strike zone as the root of the problem.

Using data from 1988 through 2013, Dr. Mills found that umpires respond to incentive pay, monitoring, and new training. When there were performance based incentives implemented, they saw a large increase in the strike rate (demanded by MLB). Later, when Ques-Tec, Pitch-f/x, and Zone Evaluation ball tracking systems were put in place, they saw large increases in strike rates, as well as accuracy of ball-strike calls.

DR. JULIA ALBER (HEB) graduated from UF in May 2015. She immediately started a postdoctoral fellowship in the Human School of Medicine at the University of Pennsylvania. During her time at UF, Dr. Alber received exceptional research experience and training, under the mentorship of DR. MICHAEL STELLEFSON, in the application of digital health for the prevention and management of chronic disease. Dr. Alber plans to continue researching in this area at her new position, and hopes to obtain a tenure-track assistant professor position at a research-intensive university in the future.

Holly Turner Moses was hired in 2005 by the Department of Health Education and Behavior (HEB) to oversee the undergraduate program. She provides academic advisement and career counseling to HEB majors, manages the department internship program, and serves as the main instructor for the Health Education Professional Development course. Dr. Moses also teaches Community and Environmental Health, Youth Health issues, as well as Teaching Health in Elementary School for the undergraduate program. Additionally, she serves as the faculty sponsor for the professional student honorary Eta Sigma Gamma, Alpha Lambda chapter, and is the faculty advisor for SHIP (School Health Interdisciplinary Program).

Dr. Moses earned a BSHSE ('03) and MSHSE ('05) from the Department of HEB and earned a Ph.D. in Curriculum and Instruction from the University of Florida College of Education in 2013. She views her position less as an “advisor” and more as a “life coach.” She believes it is her duty to prepare competent, confident, experienced and motivated professionals for their future roles within the health field.

DR. DAVID VAILLANCOURT (APK) and Co-Principal Investigator Dr. Diem Bowers were recently notified a new training grant will be funded by the National Institutes of Health. The team will direct training of Ph.D. students in the Interdisciplinary Training in Movement Disorders and Neurorestoration. In this specific grant, the focus is on movement disorders. Movement is core to who we are as humans. Diseases that affect movement strip away our ability to live life effectively, which can lead to problems with processing our emotions and can have deleterious effects on how we think. The goal of this new predoctoral T32 is to develop independent investigators with programs of research in movement disorders which focus on the ABC’S of translational research: aetiology, biomarkers/ endophenotypes, and causative and symptom based therapies. Drs. Chris Hass and Evangelos Christou will mentor the Ph.D. students funded by this award.

DR. SVETLANA STEPCHENKOVA (TRSM) was selected by the International Tourism Studies Association (ITSA) for its 2014 Best Emerging Scholar in Tourism (BEST) Award. She was recognized for her achievement at the 5th ITSA Biennial Conference at Murdoch University in Perth, Australia in November 2014.

Dr. Hass is also faculty in the international- ly recognized Center for Movement Disorders and Neurorestoration where he co-leads the interdisciplinary Progressive Supranuclear Palsy & Atypical Parkinsonian Disorders clinic, a one of a kind partnership between the University of Florida’s College of Medicine and the College of HHP.

DR. CHRISTINE STOPKA (HEB), with her team of graduate (led by Mona Sayedul Huq) and undergraduate students (led by Chelsea Stewart), continue to run the UF Inclusive Fitness & Sports Program with students from Sidney Lanier Career School. These 18-22 year old students with developmental and intellectual disabilities, continue to improve their self-esteem, volunteers, since 1989, this program has thrived; but recent- ly, with greater numbers of UF volunteers and increased research skills, more light has been shed on these incredible improve- ments. The Sidney students are showing significant advances in all physical fitness skills as well as improved developmental motor skills such as running speeds and throwing distances, many surpassing the skills of UF students! Vocational skills and intellectual disabilities, continue to in- crease in their ability to live life effectively. The program has thrived in its mission to provide its participants with increased opportunities.

Dr. Hass directs one of the most dynamic clinical-research programs in Parkinson’s Disease and movement disorders in the country. Dr. Hass is also faculty in the internation- ally recognized Center for Movement Disorders and Neurorestoration where he co-leads the interdisciplinary Progressive Supranuclear Palsy & Atypical Parkinsonian Disorders clinic, a one of a kind partnership between the University of Florida’s College of Medicine and the College of HHP.

Dr. Hass was selected to pres- ent at the 2015 TEDxUF talks on March 21. He presented on “Empowering the Fight Against Parkinson’s Disease: One Step at a Time.” This is TEDxUF’s 6th year and with over 1,200 people in attendance and 8 speakers, it is the biggest TEDx event in the Southeast. Dr. Hass

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DR. HOLLIE MOSES (HEB) NAMED HHP ADVISOR OF THE YEAR

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HHP MAKING A DIFFERENCE.

SARAH EBERHART, HHP’s director of undergraduate student services, was awarded a UF Superior Accomplishment Award on March 12. This award program recognizes staff members who contribute outstanding and meritorious service, efficiency and/or economy, or to the quality of life provided to students and employees. Recognition by one’s peers is the highest point of achievement. Division-level award recipients receive cash awards of $200 each, while competition for university-level awards, which offer up to $1,000 and $2,000 cash awards.

“GET UP! WHY YOUR CHAIR IS KILLING YOU” Author, Dr. James Levine, was the keynote speaker at the 2015 D.K. Stanley Lecture Series on March 26. “Sitting is more dangerous than smoking, kills more people than HIV and is more treacherous than parachuting.” says Levine, “low NEAT is linked to, among other things, weight gain, diabetes, heart attacks and cancer. So, standing while you read this could do something towards saving your life!” Dr. Levine is the 30th Stanley Lecturer to participate in the D.K. Stanley Lecture series funded by the Frederick Family Endowment at the College of HHP.

THE 2015 SPRING AWARDS took place on April 10 to honor the very best of HHP alumni and staff. The award selection committee is tasked with the challenge of selecting individuals who have made an impact on their communities and helped advance their industries forward. This year’s recipients truly fulfilled the criteria. The 2015 Alumni Hall of Fame inductees were: Kim Hatch, a dedicated staff member who contributed significantly to HHP’s Signature Sponsorship of this event; Trudy B.K. Stevens Service Award recipient, who has provided invaluable service to the College of Health and Human Performance; and Judi Patrick and Berry Patrick, 2015 Alumni Hall of Fame inductees.

THIS MARCH, HHP’S DEPARTMENT OF TOURISM, RECREATION AND SPORT MANAGEMENT (TRSM) successfully hosted the 8th Annual Swamp Scramble Golf Tournament. Swamp Scramble was established in 2010 to generate revenue to enhance the TRSM experience for HHP students. In the past six years, through the help of our very generous sponsors, the tournament raised over $65,000 that has enabled the department to:

• support student organizations by hosting speakers and special events geared toward professional development;
• fund faculty to take students on class trips;
• provide scholarships for students to travel and present research;
• create grants for undergraduate students to complete research with faculty advisors;

Mark-Sario Group at Morgan Stanley has been the Signature Sponsor of this event since its inception and is instrumental to the success of the tournament. To view pictures from this year’s event, visit the photo gallery section at hhp.ufl.edu.

A LIFE OF ADVENTURE AND SERVICE

BY MARY LANE

As a young University of Florida student in the late 1940s and early 1950s, Maury Edmonds had aspirations to be a football coach. He was on a scholarship as the manager of the basketball team and football team which he felt would help him prepare for a life in athletics. This, along with his major in physical education, gave him a solid foundation.

HOWEVER, IN 1953 UPON GRADUATION, he was commissioned into the United States Army as an infantry officer through UF’s ROTC program. In the Army, Edmonds was able to put his leadership skills to work. “I found my niche in the Army,” Edmonds explains. “I never thought it would end up being a 35 year career, but the satisfaction I got from the camaraderie with my fellow soldiers and the lessons I was learning about leadership and loyalty, could not have been more instrumental in my life.”

Edmonds served in the United States, Korea, Germany and Vietnam including two combat tours with infantry units. These were life-changing experiences which helped to mold Edmonds and the many troops that served with him. At times it was lonely as the only means of communication back home were thoughtful, handwritten letters to his wife, Jane. Meanwhile, Jane was busy raising their two sons that were both born in Germany.

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How could Edmonds have known that the lessons he learned in the Army would carry over to his future career? For Edmonds, the camaraderie with his fellow soldiers and the lessons he learned about leadership and loyalty, could not have been more instrumental in his life.

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Golf wasn’t the only sport in which Billy Horschel (BSSPM ’09) excelled. Throughout his youth he played baseball, tennis and football, in addition to the sport for which he’s now famous. But, golf started for him at a very young age. He would go out in the backyard with his father, a single digit handicap golfer, and just started swinging the club. “I wanted to follow my dad and do what he did,” he remembers.

“I was 15 or 16 years old I shifted that focus solely to golf,” says Billy Horschel, PGA Golfer of the Year in 2013 at the Zurich Classic of New Orleans and 23rd in the world rankings. “The financial side of sports was always so interesting to me. I remember taking a sport business class at HHP that explained how money is worked into facilities and infrastructure of sports teams and how athletes are paid. It was fascinating. If golf wasn’t meant to be, sports would still have been a part of my life,” Horschel recalls. But, it turns out golf was definitely meant to be. Horschel turned professional in 2009 and after several years slowly moving up the PGA ranks, he celebrated his first win in 2013 at the Zurich Classic of New Orleans in his 61st PGA Tour start. Horschel earned his second win at the 2014 BMW Championship and moved to 23rd in the world rankings. The next week, he won The Tour Championship and with it the FedEx Cup. Two weeks later, he and wife Brittany welcomed their first daughter, Skylar, into the world.

“Horschel eagerly turns to the slopes to get away from “the office”. Four years ago, he took up snowboarding and since then has gone to the mountains every winter to clear his head and get away from the grind. "I always keep four tees, any repair tool in my right pocket on tour. If I use a ball marker and a divot repair tool in my right pocket, I replace it right away new tee out of my pocket, not as big as I had made it. Skyur gut things into perspective for me. Also, having an infant teaches anyone a huge lesson in patience, it’s hard, but she’s the best," gushes Horschel. While most people play a round of golf to relax from their everyday lives, Horschel takes the stress of golfing away from "the office". Four years ago, he took up snowboarding and since then has gone to the mountains every winter to clear his head and get away from the grind.

Horschel’s success on the golf course, he and Brittany embrace the spirit of giving back. They also volunteer with Habitat for Humanity (habitat.org). When trying to think of the best advice he’s been given, he confesses it’s from his dad, but can’t recall a specific nugget. In the end, he knows what he’s learned from his parents, “Always work hard. As long as you’re working hard, feel like you’re doing the right things, and maybe take a few punches along the way. Success will follow and it will be rewarding.” And so it has.

“My iPad. "It’s hard, but she’s the best," gushes Horschel.

Quick Fire: Billy Horschel

On Vacation Do you prefer beach or snow? “Snow. Definitely snow.”

What is the most unusual thing you keep in your golf bag? “A 1936 quarter. I used to keep a 1936 quarter, the year I was born, but I lost it. I was handed the 1936 quarter as change at the Checkers on the corner of University and 34th in Gainesville. I figured it was 50 years before I was born. I loved that!”

Any hidden talents? “Not really, I’m a bad singer, don’t whistle, ‘well, I’m a half-way decent dancer.” (Note: Brittany, Billy’s wife, chimed in at this point and said “He’s being modest... he’s a great dancer!”)

Any superstitions? “I always keep four tees, a ball marker and a divot repair tool in my right pocket on tour. If I use a new tee out of my pocket, I replace it right away otherwise I feel like my equilibrium is off. If I shoot a bad shot and realize a tee was missing, I blame it on that.”

Any Alumni Profile.

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Any Alumni Profile.
Mary Kirkland (BSPE 1986) did not plan to study Athletic Training (AT) when she transferred to UF from the University of South Florida in 1984. A pre-nursing major at USF, she considered studying journalism, but after meeting with a College of Health and Human Performance (HHP) academic advisor, the words Athletic Training resonated as her perfect fit. Having been an athlete who loved sports, she had an interest in science and medicine, but had little AT practical experience. She began honing her skills in the Student Injury Care Center (SICC), a joint venture with UF Student Health and HHP.

Mary was indeed a Trail Blazer. As one of the few female students in athletic training, she was one of the first females the University Athletic Association (UAA) agreed to have as a student volunteer in their Sports Medicine department, which in the 1980s was a segregated program for men’s and women’s sports. When a new Women’s Head Athletic Trainer was hired, she was so impressed with Mary’s work ethic and AT skills she assigned her to gymnastics, women’s golf, tennis, track and field, and swimming and diving. According to longtime HHP professor and Mary’s program advisor, Dr. Christine Stojka, “Mary’s excellence helped to get the UAA to accept our students, yes females, for the first time - even for men’s sports!”

After graduation, Mary began working as a football graduate assistant at the University of Cincinnati but returned to Florida to begin her professional athletic training career. Having grown up on Florida’s Space Coast and the daughter of a Kennedy Space Center (KSC) engineer, it’s no wonder Mary was drawn to NASA. Hired in 1989 as an exercise specialist, Mary addressed a need expressed by KSC employees for onsite access to athletic training services. In 1997 she became rehabilitation coordinator and used a 100 square foot space within the KSC Fitness Center to create “RehabWorks,” NASA’s first and only Athletic Training/Musculoskeletal Rehabilitation Clinic. This accomplishment established her as one of the first female ATs to work in the newly emerging occupation/industrial setting.

According to Mary, “having immediate access to ATs, the KSC workforce is provided with prevention, treatment, rehabilitation and reconditioning services utilizing a sports medicine model that maximizes long-term recovery and reduces lost work time.” In 1998, Mary was promoted to athletic training supervisor, and since that time, her RehabWorks program has expanded into a 1,500 square foot clinic.

Mary has been repeatedly recognized by the National Athletic Trainers’ Association (NATA) for significant contributions as a leader in bringing athletic training/health services to the occupational and industrial world, as well as breaking down barriers for women in the field of athletic training. From 1999 to 2006, Mary held several NATA leadership positions and in 2009 was recognized as a Most Distinguished Athletic Trainer by the NATA. And as an integral member of NASA’s Aerospace Medical Team from 1998-2011, Mary is proud of the role she played in America’s space program, providing athletic training services for US and international astronauts during launch and landing of the space shuttle. Mary’s most recent project at KSC has been the development and implementation of a Balance Initiative, for which she was awarded NASA’s Center Innovation Funding to develop “Balance Zones” at KSC where employees can learn how to reduce slip, trip and fall (STF) injuries using a skill set common to athletes - proprioception. Partnering with NASA Safety and fellow UF alumnum Dr. Keith Naugle, she is researching a best practice methodology for STF injury prevention among middle aged workers.

For Mary, her role at KSC is more than an occupation, it’s caring for her family. “I’m there to provide daily expert musculoskeletal knowledge, skills and education to the KSC’s ‘industrial athletes.’” Although Mary credits the College of HHP with her success and finding her “calling,” it is her continued dedication to excellence and her enthusiasm for what she does that enables her to excel in her field. In 2002, Mary was inducted into the HHP Hall of Fame in recognition of her outstanding contributions to the field of athletic training. Mary is a true pioneer for women, for occupational health services, and for the field of athletic training.
IN THE 1940s, CLINT WYNN’S (BSESS 1998) grandfather studied business at UF and played in the Florida Band. He was also on the newspaper staff of the “Florida Alligator.” In the 1960s, Wynn’s father was a pre-vet student at UF and earned his BS in Agriculture. He was actively engaged in Alpha Tau Omega (ATO) fraternity. When it came time for Wynn to pick a school, the choice was clear.

“I AM A THIRD-GENERATION GATOR and am proud to continue our family tradition,” Wynn says with pride. During his time at UF, Wynn built many unforgettable memories with his peers. “If the walls of the Florida Gym could talk, they would back up the many solid friendships that were made during our years attending classes at the College of Health and Human Performance,” recalls Wynn.

His specific friendship carries on today. Wynn first met Jamie Pesek during orientation at the University of Florida in 1996. Their friendship is still strong today, partly because of the love Wynn’s grandfather suffered from amyotrophic lateral sclerosis (ALS) in later years. Through the years, their families have stayed connected and recently participated in an ALS fundraiser together and have supported each other in the loss of their loved ones.

In December 1998, Wynn graduated from UF with his Exercise Science major and a specialization in Athletic Training. After graduation, he was hired to train the football team as a graduate assistant. “It was great, as he’s always doing legs in the front of the Florida Gym. As you enter the historic building, you will find yourself face-to-face with an Alligator caught by Wynn and Pesek and kindly donated to the College in 2000. In 2010, another shared catch was gifted to Emerson Alumni Hall.”

Wynn travels the two hours north from Pasco County for most of the Gater Football games and tailgates in the Florida Gym courtyard, his daughter, Anna, and fellow PhD graduates, faculty and students. “You just can’t miss Wynn, as he’s always doing legs in the front of the Alligator skin vest. Just another reason you know he’s a true Gator.”

PATTY BLAKE (BSHE 1981) is a captain of an USTA 3.0 Women’s 25 and over division tennis team called the Maitland Miracles. They are the 2014 Florida Sectionals Champions and competed in the national tourna- ments at the USTA National Campus in Orlando, Arizona where they finished 5th in the nation. They play at their community park in Maitland, Florida.

MICHELLE PARK (BSHE 1997) has over 35 years of experience in the public park and recre- ation profession having worked at the local level in Palm Beach County and now with the City of Gainesville, at the state level with the Ohio Parks and Recreation Association and the Maryland Recreation and Parks Association and at the na- tional level with the National Recreation and Park Association. She has been a volunteer at the local, state and national level on boards and commit- tees and is truly passionate about explaining the benefits of parks, recreation and cultural affairs. She will move into this position as her son, Taylor, starts his first year in college on August 20.

Wynn has contributed to the development of the College of Health & Human Performance and is proud to serve on the Dean’s Leadership Council. He is also a life individual member of the University of Florida Alumni Association, and a member of the President’s Council at the same level, as well as the UF Legacy Society. He is a member of the University of Florida Alumni Association, and a member of the President’s Council at the same level, as well as the UF Legacy Society.

JAMIE BENTON (MPE 1990), former UF track and cross country coach from 1969–1979, recently retired as founder and President of Running Ltd. The company offered Nike sponsored camps for distance runners for over 40 years and built a reputa- tion that attracted over 170 high school runners each summer. In 1998 he pro- moted private coaching services for adult runners. Using his philosophy of Effort Over Effec- tiveness, James quenches his wanderlust by adventuring all over the world and immersing himself in the local cultures and customs.

RYO T. BENSON (MPE 1995), former UF track and cross country coach from 1969–1979, recently retired as founder and President of Running Ltd. The company offered Nike sponsored camps for distance runners for over 40 years and built a reputa- tion that attracted over 170 high school runners each summer. In 1998 he pro- moted private coaching services for adult runners. Using his philosophy of Effort Over Effec- tiveness, James quenches his wanderlust by adventuring all over the world and immersing himself in the local cultures and customs.

James Di Virgilio’s (BSBE 2004, MSSID 2005) is the founder of Chacon Diaz & Di Virgilio Wealth Management, a fiduciary consulting firm, located in Gainesville, FL. The firm was recently honored to be named to the 100 fastest growing companies started by displaced professional athletes. This past year, James served as the President of the Gainesville Sports Foundation, an organization that brings over $4 million a year to the Gainesville community through sports tourism. James is also an adjunct professor at the University of Florida, where he teaches undergradu- ates, graduates students, and student athletes about investing. When not engaged in professional- activities, James quenches his wanderlust by adventuring all over the world and immersing himself in the local cultures and customs.

JAMIE BELLAMY BARTHOLOMEW (BSAPK 2007) is the new Executive Director of the March of Dimes Florida Chapter. “As a Community Coach at Marist School in New York City, I have engaged in many unforgettable memories with my athletes and have built a reputation as an effective coach,” she said. Jamie is engaged in many unforgettable memories with her athletes and has built a reputation as an effective coach.

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PATTY BLAKE (BSHE 1981) is a captain of a USTA 3.0 Women’s 25 and over division tennis team called the Maitland Miracles. They are the 2014 Florida Sectionals Champions and competed in the national tourna- ments at the USTA National Campus in Orlando, Arizona where they finished 5th in the nation. They play at their community park in Maitland, Florida.

MICHELLE PARK (BSHE 1997) has over 35 years of experience in the public park and recre- ation profession having worked at the local level in Palm Beach County and now with the City of Gainesville, at the state level with the Ohio Parks and Recreation Association and the Maryland Recreation and Parks Association and at the na- tional level with the National Recreation and Park Association. She has been a volunteer at the local, state and national level on boards and commit- tees and is truly passionate about explaining the benefits of parks, recreation and cultural affairs. She was recently named the President’s Council at the same level, as well as the UF Legacy Society.

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The Florida Gym celebrated its 65th Anniversary in 2014, and as anyone who walked these halls knows, this building is brimming with history. The entire UF Student Body used to fit in the gymnasium and it was the location for all commencement ceremonies and many large concerts and events in the state of Florida. Not to mention, all Florida Gator Basketball home games were played here, prior to the O’Connell Center opening. Here are just a few of the highlights from the Florida Gym’s 65 years...
“For thirty years, the students, faculty, my old department of Exercise and Sport Sciences at HHP, and the University of Florida helped create the best experiences and employment this country boy from Utah could have ever expected.”

—OWEN HOLYOAK, RETIRED FACULTY

1954
The College’s first master’s degree is offered as a Master of Physical Education and Health, with a major in physical education.

1957
John F. Kennedy spoke in the Florida Gym. He was a U.S. Senator at the time.

1964
Johnny Cash performed before a packed house in the Florida Gym.

1967
Heisman Trophy winner Steve Spurrier graduated from the College with a B.S. in Physical Education.

1978
The Student College Council was established.

1986
The College changed its name to the College of Health and Human Performance. The Center for Exercise Science is established.
“In the mid 1970s the College of HPER (now HHP) gave me a new direction in my life when Dr. T took interest in my future and guided me toward the Recreation curriculum. Forty years later, I am forever grateful for her doing so! I love this profession that provides so many benefits to people and the environment.”

—MICHELLE PARK, CPRP, BSR 1976, CITY OF GAINESVILLE PARKS, RECREATION AND CULTURAL AFFAIRS
“The HHP community combines rich history with modern innovation to provide a truly unique college experience for our students, and ambassadors represent this culture at our core. We are a diverse set of students, representing HHP’s investment in our student population, united by a passion to serve our college.”

—CHELSEA STEWART, HEB ’15
We’ve all seen movies or TV shows with a similar story line. There’s an alcoholic or drug addict, ruining their life and visibly disappointing their friends and family. Then comes the intervention and the months or years of clinical treatment and participation in mutual help groups. Since we’re all familiar with this scenario, we might think we understand the process of recovery from substance use disorders, but research tells us otherwise. This is not the only pathway to recovery, and it isn’t even the most common one.
They’re participating in finding their own solution and perhaps even helping others find success through research.

Population studies show that most people with alcohol or drug problems do not seek professional treatment. In fact, between 66% and 75% of remissions occur without treatment, but the mechanisms of behavior change that produce those rates have not been well investigated. Understanding how alcohol and drug abusers recover on their own has potential for increasing the appeal, effectiveness, and population impact of services.

“A common misconception is that peo-
ple struggling with alcohol or drug abuse are unemployed, in denial and unmotivated to change their lives,” explains Dr. Tucker. “Although this is what we’re used to seeing in movies, the vast majority of people with prob-
lems are engaging in everyday life and want to find a way to quit drinking or drug use and be able to maintain stable sobriety. And many of them succeed. We need to understand how they do it.”

Dr. Tucker is working directly in the community, recruiting people through media advertisements ranging from newspaper and television ads to Facebook posts. Her research team studies the behavior change process by recruiting people shortly after they naturally quit problem substance use and then following them longitudinally through the early recovery process when relapse risk is high.

Dr. Tucker is actively developing the De-
partment of HEB with the goals of growing the faculty and strengthening the department’s research portfolio in the areas of substance abuse and other addictive behaviors, HIV/STI risk reduction, weight management and physical activity promotion, among others. A common feature of faculty research programs is that they are community-based, including in disadvantaged neighborhoods experiencing health disparities, and many make use of digital health applications.

“In the past, and sometimes still today, substance abuse problems are viewed as a character or moral weakness,” says Dr. Tucker. “We know from research that this isn’t the case and are committed to finding solutions and promoting successful recovery through a spectrum of assisted and natural pathways.”
New directions in tourism

Eric Friedemaier Tourism Institute Director gives a voice to the future of tourism

BY CHRISTINE COOMBS

Elkhart, Indiana is most commonly known as being a large Amish community. But in the late 1800s, musical instrument factories became the base of its booming economy. It’s from this musical history that the Elkhart Jazz Festival was born in 1968. With a little help from a professor that now calls Gainesville home.

Dr. Dan Friedemaier has been director of the National Laboratory for Tourism Economy and Development that will encourage and facilitate travel to目的地, guiding them on how to best invest in infrastructure works with VCBs and state tourism organizations across the United States.

EFTI was founded in 2003 in honor of Eric Arthur Friedemaier. In his more than 60 year career, Mr. Friedemaier personified and shaped the travel and tourism industries into what they are today. As owner, publisher and editor-in-chief of Travel Agent Magazine, he reported on all major developments in travel and tourism, logging over a million miles and 150 countries, and eventually winning a place in the Travel Hall of Fame and a seat on the Tourism Advisory Board to the President of the United States.

The mission of EFTI is to prepare the leading voice for the future of tourism. This will be achieved by conducting applied and academic research, writing journal articles, leading workshops, and implementing training and educational programs. The goal of these efforts is to support decision making in key areas of tourism crisis management, analytics, information technology and tourism education.

I believe the University of Florida can be a leader in shaping what tourism should be. Right now, the tourism industry faces pressures ranging from global climate change, thread of war, the Ebola crisis and financial turmoil. These are huge global forces reshaping the nature of tourism and what it will look like in the next hundred years,” says Friedemaier.

“Everything associated with tourism is about quality of life. The goal for us is to be forward-thinking and to be a partner to the industry by imagining what the future of tourism can be. This was the conversation I had more than 25 years ago when we helped to design the Elkhart Jazz Festival and it’s the same conversation today.”

What I really learned in college

BY ALIYA SCALAMOGNA

“Is this hell?” The first three words I muttered as I looked into my dorm room on my first day of being a Gator. I could hear my dad and sister laughing behind me as I gazed at the assortment of stains on the floor, the distressed wooden furniture and plastic mattress that I don’t ever care to know what happened on. As I approach my senior year, I realize that although I’m ready to embark on grad school, I would kill for one more night in that old dorm room with the girls who became my best friends.

My time here at UF is a culmination of good and bad. I can remember the first time I cried during an exam, and the second, and the third, and at Starbucks, and on the sidewalk outside of the chem lab building. Oh yeah, and outside the physics building too. Name a place on campus and chances are, I’ve cried there. College is hard. Mom and dad are no longer there to bail you out, you’ve gained that freshmen 15 (or 20 if you’re me) and you no longer have that 4.0 that now seemed so easy to attain in high school.

Looking back, that 46 I received on my first chemistry exam is now laughable (kind of), the jeans I put on with the giant hole in them from some spillage in my chem 2 lab makes for a great anecdote and the realization I wasn’t born to be a chemist is something I’ve come to peace with. Disclaimer: not all my grades were 46’s. I did get a few A’s that semester, too.

As much as UF’s curriculum has made me reconsid- er my existence, there’s no shortage of what people describe as, “the best 4 years of your life” moments. These times may include some things I probably won’t be telling my future kids about. From my first college party to helping my roommates get home from mid-town while still strutting in heels with a Reilsh burge in the opposite hand (all very gracefully I might add), to something more permanent... like my tattoo (sorry you had to find out this way mom and dad).

What it all boils down to is the memories people you meet along the way and the milestones you never thought you’d reach that make it all worth-while. As I set my final semester, I can’t help but think about all of the HHP alumni out there. Those who walked the halls of the Florida Gym, just like me and maybe made a few mistakes along the way. I’m sure you can draw some parallels between our genera- tions. And to all the future gators, get out while you have a chance. Yes, that was a joke.

Nothing can replace the quality of the education we have and the camaraderie we share in the Gator Nation.

Aliya is graduating in December 2015 with a degree in Applied Physiology and Kinesiology. She currently carries a 3.7 GPA, is a member of HHP Student Ambassadors and volunteers at UF Health. She plans to attend Physical Therapy school after graduation.
HHP STUDENTS CHANGE THE FUTURE.

Taylor Hartley  
BS REC 2015, Intern at The Kennedy Center for the Performing Arts, Washington DC

WHERE WERE YOU BORN?  
Jacksonville, FL, but raised in the backwoods of Glen St. Mary.

IF YOU COULD HAVE A DRINK WITH ANYONE, WHO WOULD IT BE AND WHAT WOULD YOU DRINK?  
A refreshing glass of Sunny D with Julie Andrews.

FAVORITE TV SHOW?  
A tie between Unbreakable Kimmy Schmidt and Gilmore Girls.

DO YOU HAVE A NICKNAME?  
I don’t, but my family called me Tay Tay growing up.

FINISH THIS SENTENCE: “IN THE FUTURE, I PLAN TO...”  
change the world producing performing arts theatricals and bringing humanity back to society....all before I am 40!

Goeto Dantes  
BS APK 2018, UF Med School, Class of 2019

WHERE WERE YOU BORN?  
I was born in Port-Au-Prince, Haiti

IF YOU COULD VISIT ANY ERA OF TIME, WHEN WOULD YOU CHOOSE?  
I would love to visit the 50s early 60s era and jam out with Ray Charles and other Jazz Superstars

HOW DO YOU LIKE YOUR MEAT?  
Medium rare, with an emphasis on “rare”

WHAT’S YOUR FAVORITE PASTIME?  
Sitting at the piano and acting like I know what I’m doing. I could sit there for days.

FINISH THIS SENTENCE: “IN THE FUTURE, I PLAN TO...”  
Open a free medical clinic in Haiti as a physician and work on creating sustainable development projects to help the island grow!

Andrea Cedono-Tobon  
BS APK 2015, UF Physical Therapy School, Class of 2018

WHERE WERE YOU BORN?  
Montreal, Canada.

IF YOU COULD LIVE ANYWHERE IN THE WORLD WHERE WOULD YOU CHOOSE?  
Assuming I would be able to handle frigid winters, I believe I would really enjoy living in Montreal.

WHAT DID YOU EAT FOR BREAKFAST?  
First, always coffee. Today I made the best breakfast food ever created, also known as a waffle (plus cream and strawberries, of course).

FINISH THIS SENTENCE: “IN THE FUTURE, I PLAN TO...”  
Run the world. Not in a tyrant sense, but more a Beyoncé “Who run the world? Girls” sense. I plan to work hard to become a successful physical therapist and continue building a joyful life around family and friends.

Shixiu Wang  
BS HEB 2017, 2015-16 HHP Student Ambassador

WHERE WERE YOU BORN?  
Shaanxi, Xi’an

WHO’S YOUR FAVORITE ACTOR/ACTRESS?  
Amy Poehler

BEST PIECE OF ADVICE YOU WERE EVER GIVEN?  
“Do not go where the path may lead, go instead where there is no path and leave a trail.” —Ralph Waldo Emerson

LAST BOOK YOU READ?  
The Divergent Series

FINISH THIS SENTENCE: “IN THE FUTURE, I PLAN TO...”  
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HHP has equipped me with personal and professional skills through real world examples and experience in my field.

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At the College of Health and Human Performance, we’re proud to be Gators. We also know that the Gator Nation is everywhere. When our students, faculty and alumni travel the world, we want to see where they’ve been and how they’re impacting the Gator Good.

1. A group of TRSM faculty and alumni hold a Gator flag while exploring Machu Picchu in Peru (L to R) John Epstein, Matt Seitz, Dan Connaughton and James DiVirgilio.

2. HHP undergraduate, Roxanne Eugene, excited to be at the Eiffel Tower in France for Spring Break!

3. The first graduates of the UF Academic Exchange Experience with Walt Disney World®. This program provides an opportunity for international students to study at the University of Florida and work at Walt Disney World for 6 months.

4. HHP TRSM students traveled to Russia. Here, they are showing off their Gator pride near the Maxim Gorky statue, located in Nizhny Novgorod, Russia.

5. Dr. Evangelos Christou’s lab members taking a selfie-break at the poster session of the 2015 Society for Neuroscience Conference in Washington, DC.

6. HHP’s Associate Dean, Dr. Connaughton, visits with HHP alumni after presenting at the University of Tsukuba in Japan (L to R) Dr. Aiko Arai (PhD ’14), Masaki Kudo (MS ’12), Dr. Connaughton, Dr. Yosuke Tsuji (MS ’12)
DR. KENT FUCHS BECAME THE UNIVERSITY OF FLORIDA’S 12TH PRESIDENT in January 2015. Most recently the provost of Cornell University, Dr. Fuchs’ experience combines academic leadership as a provost, dean and department chair; a distinguished career as an engineering professor; and graduate education in both engineering and divinity. In accepting the presidency, Dr. Fuchs outlined his overarching goal for UF: To elevate its stature, as measured by quality and comparative excellence, to that of one of the nation’s best public universities.

President Fuchs will pursue this objective by continuing to lead the university’s preeminence plan, along with a campus-wide goal-setting effort to set objectives for the next five- and ten years. He will seek to significantly increase UF’s endowment; enhance the efficiency and effectiveness of university operations; and establish UF as a national leader and voice for higher education.

The UF presidency is a natural next step for Dr. Fuchs, who spent six years as Cornell’s provost. There, he led the creation of a new technology campus in New York City, launched a university wide initiative to raise Cornell’s academic stature and was a key leader of Cornell’s fundraising efforts. He was appointed provost after serving as the university’s Joseph Silbert Dean of Engineering from 2002 to 2008.

President Fuchs earned his doctorate in electrical and computer engineering from the University of Illinois, and a master of divinity from Trinity Evangelical Divinity School in Chicago. He credits divinity school with teaching him communication and community-building skills, and to balance his innately analytic perspective with a deep appreciation for people and for human relationships.

Dr. Fuchs is married to Linda Moskeland Fuchs, an art historian whose scholarship centers on the sculpture of sarcophagi created in the first centuries of Christian art-making. Mrs. Fuchs has two master’s degrees in art history, from the University of Chicago and Cornell, and a third in Biblical studies, from Trinity Evangelical Divinity School. The Fuchses have three sons and a daughter, Micah, Eric, Isaac and Christine. Eric and their daughter-in-law, Mikaela, have a baby boy named Henry.

To learn more about President Fuchs, visit his website at: president.ufl.edu.

“I will devote for the next 10 years all of my energies, all of my experience, all of my talents, and all of my abilities to achieve the aspirations you have for this great university to make it even greater than it is today.”
At the College of HHP, we’re all about family!

**WHETHER IT’S SUPPORTING** our dedicated faculty and staff, mentoring our crazy-smart students or honoring past professors and alumni who paved the way, you’re part of this family; and we couldn’t do what we do, without you! Every gift, no matter how small, can make a huge difference.

**DID YOU KNOW...**
- HHP has over 18,000 active alumni & friends worldwide.
- HHP hosts tailgates before every home game in the Florida Gym Courtyard, come hang out with us!
- HHP funds nearly 50 scholarships annually through generous donations from our alumni and friends.

Join us, and see the difference you can make in the lives of our students and faculty... for the Gator Good!

**LEARN HOW YOU CAN HELP US MOVE FORWARD! >>>>>> VISIT HHP.UFL.EDU**