



College of Health & Human Performance
Department of Health Education and Behavior

Summer B 2011
Human Sexuality Education
Sadie B. Sanders, Ph.D., CHES

Course	HSC 3133 Human Sexuality Education
Office	FLG, 18
Online Hours	Monday & Wednesday: 10:00 a.m. – 11:00 a.m.; Tuesday & Thursday: 10:00 a.m. – 11:00 a.m.; and 6:00 p.m. – 6:30 p.m.
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COURSE PURPOSE

The course is designed to increase students' knowledge of human sexuality issues, to increase students' level of comfort with sexuality topics, and to provide an opportunity for students to explore and clarify their personal sexual attitudes and beliefs. Course requirements, including class activities have been designed, which emphasize the importance of both content and process in human sexuality education.

COURSE OBJECTIVES

Upon successful completion of this course, students should be able to:

1. Discuss the major content areas within human sexuality, including sexual anatomy and physiology; sexuality through the lifespan, gender issues; sexual orientations; sexual response cycle; sexual functioning and difficulties; love and intimacy in relationships; and sexually transmitted infections.
2. Describes the various social influences on sexual attitudes and behaviors such as the media, laws, and policies.
3. Explain sexual diversity as it relates to age, ethnicity and culture within the United States.
4. Demonstrate increased comfort for teaching and/or communication sensitive and controversial sexuality-related topics such as abortion, same-sex marriage, and criminal transmission of HIV.
5. Recognize the methods used in sexuality research, and critically and judiciously read research reports.



TEXTBOOK

Required:

Crooks, R. & Baur, C. Our Sexuality, 11th ed. 2011. Thomson-Wadsworth: Belmont Grove, CA



COURSE POLICIES

1. Student Honor Code (UF)

<http://www.dso.ufl.edu/sccr/honorcodes/honorcode.php>

Students who enroll at the University commit to holding themselves and their peers to the high standard of honor required by the Honor Code. Any individual who becomes aware of a violation of the Honor Code is bound by honor to take corrective action. Student and faculty support are crucial to the success of the Honor Code. The quality of a University of Florida education is dependent upon the community acceptance and enforcement of the Honor Code. *The Honor Pledge*: We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honesty and integrity by abiding by the Honor Code. On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: "On my honor, I have neither given nor received unauthorized aid in doing this assignment."

- 2. Course Materials:** Course materials including PowerPoint lecture notes, handouts, articles, and links to articles are available on E-learning in Sakai. PowerPoint lecture notes, for the most part, are outlines of the material that is presented in my audio lectures. You are strongly encouraged to print your lecture notes prior to listening to the audio so that you can take additional notes as you listen to the lectures.
- 3. Course Assignments:** Shall be completed and submitted by their due dates. Grading will include content as well as the mechanics of formal writing (when applicable). Assignments shall be submitted electronically (**Microsoft Word only**) via E-Learning in Sakai, and are due by midnight on the assigned due date. An assignment submitted within 24 hours after the due date will be accepted; however, it will be flagged "Late" by the E-Learning system and will be subject to a deduction of points. The number of points deducted will be determined by the total number of points assigned to that particular assignment and the specific time that it was submitted. The assignment link will automatically be removed exactly 24 hours after the due date and thus, the assignment will no longer be accepted.

The E-Learning in Sakai *Assignment Tool* for this course has been arranged to accept only one submission per assignment. Therefore, you should make sure the assignment you submit is the correct one.

COURSE REQUIREMENTS

1. **Evaluations:**
 - A. Two quizzes
 - B. Two exams

2. **Assignments:**
 - A. Reaction Paper: Due Monday, July 18, 2011 by 11:59 p.m. See Reaction Paper Handout for additional information.

 - B. Website Evaluation: Due Monday, July 25, 2011 by 11:59 p.m. Evaluate three sexuality-related websites using the Health Website Evaluation Form* (*Emory University). See Website Evaluation Handout for additional information.

 - C. Skill Building Activities: Several activities have been included to supplement the various content areas.

COURSE FORMAT

1. Primarily lecture, using PowerPoint. Course materials including PowerPoint lecture notes, handouts, articles, and links to articles and other course resources are available on E-learning in Sakai.
2. PowerPoint lecture notes, for the most part are simply outlines of the information presented in the audio lectures. Therefore, you are strongly encouraged to print the lecture notes prior to listening to the audio so that you can take additional notes as you listen to the lectures.

GRADING/POINT DISTRIBUTION

Assignment	Points	Percent of Total Points
Quizzes & Exam	120	30%
Reaction Paper	80	20%
Weekly Activities	140	35%
Website Evaluation	60	15%
Total Points	400	100%

Points	Grade
372 - 400	A
360 - 371	A-
352 - 359	B+
332 - 351	B
320 - 331	B-
312 - 319	C+
292 - 311	C
280 - 291	C-
272 - 279	D+
252 - 271	D
240 - 251	D-
Below 140	E

Passing Grades and Grade Points Effective May 11, 2009 - Summer A

Letter Grade	A	A-	B+	B	B-	C+	C	C-	D+	D	D-	E	WF	I	NG	S-U
Grade Points	4.0	3.67	3.33	3.0	2.67	2.33	2.0	1.67	1.33	1.0	.67	0	0	0	0	0



Selected Human Sexuality-Related Journals

1. AIDS Education and Prevention	12. Sex Roles: A Journal of Sex Education & Therapy
2. Annual Review of Sex Research	13. The Journal of Sex Research
3. The Canadian Journal of Human Sexuality	14. Journal of Social & Personal Relationships
4. Child Abuse and Neglect	15. Morbidity and Mortality Weekly Report
5. Family Planning Perspectives	16. Reproductive Health Matters
6. Journal of Child Sexual Abuse	17. Sexual Addiction and Compulsivity
7. Journal of the History of Sexuality	18. Sexual Abuse: A Journal of Research & Treatment
8. Journal of HIV/ AIDS Prevention & Education for Adolescents and Children	19. Sexually Transmitted Diseases
9. Journal of Homosexuality	20. Sexuality and Journal of Research
10. Journal of Psychology and Human Sexuality	21. SIECUS Report
11. Sexuality and Disability	



Selected Human Sexuality Related Websites

1. American Association of Sex Educators: Counselors & Therapists: www.aasect.org
2. American College Health Association: www.acha.org
3. Dr. Ruth Westheimer: <http://webcenter.drruth.aol.com>
4. Go Ask Alice: www.goaskalice.columbia.edu
5. Kinsey Institute: www.indiana.edu/~kinsey
6. National Coalition Against Domestic Violence www.ncadv.org
7. Parents, Families and Friends of Lesbians and Gays: <http://community.pflag.org/>
8. Planned Parenthood: www.plannedparenthood.org
9. Rape, Abuse & Incest National Network: www.rainn.org/
10. Sexuality Information & Education Council of the U.S.: www.siecus.org
11. The National Center for Victims of Crime www.ncvc.org/

Class Schedule



Date	Topic/Book Chapter	Course Requirements
Week One: June 27 - July 1	<ul style="list-style-type: none"> • Course Overview • Human Sexuality: Introduction & Perspectives/ Ch. 1 • Sexuality Research/ Ch. 2 	Activity #1 Activity #2
Week Two: July 4 - 8	<ul style="list-style-type: none"> • Monday - Independence Day Holiday • Female Sexual Anatomy & Physiology/ Ch. 3 • Male Sexual Anatomy & Physiology/ Ch. 4 	Activity #3 Quiz #1
Week Three: July 11 - 15	<ul style="list-style-type: none"> • Gender Issues/ Chapter 5 • Sexual Arousal & Response/Ch. 6 • Love and Intimacy/Chapter 7 	Activity # 4 Activity # 5 Exam #1
Week Four: July 18 - 22	<ul style="list-style-type: none"> • Sexual Orientation/Chapter 9 • Sexuality in Childhood & Adolescence/Ch. 12 	Activity # 6 Activity # 7 Quiz #2
Week 5: July 25 - 29	<ul style="list-style-type: none"> • Sexuality During Adulthood/Ch. 13 • Sexuality Difficulties & Solutions/Ch.14 	Activity # 8 Activity # 9
Week 6: August 1 - 5	<ul style="list-style-type: none"> • Sexually Transmitted Infections & HIV/ AIDS/ Ch. 15 • Atypical Sexual Behavior/Ch. 16 • Friday - Last Day of Class 	Activity # 10 Exam #2 (Final Exam)