

Tentative Course Outline and Reading Schedule

due dates highlighted, firm

Date	Module	Topic	Activity
Jan 12	M1	Course Introduction <ul style="list-style-type: none"> Review of Syllabus, Course Outline/Schedule, Sakai Info, Project Directions 	Meet possible group members Secure in-service group and discuss topics <ul style="list-style-type: none"> In-Service Group/Topic Selection – posted at 9am on 1/13. Login to Sakai after 8 am to view available groups and topics (due 1/19 by 3pm) Login to Sakai and explore the course site
Jan 19	M2	Health is Academic	View materials in Module 2 Read position statement by ACS, ADA, AHA. Read textbook pgs 1-11 (Ch 1) In-Service Group/Topic due by 3pm Begin In-Service Project Aims
Jan 26	M3	Coordinated School Health Programs Health in the Classroom	View materials in Module 3 Read txtbk pgs 11-27 & 31-51 (Ch 1 & Ch 2) Begin working on In-Service Objectives (see M4)
Feb 2	M4	Standards-based Instruction & Writing Objectives Conducting a Literature Review for Empirical Research	View materials in Module 4 Read txtbk pgs 55-82 (Ch 3) Begin searching for Research Articles
Feb 9	M5	Mental and Emotional Health	View materials in Module 5 Read txtbk pgs 115-131 (Ch 5) Submit In-Service Research Article Citations by 11:59pm (Sakai)
Feb 16	M6	Nutrition Education	View materials in Module 6 Read txtbk pgs 154-173 (Ch 6) Begin writing the rationale for your in-service
Feb 23	M7 M8	Physical Activity School Health Advocacy	View materials in Module 7 and Module 8 Read txtbk pgs 190-204 (Ch 7) Submit In-Service Rationale by 11:59pm (Sakai) Study for Midterm
Mar 1		Midterm Exam	FLG-210, 4:05pm-7:05pm Bring Gator 1 ID, #2 pencil


 Spring
 BREAK

Tentative Course Outline and Reading Schedule
due dates highlighted, firm

Date	M#	Topic	Activity
Mar 8		Spring Break	No classes ☺
Mar 15	M9	Dealing with Infectious and Chronic Conditions among Students	View materials in Module 9 Read txtbk pgs 246-263 (Ch 9) Work on In-Service Content and PPT
Mar 22	M10	Bullying & Child Abuse Violence Prevention	View materials in Module 10 Read txtbk pgs 275-297 (Ch 10) Work on In-Service Integrated Lesson Plans
Mar 29	M11	Safety and Injury Prevention	View materials in Module 11 Read txtbk pgs 220-232 (Ch 8)
Apr 5	M12 M13	Drug Abuse Prevention Sexuality Education	View materials in Module 12 and Module 13 Read txtbk pgs 313-324 & 338-357 (Ch 11 & 12) Read txtbk pgs 373-391 (Ch 13)
Apr 12	M14	Managing Loss, Death, and Grief	View materials in Module 14 Read txtbk pgs 405-414 (Ch 14) Submit the Final In-Service Project to FLG-6 by 3pm on Friday, April 13
Apr 19	M15	Course Wrap-up	Study for Final Exam
May 2		Final Exam	FLG-210, 10am-12pm Bring Gator 1 ID, #2 pencil

“Health and success in school are interrelated. Schools cannot achieve their primary mission of education if students and staff are not healthy and fit physically, mentally, and socially.”

National Association of State Boards of Education, 2000

