

HSC 3143 (Section 0893) Drug Education

Spring 2012

Department of Health Education & Behavior

Location:	FLG 245
Time:	MWF, Period 3 (9:35 – 10:25 AM)
Instructor:	W. William Chen, Ph.D., C.H.E.S.
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Office Hours:	10:40-11:30 AM, MWF & by appointment
Department Chair:	Jay Bernhardt, Ph.D., FLG 5
Required Textbooks:	1. Hart, CL, & Ksir, C. (2011). <i>Drugs, Society, and Human Behavior</i> , 14 th edition. McGraw Hill, New York.

Course Objectives:

HSC 3143, a basic course in drug education which gives a broad view of the elements involved, such as individual behavior, environmental factors, and drugs. All aspects of illicit and licit drugs and drug taking will be approached in a factual stance; i.e., what has been documented to date, so that the participants might better be able to separate speculation and bias from facts. The emphasis is also placed on methods pertaining to the preventive aspects of drug misuse and abuse.

Specifically, the objectives of the course are to:

- (1) Identify major drugs of misuse and abuse and demonstrate an understanding of their adverse effects.
- (2) Discuss current factual information and issues related to drugs and alcohol.
- (3) Describe the complexity and interaction of individual behavior, psychophysiological effects of drugs, and environmental impact in relation to drug use, misuse and abuse.
- (4) Explore possible alternatives to drug use.
- (5) Develop an effective drug education plan relative to a specific target population.
- (6) Objectively analyze the existing literature in selected areas of drugs and alcohol.
- (7) Explore personal attitudes regarding drug use, misuse and abuse.

Course Policies:

Policy on exams and assignments:

Exams are to be taken on the scheduled dates. Assignments will not be accepted electronically and are due during the class period on the assigned due date (unless otherwise noted). Make-up exams and late assignments will be considered without penalty only under unusual or extenuating circumstance.

Policy concerning accommodations for students with disabilities:

Students with disabilities who need reasonable modifications to complete assignments successfully and otherwise satisfy course criteria are encouraged to meet with the instructor as early as possible to identify and plan specific accommodations. Students must supply a letter from the *UF Office of Students with Disabilities* to assist planning modifications.

Honest Policy:

By formally registering for coursework at the University of Florida, you agree to abide by the following statement:

“I understand that the University of Florida expects its students to be honest in all their academic work. I agree to adhere to this commitment to academic honesty and understand that my failure to comply with this commitment may result in disciplinary action up to and including expulsion from the University.”

Evaluations:

1. **Exams.** Two exams, two quizzes will be given throughout the semester.
2. **Literature Review.** Read and provide a written review of assigned articles from a selected list. See literature review guide for additional information.
3. **Attendance and Participation.** Full attendance and active participation in classroom discussion will be given extra points. (5 points for full attendance, 3 points for one absence)
4. **Project***
 - A. Lesson plan. Complete a lesson plan with innovative teaching idea on self-selected topic related to drugs and alcohol. The plan should at least include the following information: (1) target population; (2) goals and objectives; (3) introduction of the lesson plan; (4) organization of educational activities (include time needed for each activity); (5) detail specific content information; (6) materials and resources needed; and (7) evaluation plan. Additional content materials are encouraged. Sample lesson plans are available for review in the office. **This project is designed to provide opportunities for**

students to learn the skills (plan, implement, and evaluate health education programs) needed for entry level of certified health education specialist (CHES).

- B. Resource file. Develop a resource file on a specific topic or a resource file on agencies that deal with drugs and alcohol. The resource file should include at least 20 resources and each resource needs to be introduced briefly by its content and how it can be used in drug education. Sample resources files are available for review in office. **This project is designed to provide opportunities for students to learn the skills (identify and coordinate health education resources for targeted population) needed for entry level of certified health education specialist (CHES).**

*** This is an optional project and it can either be an individual or group project (not more than 3 in a group if it is a group project). Students can select either A or B and must inform the course instructor before January 27, 2012 if you would like to complete a project as part of the course evaluation. The project will be graded on 100 points basis and include the following criteria: creativity, thoroughness, and organization of the materials. The project is due on or before April 9, 2012.**

Grading

Exam 1		100 points
Exam 2		100 points
Quiz 1		50 points
Quiz 2		50 points
Literature Reviews		50 points
Project (optional)		100 points

Total		350 or 450
A	315 or higher	405 or higher
B+	298 – 314	383 – 404
B	280 – 297	360 – 382
C+	263 – 279	338 – 359
C	245 – 262	315 – 337
D+	228 – 244	293 – 314
D	210 – 227	270 – 292
E	below 210	below 270

Tentative Class Schedule

Date	Topic	Readings
Jan 9-13	Introduction & Overview of Drug Use and Abuse	Chapter 1
Jan 16	Martin Luther King Holiday	
Jan 18-20	Current Perspectives- Why Drugs & Issues Related to Drug Use and Abuse	Chapters 2 & 3
Jan 23-27	Physiological Basis of Drug Action on CNS & Behavior	Chapters 4 & 5
Jan 30	Quiz # 1	
Feb 1-15	Alcohol, the Most Popular Psychoactive Drugs	Chapter 9
Feb 17-22	Stimulants and Performance Enhancing Drugs	Chapters 6 & 16
Feb 24	Exam # 1	
Feb 27- March 2	Depressants, Inhalants & Drugs for Mental Illnesses	Chapters 7 & 8
March 5-9	Spring Break	
March 13-17	AAHPERD/AAHE Convention	
March 19-23	Opioids	Chapter 13
March 26-30	Hallucinogens	Chapter 14
April 2	Quiz # 2	
April 4-6	Marijuana	Chapter 15
April 9-13	Tobacco	Chapter 10
April 16-20	OTC Drugs & Caffeine	Chapters 11 & 12
April 23	Project Presentations	
April 25	Exam # 2	