

HSC 3143 (Section 0404) Drug Education

Fall 2011

Department of Health Education & Behavior

Location:	285 Florida Gym
Time:	MWF, Period 3 (9:35 – 10:25 AM)
Instructor:	W. William Chen, Ph.D., C.H.E.S.
Office:	19 Florida Gym
Phone:	392-0583 ext. 1284
Email:	wchen@hhp.ufl.edu
Office Hours:	10:40-11:30 AM, MWF; 1:55-2:45 PM, W. & by appointment
Department Chair:	Jay Bernhardt, Ph.D., FLG 5
Required Textbooks:	Ksir, C., Hart, CL, & Ray, O. (2011). <i>Drugs, Society, and Human Behavior</i> , 14 th edition. McGraw Hill, New York.

Course Objectives:

HSC 3143, a basic course in drug education which gives a broad view of the elements involved, such as individual behavior, environmental factors, and drugs. All aspects of illicit and licit drugs and drug taking will be approached in a factual stance; i.e., what has been documented to date, so that the participants might better be able to separate speculation and bias from facts. The emphasis is also placed on methods pertaining to the preventive aspects of drug misuse and abuse.

Specifically, the objectives of the course are to:

- (1) Identify major drugs of abuse and demonstrate an understanding of their adverse effects.
- (2) Discuss current factual information and issues related to drugs and alcohol.
- (3) Describe the complexity and interaction of individual behavior, psychophysiological effects of drugs, and environmental impact in relation to drug use, misuse and abuse.
- (4) Explore possible alternatives to drug use.

- (5) Develop an effective drug education plan relative to a specific target population.
- (6) Objectively analyze the existing literature in selected areas of drugs and alcohol.
- (7) Explore personal attitudes regarding drug use, misuse and abuse.

Course Policies:

Policy on exams and assignments:

Exams are to be taken on the assigned dates. Assignments will not be accepted electronically and are due during the class period on the assigned due date (unless otherwise noted). Make-up exams and late assignments will be considered without penalty only under unusual or extenuating circumstance.

Policy concerning accommodations for students with disabilities:

Students with disabilities who need reasonable modifications to complete assignments successfully and otherwise satisfy course criteria are encouraged to meet with the instructor as early as possible to identify and plan specific accommodations. Students must supply a letter from the *UF Office of Students with Disabilities* to assist planning modifications.

Honest Policy:

By formally registering for coursework at the University of Florida, you agree to abide by the following statement:

“I understand that the University of Florida expects its students to be honest in all their academic work. I agree to adhere to this commitment to academic honesty and understand that my failure to comply with this commitment may result in disciplinary action up to and including expulsion from the University.”

Evaluations:

- 1. Exams.** Two exams and two quizzes will be given throughout the semester.
- 2. Literature Review.** Read and provide a written review of assigned articles from the reading list. See literature review guidelines for additional information.
- 3. Attendance and Participation.** Full attendance and active participation in classroom discussion will be given extra points. (5 points for full attendance, 3 points for one absence)
- 4. Project***

- A. Lesson plan. Complete a lesson plan with innovative teaching idea on self-selected topic related to drugs and alcohol. The plan should at least include the following information: (1) target population; (2) goals and objectives; (3) introduction; (4) organization of educational activities (include time needed for each activity); (5) detail specific content information; (6) materials and resources needed; and (7) evaluation plan. Sample lesson plans are available for review in the office.
- B. Resource file. Develop a resource file on a specific topic or a resource file on agencies that deal with drugs and alcohol. The resource file should include at least 20 resources and each resource needs to be introduced briefly by its content and how it can be used in drug education. Sample resources files are available for review in office.

*** This is an optional project and it can be either an individual or group project (not more than 3 in a group if it is a group project). You can select either A or B and must inform the course instructor before September 23, 2011 if you would like to complete a project as part of the course evaluation. The project will be graded on 100 points basis and include the following criteria: creativity, thoroughness, and organization of the materials. The project is due on or before November 21, 2011.**

Grading

Exam 1		100 points
Exam 2		100 points
Quiz 1		50 points
Quiz 2		50 points
Literature Reviews		50 points
Project (optional)		100 points
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Total		350 or 450 points
A	315 or higher	405 or higher
B+	298 – 314	383 - 404
B	280 – 297	360 - 382
C+	263 – 279	338 - 359
C	245 – 262	315 - 337
D+	228 – 244	293 - 314
D	210 – 227	270 - 292
E	below 210	below 270

Tentative Class Schedule

Date	Topic	Readings
Aug 22	Introduction	
Aug 24-26	Overview of Drug Use and Abuse	Chapter 1 & 2
August 29- Sept 2	Current Perspectives- Why Drugs & Issues Related to Drug Use and Abuse	Chapters 3
Sept 5	Labor Day	
Sept 7-12	Physiological Basis of Drug Action on CNS & Behavior	Chapters 4 & 5
Sept 14	Quiz # 1	
Sept 16- 30	Alcohol, the Most Popular Psychoactive Drugs	Chapter 9
Oct 3-7	Stimulants and Performance Enhancing Drugs	Chapters 6 & 16
October 10	Exam #1	
Oct 12-17	Depressants, Inhalants & Drugs for Mental Illnesses	Chapters 7 & 8
Oct 19-21	Opioids	Chapter 13
Oct 24-31	Hallucinogens	Chapter 14
Nov 2	Quiz # 2	
Nov 4	Home Coming	
Nov 7-9	Marijuana	Chapter 15
Nov 11	Veterans' Day	
Nov 14-18	Tobacco	Chapter 10
Nov 24-25	Thanksgiving Holiday	
Nov 21, 28-30	OTC Drugs & Caffeine	Chapters 11 & 12
Dec 2	Drug Abuse Prevention & Control	Chapter 17
Dec 5	Project Presentations	
Dec 8	Exam #2	

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Guidelines for Literature Review

- Each Literature Review shall include a **SUMMARY** of the information discussed in the article and your **CRITIQUE** of the article (separate and label each section). The summary shall highlight the main issues and contents of the article and **conclude with the main message the article is trying to convey**. The critique shall include your personal reaction/perspective and **how the information can be used in drug education and prevention**.
- The review shall be keyboarded, double spaced using 12 point font.
- Include your name, the article title and number, and due date on the front/top of page one.
- Your review should be completed in **2** pages.
- Two articles are listed per topic/due date. You are expected to read both articles; however, **you are required to select only one article per topic/due date to complete the written review**.
- A total of 5 reviews are assigned—each review is worth 10 points.
- Review shall be submitted during class on the due date.
Assigned articles and due dates are listed below.

Due Date	Article #	Topic Area
#1 Wednesday, September 7	1, 2	Overview & Drug Issues
#2 Wednesday, September 21	3, 4, 5	Drug Effects, Dependency & Addiction
#3 Wednesday, October 5	6, 7	Issues Related to Commonly Abused Drugs
#4 Wednesday, October 26	8, 9	Consequences of Drug Misuse & Abuse
#5 Wednesday, November 16	10, 11, 12	Drug Abuse Prevention & Treatment

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List of Articles for Literature Review

1. Elliott, ET, Souder, CA, Privette, T & Richardson, WH. (2009). The Scope of Adolescent Prescription Drug Abuse. *Emergency Medicine*; 41(1):16-23.
2. Whitten, L. (2006). Studies Identify Factors Surrounding Rise in Abuse of Prescription Drugs by College Students. *NIDA Notes*; 20(4), Research Findings, March 2006. (3 pages)
3. NIDA. (2008). Understanding Drug Abuse and Addiction. *NIDA InfoFacts*; (June 2008). (4 pages)
4. Sherman, C. (2007). Impacts of Drugs on Neurotransmission. *NIDA Notes*; 21 (4), Research Findings, October 2007. (8 pages)
5. Whitten, L. (2010). Cocaine Vaccine Helps Some Reduce Drug Abuse. *NIDA Notes*, 23 (3), Research Findings, December 2010. (4 pages)
6. Whitten, Lori. (2009). Methamphetamine Abusers Show Increased Distractibility. *NIDA Notes*; 22 (3), Research Findings, April 2009. (3 pages)
7. Smith, LM, LaGasse, LL, Derauf, C, Grant, P, Shah, R, Arria, A, Huestis, M, Haning, W, Strauss, A, Grotta, SD, Liu, J, & Lester, BM. (2006). The Infant Development, Environment, and Lifestyle Study: Effects of Prenatal methamphetamine Exposure, Polydrug Exposure, and Poverty on Intrauterine Growth. *Pediatrics*; 118: 1149-1156.
8. CDC. (2009). Inadvertent Ingestion of Marijuana---Los Angeles, California, 2009. *MMWR*; 58(34): 947-950.
9. NIDA. (2009). Cocaine: Abuse and Addiction. NIH Publication Number 09-4166. (8 pages)
10. NIDA. (2010). Behavior Game Played in Primary Grades Reduces later Drug-Related Problems. *NIDA Notes*; 23 (1), April 2010. (5 pages)
11. Whitten, L. (2006). Low cost Incentives Improve Outcomes in Stimulant Abuse Treatment. *NIDA Notes*; 21 (1), October 2006. (3 pages)
12. Reynolds, S. (2011). Prevention Program Averts Initiation of Alcohol and Tobacco Use. *NIDA Notes*; 23 (4), March 2011. (4 pages)