



**Submission of Completed Work:** All assignments must be submitted no later than the specified deadline date. Unless noted, assignments are to be submitted in hard copy. Announced deadline dates and times are firm; please plan accordingly to complete assignments on time. Planning and good time management will be essential to your success in this class.

### **Course assignments:**

Task Force Research: You will be assigned to a task force\* (group) and each task force will be provided a specific topic on which a report will be completed. Individual members will be required to research 4 different articles related to the assigned topic. Each member is to read his/her articles and develop an individual **annotated bibliography** (see below). It is the responsibility of all members to ensure that no one submits the same article.

\* A task force is a (usually interdisciplinary) team temporarily assigned to work together to achieve a specific, clearly defined objective (project). In this case the objective will be to research the assigned concept related to obesity and identify possible solutions.

Annotated Bibliography: Submit copies of the selected articles with the annotated bibliography. Format for submission – your name, task force number and date on the left side, top of paper; paper title is the task force topic; cite the article to be annotated in the American Psychological Association (APA) format and immediately below the citation write the annotation. An annotation is usually about a paragraph in length. Additional information will be provided in class.

Using information from the different articles and the individual annotated bibliographies as a basis for discussion each task force will meet to discuss the task force topic and to determine if there is additional research needed prior to developing the task force report. The goal is to get ideas on the table and encourage critical thinking and analysis related to the information gathered.

Task Force Report: Using research from the annotated bibliography, information from the text and task force discussions, the task force will develop its report including recommendations. Generally the report would be 6 to 8 pages in length **excluding** reference list and appendices (if any). The task force report should be organized as follows:

- Introduction including the problem statement/topic (1 – 2 pages);
- literature review, research/information from the selected articles (3 – 4 pages);
- task force conclusions and recommendations (1 – 2 pages).

Task force presentation: Your task force will develop a lecture for presentation to the class including a discussion activity related to the topic of your report. Presentation dates will be assigned.

**Exams:** You will have three exams during the course of the semester. Dates will be announced in class. Please note that the scheduled final exam date is Tuesday, December 14, at 12:30 pm in FLG 265 (usual classroom).

<b>EVALUATION</b>	100%
Task force (TF) reports	25%
Annotated bibliography	20%
Lectures/Presentation	10%
Exams	30%
Other assignments TBA	5%
TF member & self eval	5%
Evaluation by instructor	5%

**Grading Scale** (percent minimum)

A	= 92%; A- = 90%
B+	= 88%; B = 83%; B- = 80%
C+	= 78%; C = 73%; C- = 70%
D+	= 68%; D = 63%; D- = 60%
E	= LESS THAN 59%

**Academic Honesty:** Every student that is admitted to the University of Florida has signed a statement of academic honesty committing him/her to be honest in all academic work and understanding that failure to comply with this commitment will result in disciplinary action.

This statement is a reminder to uphold your obligation as a student at the University of Florida and to be honest in all work submitted and exams taken in this class and all others.

*To ensure that we have a really great class some things to remember --*

*All transactions and relationships are enriched by courtesy:*

*Be considerate of one another during group work, all ideas have merit.*

*Be considerate of your classmates and the professor during lectures by being*

*attentive, power-off cell phones or pagers and come prepared*

*to fully participate in each class.*

*Laptops may not be used during lectures.*

## Tentative Course Outline

- I. Overview of obesity as a public health concern (Ch 1,2 in text)
  - a. Definitions
  - b. Epidemiology
- II. Epidemiology
  - a. Analysis (Ch 3 in text)
  - b. Interpretation (Ch 4 in text)
- III. Assessments
  - a. Body composition (Ch 5 in text)
  - b. Diet and physical activity (Ch 6,7 in text)
  - c. Fit and fat?
- IV. Consequences of Obesity
  - a. Metabolism (Ch 8 in text)
  - b. Diseases (Ch 9,10,11 in text)
  - c. Quality of life (Ch 12 in text)
  - d. Economic impact (Ch 13 in text)
- V. Research into the determinants of obesity
  - a. Diet and physical activity (Ch 14,15 in text)
  - b. Sleep, stress and socialization (Ch 16, 17, 18 in text)
  - c. Origins, predictors (Ch 19, 20, in text)
  - d. Genetics; gene + environment (Ch 21,22 in text)
- VI. Prevention and early intervention strategies
- VII. Behavioral change interventions
- VIII. Medical/surgical interventions
- IX. Ecological approach to addressing obesity

### **Important Dates:**

September 6 – no class, Labor Day Holiday

September 22 – exam 1 (tentative)

October 13 – Annotated Bibliography deadline

October 15 – Homecoming, no classes

October 22 – exam 2 (tentative)

November 12 – Task Force report deadline (submit electronically to [jvarnes@hhp.ufl.edu](mailto:jvarnes@hhp.ufl.edu))

class will not meet

December 3 – exam 3 (tentative)

December 8 – will not meet as a class

December 14 – final exam scheduled, 12:30 pm – 2:30 pm